

1 - 1ª jornada, 1ª sesión

19/12/2025

Prueba 1  
19/12/2025

200m Espalda

20 años y mayores  
Resultados

Clasificación	AN					Tiempo					RT	
20+, Masc.												
1.	GUILLEN PEÑA, Victor				02	A.D. Santa Cruz				<b>2:17.70</b>	19,00	+0,78
	50m:	32.02	32.02	100m:	1:06.95	34.93	150m:	1:42.09	35.14	200m:	2:17.70	35.61
2.	RAMIREZ MORALES, Sergio C.				03	C.D. Nonadamos				<b>2:21.34</b>	16,00	+0,81
	50m:	32.25	32.25	100m:	1:06.48	34.23	150m:	1:43.39	36.91	200m:	2:21.34	37.95
3.	PALACIOS HORMIGA, Aday				04	C.D. Jerez Natacion Master				<b>2:26.94</b>	-	+0,84
	50m:	35.29	35.29	100m:	1:12.86	37.57	150m:	1:50.81	37.95	200m:	2:26.94	36.13
4.	CABALLERO PEÑATE, Angel Jose				01	C.D. Jescagua				<b>3:08.96</b>	14,00	+0,85
	50m:	45.42	45.42	100m:	1:32.92	47.50	150m:	2:21.83	48.91	200m:	3:08.96	47.13
25+, Masc.												
1.	RUIZ SEIJO, Brais				98	C.N. Vulcania Master				<b>2:18.79</b>	19,00	+0,70
	50m:	32.12	32.12	100m:	1:07.13	35.01	150m:	1:43.24	36.11	200m:	2:18.79	35.55
2.	ELVIRA GLAUBITZ, Alejandro				00	C.D. Nonadamos				<b>2:41.44</b>	16,00	+0,87
	50m:	39.23	39.23	100m:	1:20.51	41.28	150m:	2:01.31	40.80	200m:	2:41.44	40.13
3.	GRAJALES ZAPATA, Juan Esteban				99	C.D. Nonadamos				<b>2:42.09</b>	14,00	+0,84
	50m:	35.34	35.34	100m:	1:15.54	40.20	150m:	1:59.55	44.01	200m:	2:42.09	42.54
4.	ACEITUNO MARTINEZ, Manuel Jesus				98	C.D. Nonadamos				<b>3:11.85</b>	13,00	+0,85
	50m:	45.45	45.45	100m:	1:33.17	47.72	150m:	2:22.74	49.57	200m:	3:11.85	49.11
30+, Masc.												
1.	GONZALEZ GARCIA, Alvaro				93	C.N. Metropole				<b>2:36.78</b>	19,00	+0,84
	50m:	36.09	36.09	100m:	1:16.60	40.51	150m:	1:57.27	40.67	200m:	2:36.78	39.51
2.	GONZALEZ HERNANDEZ, Eduardo				91	Club Deportivo Teimar				<b>3:19.27</b>	16,00	+0,92
	50m:	43.92	43.92	100m:	1:31.84	47.92	150m:	2:24.76	52.92	200m:	3:19.27	54.51
3.	RODRIGUEZ GONZALEZ, Sergio				94	C.D. Jescagua				<b>3:38.97</b>	14,00	+0,87
	50m:	49.67	49.67	100m:	1:44.94	55.27	150m:	2:43.14	58.20	200m:	3:38.97	55.83
4.	DIAZ VERA, Ivor Jose				93	Cn.Salinas Sta.Lucia				<b>4:11.29</b>	13,00	+0,69
	50m:	56.94	56.94	100m:	2:00.26	1:03.32	150m:	3:06.14	1:05.88	200m:	4:11.29	1:05.15
35+, Masc.												
1.	DUARTE RIVADO, Raul				90	C.N. Valleverde				<b>2:46.60</b>	19,00	+0,84
	50m:	40.59	40.59	100m:	1:21.98	41.39	150m:	2:05.67	43.69	200m:	2:46.60	40.93
2.	MENDEZ PEREZ, Neftali				86	Cn.Salinas Sta.Lucia				<b>2:57.99</b>	16,00	+1,17
	50m:	41.69	41.69	100m:	1:26.42	44.73	150m:	2:12.49	46.07	200m:	2:57.99	45.50

Prueba 1, Masc., 200m Espalda, 35+

Clasificación	AN								Tiempo	RT
3. DE CASTRO MONTERO, Adolfo	86	C.N. Las Palmas							<b>3:23.89</b>	14,00 +0,91
50m: 45.60 45.60 100m: 1:37.62		52.02 150m: 2:32.57	54.95	200m: 3:23.89	51.32					
4. NAVARRO PEREZ, Josymar	86	C.N. Valleverde							<b>3:42.61</b>	13,00 +0,77
50m: 52.61 52.61 100m: 1:49.26		56.65 150m: 2:47.06	57.80	200m: 3:42.61	55.55					

40+, Masc.

1. HERNANDEZ PEREZ, Jonathan	82	Cn.Salinas Sta.Lucia							<b>2:53.38</b>	19,00 +0,81
50m: 39.22 39.22 100m: 1:23.13		43.91 150m: 2:08.57	45.44	200m: 2:53.38	44.81					
2. ARENCIBIA DE LA CRUZ, Alejandro	81	C.N. Aguacan							<b>3:04.71</b>	16,00 +15,23
50m: 44.30 44.30 100m: 1:29.94		45.64 150m: 2:17.71	47.77	200m: 3:04.71	47.00					

45+, Masc.

1. SANCHEZ LAZARO, Luis Acayro	76	C. Tenerife Masters							<b>2:16.41</b>	19,00 +0,81
50m: 32.43 32.43 100m: 1:07.41		34.98 150m: 1:42.28	34.87	200m: 2:16.41	34.13					
2. SANCHEZ HENRIQUEZ, Fco Javier	76	C.D.N. Playuki							<b>2:47.68</b>	16,00 +0,76
50m: 40.51 40.51 100m: 1:22.94		42.43 150m: 2:05.81	42.87	200m: 2:47.68	41.87					

50+, Masc.

1. DAVARA MENDEZ, Fernando	72	C. Tenerife Masters							<b>2:22.66</b>	19,00 +0,74
50m: 33.25 33.25 100m: 1:08.50		35.25 150m: 1:45.95	37.45	200m: 2:22.66	36.71					
2. MORALES RODRIGUEZ, Sergio	73	A.D. Santa Cruz							<b>2:28.18</b>	16,00 +0,89
50m: 36.10 36.10 100m: 1:13.87		37.77 150m: 1:51.50	37.63	200m: 2:28.18	36.68					
3. DE LEON LOPEZ, Ruben	75	C. Tenerife Masters							<b>3:24.47</b>	14,00 +0,75
50m: 48.31 48.31 100m: 1:39.39		51.08 150m: 2:33.31	53.92	200m: 3:24.47	51.16					
4. SEGARRA CARRANZA, Isaac	74	Cn.Salinas Sta.Lucia							<b>3:36.35</b>	13,00 +0,88
50m: 51.65 51.65 100m: 1:46.72		55.07 150m: 2:43.20	56.48	200m: 3:36.35	53.15					
5. GUTIERREZ ROMERO, Rolando Jorge	75	Cn.Salinas Sta.Lucia							<b>3:39.12</b>	12,00 +0,99
50m: 51.64 51.64 100m: 1:47.26		55.62 200m: 3:39.12	1:51.86							
6. GARCIA FLORIDO, Manuel Javier	72	Cn.Salinas Sta.Lucia							<b>3:52.12</b>	11,00 +1,19
50m: 52.30 52.30 100m: 1:52.97		1:00.67 150m: 2:55.50	1:02.53	200m: 3:52.12	56.62					

55+, Masc.

1. MAESO VERGARA, Miguel Benito	67	C. Tenerife Masters							<b>2:54.77</b>	19,00 +6,71
50m: 43.46 43.46 100m: 1:26.34		42.88 150m: 2:11.13	44.79	200m: 2:54.77	43.64					
2. ALAMO MARTINEZ, Fernando	69	C.D.N. Playuki							<b>3:52.64</b>	16,00 +0,77
50m: 55.34 55.34 100m: 1:52.99		57.65 150m: 2:52.90	59.91	200m: 3:52.64	59.74					
3. SUAREZ RODRIGUEZ, Manuel	66	C.D.N. Playuki							<b>4:22.21</b>	14,00 +1,00
50m: 1:01.15 1:01.15 100m: 2:08.17		1:07.02 150m: 3:16.84	1:08.67	200m: 4:22.21	1:05.37					

Baja DE SMAELE, Christophe 66 C.N. Las Palmas -

Prueba 1, 200m Espalda

60+, Masc.

1.	RODRIGUEZ SANTANA, Jose Jesus	65	Cn.Salinas Sta.Lucia						<b>3:41.37</b>	19,00	+0,93	
	50m:	51.67	51.67	100m:	1:49.02	57.35	150m:	2:46.96	57.94	200m:	3:41.37	54.41
Baja	JIMENEZ DE LA GUARDIA, Miguel A	65	C.D.N. Playuki									-

65+, Masc.

1.	BINI, Bruno				60	C.N. Vulcania Master					<b>3:00.44</b>	19,00	+0,66
	50m:	42.69	42.69	100m:	1:28.64	45.95	150m:	2:15.48	46.84	200m:	3:00.44	44.96	
2.	CABRERA GONZALEZ, Marcos				60	C. Tenerife Masters					<b>3:17.76</b>	16,00	+1,00
	50m:	48.34	48.34	100m:	1:38.74	50.40	150m:	2:29.11	50.37	200m:	3:17.76	48.65	
3.	QUESADA ORTEGA, Jose Ramon				60	C.N. Metropole					<b>4:01.01</b>	14,00	
	50m:	59.13	59.13	100m:	1:59.74	1:00.61	200m:	4:01.01	2:01.27				

70+, Masc.

1.	GARCIA LA ESPADA, Jose			53	C. Tenerife Masters				<b>6:51.56</b>	19,00		
	50m:	1:37.02	1:37.02	100m:	3:21.02	1:44.00	150m:	5:07.57	1:46.55	200m:	6:51.56	1:43.99

75+, Masc.

1.	RIERA MONTAL, Agustin	49	C. Tenerife Masters							<b>4:11.22</b>	19,00	+1,00
	50m:	59.59	59.59	200m:	4:11.22	3:11.63						
2.	METZ, Michael Gustav	48	C. Tenerife Masters							<b>4:22.06</b>	16,00	+1,28
	50m:	1:01.06	1:01.06	100m:	2:09.05	1:07.99	150m:	3:17.84	1:08.79	200m:	4:22.06	1:04.22

85+, Masc.

1.	ROEDER, Peter	37	C. Tenerife Masters							<b>6:12.89</b>	19,00	+1,20
	50m:	1:28.94	1:28.94	100m:	3:05.21	1:36.27	150m:	4:44.17	1:38.96	200m:	6:12.89	1:28.72

20+, Fem.

1.	MATOS QUEVEDO, Lucia				04	C.N. Las Palmas					<b>2:39.61</b>	19,00	+0,73
	50m:	35.20	35.20	100m:	1:14.61	39.41	150m:	1:56.61	42.00	200m:	2:39.61	43.00	
2.	MENDOZA LOPEZ, Aroa				01	C.N. Villa De Agüimes 2016					<b>2:45.63</b>	16,00	+0,72
	50m:	39.49	39.49	100m:	1:21.51	42.02	150m:	2:04.38	42.87	200m:	2:45.63	41.25	

25+, Fem.

1.	HERNANDEZ CASTRILLO, Yessica				00	C.N. Los Cristianos					<b>2:28.01</b>	27,00RR+0,73TE
	50m:	34.35	34.35	100m:	1:11.52	37.17	150m:	1:49.60	38.08	200m:	2:28.01	38.41

## Prueba 1, 200m Espalda

### 35+, Fem.

1.	GARCIA CERVANTES, Laura	89	C.D. Nonadamos	<b>2:56.43</b>	19,00	+0,87
	50m: 41.81 41.81	100m: 1:27.01	45.20 150m: 2:12.00	44.99	200m: 2:56.43	44.43

### 40+, Fem.

1.	CORTES ALVAREZ, Elisa	82	C.D. Jescagua	<b>3:39.96</b>	19,00	+0,96
	50m: 53.69 53.69	100m: 1:48.99	55.30 150m: 2:45.83	56.84	200m: 3:39.96	54.13

### 45+, Fem.

1.	RIZZA HERNANDEZ, Rositta	77	C. Tenerife Masters	<b>3:08.11</b>	19,00	+0,93
	50m: 43.99 43.99	100m: 1:31.35	47.36 150m: 2:19.85	48.50	200m: 3:08.11	48.26

### 55+, Fem.

1.	GLAUBITZ, Susanne	70	C.D. Nonadamos	<b>4:10.77</b>	19,00	+1,33
	50m: 1:00.25 1:00.25	100m: 2:05.12	1:04.87 150m: 3:09.19	1:04.07	200m: 4:10.77	1:01.58
2.	PEREZ SANTANA, Aranzazu	66	C.N. Valleverde	<b>4:23.33</b>	16,00	
	50m: 1:04.33 1:04.33	100m: 2:12.19	1:07.86 150m: 3:19.00	1:06.81	200m: 4:23.33	1:04.33

### 60+, Fem.

1.	SARACENI, Paola Maria	65	C.N. Vulcania Master	<b>4:11.92</b>	19,00	+10,33
	50m: 1:00.50 1:00.50	100m: 2:03.67	1:03.17 150m: 3:08.23	1:04.56	200m: 4:11.92	1:03.69

### 65+, Fem.

1.	BAEZ CEJAS, Maria Mercedes	60	C. Tenerife Masters	<b>3:58.08</b>	19,00	+0,76
	50m: 55.38 55.38	100m: 1:57.29	1:01.91 150m: 2:58.46	1:01.17	200m: 3:58.08	59.62

## Prueba 2 19/12/2025

## 200m Mariposa

## 20 años y mayores Resultados

Clasificación	AN										Tiempo		RT	
40+, Masc.														
1.	DEL PINO PADILLA, Kevin					81	C.N. Oceano Puerto Cruz					<b>3:16.57</b>	19,00	+1,03
	50m:	45.20	45.20	100m:	1:35.36	50.16	150m:	2:26.72	51.36	200m:	3:16.57	49.85		
45+, Masc.														
1.	HERRERA QUEVEDO, Evaristo					79	C.N. Metropole					<b>2:55.07</b>	19,00	+1,29
	50m:	38.37	38.37	100m:	1:22.07	43.70	150m:	2:08.51	46.44	200m:	2:55.07	46.56		
2.	GUEDES ALONSO, Francisco Yeray					80	C.N. Valleverde					<b>3:34.99</b>	16,00	+1,22
	50m:	43.68	43.68	100m:	1:35.92	52.24	150m:	2:33.15	57.23	200m:	3:34.99	1:01.84		

Prueba 2, 200m Mariposa

55+, Masc.

1.	ARENCIBIA AFONSO, Alfredo	68	C.N. Las Palmas	<b>3:08.05</b>	19,00	+1,07
	50m: 40.53 40.53	100m: 1:27.16	46.63 150m: 2:16.84 49.68	200m: 3:08.05 51.21		
2.	DOMINGUEZ AFONSO, Oscar Antonio	70	C.N. Oceano Puerto Cruz	<b>3:35.82</b>	16,00	+1,45
	50m: 46.92 46.92	100m: 1:38.92	52.00 150m: 2:35.69 56.77	200m: 3:35.82 1:00.13		

60+, Masc.

1.	FERNANDEZ LOVERA, Juan	65	C.N. Carucagua	<b>4:16.92</b>	19,00	+1,23
	50m: 52.41 52.41	100m: 1:55.27 1:02.86	150m: 3:06.20 1:10.93	200m: 4:16.92 1:10.72		

75+, Masc.

1.	BREMONT PEREZ, Carlos	47	C. Tenerife Masters	<b>4:08.65</b>	19,00	+1,09
	50m: 54.68 54.68	100m: 1:59.26 1:04.58	150m: 3:05.34 1:06.08	200m: 4:08.65 1:03.31		

25+, Fem.

1.	PAVIA SOSA, Maria Rosa	99	C.N. Las Palmas	<b>4:17.52</b>	19,00	+1,00
	50m: 58.93 58.93	100m: 2:06.79 1:07.86	150m: 3:10.16 1:03.37	200m: 4:17.52 1:07.36		

35+, Fem.

Baja	DIAZ CORUÑA, Elizabeth	86	C.N. Las Palmas	-		
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50+, Fem.

1.	ASENCIO PEREZ, Ma Jose	74	C.N. Los Cristianos	<b>3:46.25</b>	19,00	+1,21
	50m: 52.89 52.89	100m: 1:50.07 57.18	150m: 2:48.26 58.19	200m: 3:46.25 57.99		

60+, Fem.

1.	QUINTANILLA AYLLON, Elena	65	C.N. Metropole	<b>3:21.13</b>	27,00RR+1,06TE	
	50m: 42.57 42.57	100m: 1:31.91 49.34	150m: 2:24.86 52.95	200m: 3:21.13 56.27		

Prueba 3  
19/12/2025

400m Libre

20 años y mayores  
Resultados

Clasificación	AN										Tiempo		RT
20+, Masc.													
1.	BLANES FRIGOLA, Aleix				04	C.D. Jerez Natacion Master				<b>4:13.10</b>	-	+0,80	
	50m:	28.82	28.82	150m:	1:31.99	31.97	250m:	2:36.99	32.62	350m:	3:41.49	31.89	
	100m:	1:00.02	31.20	200m:	2:04.37	32.38	300m:	3:09.60	32.61	400m:	4:13.10	31.61	
2.	CABRERA ROBAINA, Pablo				05	C.N. Las Palmas				<b>5:04.62</b>	19,00	+13,60	
	50m:	34.08	34.08	150m:	1:49.61	38.00	250m:	3:06.48	38.70	350m:	4:26.07	39.75	
	100m:	1:11.61	37.53	200m:	2:27.78	38.17	300m:	3:46.32	39.84	400m:	5:04.62	38.55	

Prueba 3, Masc., 400m Libre, 20+

Clasificación	AN									Tiempo		RT
3. AKOUDAD ZIZAOUI, Mohamed	05	Cn.Salinas Sta.Lucia								<b>6:23.36</b>	16,00	+8,69
50m:	41.60	41.60	150m:	2:14.62	47.85	250m:	3:51.57	48.79	350m:	5:31.52	48.94	
100m:	1:26.77	45.17	200m:	3:02.78	48.16	300m:	4:42.58	51.01	400m:	6:23.36	51.84	

NP GUILLEN PEÑA, Victor 02 A.D. Santa Cruz -

25+, Masc.

1. AYALA MAESTRE, Alejandro	97	C.D. Jerez Natacion Master								<b>4:35.82</b>	-	+1,11
50m:	31.07	31.07	150m:	1:39.08	34.73	250m:	2:50.14	35.82	350m:	4:01.16	35.35	
100m:	1:04.35	33.28	200m:	2:14.32	35.24	300m:	3:25.81	35.67	400m:	4:35.82	34.66	
2. ELVIRA GLAUBITZ, Alejandro	00	C.D. Nonadamos								<b>5:05.60</b>	19,00	+0,86
50m:	34.47	34.47	150m:	1:49.92	38.37	250m:	3:08.13	39.15	350m:	4:27.57	39.56	
100m:	1:11.55	37.08	200m:	2:28.98	39.06	300m:	3:48.01	39.88	400m:	5:05.60	38.03	
3. SUAREZ GARCIA, Adrian	96	C.D. Belen Maria								<b>5:15.13</b>	16,00	+1,00
50m:	34.62	34.62	150m:	1:49.95	38.16	250m:	3:08.31	39.83	350m:	4:34.88	44.64	
100m:	1:11.79	37.17	200m:	2:28.48	38.53	300m:	3:50.24	41.93	400m:	5:15.13	40.25	
4. CIRUGEDA LOPEZ, Aythami	97	C.N. Vulcania Master								<b>5:19.73</b>	14,00	+1,92
50m:	35.80	35.80	150m:	1:53.69	39.49	250m:	3:15.70	41.12	350m:	4:39.54	41.34	
100m:	1:14.20	38.40	200m:	2:34.58	40.89	300m:	3:58.20	42.50	400m:	5:19.73	40.19	

30+, Masc.

1. GONZALEZ GARCIA, Alvaro	93	C.N. Metropole								<b>4:49.40</b>	19,00	+0,99
50m:	32.43	32.43	150m:	1:44.31	36.31	250m:	2:59.00	37.65	350m:	4:14.71	38.07	
100m:	1:08.00	35.57	200m:	2:21.35	37.04	300m:	3:36.64	37.64	400m:	4:49.40	34.69	
2. ARBELO RODRIGUEZ, Nautzet	93	Cn.Salinas Sta.Lucia								<b>5:02.34</b>	16,00	+0,89
50m:	33.74	33.74	150m:	1:47.37	37.18	250m:	3:04.83	39.03	350m:	4:23.71	39.56	
100m:	1:10.19	36.45	200m:	2:25.80	38.43	300m:	3:44.15	39.32	400m:	5:02.34	38.63	

NP ARENCIBIA DIAZ, Victor 92 C.D. Belen Maria -

35+, Masc.

1. HENRIQUEZ HERNANDEZ, Rafael	87	C.N. Las Palmas								<b>4:34.65</b>	19,00	+0,91
50m:	31.28	31.28	150m:	1:38.94	34.35	250m:	2:49.88	35.59	350m:	4:00.65	35.39	
100m:	1:04.59	33.31	200m:	2:14.29	35.35	300m:	3:25.26	35.38	400m:	4:34.65	34.00	
2. GARCIA CASTILLO, Jose Victor	88	C. Tenerife Masters								<b>5:09.24</b>	16,00	+1,03
50m:	31.87	31.87	150m:	1:43.75	36.69	250m:	3:04.50	41.16	350m:	4:28.40	42.16	
100m:	1:07.06	35.19	200m:	2:23.34	39.59	300m:	3:46.24	41.74	400m:	5:09.24	40.84	
3. QUEVEDO MEDINA, Ulises	90	C.D. Belen Maria								<b>5:41.26</b>	14,00	+0,91
50m:	35.50	35.50	150m:	1:58.31	42.95	250m:	3:26.66	44.46	350m:	4:57.04	45.83	
100m:	1:15.36	39.86	200m:	2:42.20	43.89	300m:	4:11.21	44.55	400m:	5:41.26	44.22	
4. LOPEZ DEL PINO, Miguel	89	C.N..Faynagua C. Telde								<b>5:43.13</b>	13,00	
50m:	39.74	39.74	150m:	2:04.73	43.31	250m:	3:31.71	43.38	350m:	4:59.73	44.02	
100m:	1:21.42	41.68	200m:	2:48.33	43.60	300m:	4:15.71	44.00	400m:	5:43.13	43.40	
5. MARICHAL, Ivanosky	86	C.N. Las Palmas								<b>5:46.44</b>	12,00	+0,98
50m:	38.55	38.55	150m:	2:03.87	43.61	250m:	3:32.26	44.60	350m:	5:02.42	45.27	
100m:	1:20.26	41.71	200m:	2:47.66	43.79	300m:	4:17.15	44.89	400m:	5:46.44	44.02	

Prueba 3, Masc., 400m Libre, 35+

Clasificación	AN									Tiempo	RT
6. NAVARRO PEREZ, Josymar	86	C.N. Valleverde								<b>6:32.77</b>	11,00
50m: 42.20	42.20	150m: 2:17.34	48.33	250m: 4:00.00	51.69	350m: 5:42.90	51.34				
100m: 1:29.01	46.81	200m: 3:08.31	50.97	300m: 4:51.56	51.56	400m: 6:32.77	49.87				

DSQ MEDINA LORENZO, Saul 89 C.N. Carucagua -  
DSA - Desc Salida Anticipada

40+, Masc.

1. SANTANA SARMIENTO, Miguel	83	C.N..Faynagua C. Telde								<b>4:16.81</b>	27,00RR+0,93TE
50m: 30.96	30.96	150m: 1:35.64	32.45	250m: 2:40.44	32.50	350m: 3:45.37	32.50				
100m: 1:03.19	32.23	200m: 2:07.94	32.30	300m: 3:12.87	32.43	400m: 4:16.81	31.44				
2. HERNANDEZ PEREZ, Jonathan	82	Cn.Salinas Sta.Lucia								<b>5:14.63</b>	16,00 +1,41
50m: 34.04	34.04	150m: 1:52.98	40.30	250m: 3:13.40	40.21	350m: 4:35.05	40.96				
100m: 1:12.68	38.64	200m: 2:33.19	40.21	300m: 3:54.09	40.69	400m: 5:14.63	39.58				
3. VICIOSO RODRIGUEZ, Pablo	82	Club Deportivo Teimar								<b>5:16.25</b>	14,00 +1,05
50m: 34.87	34.87	150m: 1:52.00	39.12	250m: 3:11.97	40.28	350m: 4:34.95	41.71				
100m: 1:12.88	38.01	200m: 2:31.69	39.69	300m: 3:53.24	41.27	400m: 5:16.25	41.30				
4. RODRIGUEZ VIERA, Jose Javier	82	C.N. Las Palmas								<b>5:33.79</b>	13,00
50m: 35.77	35.77	150m: 1:55.82	41.10	250m: 3:21.77	43.03	350m: 4:50.66	45.24				
100m: 1:14.72	38.95	200m: 2:38.74	42.92	300m: 4:05.42	43.65	400m: 5:33.79	43.13				
5. SILVA ELVIRA, Aday	81	C.N. Las Palmas								<b>5:43.07</b>	12,00 +12,44
50m: 36.51	36.51	150m: 2:00.04	42.64	250m: 3:29.29	45.03	350m: 4:59.18	44.76				
100m: 1:17.40	40.89	200m: 2:44.26	44.22	300m: 4:14.42	45.13	400m: 5:43.07	43.89				
6. CHECA MERINO, Pablo	82	C.D. Belen Maria								<b>5:59.66</b>	11,00 +1,28
50m: 41.31	41.31	150m: 2:09.66	45.10	250m: 3:42.12	46.30	350m: 5:16.15	47.31				
100m: 1:24.56	43.25	200m: 2:55.82	46.16	300m: 4:28.84	46.72	400m: 5:59.66	43.51				

45+, Masc.

1. SANCHEZ LAZARO, Luis Acayro	76	C. Tenerife Masters								<b>4:40.13</b>	19,00 +3,01
50m: 31.84	31.84	150m: 1:41.76	35.36	250m: 2:53.16	35.73	350m: 4:05.45	36.14				
100m: 1:06.40	34.56	200m: 2:17.43	35.67	300m: 3:29.31	36.15	400m: 4:40.13	34.68				
2. EHRHARDT, Thomas	77	C.N. Metropole								<b>4:48.30</b>	16,00 +0,87
50m: 32.84	32.84	150m: 1:45.99	36.63	250m: 2:59.05	36.38	350m: 4:11.85	36.30				
100m: 1:09.36	36.52	200m: 2:22.67	36.68	300m: 3:35.55	36.50	400m: 4:48.30	36.45				
3. RODRIGUEZ REYES, Miguel A	77	C.N. Las Palmas								<b>5:06.63</b>	14,00 +0,92
50m: 34.76	34.76	150m: 1:49.69	37.76	250m: 3:06.98	39.06	350m: 4:26.78	39.85				
100m: 1:11.93	37.17	200m: 2:27.92	38.23	300m: 3:46.93	39.95	400m: 5:06.63	39.85				

Prueba 3, 400m Libre

50+, Masc.

1.	QUINTANA RODRIGUEZ, Alvaro	74	C. Tenerife Masters	<b>5:12.87</b>	19,00	+0,88
	50m: 35.52 35.52 150m: 1:53.21 39.35 250m: 3:13.25 40.12 350m: 4:33.58 40.18					
	100m: 1:13.86 38.34 200m: 2:33.13 39.92 300m: 3:53.40 40.15 400m: 5:12.87 39.29					
2.	SUAREZ GUZMAN, Alexis Leon	75	C.D. Belen Maria	<b>5:13.24</b>	16,00	+0,97
	50m: 35.66 35.66 150m: 1:53.22 39.07 250m: 3:13.14 40.28 350m: 4:33.94 40.65					
	100m: 1:14.15 38.49 200m: 2:32.86 39.64 300m: 3:53.29 40.15 400m: 5:13.24 39.30					
3.	CAMACHO SANTANA, Carlos	74	C.N. Las Palmas	<b>5:20.91</b>	14,00	+1,94
	50m: 36.77 36.77 150m: 1:57.59 41.07 250m: 3:19.24 40.50 350m: 4:41.36 41.30					
	100m: 1:16.52 39.75 200m: 2:38.74 41.15 300m: 4:00.06 40.82 400m: 5:20.91 39.55					
4.	FERNANDEZ SOSA, Juan Carlos	73	C.N. Las Palmas	<b>5:23.19</b>	13,00	
	50m: 36.63 36.63 150m: 1:56.67 40.71 250m: 3:19.90 41.72 350m: 4:42.94 41.44					
	100m: 1:15.96 39.33 200m: 2:38.18 41.51 300m: 4:01.50 41.60 400m: 5:23.19 40.25					
5.	GARCIA FLORIDO, Manuel Javier	72	Cn.Salinas Sta.Lucia	<b>5:54.82</b>	12,00	+1,24
	50m: 38.34 38.34 150m: 2:06.59 44.69 250m: 3:37.77 45.89 350m: 5:11.06 46.93					
	100m: 1:21.90 43.56 200m: 2:51.88 45.29 300m: 4:24.13 46.36 400m: 5:54.82 43.76					
6.	SEGARRA CARRANZA, Isaac	74	Cn.Salinas Sta.Lucia	<b>6:26.32</b>	11,00	+8,54
	50m: 43.12 43.12 150m: 2:19.26 48.73 250m: 3:57.44 49.32 350m: 5:37.75 50.54					
	100m: 1:30.53 47.41 200m: 3:08.12 48.86 300m: 4:47.21 49.77 400m: 6:26.32 48.57					
7.	DE LEON LOPEZ, Ruben	75	C. Tenerife Masters	<b>6:53.87</b>	10,00	+0,99
	50m: 43.09 43.09 200m: 3:16.11 1:46.05 350m: 6:02.91 56.62					
	100m: 1:30.06 46.97 300m: 5:06.29 1:50.18 400m: 6:53.87 50.96					
NP	MARTINEZ IBORT, David	71	C.N. Las Palmas		-	
Baja	DEL ROSARIO RODRIGUEZ, Jose Antc	72	C.N. Las Palmas		-	

55+, Masc.

1.	MARVELLI, Andres	68	C.N. Las Palmas	<b>5:09.73</b>	19,00	+1,00
	50m: 35.04 35.04 150m: 1:52.99 39.60 250m: 3:12.35 39.33 350m: 4:30.92 39.32					
	100m: 1:13.39 38.35 200m: 2:33.02 40.03 300m: 3:51.60 39.25 400m: 5:09.73 38.81					
2.	MARTINEZ LLISO, Claudio	66	C.N. Metropole	<b>5:22.10</b>	16,00	
	50m: 35.99 35.99 150m: 1:56.91 41.00 250m: 3:20.03 41.65 350m: 4:42.15 40.56					
	100m: 1:15.91 39.92 200m: 2:38.38 41.47 300m: 4:01.59 41.56 400m: 5:22.10 39.95					
3.	NUEZ SANCHEZ, Carlos Luis	69	C.N. Aguacan	<b>5:34.33</b>	14,00	+1,04
	50m: 37.20 37.20 200m: 2:40.71 1:23.70 400m: 5:34.33 1:26.26					
	100m: 1:17.01 39.81 300m: 4:08.07 1:27.36					
4.	GIL TRUJILLO, Pedro	67	Cn.Salinas Sta.Lucia	<b>5:41.73</b>	13,00	
	50m: 38.66 38.66 150m: 2:01.84 42.51 250m: 3:28.81 43.85 350m: 4:57.95 45.23					
	100m: 1:19.33 40.67 200m: 2:44.96 43.12 300m: 4:12.72 43.91 400m: 5:41.73 43.78					
5.	SANTANA SANTANA, Gustavo Adolfo	67	Club Gloria Swimtrain Maspalomas	<b>5:57.08</b>	12,00	+1,08
	50m: 40.26 40.26 150m: 2:09.12 44.94 250m: 3:39.23 45.59 350m: 5:12.91 47.22					
	100m: 1:24.18 43.92 200m: 2:53.64 44.52 300m: 4:25.69 46.46 400m: 5:57.08 44.17					
6.	AMOZA IRIGOYEN, Andres	67	C.N. Vulcania Master	<b>6:03.20</b>	11,00	
	50m: 39.88 39.88 150m: 2:07.97 44.98 250m: 3:41.93 47.53 400m: 6:03.20 1:33.58					
	100m: 1:22.99 43.11 200m: 2:54.40 46.43 300m: 4:29.62 47.69					



Prueba 3, Masc., 400m Libre, 55+

Clasificación	AN									Tiempo		RT
7. RODRIGUEZ SANTANA, Ernesto	70	C.N. Valleverde								<b>6:12.94</b>	10,00	+0,89
50m: 44.13	44.13	150m: 2:16.72	46.73	250m: 3:51.35	47.78	350m: 5:26.10	47.11					
100m: 1:29.99	45.86	200m: 3:03.57	46.85	300m: 4:38.99	47.64	400m: 6:12.94	46.84					
8. SANTANA CABALLERO, Jose	69	C.D. Belen Maria								<b>6:14.68</b>	9,00	+1,21
50m: 37.85	37.85	150m: 2:06.68	46.71	250m: 3:44.70	49.42	350m: 5:24.91	50.03					
100m: 1:19.97	42.12	200m: 2:55.28	48.60	300m: 4:34.88	50.18	400m: 6:14.68	49.77					
9. QUESADA RODRIGUEZ, Francisco	67	Cn.Salinas Sta.Lucia								<b>6:59.67</b>	8,00	+1,01
50m: 45.35	45.35	150m: 2:34.88	55.25	250m: 4:22.09	53.75	350m: 6:08.39	53.53					
100m: 1:39.63	54.28	200m: 3:28.34	53.46	300m: 5:14.86	52.77	400m: 6:59.67	51.28					

60+, Masc.

1. ARIAS FEBLES, Jose Manuel	64	C.N. Metropole								<b>5:18.59</b>	19,00	+0,97
50m: 36.22	36.22	150m: 1:56.70	40.48	250m: 3:18.22	40.90	350m: 4:39.91	40.48					
100m: 1:16.22	40.00	200m: 2:37.32	40.62	300m: 3:59.43	41.21	400m: 5:18.59	38.68					
2. HERNANDEZ BENTO, Enrique Francisco	64	C.D. Belen Maria								<b>5:41.08</b>	16,00	+0,98
50m: 38.21	38.21	150m: 2:02.91	43.04	250m: 3:31.12	44.26	350m: 4:59.70	44.65					
100m: 1:19.87	41.66	200m: 2:46.86	43.95	300m: 4:15.05	43.93	400m: 5:41.08	41.38					
3. ROMERO LUJAN, Jose Luis	62	C.N. Metropole								<b>5:59.37</b>	14,00	+1,16
50m: 41.45	41.45	150m: 2:11.83	45.97	250m: 3:45.54	46.60	350m: 5:17.59	45.83					
100m: 1:25.86	44.41	200m: 2:58.94	47.11	300m: 4:31.76	46.22	400m: 5:59.37	41.78					
4. ANTELA LOPEZ, Jose Carlos	64	C.N. Metropole								<b>6:10.82</b>	13,00	
50m: 40.91	40.91	150m: 2:11.88	46.33	250m: 3:47.41	48.23	350m: 5:22.94	47.82					
100m: 1:25.55	44.64	200m: 2:59.18	47.30	300m: 4:35.12	47.71	400m: 6:10.82	47.88					
5. ALVAREZ MORALES, Antonio Jose	63	C.D. Belen Maria								<b>6:31.08</b>	12,00	+1,09
50m: 39.98	39.98	150m: 2:15.91	49.75	250m: 3:57.34	50.94	350m: 5:41.13	51.75					
100m: 1:26.16	46.18	200m: 3:06.40	50.49	300m: 4:49.38	52.04	400m: 6:31.08	49.95					
6. MOREIRAS DELLA-VENTURA, F.	64	C.N. Metropole								<b>6:46.91</b>	11,00	+1,10
50m: 44.40	44.40	150m: 2:26.00	52.18	250m: 4:12.59	53.06	350m: 5:58.15	52.35					
100m: 1:33.82	49.42	200m: 3:19.53	53.53	300m: 5:05.80	53.21	400m: 6:46.91	48.76					

Baja VACCARI, Pierluigi 64 C.N. Metropole -

65+, Masc.

1. CABALLERO MADERA, Enrique	57	C.N. Metropole								<b>5:55.31</b>	19,00	
50m: 40.00	40.00	150m: 2:06.21	43.59	250m: 3:34.43	43.83	400m: 5:55.31	1:34.80					
100m: 1:22.62	42.62	200m: 2:50.60	44.39	300m: 4:20.51	46.08							
2. DIAZ CASTRO, Jose Maria	57	C. Tenerife Masters								<b>7:12.56</b>	16,00	
50m: 48.77	48.77	150m: 2:34.41	54.17	250m: 4:24.05	54.93	350m: 6:12.79	53.45					
100m: 1:40.24	51.47	200m: 3:29.12	54.71	300m: 5:19.34	55.29	400m: 7:12.56	59.77					

70+, Masc.

1. BARRIOS BORGES, Jose Ramon	54	C. Tenerife Masters								<b>5:58.10</b>	19,00	+1,19
50m: 40.44	40.44	150m: 2:07.80	44.40	250m: 3:39.55	45.85	350m: 5:12.76	46.88					
100m: 1:23.40	42.96	200m: 2:53.70	45.90	300m: 4:25.88	46.33	400m: 5:58.10	45.34					

Prueba 3, Masc., 400m Libre, 70+

Clasificación	AN								Tiempo				RT
2.	CHANTADA FERNANDEZ, Luis				55	C.N. Vulcania Master				<b>6:15.86</b>	16,00	+1,35	
	50m:	43.55	43.55	150m:	2:17.97	47.71	250m:	3:53.10	48.13	350m:	5:29.64	48.25	
	100m:	1:30.26	46.71	200m:	3:04.97	47.00	300m:	4:41.39	48.29	400m:	6:15.86	46.22	
3.	CABALLERO MADERA, Guillermo				55	C.N. Metropole				<b>6:52.84</b>	14,00		
	50m:	44.43	44.43	150m:	2:25.02	51.46	250m:	4:11.31	53.39	350m:	5:58.80	53.80	
	100m:	1:33.56	49.13	200m:	3:17.92	52.90	300m:	5:05.00	53.69	400m:	6:52.84	54.04	
4.	GARCIA LA ESPADA, Jose				53	C. Tenerife Masters				<b>11:27.48</b>	13,00	+2,33	
	50m:	1:19.13	1:19.13	150m:	4:12.24	1:29.10	250m:	7:09.28	1:28.28	350m:	10:09.18	1:29.78	
	100m:	2:43.14	1:24.01	200m:	5:41.00	1:28.76	300m:	8:39.40	1:30.12	400m:	11:27.48	1:18.30	

80+, Masc.

1. O SHANAHAN ROCA, Mauricio	42	C.N. Metropole			<b>8:10.93</b>	19,00					+1,44
50m:	56.61	56.61	150m:	3:03.40	1:04.06	250m:	5:09.48	1:02.60	350m:	7:13.73	1:01.96
100m:	1:59.34	1:02.73	200m:	4:06.88	1:03.48	300m:	6:11.77	1:02.29	400m:	8:10.93	57.20

20+, Fem.

1. EXPOSITO AFONSO, Maria	02	C.D. Jerez Natacion Master			<b>4:43.27</b>	-					+0,89
50m:	32.10	32.10	150m:	1:42.52	35.69	250m:	2:55.12	36.44	350m:	4:07.76	36.70
100m:	1:06.83	34.73	200m:	2:18.68	36.16	300m:	3:31.06	35.94	400m:	4:43.27	35.51
2. MATOS QUEVEDO, Maria	02	C.N. Las Palmas			<b>5:02.16</b>	19,00					+0,88
50m:	34.73	34.73	150m:	1:50.07	37.96	250m:	3:07.06	38.42	350m:	4:24.74	38.29
100m:	1:12.11	37.38	200m:	2:28.64	38.57	300m:	3:46.45	39.39	400m:	5:02.16	37.42
3. VEGA IBRAHIM, Ainhoa	05	C.D.N. Playuki			<b>8:02.15</b>	16,00					+8,13
50m:	52.59	52.59	150m:	2:51.33	1:01.10	250m:	4:58.15	1:04.88	350m:	7:05.32	1:03.63
100m:	1:50.23	57.64	200m:	3:53.27	1:01.94	300m:	6:01.69	1:03.54	400m:	8:02.15	56.83

NP RIVERO GONZALEZ, Erika 01 C.N. Las Palmas -

25+, Fem.

1. ARTILES CARBALLO, Irene	96	C.N. Las Palmas			<b>5:05.84</b>	19,00					+0,97
50m:	34.19	34.19	150m:	1:49.55	38.19	250m:	3:07.73	39.57	350m:	4:27.29	39.89
100m:	1:11.36	37.17	200m:	2:28.16	38.61	300m:	3:47.40	39.67	400m:	5:05.84	38.55
2. TRUJILLO MORENO, Sara	97	C.N. Metropole			<b>5:46.45</b>	16,00					+0,95
50m:	36.80	36.80	150m:	2:00.13	42.84	250m:	3:29.40	45.03	350m:	5:02.15	46.73
100m:	1:17.29	40.49	200m:	2:44.37	44.24	300m:	4:15.42	46.02	400m:	5:46.45	44.30

30+, Fem.

1. RAMOS ROJAS, Gisela	94	C.N. Vulcania Master			<b>5:01.08</b>	19,00					+8,85
50m:	33.09	33.09	150m:	1:48.08	37.98	250m:	3:04.80	38.36	350m:	4:23.01	39.14
100m:	1:10.10	37.01	200m:	2:26.44	38.36	300m:	3:43.87	39.07	400m:	5:01.08	38.07
2. BOUCHET, Sybille	93	C.N. Metropole			<b>5:03.45</b>	16,00					
50m:	35.02	35.02	150m:	1:50.61	38.22	250m:	3:08.05	38.71	350m:	4:25.37	38.72
100m:	1:12.39	37.37	200m:	2:29.34	38.73	300m:	3:46.65	38.60	400m:	5:03.45	38.08

Prueba 3, Fem., 400m Libre, 30+

Clasificación	AN								Tiempo		RT	
3. DELGADO MARTIN, Maria Elisabet	94	C.D. Nonadamos								6:27.81	14,00	+0,96
50m:	41.52	41.52	150m:	2:14.79	47.68	250m:	3:54.96	50.63	350m:	5:37.51	51.44	
100m:	1:27.11	45.59	200m:	3:04.33	49.54	300m:	4:46.07	51.11	400m:	6:27.81	50.30	

35+, Fem.

1.	ROJAS ARJONA, Irene				86	C.N. Vulcania Master					<b>5:36.45</b>	19,00	+1,08
	50m:	37.46	37.46	150m:	1:59.87	42.02	250m:	3:26.43	43.52	350m:	4:53.86	43.77	
	100m:	1:17.85	40.39	200m:	2:42.91	43.04	300m:	4:10.09	43.66	400m:	5:36.45	42.59	
2.	QUINTERO QUINTERO, Katihusca				87	C. Tenerife Masters					<b>5:41.39</b>	16,00	+1,09
	50m:	38.79	38.79	150m:	2:03.74	43.07	250m:	3:30.67	43.36	350m:	4:57.62	43.57	
	100m:	1:20.67	41.88	200m:	2:47.31	43.57	300m:	4:14.05	43.38	400m:	5:41.39	43.77	
3.	HIJAR JIMENEZ, Maria				90	C.N. Vulcania Master					<b>5:54.59</b>	14,00	+1,00
	50m:	39.96	39.96	150m:	2:08.37	44.88	250m:	3:39.38	45.50	350m:	5:10.50	45.50	
	100m:	1:23.49	43.53	200m:	2:53.88	45.51	300m:	4:25.00	45.62	400m:	5:54.59	44.09	
4.	HERNANDEZ HERNANDEZ, Elena				89	C.D. Jerez Natacion Master					<b>6:39.30</b>	-	+0,87
	50m:	41.00	41.00	150m:	2:16.46	49.23	250m:	4:00.49	53.69	350m:	5:42.79	48.47	
	100m:	1:27.23	46.23	200m:	3:06.80	50.34	300m:	4:54.32	53.83	400m:	6:39.30	56.51	
5.	RIVERO RIVERO, Natalia Del Carmen				86	C.D. Solventia					<b>7:47.18</b>	13,00	+1,48
	50m:	53.29	53.29	150m:	2:49.52	59.01	250m:	4:49.38	1:00.85	350m:	6:48.81	1:00.11	
	100m:	1:50.51	57.22	200m:	3:48.53	59.01	300m:	5:48.70	59.32	400m:	7:47.18	58.37	

40+, Fem.

1.	ARANTZAMENDI LLULL, Jamila				81	C. Tenerife Masters					<b>5:39.35</b>	19,00	+0,90
	50m:	36.65	36.65	150m:	2:00.72	43.05	250m:	3:29.42	44.33	350m:	4:57.58	44.19	
	100m:	1:17.67	41.02	200m:	2:45.09	44.37	300m:	4:13.39	43.97	400m:	5:39.35	41.77	
2.	BERNARDOS CRUZ, Idoia				83	C.N. Metropole					<b>5:39.96</b>	16,00	+1,01
	50m:	38.07	38.07	150m:	2:02.25	43.02	250m:	3:29.22	43.64	350m:	4:56.88	44.03	
	100m:	1:19.23	41.16	200m:	2:45.58	43.33	300m:	4:12.85	43.63	400m:	5:39.96	43.08	
3.	FERNANDEZ MEJIAS, Tamara				81	C.D.N. Playuki					<b>5:58.07</b>	14,00	+1,00
	50m:	38.80	38.80	150m:	2:05.46	44.27	250m:	3:37.51	46.29	350m:	5:11.30	47.13	
	100m:	1:21.19	42.39	200m:	2:51.22	45.76	300m:	4:24.17	46.66	400m:	5:58.07	46.77	
4.	CARBALLO RODRIGUEZ, Eloina				81	Club Deportivo Teimar					<b>8:17.10</b>	13,00	+1,44
	50m:	57.20	57.20	150m:	3:02.16	1:03.24	250m:	5:10.21	1:03.91	350m:	7:17.87	1:03.59	
	100m:	1:58.92	1:01.72	200m:	4:06.30	1:04.14	300m:	6:14.28	1:04.07	400m:	8:17.10	59.23	

45+, Fem.

1. GARCIA DELGADO, Yaiza	76	C.N. Metropole								<b>5:55.52</b>	19,00	+1,05
50m:	41.03	41.03	150m:	2:12.39	45.95	250m:	3:43.44	45.08	350m:	5:12.14	44.11	
100m:	1:26.44	45.41	200m:	2:58.36	45.97	300m:	4:28.03	44.59	400m:	5:55.52	43.38	

Prueba 3, 400m Libre

50+, Fem.

1.	DELGADO MARTIN, Montserrat	75	C.N. Los Cristianos	<b>6:00.87</b>	19,00	+1,18
	50m: 41.46 41.46 150m: 2:12.73 46.60 250m: 3:45.32 46.44 350m: 5:17.56 46.36					
	100m: 1:26.13 44.67 200m: 2:58.88 46.15 300m: 4:31.20 45.88 400m: 6:00.87 43.31					
2.	CILLUFFO, Domenica	72	C.N. Metropole	<b>6:39.93</b>	16,00	+1,46
	50m: 45.41 45.41 150m: 2:26.24 51.42 250m: 4:08.93 51.87 350m: 5:50.46 50.82					
	100m: 1:34.82 49.41 200m: 3:17.06 50.82 300m: 4:59.64 50.71 400m: 6:39.93 49.47					
3.	GONZALEZ ARIAS, Rosa Maria	71	C. Tenerife Masters	<b>7:01.37</b>	14,00	+0,99
	50m: 44.73 44.73 150m: 2:25.51 50.98 250m: 4:15.43 55.25 350m: 6:06.17 55.61					
	100m: 1:34.53 49.80 200m: 3:20.18 54.67 300m: 5:10.56 55.13 400m: 7:01.37 55.20					
4.	PEÑA CAVALLERO, Maria Del Carmen	75	C.N. Metropole	<b>7:09.51</b>	13,00	+2,02
	50m: 48.52 48.52 150m: 2:39.58 57.27 250m: 4:30.01 55.00 350m: 6:18.17 52.94					
	100m: 1:42.31 53.79 200m: 3:35.01 55.43 300m: 5:25.23 55.22 400m: 7:09.51 51.34					
5.	UNGER, Caroline	72	C.D.N. Playuki	<b>7:22.51</b>	12,00	+1,51
	50m: 44.84 44.84 150m: 2:32.70 56.18 250m: 4:28.34 58.08 350m: 6:25.49 58.37					
	100m: 1:36.52 51.68 200m: 3:30.26 57.56 300m: 5:27.12 58.78 400m: 7:22.51 57.02					

55+, Fem.

1.	NEGRIN FIGUEROA, Elena	70	C. Tenerife Masters	<b>5:40.87</b>	19,00	+9,60
	50m: 38.81 38.81 150m: 2:04.18 43.08 250m: 3:29.99 42.93 350m: 4:56.57 42.89					
	100m: 1:21.10 42.29 200m: 2:47.06 42.88 300m: 4:13.68 43.69 400m: 5:40.87 44.30					
2.	BERNDTSSON, Ann Mari	70	C.N. Vulcania Master	<b>6:30.91</b>	16,00	+1,26
	50m: 44.81 44.81 150m: 2:23.01 50.08 250m: 4:03.82 50.95 350m: 5:42.73 48.34					
	100m: 1:32.93 48.12 200m: 3:12.87 49.86 300m: 4:54.39 50.57 400m: 6:30.91 48.18					
3.	ALBERICHE RUANO, Maria Del Pino	66	C.N. Metropole	<b>6:40.00</b>	14,00	
	50m: 44.62 44.62 150m: 2:23.30 50.12 250m: 4:05.63 51.57 350m: 5:50.09 52.36					
	100m: 1:33.18 48.56 200m: 3:14.06 50.76 300m: 4:57.73 52.10 400m: 6:40.00 49.91					
4.	GLAUBITZ, Susanne	70	C.D. Nonadamos	<b>7:06.57</b>	13,00	+1,19
	50m: 48.46 48.46 150m: 2:36.41 54.34 250m: 4:25.72 54.66 350m: 6:14.58 54.78					
	100m: 1:42.07 53.61 200m: 3:31.06 54.65 300m: 5:19.80 54.08 400m: 7:06.57 51.99					

60+, Fem.

1.	KHAN, Stephanie Jean	64	C. Tenerife Masters	<b>6:41.47</b>	19,00	+1,18
	50m: 42.50 42.50 150m: 2:21.42 50.79 250m: 4:04.68 52.01 350m: 5:49.75 52.75					
	100m: 1:30.63 48.13 200m: 3:12.67 51.25 300m: 4:57.00 52.32 400m: 6:41.47 51.72					
2.	PEREZ HERNANDEZ, Ma Victoria	64	Club Deportivo Teimar	<b>7:47.92</b>	16,00	+1,52
	50m: 52.82 52.82 150m: 2:50.70 1:00.24 250m: 4:51.84 1:00.70 350m: 6:49.58 58.86					
	100m: 1:50.46 57.64 200m: 3:51.14 1:00.44 300m: 5:50.72 58.88 400m: 7:47.92 58.34					

65+, Fem.

1.	FERNANDEZ PEREZ, Ana Maria	58	C.N. Metropole	<b>7:26.45</b>	19,00	+1,40
	50m: 46.01 46.01 150m: 2:38.22 56.86 250m: 4:33.75 58.09 350m: 6:30.24 57.53					
	100m: 1:41.36 55.35 200m: 3:35.66 57.44 300m: 5:32.71 58.96 400m: 7:26.45 56.21					

Prueba 3, Fem., 400m Libre, 65+

Clasificación	AN		Tiempo		RT
2. LARRODE GARCIA, Pilar	59	C. Tenerife Masters	<b>8:11.99</b>	16,00	+1,37
50m: 57.31 57.31	150m: 3:01.67 1:02.73	250m: 5:07.45 1:02.82	350m: 7:12.41 1:02.28		
100m: 1:58.94 1:01.63	200m: 4:04.63 1:02.96	300m: 6:10.13 1:02.68	400m: 8:11.99 59.58		

2 - 2ª jornada, 1ª sesión

20/12/2025

Prueba 4 Fem., 50m Mariposa 20 años y mayores Resultados  
20/12/2025

Clasificación	AN		Tiempo		RT
20+					
1.	LAMBERTO GARCIA, Ana Maria	02	C.D. Jerez Natacion Master	30.87	- +0,94
2.	QUESADA GARCIA, Yanel	04	Cn.Salinas Sta.Lucia	32.16	19,00 +0,84
3.	PEREZ SUAREZ, Laura	01	C.N. Las Palmas	33.63	16,00 +0,84
4.	RIVERO GONZALEZ, Erika	01	C.N. Las Palmas	33.94	14,00 +0,92
5.	DIAZ RODRIGUEZ, Grisela	02	C.D. Jescagua	34.54	13,00 +0,86
6.	LIÑAN DEL ROSARIO, Maria Luisa	04	C.N. Metropole	34.59	12,00 +0,86
7.	BENITEZ LOPEZ, Marta	02	C.D. Jerez Natacion Master	38.18	- +0,92
8.	ARENCIBIA REYES, Daniela	05	Club Natación Ocho De Septiembre	38.83	11,00 +0,82
25+					
1.	PULIDO MAYOR, Sheila	98	C.N..Faynagua C. Telde	30.98	19,00 +0,75
2.	NEGRIN RODRIGUEZ, Andrea Ma	97	C. Tenerife Masters	33.43	16,00 +0,85
3.	RAMOS SANTANA, Laura Maria	98	C.D. Nonadamos	36.33	14,00 +0,96
4.	MARTINEZ VALLEJO, Itamar	97	C. Tenis Chamartin	36.43	- +0,86
5.	RODRIGUEZ SANTANA, Paula	99	Cn.Salinas Sta.Lucia	40.09	13,00 +0,99
6.	RIVERO SANTANA, Sheila	96	C.N. Las Palmas	41.25	12,00 +1,03
7.	GIL HERNANDEZ, Irene Ma	96	C.D. Solventia	45.16	11,00 +1,10
8.	PAVIA SOSA, Maria Rosa	99	C.N. Las Palmas	53.56	10,00 +0,99
Baja	NUÑEZ CATALAN, Maria	96	C. Tenerife Masters		-
30+					
1.	QUINTANA SERRANO, Maria Begoña	92	C.N. Metropole	34.18	19,00 +2,39
2.	CASTILLO DELGADO, Maria	91	Club Deportivo Teimar	34.64	16,00 +0,87
3.	MEDINA SANTANA, Beatriz	95	C.D.N. Playuki	38.16	14,00 +0,84
4.	DELCASTILLO DE LA FUENTE, Alejanc	92	Club Deportivo Teimar	39.54	13,00 +1,01
35+					
1.	QUINTERO QUINTERO, Katihusca	87	C. Tenerife Masters	35.14	19,00 +1,07
Baja	DIAZ CORUÑA, Elizabeth	86	C.N. Las Palmas		-

Prueba 4, Fem., 50m Mariposa

40+

1.	BORNAGHI, Roberta Elisa	83	C.D.N. Nadamas Santa Rosa	<b>31.85</b>	19,00	+0,89
NP	BARREIRO JARVIS, Amanda Rocio	82	C.N. Martianez Coral Hotels		-	
Baja	ARMAS ROCA, Marta	83	C.N. Metropole		-	

45+

1.	GARABATOS RODRIGUEZ, Susana	79	C.N. Los Cristianos	<b>31.54</b>	19,00	+0,94
2.	RIZZA HERNANDEZ, Rositta	77	C. Tenerife Masters	<b>37.74</b>	16,00	+1,70
3.	LEON SIERRA, Cristina	80	C.N. Las Palmas	<b>39.10</b>	14,00	+0,84
4.	RIZO OSUNA-MOYANO, Nuria	78	C. Tenerife Masters	<b>42.06</b>	13,00	+0,93
5.	GARCIA ALLO, Maria Victoria	79	Club Deportivo Teimar	<b>44.78</b>	12,00	+0,94
6.	DIAZ SANTANA, Luz Marina	76	C.D.N. Playuki	<b>45.15</b>	11,00	+1,06
7.	CABRERA RIVERA, Elena	76	C.D. Nonadamos	<b>53.42</b>	10,00	+1,07
Baja	MARTINEZ DA ALMEIDA, Selene	80	C.N. Villa De Agüimes 2016		-	

50+

1.	WINKLER, Nicole	71	C.N. Vulcania Master	<b>37.14</b>	19,00	+0,87
2.	CABAL ALVAREZ, Beatriz Ma	74	C.N. Metropole	<b>52.37</b>	16,00	+1,15

55+

1.	DOMINGUEZ MARTEL, Maria Jesus	68	C.N. Metropole	<b>44.62</b>	19,00	+1,01
2.	ASPAS PALACIOS, Rosa Maria	70	C.N. Metropole	<b>56.22</b>	16,00	+1,21
3.	OJEDA QUINTANA, Gloria Esther	69	C.N. Metropole	<b>59.26</b>	14,00	+1,20

60+

1.	RAMIREZ SANTANA, Cristina	65	C.N. Metropole	<b>37.90</b>	19,00	+0,94
2.	KHAN, Stephanie Jean	64	C. Tenerife Masters	<b>43.73</b>	16,00	+1,11
3.	PEREZ MACIAS, Juana Teresa	63	C.N. Metropole	<b>47.59</b>	14,00	+0,96

65+

1.	ARANEGA BENITEZ, Aranzazu	57	C. Tenerife Masters	<b>47.13</b>	19,00	+1,07
2.	ZABALA LABORDE, Asuncion	60	C. Tenerife Masters	<b>1:10.51</b>	16,00	+1,08

70+

1.	LOPEZ GONZALEZ, Esther	55	C. Tenerife Masters	<b>45.09</b>	27,00RR+1,08TE	
2.	LANG-LENTON LEON, Rosario	53	C.N. Metropole	<b>55.22</b>	16,00	+0,99

75+

1.	HERRERA PEREZ, Amanda	49	C. Tenerife Masters	<b>1:09.52</b>	19,00	+1,64
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Prueba 5  
20/12/2025

Masc., 50m Mariposa

20 años y mayores  
Resultados

Clasificación	AN		Tiempo	RT
20+				
1.	03	GUADALUPE NEGRIN, Jorge Ramses A.D. Santa Cruz	<b>26.94</b> 19,00	+0,83
2.	01	MERINO MONTES DE OCA, Alvaro A.D. Santa Cruz	<b>27.44</b> 16,00	+0,73
3.	05	ARENCIBIA REYES, Jaime Club Natación Ocho De Septiembre	<b>28.42</b> 14,00	+0,70
4.	04	CARRO BONILLA, Cristobal A.D. Santa Cruz	<b>28.60</b> 13,00	+0,79
5.	05	OUBIÑA CORVALAN, Marcos A C.D. Nonadamos	<b>29.43</b> 12,00	+0,74
6.	04	DOS REIS SANTANA, Alejandro C.N. Aguacan	<b>29.68</b> 11,00	+0,80
7.	03	VIERA VIERA, Acoran C.D. Nonadamos	<b>29.78</b> 10,00	+0,85
8.	05	BACALLADO CARMONA, Antonio C.N. Las Palmas	<b>30.64</b> 9,00	+0,82
9.	01	CABRERA WINTER, Alvaro C.N..Faynagua C. Telde	<b>30.98</b> 8,00	+0,95
10.	05	AKOUDAD ZIZAOUI, Mohamed Cn.Salinas Sta.Lucia	<b>38.63</b> 7,00	+0,98
25+				
1.	00	PRIETO RODRIGUEZ, Daniel C.N. Vulcania Master	<b>26.40</b> 19,00	+0,70
2.	00	RIPPA, Francisco A.D. Santa Cruz	<b>27.74</b> 16,00	+0,77
3.	98	LOPEZ GARCIA, Andreas Cn.Salinas Sta.Lucia	<b>28.18</b> 14,00	+0,72
4.	98	SANZ GONZALEZ, Oscar Club Deportivo Teimar	<b>29.62</b> 13,00	+0,92
5.	97	RUBIALES CACERES, Daniel C.N. Las Palmas	<b>29.98</b> 12,00	+0,77
6.	99	RODRIGUEZ MORALES, Agoney C.N. Los Cristianos	<b>30.96</b> 11,00	+0,87
7.	96	SANCHEZ FRAILE, David C.N. Los Cristianos	<b>34.30</b> 10,00	+1,00
8.	00	SARMIENTO NARANJO, Manuel C.N. Villa De Agüimes 2016	<b>34.58</b> 9,00	+1,00
Baja	99	GARCIA LOPEZ, Javier A.D. Santa Cruz	-	
Baja	99	ARENCIBIA MONTESDEOCA, Pablo Club Natación Ocho De Septiembre	-	
30+				
1.	95	GONZALEZ ALONSO, Airam A.D. Santa Cruz	<b>26.26</b> 19,00	+0,85
2.	93	FRIAS RICO, Manuel C.N. Vulcania Master	<b>26.57</b> 16,00	+0,91
3.	94	MURILLO NOVA, Cedric C.N. Vulcania Master	<b>29.45</b> 14,00	+0,80
4.	95	DELGADO MELIAN, Carlos Javier C.N. Los Cristianos	<b>30.51</b> 13,00	+0,84
5.	95	BETANCOR CALLERO, Carlos C.N. Metropole	<b>30.83</b> 12,00	+0,95
6.	93	NAVAS OJEDA, Angel Luis C.N. Metropole	<b>30.92</b> 11,00	+0,76
7.	93	CAZORLA ARTILES, Jose Manuel Cn.Salinas Sta.Lucia	<b>32.40</b> 10,00	+1,00
8.	94	ACOSTA PERDOMO, Gabriel C.N. Vulcania Master	<b>32.66</b> 9,00	+1,00
9.	93	MACHIN CABRERA, Roberto C.N. Valleverde	<b>33.61</b> 8,00	+0,82
10.	93	GARCIA DE LA HOZ, Adrian Cipriano C.D. Nonadamos	<b>37.37</b> 7,00	+0,94
Baja	91	DIAZ GARCIA, Pablo Jose C.N. Las Palmas	-	



Prueba 5, Masc., 50m Mariposa

35+

1.	ALONSO ALADRO, Juan	86	C. Tenerife Masters	<b>27.04</b>	19,00	+0,76
2.	ORTIZ HERNANDEZ, Aday	90	Club Natación Ocho De Septiembre	<b>29.19</b>	16,00	+0,93
3.	GARCIA CASTILLO, Jose Victor	88	C. Tenerife Masters	<b>29.66</b>	14,00	+0,93
4.	HERNANDEZ PADILLA, Adrian Jesus	89	C.N. Martianez Coral Hotels	<b>32.02</b>	13,00	+0,95
5.	MARTIN GIL, Oliverio	90	C.N. Vulcania Master	<b>35.49</b>	12,00	+0,91

40+

1.	RUIZ PEREZ, Fernando	81	A.D. Santa Cruz	<b>32.34</b>	19,00	+0,94
2.	VAZQUEZ MORALES, Hector	82	C.N. Las Palmas	<b>34.38</b>	16,00	+1,09
3.	DE ARMAS PAGADOR, Javier	85	C.D. Jerez Natacion Master	<b>34.49</b>	-	+0,98
4.	DELGADO PEREZ, Jefferson Jonathan	85	C.D. Jescagua	<b>35.56</b>	14,00	+1,00
5.	PEREZ TORRES, Mariano Luis	84	C.D. Solventia	<b>36.69</b>	13,00	+0,97
Baja	SUAREZ LOVELLE, Aaron	85	Club Gloria Swimtrain Maspalomas		-	

45+

1.	ROJANO BROZ, Javier	79	C.N. Metropole	<b>28.65</b>	19,00	+0,76
2.	HERRERA QUEVEDO, Evaristo	79	C.N. Metropole	<b>30.01</b>	16,00	+0,88
3.	SOLLA VELOSO, Ivan	78	C. Tenerife Masters	<b>30.80</b>	14,00	+0,92
4.	CABRERA PESTANA, Alejandro	80	C.N. Las Palmas	<b>31.02</b>	13,00	+0,92
5.	RODRIGUEZ REYES, Miguel A	77	C.N. Las Palmas	<b>33.51</b>	12,00	+0,96
6.	GARCIA HERNANDEZ, Marcos	80	C.D.N. Playuki	<b>33.73</b>	11,00	+0,92
NP	FERNANDEZ PEÑA, Cristo	76	C.N. Metropole		-	

50+

1.	ARANDA GALLEGU, Jose Juan	75	C.N. Vulcania Master	<b>27.99</b>	27,00RR	+0,88TE
2.	ESPINO MORILLAS, Juan Luis	72	C.N. Aguacan	<b>30.09</b>	16,00	+0,80
3.	HERNANDEZ DIAZ, Hector	75	C.N. Los Cristianos	<b>31.94</b>	14,00	+4,08
4.	MARTEL TOLEDO, Luis	71	C. Tenerife Masters	<b>33.27</b>	13,00	+0,88
5.	QUINTANA RODRIGUEZ, Alvaro	74	C. Tenerife Masters	<b>34.08</b>	12,00	+0,81
6.	COLINA GIRALDA, Raul	71	C.N. Las Palmas	<b>34.47</b>	11,00	+0,98
7.	ALVAREZ ALAMO, Emilio	74	Club Gloria Swimtrain Maspalomas	<b>41.51</b>	10,00	+1,23
8.	GARCIA DIAZ, Cayetano	71	C.D. Nonadamos	<b>48.66</b>	9,00	+1,21
9.	LOARCES FUENTES, Francisco Manu	72	C.D. Nonadamos	<b>53.56</b>	8,00	+1,13
10.	TORRES BETANCOR, Francisco Javier	71	C.D.N. Playuki	<b>55.06</b>	7,00	+1,21
Baja	DEL ROSARIO RODRIGUEZ, Jose Ant	72	C.N. Las Palmas		-	

55+

1.	BRUSCOLOTTI, Fabio	68	C. Tenerife Masters	<b>30.82</b>	19,00	+0,87
2.	VIÑUELA LLANOS, Antonio	68	C. Tenerife Masters	<b>34.72</b>	16,00	+3,90
3.	OJEDA GONZALEZ-POSADA, Pablo	67	C.N. Metropole	<b>35.25</b>	14,00	+0,92
4.	ARENCIBIA AFONSO, Alfredo	68	C.N. Las Palmas	<b>35.64</b>	13,00	+1,00
5.	LUZARDO RODRIGUEZ, Gustavo Adolf	66	C.N. Metropole	<b>35.79</b>	12,00	+1,04
6.	RODRIGUEZ SUAREZ, Juan Pedro	67	C.N. Metropole	<b>37.51</b>	11,00	+1,01



Prueba 5, Masc., 50m Mariposa, 55+

Clasificación	AN		Tiempo	RT
7. RIVERA VIÑA, Francisco Manuel	66	C.D. Jescagua	<b>38.69</b> 10,00	+0,89
60+				
1. TIETJEN, Uwe	64	Club Gloria Swimtrain Maspalomas	<b>34.80</b> 19,00	+1,01
2. CEJUDO DELGADO, Angel	63	C.N. Vulcania Master	<b>36.09</b> 16,00	+1,08
Baja VACCARI, Pierluigi	64	C.N. Metropole	-	
Baja ANTELA LOPEZ, Jose Carlos	64	C.N. Metropole	-	
65+				
1. CABRERA GONZALEZ, Marcos	60	C. Tenerife Masters	<b>34.85</b> 19,00	+0,93
2. TORRES MARZO, Jose Luis	57	C. Tenerife Masters	<b>37.34</b> 16,00	+1,03
70+				
Baja MARICHAL RAMOS, Martin	54	C. Tenerife Masters	-	

Prueba 6  
20/12/2025

Fem., 50m Espalda

20 años y mayores  
Resultados

Clasificación	AN		Tiempo	RT
20+				
1. MENDOZA LOPEZ, Aroa	01	C.N. Villa De Agüimes 2016	<b>34.87</b> 19,00	+0,69
2. PEREZ REYES, Irene	04	Club Deportivo Teimar	<b>37.69</b> 16,00	+0,77
3. BENITEZ LOPEZ, Marta	02	C.D. Jerez Natacion Master	<b>40.68</b> -	+13,02
4. FERRERA HERNANDEZ, Zayra	01	Club Deportivo Teimar	<b>41.09</b> 14,00	+0,85
5. PEREZ RODRIGUEZ, Sheila	03	C.D.N. Playuki	<b>44.18</b> 13,00	+0,88
Baja GALVEZ GARRIDO, Carmen	01	Club Deportivo Teimar	-	
25+				
1. HERNANDEZ CASTRILLO, Yessica	00	C.N. Los Cristianos	<b>31.73</b> 19,00	+0,92
2. NEGRIN RODRIGUEZ, Andrea Ma	97	C. Tenerife Masters	<b>34.88</b> 16,00	+0,70
3. PULIDO MONZON, Laura	98	C.D. Jescagua	<b>35.98</b> 14,00	+0,80
4. GONZALEZ SANTANA, Marta	96	C.N. Carucagua	<b>43.77</b> 13,00	+0,97
5. VALENCIA PAREDES, Nuria	00	C.D. Solventia	<b>47.85</b> 12,00	+12,81
6. ACOSTA ALONSO, Cynthia Maria	99	C.D.N. Playuki	<b>50.59</b> 11,00	+0,86
NP RIVERO SANTANA, Sheila	96	C.N. Las Palmas	-	
Baja RODRIGUEZ FAVED, Cintia	98	C.D. Solventia	-	

Prueba 6, Fem., 50m Espalda

30+

1.	DELCASTILLO DE LA FUENTE, Alejanc	92	Club Deportivo Teimar	<b>37.11</b>	19,00	+0,97
2.	QUINTANA FRANCO, Haridian	91	Cn.Salinas Sta.Lucia	<b>39.25</b>	16,00	+0,78
3.	MEDINA SANTANA, Beatriz	95	C.D.N. Playuki	<b>39.61</b>	14,00	+1,77
4.	SANTANA ALMEIDA, Ester	92	C.D. Belen Maria	<b>40.97</b>	13,00	+0,75
5.	MORALES SANTANA, Maria Isabel	92	C.N. Las Palmas	<b>54.91</b>	12,00	+0,85

40+

1.	ARANTZAMENDI LLULL, Jamila	81	C. Tenerife Masters	<b>37.73</b>	19,00	+1,02
2.	FERNANDEZ MEJIAS, Tamara	81	C.D.N. Playuki	<b>42.73</b>	16,00	+0,85
3.	MARTIN CABRERA, Jenifer	83	C.D. Nonadamos	<b>54.37</b>	14,00	+3,35
4.	HERNANDEZ MARRERO, Yurena Aran	82	Cn.Salinas Sta.Lucia	<b>59.06</b>	13,00	+1,00
NP	BARREIRO JARVIS, Amanda Rocio	82	C.N. Martiane Coral Hotels	-		

45+

1.	GONZALEZ MEDINA, Vanessa Raquel	78	C.D. Nonadamos	<b>50.95</b>	19,00	+1,04
2.	RODRIGUEZ MONTAÑEZ, Ruth	76	C.N. Los Cristianos	<b>55.75</b>	16,00	+0,92
3.	OLGUIN MADARIAGA, Judith Lorena	80	C.N. Las Palmas	<b>56.60</b>	14,00	+0,97
4.	RODRIGUEZ BETANCOR, Otilia Rosa	78	C.D.N. Playuki	<b>1:01.07</b>	13,00	+13,24
NP	ALVAREZ JORGE, Carmen Rita	80	C.D.N. Playuki	-		

50+

1.	VALIDO CARREÑO, Isabel	74	C.N. Las Palmas	<b>38.28</b>	19,00	+0,90
2.	WAGNER FAHLLIN, Ana Maria	71	C.N. Metropole	<b>39.20</b>	16,00	+0,82
3.	RAMIREZ HENRIQUEZ, Maria Del Pilar	74	Cn.Salinas Sta.Lucia	<b>49.30</b>	14,00	+0,85
4.	CABAL ALVAREZ, Beatriz Ma	74	C.N. Metropole	<b>1:01.47</b>	13,00	+1,02
5.	PERERA RIVERO, Victoria	74	C.N. Valleverde	<b>1:26.60</b>	12,00	+8,64
Baja	MORALES LOZANO, Gloria	72	C.D. Jescagua	-		

55+

1.	DOMINGUEZ MARTEL, Maria Jesus	68	C.N. Metropole	<b>46.97</b>	19,00	+0,92
2.	TABARES DE NAVA, Nuria	69	C. Tenerife Masters	<b>48.31</b>	16,00	+1,05
3.	SANTANA GUERRA, Maria Dolores	69	C.N. Valleverde	<b>1:13.88</b>	14,00	+0,94

60+

1.	RAMIREZ SANTANA, Cristina	65	C.N. Metropole	<b>41.02</b>	19,00	+0,87
2.	PEREZ NUEZ, Lourdes	65	C.D. Solventia	<b>51.33</b>	16,00	+1,18
3.	SARACENI, Paola Maria	65	C.N. Vulcania Master	<b>55.19</b>	14,00	+0,99
Baja	ROMERO MANZANO, Ana Maria	62	C. Tenerife Masters	-		

Prueba 6, Fem., 50m Espalda

65+

1. BAEZ CEJAS, Maria Mercedes	60	C. Tenerife Masters	<b>50.72</b>	19,00	+0,90
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70+

1. LANG-LENTON LEON, Rosario	53	C.N. Metropole	<b>53.01</b>	19,00	+0,87
Baja GONZALEZ MARTEL, Andrea	51	C.D. Jescagua		-	

80+

1. OJEDA GARCIA, Ma Dolores	42	C.D.N. Playuki	<b>1:21.13</b>	19,00	+1,33
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85+

1. RODRIGUEZ FUENTES, Mercedes	37	C. Tenerife Masters	<b>1:17.64</b>	19,00	+1,08
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Prueba 7  
20/12/2025

Masc., 50m Espalda

20 años y mayores  
Resultados

Clasificación	AN		Tiempo	RT
20+				
1. PALACIOS HORMIGA, Aday	04	C.D. Jerez Natacion Master	<b>29.81</b>	- +0,70
2. RAMIREZ MORALES, Sergio C.	03	C.D. Nonadamos	<b>29.82</b>	19,00 +0,76
3. DOS REIS SANTANA, Alejandro	04	C.N. Aguacan	<b>31.68</b>	16,00 +0,69
4. CABRERA ROBAINA, Pablo	05	C.N. Las Palmas	<b>35.04</b>	14,00 +0,76
Baja GUILLEN PEÑA, Victor	02	A.D. Santa Cruz		-
Baja GUERRA RODRIGUEZ, Alejandro	01	C.D.N. Playuki		-
25+				
1. LOPEZ GARCIA, Andreas	98	Cn.Salinas Sta.Lucia	<b>30.26</b>	19,00 +0,65
2. RIPPA, Francisco	00	A.D. Santa Cruz	<b>30.41</b>	16,00 +0,68
3. LAGO CARABALLO, Saul	98	Cn.Salinas Sta.Lucia	<b>31.85</b>	14,00 +0,73
4. SANZ GONZALEZ, Oscar	98	Club Deportivo Teimar	<b>33.59</b>	13,00 +0,76
5. PEREZ ALVAREZ, Ivan Carlo	99	C.N. Las Palmas	<b>36.91</b>	12,00 +0,84
6. PEREZ COLMENARES, Jose Miguel	00	R.C. Náutico De La Palma	<b>38.42</b>	11,00 +0,87
30+				
1. RAMIREZ O SHANAHAN, Guillermo	93	C.N. Metropole	<b>28.42</b>	19,00 +0,77
2. BRITO HERNANDEZ, Fernando Jose	92	Club Deportivo Teimar	<b>35.75</b>	16,00 +0,93
3. GONZALEZ HERNANDEZ, Eduardo	91	Club Deportivo Teimar	<b>38.90</b>	14,00 +0,86
4. OJEDA AFONSO, Jose Antonio	93	C.N. Aguacan	<b>40.43</b>	13,00 +0,90
5. MONTELONGO MANRIQUE DE LARA,93		C.N. Las Palmas	<b>1:12.59</b>	12,00 +0,85

Prueba 7, Masc., 50m Espalda

35+

1.	ALONSO ALADRO, Juan	86	C. Tenerife Masters	<b>31.17</b>	19,00	+0,84
2.	HERNANDEZ HERNANDEZ, Pablo	89	C. Tenerife Masters	<b>32.94</b>	16,00	+0,63
3.	RODRIGUEZ PULIDO, Daniel	89	C.N. Valleverde	<b>33.72</b>	14,00	+3,15
4.	DE CASTRO MONTERO, Adolfo	86	C.N. Las Palmas	<b>42.75</b>	13,00	+0,84

40+

1.	BONILLA AVILA, Zebensui	81	C. Tenerife Masters	<b>33.15</b>	19,00	+0,87
2.	GONZALEZ GONZALEZ, Francisco Jos	83	Club Deportivo Teimar	<b>35.04</b>	16,00	+1,15
3.	LOPEZ ALONSO, Kilian	85	C.D. Belen Maria	<b>39.23</b>	14,00	+0,83
4.	GUERRA TALAVERA, Francisco	84	C.N. Valleverde	<b>50.96</b>	13,00	+0,70
5.	RODRIGUEZ CABRERA, Christian	81	C.N. Carucagua	<b>1:11.79</b>	12,00	+1,47

45+

1.	SANCHEZ HENRIQUEZ, Fco Javier	76	C.D.N. Playuki	<b>35.10</b>	19,00	+0,82
2.	CUBAS, David	76	C.D. Belen Maria	<b>38.67</b>	16,00	+1,19
3.	GOMEZ GOMEZ DE CADIÑANOS, Albe	80	Cn.Salinas Sta.Lucia	<b>41.73</b>	14,00	+0,85

50+

1.	COLINA GIRALDA, Raul	71	C.N. Las Palmas	<b>40.75</b>	19,00	+1,12
2.	GUTIERREZ ROMERO, Rolando Jorge	75	Cn.Salinas Sta.Lucia	<b>44.30</b>	16,00	+0,86
3.	SEGARRA CARRANZA, Isaac	74	Cn.Salinas Sta.Lucia	<b>46.48</b>	14,00	+0,84
Baja	LOPEZ ALVARADO, Javier	71	C.N. Metropole		-	

55+

1.	RODRIGUEZ SUAREZ, Juan Pedro	67	C.N. Metropole	<b>44.12</b>	19,00	+1,17
2.	VICENTE CABRERA, Laureano	67	C.N. Metropole	<b>45.32</b>	16,00	+1,35
3.	ALAMO MARTINEZ, Fernando	69	C.D.N. Playuki	<b>45.60</b>	14,00	+0,85
4.	LUIS GARCIA, Pablo Jose	69	C.N. Oceano Puerto Cruz	<b>48.44</b>	13,00	+0,97
5.	QUESADA RODRIGUEZ, Francisco	67	Cn.Salinas Sta.Lucia	<b>49.30</b>	12,00	+1,19
NP	DAUTA GIL, Juan Tomas	69	C.D.N. Playuki		-	
Baja	DE SMAELE, Christophe	66	C.N. Las Palmas		-	

60+

1.	GONZALEZ PEREZ, Domingo	61	C. Tenerife Masters	<b>36.56</b>	19,00	+0,88
2.	MOREIRAS DELLA-VENTURA, F.	64	C.N. Metropole	<b>49.09</b>	16,00	+1,02
3.	QUEVEDO HERNANDEZ, Rafael	64	C.D. Jescagua	<b>51.84</b>	14,00	+0,73
4.	BRAVO DE LAGUNA SOCORRO, Albe	62	C.N. Las Palmas	<b>1:00.97</b>	13,00	+1,07
Baja	JIMENEZ DE LA GUARDIA, Miguel A	65	C.D.N. Playuki		-	

Prueba 7, Masc., 50m Espalda

65+

1. BINI, Bruno	60	C.N. Vulcania Master	<b>38.64</b>	19,00	+0,80
2. DIAZ CASTRO, Jose Maria	57	C. Tenerife Masters	<b>56.71</b>	16,00	+0,80

70+

1. BARRIOS BORGES, Jose Ramon	54	C. Tenerife Masters	<b>41.37</b>	19,00	+1,28
2. RODRIGUEZ SANTOS, Santiago	55	C. Tenerife Masters	<b>42.27</b>	16,00	+0,90
3. AROCHA DE LEON, Sebastian Fernanc	54	C.N. Metropole	<b>42.86</b>	14,00	+0,80
4. CABALLERO MADERA, Guillermo	55	C.N. Metropole	<b>44.52</b>	13,00	+0,98

75+

1. CABRERA BARBUZANO, Fernando	48	C.D.N. Playuki	<b>45.98</b>	19,00	+7,82
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80+

1. O SHANAHAN ROCA, Mauricio	42	C.N. Metropole	<b>58.25</b>	19,00	+1,26
2. RODRIGUEZ MARTINEZ, Rafael	45	C. Tenerife Masters	<b>1:00.23</b>	16,00	+0,87

Prueba 8  
20/12/2025

Fem., 100m Estilos

20 años y mayores  
Resultados

Clasificación	AN						Tiempo		RT
20+									
1.	HERNANDEZ SANCHEZ, Lara				02	A.D. Santa Cruz	1:12.85	19,00	+0,80
	50m:	33.46	33.46	100m:	1:12.85	39.39			
2.	MATOS QUEVEDO, Lucia				04	C.N. Las Palmas	1:13.76	16,00	+0,82
	50m:	33.59	33.59	100m:	1:13.76	40.17			
3.	QUESADA GARCIA, Yanel				04	Cn.Salinas Sta.Lucia	1:16.25	14,00	+0,90
	50m:	34.22	34.22	100m:	1:16.25	42.03			
4.	SANTANA FLORES, Ainhoa				01	C.D. Belen Maria	1:16.56	13,00	+0,87
	50m:	37.01	37.01	100m:	1:16.56	39.55			
5.	BORDON CABRERA, Judith				05	C.D.N. Playuki	1:18.23	12,00	+0,90
	50m:	36.30	36.30	100m:	1:18.23	41.93			
6.	GONZALEZ ALARCON, Nerea				02	C.D. Jerez Natacion Master	1:21.63	-	+0,90
	50m:	38.94	38.94	100m:	1:21.63	42.69			
7.	PEREZ SUAREZ, Laura				01	C.N. Las Palmas	1:23.09	11,00	+0,77
	50m:	38.80	38.80	100m:	1:23.09	44.29			
8.	ARENCIBIA REYES, Daniela				05	Club Natación Ocho De Septiembre	1:25.80	10,00	+0,73
	50m:	39.13	39.13	100m:	1:25.80	46.67			
9.	PEREZ REYES, Irene				04	Club Deportivo Teimar	1:26.33	9,00	+0,84
	50m:	39.72	39.72	100m:	1:26.33	46.61			

Prueba 8, Fem., 100m Estilos, 20+

Clasificación	AN				Tiempo		RT
10. FELIPE RODRIGUEZ, Ylenia Del Carme	01	C.N. Las Palmas	1:29.77	8,00	+0,95		
50m:	40.65	40.65	100m:	1:29.77	49.12		
25+							
1. MARTIN MELIAN, Raquel	99	C.N. Vulcania Master	1:14.81	19,00	+0,89		
50m:	35.48	35.48	100m:	1:14.81	39.33		
2. LAVANDERA ALTESOR, Rosina	99	C.N. Los Cristianos	1:16.98	16,00	+0,83		
50m:	35.61	35.61	100m:	1:16.98	41.37		
3. RAMOS SANTANA, Laura Maria	98	C.D. Nonadamos	1:24.52	14,00	+1,11		
50m:	40.58	40.58	100m:	1:24.52	43.94		
4. ROSARIO BETANCOR, Ainhoa	97	C.D. Solventia	1:32.90	13,00	+1,04		
50m:	42.16	42.16	100m:	1:32.90	50.74		
Baja NUÑEZ CATALAN, Maria	96	C. Tenerife Masters		-			
30+							
1. PALMAS CANDIA, Chiara Sofia	93	C. Tenerife Masters	1:18.75	19,00	+0,79		
50m:	36.08	36.08	100m:	1:18.75	42.67		
2. QUINTANA SERRANO, Maria Begoña	92	C.N. Metropole	1:21.09	16,00	+0,84		
50m:	36.67	36.67	100m:	1:21.09	44.42		
3. BOUCHET, Sybille	93	C.N. Metropole	1:24.94	14,00	+0,80		
50m:	40.02	40.02	100m:	1:24.94	44.92		
4. SIGUERO MARTIN, Leticia	92	C.N. Aguacan	1:32.12	13,00	+1,01		
50m:	41.97	41.97	100m:	1:32.12	50.15		
5. ARENCIBIA SANCHEZ, Laura	91	Club Natación Ocho De Septiembre	1:34.47	12,00	+0,98		
50m:	43.57	43.57	100m:	1:34.47	50.90		
6. GONZALEZ RAMOS, Raquel	95	C.D.N. Playuki	1:51.11	11,00	+1,05		
50m:	56.34	56.34	100m:	1:51.11	54.77		
7. MORALES SANTANA, Maria Isabel	92	C.N. Las Palmas	1:51.77	10,00	+0,97		
50m:	54.11	54.11	100m:	1:51.77	57.66		
35+							
1. GARCIA CERVANTES, Laura	89	C.D. Nonadamos	1:17.31	19,00			
50m:	36.05	36.05	100m:	1:17.31	41.26		
2. MARTINEZ DE LA CRUZ, Azahara	89	C.N. Metropole	1:19.31	16,00	+2,11		
50m:	36.46	36.46	100m:	1:19.31	42.85		
3. ROJAS ARJONA, Irene	86	C.N. Vulcania Master	1:24.47	14,00	+1,10		
50m:	38.26	38.26	100m:	1:24.47	46.21		
4. QUINTERO QUINTERO, Katihusca	87	C. Tenerife Masters	1:24.65	13,00	+0,98		
50m:	38.94	38.94	100m:	1:24.65	45.71		

Prueba 8, Fem., 100m Estilos, 35+

Clasificación	AN		Tiempo	RT
5. CASIMIRO SUAREZ, Maria Melania	89	C.N. Las Palmas	<b>1:44.32</b> 12,00	
50m: 50.54 50.54 100m: 1:44.32		53.78		
Baja DIAZ CORUÑA, Elizabeth	86	C.N. Las Palmas	-	
40+				
1. BORNAGHI, Roberta Elisa	83	C.D.N. Nadamas Santa Rosa	<b>1:15.98</b> 19,00 +0,87	
50m: 34.83 34.83 100m: 1:15.98		41.15		
2. SANTANA MEDINA, Miriam	84	C.D.N. Playuki	<b>1:27.21</b> 16,00 +0,98	
50m: 39.34 39.34 100m: 1:27.21		47.87		
3. FERNANDEZ MEJIAS, Tamara	81	C.D.N. Playuki	<b>1:27.94</b> 14,00	
50m: 41.54 41.54 100m: 1:27.94		46.40		
4. MACARIO GONZALEZ, Yaiza	81	C.D. Jescagua	<b>1:57.57</b> 13,00 +1,13	
50m: 53.59 53.59 100m: 1:57.57		1:03.98		
Baja ARMAS ROCA, Marta	83	C.N. Metropole	-	
45+				
1. GARABATOS RODRIGUEZ, Susana	79	C.N. Los Cristianos	<b>1:13.39</b> 19,00	
50m: 33.41 33.41 100m: 1:13.39		39.98		
2. GUTIERREZ GARCIA, Noelia	78	C. Tenerife Masters	<b>1:26.42</b> 16,00 +0,86	
50m: 40.85 40.85 100m: 1:26.42		45.57		
3. GARCIA ALARCOS, Sara	80	C.N. Vulcania Master	<b>1:30.98</b> 14,00 +0,97	
50m: 42.65 42.65 100m: 1:30.98		48.33		
4. MORA ESPINO, Mercedes	79	C.D. Jerez Natacion Master	<b>1:31.69</b> -	
50m: 46.12 46.12 100m: 1:31.69		45.57		
5. LEON SIERRA, Cristina	80	C.N. Las Palmas	<b>1:35.05</b> 13,00 +0,89	
50m: 45.03 45.03 100m: 1:35.05		50.02		
6. GARCIA ALLO, Maria Victoria	79	Club Deportivo Teimar	<b>1:38.06</b> 12,00	
50m: 45.29 45.29 100m: 1:38.06		52.77		
7. DIAZ SANTANA, Luz Marina	76	C.D.N. Playuki	<b>1:44.80</b> 11,00 +1,13	
50m: 52.18 52.18 100m: 1:44.80		52.62		
8. CERVILLA PEREZ, Cristina	79	C.D. Nonadamos	<b>1:45.80</b> 10,00 +5,30	
50m: 54.71 54.71 100m: 1:45.80		51.09		
9. CABRERA RIVERA, Elena	76	C.D. Nonadamos	<b>1:49.65</b> 9,00 +1,18	
50m: 54.09 54.09 100m: 1:49.65		55.56		
10. OLGUIN MADARIAGA, Judith Lorena	80	C.N. Las Palmas	<b>2:03.44</b> 8,00 +0,98	
50m: 58.90 58.90 100m: 2:03.44		1:04.54		
DSQ RIZO OSUNA-MOYANO, Nuria	78	C. Tenerife Masters	-	



Prueba 8, Fem., 100m Estilos

50+

1.	PARIS SANCHEZ, Monica	71	C. Tenerife Masters	<b>1:22.74</b>	19,00	+0,89
	50m: 38.66 38.66 100m: 1:22.74		44.08			
2.	WAGNER FAHLLIN, Ana Maria	71	C.N. Metropole	<b>1:22.89</b>	16,00	
	50m: 39.60 39.60 100m: 1:22.89		43.29			
3.	GARCIA GARCIA, Maria Miriam	72	C. Tenerife Masters	<b>1:25.21</b>	14,00	+1,03
	50m: 41.33 41.33 100m: 1:25.21		43.88			
4.	DELGADO MARTIN, Montserrat	75	C.N. Los Cristianos	<b>1:29.78</b>	13,00	+1,08
	50m: 42.96 42.96 100m: 1:29.78		46.82			
5.	RAMIREZ PERDOMO, Ma Begona	73	C.D. Nonadamos	<b>1:31.69</b>	12,00	+0,89
	50m: 41.96 41.96 100m: 1:31.69		49.73			
6.	ASENCIO PEREZ, Ma Jose	74	C.N. Los Cristianos	<b>1:42.69</b>	11,00	+0,94
	50m: 48.73 48.73 100m: 1:42.69		53.96			
7.	CABAL ALVAREZ, Beatriz Ma	74	C.N. Metropole	<b>1:51.75</b>	10,00	+6,48
	50m: 57.09 57.09 100m: 1:51.75		54.66			
8.	RAMIREZ HENRIQUEZ, Maria Del Pilar	74	Cn.Salinas Sta.Lucia	<b>1:52.26</b>	9,00	+1,12
	50m: 48.27 48.27 100m: 1:52.26		1:03.99			

55+

1.	GLAUBITZ, Susanne	70	C.D. Nonadamos	<b>1:53.34</b>	19,00	+1,13
2.	ASPAS PALACIOS, Rosa Maria	70	C.N. Metropole	<b>1:55.57</b>	16,00	
	50m: 57.25 57.25 100m: 1:55.57		58.32			

Baja CARAMES PEREZ, Carmen Dolores 68 C.N..Faynagua C. Telde -

60+

1.	SARACENI, Paola Maria	65	C.N. Vulcania Master	<b>1:56.65</b>	19,00	+1,12
	50m: 58.65 58.65 100m: 1:56.65		58.00			

65+

1.	LAIS, Cinzia	59	C.N. Vulcania Master	<b>1:29.98</b>	19,00	+0,94
	50m: 40.13 40.13 100m: 1:29.98		49.85			
2.	ARANEGA BENITEZ, Aranzazu	57	C. Tenerife Masters	<b>1:44.71</b>	16,00	
	50m: 50.49 50.49 100m: 1:44.71		54.22			

DSQ ZABALA LABORDE, Asuncion 60 C. Tenerife Masters -

70+

1.	LOPEZ GONZALEZ, Esther	55	C. Tenerife Masters	<b>1:46.23</b>	19,00	+1,10
	50m: 50.57 50.57 100m: 1:46.23		55.66			



Prueba 8, Fem., 100m Estilos

75+

1. HERRERA PEREZ, Amanda 49 C. Tenerife Masters **2:35.71** 19,00 +1,52  
50m: 1:14.79 1:14.79 100m: 2:35.71 1:20.92

Prueba 9  
20/12/2025

Masc., 100m Estilos

20 años y mayores  
Resultados

Clasificación					AN		Tiempo			RT
20+										
1.	MARTEL MARTEL, Aimar	03	C.D. Jescagua	59.70	19,00	+0,78				
	50m: 28.91 28.91 100m: 59.70		30.79							
2.	GUADALUPE NEGRIN, Jorge Ramses	03	A.D. Santa Cruz	1:02.22	16,00	+0,82				
	50m: 29.29 29.29 100m: 1:02.22		32.93							
3.	BLANES FRIGOLA, Aleix	04	C.D. Jerez Natacion Master	1:02.35	-	+0,88				
	50m: 29.38 29.38 100m: 1:02.35		32.97							
4.	RIOS ROMERO, Joaquin	04	C.D. Nonadamos	1:03.87	14,00	+0,84				
	50m: 29.50 29.50 100m: 1:03.87		34.37							
5.	RODRIGUEZ GARCIA, Pablo	02	C.N. Las Palmas	1:06.35	13,00	+0,75				
	50m: 31.25 31.25 100m: 1:06.35		35.10							
6.	ARENCIBIA REYES, Jaime	05	Club Natación Ocho De Septiembre	1:06.80	12,00	+0,70				
	50m: 31.05 31.05 100m: 1:06.80		35.75							
7.	PEÑA RODRÍGUEZ, Jeremy Tomas	04	Club Gloria Swimtrain Maspalomas	1:07.25	11,00	+0,84				
	50m: 31.06 31.06 100m: 1:07.25		36.19							
8.	OUBIÑA CORVALAN, Marcos A	05	C.D. Nonadamos	1:10.60	10,00	+0,74				
	50m: 32.72 32.72 100m: 1:10.60		37.88							
9.	HERRERA RODRIGUEZ, Alvaro	04	Club Natación Ocho De Septiembre	1:12.74	9,00	+0,79				
	50m: 32.57 32.57 100m: 1:12.74		40.17							
10.	LEON TRUJILLO, Ernesto	01	Cn.Salinas Sta.Lucia	1:14.61	8,00	+0,86				
	50m: 34.84 34.84 100m: 1:14.61		39.77							
11.	RIVERO RODRIGUEZ, Kilian	03	Club Natación Ocho De Septiembre	1:14.82	7,00					
	50m: 34.55 34.55 100m: 1:14.82		40.27							
12.	PORTALES JULIA, Pedro	03	C.D.N. Playuki	1:22.03	6,00	+0,88				
	50m: 37.66 37.66 100m: 1:22.03		44.37							
NP	MERINO MONTES DE OCA, Alvaro	01	A.D. Santa Cruz		-					
Baja	GUERRA RODRIGUEZ, Alejandro	01	C.D.N. Playuki		-					

Prueba 9, Masc., 100m Estilos

25+

1.	LOPEZ GARCIA, Andreas	98	Cn.Salinas Sta.Lucia	<b>1:04.37</b>	19,00	+0,72
	50m: 29.93 29.93 100m: 1:04.37		34.44			
2.	AYALA MAESTRE, Alejandro	97	C.D. Jerez Natacion Master	<b>1:07.97</b>	-	+0,88
	50m: 32.65 32.65 100m: 1:07.97		35.32			
3.	RUBIALES CACERES, Daniel	97	C.N. Las Palmas	<b>1:11.40</b>	16,00	+0,83
	50m: 32.94 32.94 100m: 1:11.40		38.46			
4.	RODRIGUEZ MORALES, Agoney	99	C.N. Los Cristianos	<b>1:13.50</b>	14,00	+0,84
	50m: 32.76 32.76 100m: 1:13.50		40.74			
5.	CIRUGEDA LOPEZ, Aythami	97	C.N. Vulcania Master	<b>1:15.13</b>	13,00	
	50m: 36.15 36.15 100m: 1:15.13		38.98			
6.	SARMIENTO NARANJO, Manuel	00	C.N. Villa De Agüimes 2016	<b>1:20.52</b>	12,00	+0,98
	50m: 37.42 37.42 100m: 1:20.52		43.10			
7.	MATAS MONROY, Javier Hernan	00	Cn.Salinas Sta.Lucia	<b>1:27.00</b>	11,00	+1,01
	50m: 41.46 41.46 100m: 1:27.00		45.54			
Baja	GARCIA LOPEZ, Javier	99	A.D. Santa Cruz		-	

30+

1.	NEGRIN RODRIGUEZ, Francisco Jesus	94	C. Tenerife Masters	<b>1:11.36</b>	19,00	+0,93
	50m: 31.96 31.96 100m: 1:11.36		39.40			
2.	NAVAS OJEDA, Angel Luis	93	C.N. Metropole	<b>1:11.97</b>	16,00	+0,84
	50m: 34.17 34.17 100m: 1:11.97		37.80			
3.	BETANCOR CALLERO, Carlos	95	C.N. Metropole	<b>1:12.36</b>	14,00	+0,99
	50m: 33.78 33.78 100m: 1:12.36		38.58			
4.	LEMME MARQUEZ, Gustavo Francisco	92	C.D. Nonadamos	<b>1:18.44</b>	13,00	
	50m: 37.07 37.07 100m: 1:18.44		41.37			
Baja	GONZALEZ GARCIA, Alvaro	93	C.N. Metropole		-	

35+

1.	ALONSO ALADRO, Juan	86	C. Tenerife Masters	<b>1:08.28</b>	19,00	+0,83
	50m: 30.47 30.47 100m: 1:08.28		37.81			
2.	ORTIZ HERNANDEZ, Aday	90	Club Natación Ocho De Septiembre	<b>1:08.96</b>	16,00	+0,85
	50m: 31.62 31.62 100m: 1:08.96		37.34			
3.	HERNANDEZ HERNANDEZ, Pablo	89	C. Tenerife Masters	<b>1:09.82</b>	14,00	+0,81
	50m: 32.67 32.67 100m: 1:09.82		37.15			
4.	GARCIA CASTILLO, Jose Victor	88	C. Tenerife Masters	<b>1:11.64</b>	13,00	+1,00
	50m: 32.17 32.17 100m: 1:11.64		39.47			
5.	HERNANDEZ PADILLA, Adrian Jesus	89	C.N. Martianez Coral Hotels	<b>1:20.24</b>	12,00	+1,02
	50m: 37.23 37.23 100m: 1:20.24		43.01			
6.	RODRIGO CAÑAS, Juan Miguel	87	Cn.Salinas Sta.Lucia	<b>1:25.26</b>	11,00	+1,11
	50m: 38.76 38.76 100m: 1:25.26		46.50			

Prueba 9, Masc., 100m Estilos, 35+

Clasificación	AN		Tiempo	RT
7. MEDINA MACIAS, Juan Javier	86	C.D.N. Playuki	<b>1:30.02</b> 10,00	+0,97
50m: 42.49 42.49 100m: 1:30.02		47.53		

Baja MORALES MARTINEZ, Adrian Luis 89 Club Deportivo Teimar -

40+

1. MEZZANZANICA, Fabio	85	C.N. Los Cristianos	<b>1:06.35</b> 19,00	+0,93
50m: 30.80 30.80 100m: 1:06.35		35.55		
2. GONZALEZ DIAZ, Yeray	83	Cn.Salinas Sta.Lucia	<b>1:09.89</b> 16,00	+0,90
50m: 32.45 32.45 100m: 1:09.89		37.44		
3. CASTILLO DELGADO, Samuel	85	Club Deportivo Teimar	<b>1:12.92</b> 14,00	+0,97
50m: 33.47 33.47 100m: 1:12.92		39.45		
4. MARTIN PIELTAIN, Ione Manuel	83	C.N. Aguacan	<b>1:15.95</b> 13,00	+0,89
50m: 35.78 35.78 100m: 1:15.95		40.17		
5. RUIZ PEREZ, Fernando	81	A.D. Santa Cruz	<b>1:16.39</b> 12,00	+1,00
50m: 35.21 35.21 100m: 1:16.39		41.18		
6. GUTIERREZ QUINTERO, Nuhacet	82	C.N. Los Cristianos	<b>1:16.99</b> 11,00	+1,01
50m: 36.70 36.70 100m: 1:16.99		40.29		
7. VAZQUEZ MORALES, Hector	82	C.N. Las Palmas	<b>1:19.91</b> 10,00	
50m: 36.68 36.68 100m: 1:19.91		43.23		
8. DELGADO PEREZ, Jefferson Jonathan	85	C.D. Jescagua	<b>1:21.98</b> 9,00	+1,06
50m: 38.98 38.98 100m: 1:21.98		43.00		
9. MOSLER, Roman	81	C.N. Las Palmas	<b>1:29.32</b> 8,00	
50m: 42.18 42.18 100m: 1:29.32		47.14		

45+

1. SANCHEZ LAZARO, Luis Acayro	76	C. Tenerife Masters	<b>1:06.56</b> 19,00	+0,95
50m: 30.10 30.10 100m: 1:06.56		36.46		
2. SOLLA VELOSO, Ivan	78	C. Tenerife Masters	<b>1:14.18</b> 16,00	+0,94
50m: 35.28 35.28 100m: 1:14.18		38.90		
3. HERRERA QUEVEDO, Evaristo	79	C.N. Metropole	<b>1:15.05</b> 14,00	
50m: 34.18 34.18 100m: 1:15.05		40.87		
4. RODRIGUEZ REYES, Miguel A	77	C.N. Las Palmas	<b>1:16.71</b> 13,00	+0,84
50m: 35.50 35.50 100m: 1:16.71		41.21		
5. GARCIA HERNANDEZ, Marcos	80	C.D.N. Playuki	<b>1:17.23</b> 12,00	+0,88
50m: 34.95 34.95 100m: 1:17.23		42.28		
6. GOMEZ GOMEZ DE CADIÑANOS, Albe80	80	Cn.Salinas Sta.Lucia	<b>1:26.09</b> 11,00	+0,95
50m: 40.73 40.73 100m: 1:26.09		45.36		
7. PEREZ RODRIGUEZ, David C	77	C.D.N. Playuki	<b>1:47.72</b> 10,00	+1,07
50m: 54.46 54.46 100m: 1:47.72		53.26		

DSQ MARTIN ALMEIDA, Luis A. 76 C.D. Belen Maria -

Prueba 9, Masc., 100m Estilos, 45+

Clasificación	AN		Tiempo	RT
NP FERNANDEZ PEÑA, Cristo	76	C.N. Metropole	-	
50+				
1. TONELLI, Marcello	75	C.N. Metropole	<b>1:02.42</b> 19,00 +0,90	
50m: 28.96 28.96 100m: 1:02.42		33.46		
2. DAVARA MENDEZ, Fernando	72	C. Tenerife Masters	<b>1:04.11</b> 16,00 +0,85	
50m: 29.13 29.13 100m: 1:04.11		34.98		
3. ARANDA GALLEG0, Jose Juan	75	C.N. Vulcania Master	<b>1:04.81</b> 14,00 +0,92	
50m: 29.84 29.84 100m: 1:04.81		34.97		
4. GARCIA PEREZ, Alexis	75	C.N. Las Palmas	<b>1:17.72</b> 13,00 +0,87	
50m: 35.77 35.77 100m: 1:17.72		41.95		
5. FERNANDEZ SOSA, Juan Carlos	73	C.N. Las Palmas	<b>1:18.73</b> 12,00 +0,79	
50m: 37.49 37.49 100m: 1:18.73		41.24		
DSQ PERAZA MARRERO, Alberto	75	C.N. Metropole	-	
<i>DVI - Desc Viraje Irregular</i>				
NP HERNANDEZ RODRIGUEZ, Horacio	71	C.N. Metropole	-	
Baja CAMACHO SANTANA, Carlos	74	C.N. Las Palmas	-	
Baja DEL ROSARIO RODRIGUEZ, Jose Antc72	72	C.N. Las Palmas	-	
55+				
1. DOMINGUEZ CABRERA, Arnaudis	67	C.D. Belen Maria	<b>1:10.18</b> 19,00 +0,96	
50m: 33.34 33.34 100m: 1:10.18		36.84		
2. ST MARY, Enrique	70	C.N. Las Palmas	<b>1:14.96</b> 16,00	
50m: 35.40 35.40 100m: 1:14.96		39.56		
3. SANTANA MIRANDA, Antonio Manuel	67	C.N. Metropole	<b>1:15.56</b> 14,00 +6,12	
50m: 35.62 35.62 100m: 1:15.56		39.94		
4. MAESO VERGARA, Miguel Benito	67	C. Tenerife Masters	<b>1:18.55</b> 13,00 +0,98	
50m: 37.11 37.11 100m: 1:18.55		41.44		
5. VIÑUELA LLANOS, Antonio	68	C. Tenerife Masters	<b>1:19.73</b> 12,00 +0,98	
50m: 38.16 38.16 100m: 1:19.73		41.57		
6. LOPEZ TREJO RODRIGUEZ, Victor Ma70el	70	C.N. Las Palmas	<b>1:20.11</b> 11,00 +1,03	
50m: 37.18 37.18 100m: 1:20.11		42.93		
7. OJEDA GONZALEZ-POSADA, Pablo	67	C.N. Metropole	<b>1:23.57</b> 10,00 +0,85	
50m: 42.22 42.22 100m: 1:23.57		41.35		
8. RIVERA VIÑA, Francisco Manuel	66	C.D. Jescagua	<b>1:28.27</b> 9,00 +0,93	
50m: 41.43 41.43 100m: 1:28.27		46.84		
9. RODRIGUEZ SUAREZ, Juan Pedro	67	C.N. Metropole	<b>1:29.17</b> 8,00 +0,96	
50m: 41.30 41.30 100m: 1:29.17		47.87		
10. RODRIGUEZ SANTANA, Ernesto	70	C.N. Valleverde	<b>1:38.11</b> 7,00 +0,91	
50m: 47.83 47.83 100m: 1:38.11		50.28		

Prueba 9, Masc., 100m Estilos

60+

1.	NUÑEZ NODA, Bernardo	65	C. Tenerife Masters	<b>1:10.81</b>	19,00	+1,10
	50m: 32.64 32.64 100m: 1:10.81		38.17			
2.	GONZALEZ PEREZ, Domingo	61	C. Tenerife Masters	<b>1:22.14</b>	16,00	+1,08
	50m: 37.57 37.57 100m: 1:22.14		44.57			
Baja	VACCARI, Pierluigi	64	C.N. Metropole			-

65+

1.	HENRIQUEZ CORREA, Sixto	59	C.N. Las Palmas	<b>1:26.62</b>	19,00	+1,17
	50m: 39.36 39.36 100m: 1:26.62		47.26			
2.	CABALLERO MADERA, Enrique	57	C.N. Metropole	<b>1:38.99</b>	16,00	+1,18
	50m: 46.68 46.68 100m: 1:38.99		52.31			

70+

1.	LUNA GIL, Antonio	55	C. Tenerife Masters	<b>1:25.88</b>	27,00RR+0,99TE	
	50m: 38.18 38.18 100m: 1:25.88		47.70			
2.	RIVERO SANCHEZ, Sergio	54	C.N. Metropole	<b>1:52.36</b>	16,00	+1,20
	50m: 53.23 53.23 100m: 1:52.36		59.13			

Prueba 10  
20/12/2025

200m Braza

20 años y mayores  
Resultados

Clasificación	AN										Tiempo		RT
20+, Masc.													
1.	PORTALES JULIA, Pedro				03	C.D.N. Playuki				<b>3:27.83</b>	19,00	+0,93	
	50m:	47.07	47.07	100m:	1:39.78	52.71	150m:	2:34.48	54.70	200m:	3:27.83	53.35	
2.	GARCIA FALCON, Alvaro				01	Cn.Salinas Sta.Lucia				<b>3:33.94</b>	16,00	+1,21	
	50m:	46.34	46.34	100m:	1:41.30	54.96	150m:	2:37.94	56.64	200m:	3:33.94	56.00	
Baja	SANTANA PEREZ, Saul Carmelo				02	C.N. Las Palmas						-	
25+, Masc.													
1.	AFONSO SUAREZ, Ivan				96	C.N. Los Cristianos				<b>2:28.47</b>	17,50	+0,94	
	50m:	33.27	33.27	100m:	1:10.41	37.14	150m:	1:49.19	38.78	200m:	2:28.47	39.28	
	CERPA CABALLERO, Jonay Salvador				99	C.N. Los Cristianos				<b>2:28.47</b>	17,50	+0,74	
	50m:	33.06	33.06	100m:	1:11.11	38.05	150m:	1:49.66	38.55	200m:	2:28.47	38.81	
3.	ALVAREZ VALENCIA, Nestor				00	C.N. Vulcania Master				<b>2:29.49</b>	14,00	+0,73	
	50m:	34.38	34.38	100m:	1:12.41	38.03	150m:	1:50.97	38.56	200m:	2:29.49	38.52	
4.	RUIZ SEIJO, Brais				98	C.N. Vulcania Master				<b>2:30.78</b>	13,00	+0,79	
	50m:	33.92	33.92	100m:	1:11.61	37.69	150m:	1:51.03	39.42	200m:	2:30.78	39.75	

Prueba 10, Masc., 200m Braza, 25+

Clasificación	AN							Tiempo	RT
5. PEREZ COLMENARES, Jose Miguel	00	R.C. Náutico De La Palma						<b>2:53.20</b>	12,00 +0,95
50m:	37.78	37.78	100m:	1:20.02	42.24	150m:	2:06.20	46.18	200m: 2:53.20 47.00
6. ALVARADO RAMOS, Carlos	97	Cn.Salinas Sta.Lucia						<b>3:01.14</b>	11,00 +0,81
50m:	40.35	40.35	100m:	1:26.22	45.87	150m:	2:14.31	48.09	200m: 3:01.14 46.83
7. SUAREZ GARCIA, Adrian	96	C.D. Belen Maria						<b>3:14.83</b>	10,00 +1,04
50m:	44.87	44.87	100m:	1:34.79	49.92	150m:	2:24.86	50.07	200m: 3:14.83 49.97
8. MATAS MONROY, Javier Hernan	00	Cn.Salinas Sta.Lucia						<b>3:32.58</b>	9,00 +8,45
50m:	47.54	47.54	100m:	1:40.32	52.78	150m:	2:35.31	54.99	200m: 3:32.58 57.27

30+, Masc.

1. MURILLO NOVA, Cedric	94	C.N. Vulcania Master						<b>2:48.50</b>	19,00 +0,80
50m:	37.68	37.68	100m:	1:19.95	42.27	150m:	2:03.68	43.73	200m: 2:48.50 44.82
2. RODRIGUEZ GONZALEZ, Sergio	94	C.D. Jescagua						<b>3:38.43</b>	16,00 +1,60
50m:	47.92	47.92	100m:	1:43.16	55.24	150m:	2:41.15	57.99	200m: 3:38.43 57.28
NP SANTANA HERNANDEZ, Adrian Manue	95	C.N. Las Palmas						-	-
NP DIAZ GARCIA, Pablo Jose	91	C.N. Las Palmas						-	-

35+, Masc.

1. GARCIA FIERRO, Victor Manuel	88	C.N. Metropole						<b>2:40.94</b>	19,00 +1,11
50m:	37.81	37.81	100m:	1:18.93	41.12	150m:	1:59.91	40.98	200m: 2:40.94 41.03
2. SANTANA LOPEZ, Yosias	89	C.N. Metropole						<b>2:43.31</b>	16,00 +0,93
50m:	35.46	35.46	100m:	1:16.41	40.95	150m:	1:59.19	42.78	200m: 2:43.31 44.12
3. SARMIENTO LEON, Dailos	88	Cn.Salinas Sta.Lucia						<b>3:33.31</b>	14,00 +1,30
50m:	48.33	48.33	100m:	1:41.35	53.02	150m:	2:36.36	55.01	200m: 3:33.31 56.95
4. DE CASTRO MONTERO, Borja	89	C.N. Las Palmas						<b>3:35.03</b>	13,00 +1,14
50m:	46.21	46.21	100m:	1:40.40	54.19	150m:	2:36.88	56.48	200m: 3:35.03 58.15
Baja VELASCO CARBALLO, Nehemias	88	Club Deportivo Teimar						-	-

40+, Masc.

1. AGUADO DOMINGUEZ, Ismael	82	C.D. Jerez Natacion Master						<b>2:36.24</b>	- +0,76
50m:	34.42	34.42	100m:	1:14.24	39.82	150m:	1:55.44	41.20	200m: 2:36.24 40.80
2. BEDOYA OTERO, Omar	81	C.N. Valleverde						<b>2:41.55</b>	19,00 +0,90
50m:	36.19	36.19	100m:	1:16.54	40.35	150m:	1:58.04	41.50	200m: 2:41.55 43.51
3. HERNANDEZ PEREZ, Jonathan	82	Cn.Salinas Sta.Lucia						<b>2:55.43</b>	16,00 +0,90
50m:	38.63	38.63	100m:	1:23.13	44.50	150m:	2:09.19	46.06	200m: 2:55.43 46.24
4. MERLO CANO, Joaquin	82	C. Tenerife Masters						<b>3:35.57</b>	14,00 +1,29
50m:	50.39	50.39	100m:	1:44.58	54.19	150m:	2:39.97	55.39	200m: 3:35.57 55.60
5. QUINTANA GARCIA, Daniel	85	C.N. Las Palmas						<b>3:37.11</b>	13,00 +0,83
50m:	50.17	50.17	100m:	1:46.38	56.21	150m:	2:41.88	55.50	200m: 3:37.11 55.23

Prueba 10, Masc., 200m Braza, 40+

Clasificación	AN								Tiempo	RT
6. PEREZ TORRES, Mariano Luis	84	C.D. Solventia							<b>3:37.91</b>	12,00 +1,00
50m: 48.03 48.03 100m: 1:43.46		55.43 150m: 2:41.19 57.73						200m: 3:37.91	56.72	
Baja CHECA MERINO, Pablo	82	C.D. Belen Maria								-

45+, Masc.

1. YANES BOWDEN, Geoffrey	80	C. Tenerife Masters							<b>3:03.89</b>	19,00 +0,95
50m: 41.19 41.19 100m: 1:27.31		46.12 150m: 2:15.60 48.29						200m: 3:03.89	48.29	
2. OJEDA RODRIGUEZ, Alejandro	79	C.N. Valleverde							<b>3:35.14</b>	16,00 +0,94
50m: 48.11 48.11 100m: 1:42.35		54.24 150m: 2:38.65 56.30						200m: 3:35.14	56.49	
3. PEREZ RODRIGUEZ, David C	77	C.D.N. Playuki							<b>3:54.63</b>	14,00 +1,14
50m: 56.26 56.26 100m: 1:57.15		1:00.89 150m: 2:58.00 1:00.85						200m: 3:54.63	56.63	

50+, Masc.

1. GARCIA GARCIA, Jose Agustin	73	C.N. Vulcania Master							<b>3:30.67</b>	19,00 +1,03
50m: 46.54 46.54 100m: 1:39.22		52.68 150m: 2:34.97 55.75						200m: 3:30.67	55.70	
2. DE LEON LOPEZ, Ruben	75	C. Tenerife Masters							<b>3:49.44</b>	16,00 +0,97
50m: 47.00 47.00 100m: 1:43.42		56.42 150m: 2:45.45 1:02.03						200m: 3:49.44	1:03.99	
Baja CAMACHO SANTANA, Carlos	74	C.N. Las Palmas								-

55+, Masc.

1. GIL TRUJILLO, Pedro	67	Cn.Salinas Sta.Lucia							<b>3:23.03</b>	19,00 +1,20
50m: 46.29 46.29 100m: 1:36.68		50.39 150m: 2:29.41 52.73						200m: 3:23.03	53.62	
2. OJEDA GONZALEZ-POSADA, Pablo	67	C.N. Metropole							<b>3:25.69</b>	16,00 +0,86
50m: 44.39 44.39 100m: 1:35.94		51.55 150m: 2:30.99 55.05						200m: 3:25.69	54.70	
3. MARTIN HERNANDEZ, Alejandro	67	C.N. Las Palmas							<b>3:55.72</b>	14,00 +1,05
50m: 52.22 52.22 100m: 1:51.02		58.80 150m: 2:52.18 1:01.16						200m: 3:55.72	1:03.54	
4. GONZALEZ SUAREZ, Jose Vicente	70	Club Natación Ocho De Septiembre							<b>4:12.47</b>	13,00 +1,47
50m: 56.75 56.75 100m: 1:59.89		1:03.14 150m: 3:06.82 1:06.93						200m: 4:12.47	1:05.65	
5. SUAREZ RODRIGUEZ, Manuel	66	C.D.N. Playuki							<b>4:31.37</b>	12,00 +1,23
50m: 1:04.32 1:04.32 100m: 2:16.09		1:11.77 150m: 3:26.59 1:10.50						200m: 4:31.37	1:04.78	

60+, Masc.

1. GARCIA OSSORIO, Jose Luis	65	C. Tenerife Masters							<b>3:43.70</b>	19,00 +1,00
50m: 50.38 50.38 100m: 1:46.96		56.58 150m: 2:47.19 1:00.23						200m: 3:43.70	56.51	
2. RODRIGUEZ SANTANA, Jose Jesus	65	Cn.Salinas Sta.Lucia							<b>3:48.09</b>	16,00 +2,33
50m: 51.30 51.30 100m: 1:49.56		58.26 150m: 2:49.12 59.56						200m: 3:48.09	58.97	
3. DORTA MACIA, Carlos	62	C. Tenerife Masters							<b>3:53.60</b>	14,00 +3,91
50m: 56.92 56.92 100m: 1:58.90		1:01.98 150m: 2:59.37 1:00.47						200m: 3:53.60	54.23	
4. BRAVO DE LAGUNA SOCORRO, Albe	62	C.N. Las Palmas							<b>4:49.81</b>	13,00 +1,32
50m: 1:05.32 1:05.32 100m: 2:20.26		1:14.94 150m: 3:37.70 1:17.44						200m: 4:49.81	1:12.11	



Prueba 10, 200m Braza

65+, Masc.

1.	QUESADA ORTEGA, Jose Ramon	60	C.N. Metropole						<b>4:04.55</b>	19,00	+1,11
	50m:	56.76	56.76	100m:	2:00.12	1:03.36	150m:	3:04.07	1:03.95	200m:	4:04.55 1:00.48

70+, Masc.

1.	PERERA MOLINERO, Antonio	55	C. Tenerife Masters						<b>3:46.23</b>	19,00	+1,20
	50m:	50.50	50.50	100m:	1:46.87	56.37	150m:	2:45.08	58.21	200m:	3:46.23 1:01.15

75+, Masc.

1.	CASTRILLON GARCIA-DELGADO, Jos49uis	49	C. Tenerife Masters						<b>4:26.36</b>	19,00	+3,53
	50m:	59.51	59.51	100m:	2:07.98	1:08.47	150m:	3:18.06	1:10.08	200m:	4:26.36 1:08.30
2.	RIERA MONTAL, Agustin	49	C. Tenerife Masters						<b>4:54.87</b>	16,00	+1,29
	50m:	1:04.43	1:04.43	100m:	2:19.61	1:15.18	150m:	3:38.53	1:18.92	200m:	4:54.87 1:16.34

Baja CHECA FAJARDO, Placido 50 C.N. Metropole -

20+, Fem.

1.	MATOS QUEVEDO, Maria	02	C.N. Las Palmas						<b>3:02.27</b>	19,00	+0,88
	50m:	40.17	40.17	100m:	1:26.23	46.06	150m:	2:13.95	47.72	200m:	3:02.27 48.32

Baja ST MARY, Sara 04 C.N. Las Palmas -

25+, Fem.

1.	MARTINEZ SANCHEZ, Camino	97	C. Tenis Chamartin						<b>2:53.66</b>	-	+0,77
	50m:	39.76	39.76	100m:	1:23.72	43.96	150m:	2:09.06	45.34	200m:	2:53.66 44.60
2.	ARTILES CARBALLO, Irene	96	C.N. Las Palmas						<b>3:07.20</b>	19,00	+1,00
	50m:	42.30	42.30	100m:	1:29.28	46.98	150m:	2:17.49	48.21	200m:	3:07.20 49.71
3.	GIRALDEZ OSORIO, Marta	00	C.D. Solventia						<b>3:24.02</b>	16,00	+0,93
	50m:	46.26	46.26	100m:	1:37.54	51.28	150m:	2:30.13	52.59	200m:	3:24.02 53.89
4.	GIL HERNANDEZ, Irene Ma	96	C.D. Solventia						<b>3:52.22</b>	14,00	+1,14
	50m:	53.76	53.76	100m:	1:52.69	58.93	150m:	2:53.53	1:00.84	200m:	3:52.22 58.69
5.	ACOSTA ALONSO, Cynthia Maria	99	C.D.N. Playuki						<b>3:55.08</b>	13,00	+0,91
	50m:	50.20	50.20	100m:	1:49.09	58.89	150m:	2:52.46	1:03.37	200m:	3:55.08 1:02.62
6.	ARENCIBIA PERERA, Miriam	97	C.N. Valleverde						<b>4:31.80</b>	12,00	+0,98
	50m:	58.30	58.30	100m:	2:06.95	1:08.65	150m:	3:19.51	1:12.56	200m:	4:31.80 1:12.29

30+, Fem.

1.	RAMOS ROJAS, Gisela	94	C.N. Vulcania Master						<b>2:55.90</b>	19,00	+0,94
	50m:	39.71	39.71	100m:	1:24.18	44.47	150m:	2:10.14	45.96	200m:	2:55.90 45.76

Baja RODRIGO SANCHEZ, Davinia 92 Cn.Salinas Sta.Lucia -



Prueba 10, 200m Braza

35+, Fem.

1.	ROLDAN GOMEZ, Alba	86	C.D. Jerez Natacion Master	<b>2:54.17</b>	-	+0,87
	50m: 39.42 39.42	100m: 1:23.12	43.70 150m: 2:08.17 45.05	200m: 2:54.17	46.00	
2.	MARTINEZ DE LA CRUZ, Azahara	89	C.N. Metropole	<b>3:04.63</b>	19,00	+0,77
	50m: 42.92 42.92	100m: 1:29.70	46.78 150m: 2:16.69 46.99	200m: 3:04.63	47.94	
3.	HIJAR JIMENEZ, Maria	90	C.N. Vulcania Master	<b>3:21.57</b>	16,00	+0,99
	50m: 46.36 46.36	100m: 1:37.50	51.14 150m: 2:29.40 51.90	200m: 3:21.57	52.17	

40+, Fem.

1.	CELAYE GARCIA, Diana Beatriz	81	C.D. Nonadamos	<b>4:48.43</b>	19,00	+0,94
	50m: 1:06.18 1:06.18	100m: 2:19.43	1:13.25 150m: 3:33.75 1:14.32	200m: 4:48.43	1:14.68	

45+, Fem.

1.	GARCIA DELGADO, Yaiza	76	C.N. Metropole	<b>3:24.31</b>	19,00	+1,04
	50m: 46.58 46.58	100m: 1:39.29	52.71 150m: 2:31.64 52.35	200m: 3:24.31	52.67	
2.	CERVILLA PEREZ, Cristina	79	C.D. Nonadamos	<b>3:52.36</b>	16,00	+1,04
	50m: 54.42 54.42	100m: 1:53.86	59.44 150m: 2:54.03 1:00.17	200m: 3:52.36	58.33	
3.	RIZO OSUNA-MOYANO, Nuria	78	C. Tenerife Masters	<b>3:52.77</b>	14,00	+0,98
	50m: 52.98 52.98	100m: 1:50.81	57.83 150m: 2:51.69 1:00.88	200m: 3:52.77	1:01.08	
4.	ERCOLINI, Marina Eva	79	C.N. Los Cristianos	<b>3:56.91</b>	13,00	+1,43
	50m: 53.98 53.98	100m: 1:53.52	59.54 150m: 2:55.40 1:01.88	200m: 3:56.91	1:01.51	
5.	AFONSO RIVERO, Vanessa Del Carme	77	C.N. Carucagua	<b>4:40.46</b>	12,00	+1,14
	50m: 1:02.70 1:02.70	100m: 2:13.37	1:10.67 150m: 3:26.64 1:13.27	200m: 4:40.46	1:13.82	
6.	RODRIGUEZ BETANCOR, Otilia Rosa	78	C.D.N. Playuki	<b>4:58.89</b>	11,00	+1,24
	50m: 1:06.67 1:06.67	100m: 2:23.03	1:16.36 150m: 3:41.19 1:18.16	200m: 4:58.89	1:17.70	

50+, Fem.

1.	MOSHASHAEI MOSHASHAEI, Neda Si74at	Cn.Salinas Sta.Lucia	<b>4:16.50</b>	19,00	+1,35	
	50m: 57.14 57.14	100m: 2:02.60	1:05.46 150m: 3:09.42	1:06.82	200m: 4:16.50 1:07.08	
2.	HAMPLOVA, Eva	72	Cn.Salinas Sta.Lucia	<b>4:47.34</b>	16,00	+1,13
	50m: 1:06.77 1:06.77	100m: 2:20.43	1:13.66 150m: 3:36.37	1:15.94	200m: 4:47.34 1:10.97	

55+, Fem.

1.	ALBERICHE RUANO, Maria Del Pino	66	C.N. Metropole	<b>3:26.31</b>	19,00	+0,97
	50m: 47.08 47.08	100m: 1:39.82	52.74 150m: 2:34.16 54.34	200m: 3:26.31	52.15	
2.	GONZALEZ RODRIGUEZ, Mercedes	67	C. Tenerife Masters	<b>3:37.99</b>	16,00	+1,10
	50m: 49.89 49.89	100m: 1:44.93	55.04 150m: 2:41.52 56.59	200m: 3:37.99	56.47	

Prueba 10, 200m Braza

60+, Fem.

1.	QUINTANILLA AYLLON, Elena	65	C.N. Metropole	<b>3:29.79</b>	27,00RR+1,00TE
	50m: 48.74 48.74	100m: 1:41.87	53.13 150m: 2:35.91 54.04	200m: 3:29.79	53.88

65+, Fem.

1.	BRANF, Judith Sarah	60	C.N. Vulcania Master	<b>4:26.22</b>	19,00 +2,63
	50m: 1:04.04 1:04.04	100m: 2:12.02 1:07.98	150m: 3:21.19 1:09.17	200m: 4:26.22	1:05.03

Prueba 11  
20/12/2025

Fem., 4 x 50m Libre

AG 80 - 399  
Resultados

Clasificación

Tiempo

RT

+80 (PRE-MASTER)

1.	C.D. Jerez Natacion Master 80		C.D. Jerez Natacion Master	<b>2:02.01</b>	38,00 +0,78
	EXPOSITO AFONSO, Maria 02 +0,78	29.91	BENITEZ LOPEZ, Marta 02 0.00	32.22	
	GONZALEZ ALARCON, Nerea 02 0.00	31.65	LAMBERTO GARCIA, Ana Maria 02 -0,30	28.23	
2.	C.N. Las Palmas 80		C.N. Las Palmas	<b>2:04.13</b>	32,00 +18,85
	ARTILES CARBALLO, Irene 96 +18,85	31.74	MATOS QUEVEDO, Maria 02 +0,60	31.02	
	MATOS QUEVEDO, Lucia 04 +0,46	29.53	RIVERO GONZALEZ, Erika 01 +0,72	31.84	
3.	C.D.N. Playuki 80		C.D.N. Playuki	<b>2:31.71</b>	28,00 +0,87
	ACOSTA ALONSO, Cynthia Maria 99 +0,87	42.37	PEREZ RODRIGUEZ, Sheila 03 +0,43	37.87	
	VEGA IBRAHIM, Ainhoa 05 0.00	40.90	BORDON CABRERA, Judith 05 +0,38	30.57	

Baja C.N. Metropole 80

C.N. Metropole

-

+100

Baja C.N. Metropole 100

C.N. Metropole

-

+120

1.	C.N. Los Cristianos 120		C.N. Los Cristianos	<b>2:04.37</b>	46,00RR MASTE
	GARABATOS RODRIGUEZ, Susan:79		28.46 LAVANDERA ALTESOR, Rosina 99 -0,19	30.77	
	HERNANDEZ CASTRILLO, Yessica00 0.00	30.28	DELGADO MARTIN, Montserrat 75 +0,71	34.86	
2.	C. Tenerife Masters 120		C. Tenerife Masters	<b>2:07.42</b>	32,00 +0,94
	PARIS SANCHEZ, Monica 71 +0,94	33.40	PALMAS CANDIA, Chiara Sofia 93 +0,39	30.47	
	NEGRIN RODRIGUEZ, Andrea Ma 97 0.00	31.56	QUINTERO QUINTERO, Katihusca 87 +0,66	31.99	
3.	C.D. Nonadamos 120		C.D. Nonadamos	<b>2:07.86</b>	28,00 +19,50
	GARCIA CERVANTES, Laura 89 +19,50	30.04	DELGADO MARTIN, Maria Elisabet 94 +0,62	35.30	
	HERNANDEZ BALAGUERA, Marta 89 +0,61	31.67	RAMOS SANTANA, Laura Maria 98 +0,54	30.85	
4.	C.N. Metropole 120		C.N. Metropole	<b>2:09.16</b>	26,00 +20,51
	MARTINEZ DE LA CRUZ, Azahara 89 +20,51	32.00	ARMAS ROCA, Marta 83 +0,49	32.11	
	QUINTANA SERRANO, Maria Bego92 +0,42	33.40	BOUCHET, Sybille 93 +0,49	31.65	
5.	C.N. Las Palmas 120		C.N. Las Palmas	<b>2:18.53</b>	24,00
	GARCIA DENIZ, Zaida 83	31.85	RIVERO SANTANA, Sheila 96 +0,65	35.84	
	MORALES SANTANA, Maria Isabel92 +0,35	38.84	VALIDO CARREÑO, Isabel 74 +0,56	32.00	

Prueba 11, Fem., 4 x 50m Libre, +120

Clasificación

								Tiempo	RT
6.	Club Deportivo Teimar 120			Club Deportivo Teimar				<b>2:23.49</b>	22,00 +0,92
	CASTILLO DELGADO, Maria	91	+0,92	32.29	GARCIA ALLO, Maria Victoria	79	+0,57	37.59	
	DELCASTILLO DE LA FUENTE, Alejandra	92	+0,34	31.72	CARBALLO RODRIGUEZ, Eloina	81	+0,54	41.89	
7.	C.D.N. Playuki 120			C.D.N. Playuki				<b>2:27.29</b>	20,00 +1,00
	SANTANA MEDINA, Miriam	84	+1,00	33.68	FERNANDEZ MEJIAS, Tamara	81	0.00	36.18	
	GONZALEZ RAMOS, Raquel	95	0.00	44.23	MEDINA SANTANA, Beatriz	95	+0,47	33.20	
8.	Cn.Salinas Sta.Lucia 120			Cn.Salinas Sta.Lucia				<b>2:35.90</b>	18,00 +1,00
	RODRIGUEZ SANTANA, Paula	99	+1,00	35.94	RODRIGO SANCHEZ, Davinia	92	+0,65	35.69	
	MOSHASHAEI MOSHASHAEI, Nedžad	74	+0,24	51.26	QUINTANA FRANCO, Haridian	91	+0,45	33.01	
9.	C.D. Solventia 120			C.D. Solventia				<b>2:37.18</b>	16,00 +1,43
	RIVERO RIVERO, Natalia Del Carme	86	+1,43	44.72	VALENCIA PAREDES, Nuria	00	+0,08	24.74	
	GIL HERNANDEZ, Irene Ma	96	+0,74	39.91	ROSARIO BETANCOR, Ainhoa	97	+0,43	47.81	
Baja	C.N. Vulcania Master 120			C.N. Vulcania Master				-	

+160

1.	C. Tenerife Masters 160			C. Tenerife Masters				<b>2:13.75</b>	38,00
	GUTIERREZ GARCIA, Noelia	78		34.05	RIZZA HERNANDEZ, Rositta	77	+0,55	33.76	
	NEGRIN FIGUEROA, Elena	70	+0,40	34.31	ARANTZAMENDI LLULL, Jamila	81	+0,55	31.63	
2.	C.N. Metropole 160			C.N. Metropole				<b>2:16.72</b>	32,00
	NEIRA FERNANDEZ, Lorena	87		38.91	GARCIA DELGADO, Yaiza	76	+0,64	32.68	
	BERNARDOS CRUZ, Idoia	83	+0,12	33.57	WAGNER FAHLLIN, Ana Maria	71	+0,60	31.56	
3.	C.N. Vulcania Master 160			C.N. Vulcania Master				<b>2:26.28</b>	28,00
	RAMOS ROJAS, Gisela	94		30.64	SARACENI, Paola Maria	65	+0,48	45.29	
	BERNDTSSON, Ann Mari	70	+0,68	40.39	MARTIN MELIAN, Raquel	99	+0,44	29.96	
4.	C.D. Nonadamos 160			C.D. Nonadamos				<b>2:35.15</b>	26,00 +0,85
	RAMIREZ PERDOMO, Ma Begona	73	+0,85	33.57	CERVILLA PEREZ, Cristina	79	+0,41	41.59	
	MARTIN CABRERA, Jenifer	83	+0,38	38.73	CABRERA RIVERA, Elena	76	+0,20	41.26	
5.	C.N. Los Cristianos 160			C.N. Los Cristianos				<b>2:39.97</b>	24,00
	ASENCIO PEREZ, Ma Jose	74		38.69	RODRIGUEZ MONTAÑEZ, Ruth	76	+0,59	47.08	
	ERCOLINI, Marina Eva	79	0.00	39.95	RODRIGUEZ CHAVEZ, Rocio Evelin	93	+0,33	34.25	

+200

1.	C.N. Vulcania Master 200			C.N. Vulcania Master				<b>2:17.32</b>	38,00
	LAIS, Cinzia	59		34.99	WINKLER, Nicole	71	+0,48	33.03	
	ROJAS ARJONA, Irene	86	+0,34	34.01	GARCIA ALARCOS, Sara	80	+0,69	35.29	
2.	C. Tenerife Masters 200			C. Tenerife Masters				<b>2:28.75</b>	32,00
	GONZALEZ ARIAS, Rosa Maria	71		42.98	RIZO OSUNA-MOYANO, Nuria	78	+0,74	41.11	
	ESCATLLAR FDEZ. DE MISA, Conc66cion	66	+0,37	31.25	GARCIA GARCIA, Maria Miriam	72	+0,66	33.41	
3.	C.N. Metropole 200			C.N. Metropole				<b>2:49.23</b>	28,00
	DOMINGUEZ MARTEL, Maria Jesus	68		36.81	ASPAS PALACIOS, Rosa Maria	70	+0,62	47.01	
	OJEDA QUINTANA, Gloria Esther	69	+0,17	46.41	FERNANDEZ PEREZ, Ana Maria	58	+0,62	39.00	
4.	C.D. Nonadamos 200			C.D. Nonadamos				<b>3:00.34</b>	26,00 +1,16
	RAMIREZ PERDOMO, Fatima	70	+1,16	40.78	RODRIGUEZ ESPARRAGON, Isabel	71	+0,68	44.70	
	GONZALEZ MEDINA, Vanessa Rac78l	78	0.00	42.54	CELAYE GARCIA, Diana Beatriz	81	-0,01	52.32	

Prueba 11, Fem., 4 x 50m Libre, +200

Clasificación							Tiempo		RT
Baja	C.N. Valleverde 200			C.N. Valleverde			-		
+240									
1.	C.N. Metropole 240			C.N. Metropole			<b>2:25.44</b>	38,00	+1,04
	QUINTANILLA AYLLON, Elena 65	+1,04	35.04	PEREZ MACIAS, Juana Teresa 63	+0,74	37.97			
	ALBERICHE RUANO, Maria Del Pinc66	+0,68	37.61	RAMIREZ SANTANA, Cristina 65	+0,72	34.82			
2.	C. Tenerife Masters 240			C. Tenerife Masters			<b>2:41.06</b>	32,00	
	TABARES DE NAVA, Nuria 69		51.91	BAEZ CEJAS, Maria Mercedes 60	+0,63	41.94			
	GONZALEZ RODRIGUEZ, Mercedes67	0.00	27.37	KHAN, Stephanie Jean 64	+0,51	39.84			
3.	C.D.N. Playuki 240			C.D.N. Playuki			<b>3:28.63</b>	28,00	+1,94
	OJEDA GARCIA, Ma Dolores 42	+1,94	1:11.76	MARTIN SOSA, Ma Pino 61	+0,64	48.16			
	RODRIGUEZ BETANCOR, Otilia Ros78	+0,20	48.64	DIAZ SANTANA, Luz Marina 76	+0,72	40.07			
Baja	C.N. Vulcania Master 240			C.N. Vulcania Master			-		
+280									
1.	C. Tenerife Masters 280			C. Tenerife Masters			<b>3:00.66</b>	38,00	+1,77
	HERRERA PEREZ, Amanda 49	+1,77	54.97	DE ARMAS FUMERO, Elsa 57	0.00	42.41			
	ARANEGA BENITEZ, Aranzazu 57	0.00	41.41	LOPEZ GONZALEZ, Esther 55	+0,54	41.87			
Baja	C.N. Metropole 280			C.N. Metropole			-		
+320									
Baja	C.N. Metropole 320			C.N. Metropole			-		

Prueba 12  
20/12/2025

Masc., 4 x 50m Libre

AG 80 - 399  
Resultados

Clasificación							Tiempo		RT
+80 (PRE-MASTER)									
1.	A.D. Santa Cruz 80			A.D. Santa Cruz			<b>1:42.78</b>	38,00	+13,06
	GUADALUPE NEGRIN, Jorge Rams03	+13,06	24.92	CARRO BONILLA, Cristobal 04	+0,28	25.74			
	MERINO MONTES DE OCA, Alvaro 01	+0,52	24.77	RIPPA, Francisco 00	+0,51	27.35			
2.	C.D. Nonadamos 80			C.D. Nonadamos			<b>1:45.11</b>	32,00	+16,66
	OUBIÑA CORVALAN, Marcos A 05	+16,66	27.05	VIERA VIERA, Acoran 03	+0,57	27.68			
	RAMIREZ MORALES, Sergio C. 03	+0,34	24.85	RIOS ROMERO, Joaquin 04	+0,53	25.53			
3.	C.D. Jerez Natacion Master 80			C.D. Jerez Natacion Master			<b>1:45.21</b>	28,00	+15,05
	BLANES FRIGOLA, Aleix 04	+15,05	25.64	PALACIOS HORMIGA, Aday 04	+0,63	27.41			
	PEREZ HERNANDEZ, Ismael 05	+0,27	26.42	AYALA MAESTRE, Alejandro 97	+0,13	25.74			
4.	Club Natación Ocho De Septiembre 80			Club Natación Ocho De Septiembre			<b>1:47.83</b>	26,00	+18,50
	ORTIZ HERNANDEZ, Aday 90	+18,50	25.66	HERRERA RODRIGUEZ, Alvaro 04	+0,26	27.81			
	RIVERO RODRIGUEZ, Kilian 03	+0,33	28.96	ARENCIBIA REYES, Jaime 05	+0,32	25.40			

## Prueba 12, Masc., 4 x 50m Libre, +80 (PRE-MASTER)

Clasificación					Tiempo				RT
5.	Cn.Salinas Sta.Lucia 80			Cn.Salinas Sta.Lucia			<b>2:09.37</b>	24,00	
	AKOUDAD ZIZAOUI, Mohamed	05		33.38	LEON TRUJILLO, Ernesto	01	-0,29	26.67	
	GARCIA FALCON, Alvaro	01	-0,07	34.28	MATAS MONROY, Javier Hernan	00	+0,55	35.04	
Baja	C.N. Metropole 80			C.N. Metropole				-	
+100									
1.	C.N. Vulcania Master 100			C.N. Vulcania Master			<b>1:44.13</b>	38,00	+19,81
	CIRUGEDA LOPEZ, Aythami	97	+19,81	27.84	PRIETO RODRIGUEZ, Daniel	00	+0,59	24.73	
	ACOSTA PERDOMO, Gabriel	94	+0,75	27.08	FRIAS RICO, Manuel	93	+0,49	24.48	
2.	C.N. Los Cristianos 100			C.N. Los Cristianos			<b>1:46.80</b>	32,00	
	CERPA CABALLERO, Jonay Salva	99		25.91	AFONSO SUAREZ, Ivan	96	0.00	27.12	
	MARRERO DELGADO, Eduardo Alt	99to	0.00	26.01	RODRIGUEZ MORALES, Agoney	99	-0,25	27.76	
3.	Cn.Salinas Sta.Lucia 100			Cn.Salinas Sta.Lucia			<b>1:48.08</b>	28,00	+19,55
	LOPEZ GARCIA, Andreas	98	+19,55	25.39	ARBELO RODRIGUEZ, Nauzet	93	+0,71	28.51	
	LAGO CARABALLO, Saul	98	+0,46	25.97	ALVARADO RAMOS, Carlos	97	+0,31	28.21	
4.	C.D. Nonadamos 100			C.D. Nonadamos			<b>1:58.06</b>	26,00	+19,34
	ELVIRA GLAUBITZ, Alejandro	00	+19,34	29.62	ACEITUNO MARTINEZ, Manuel Jes	98	+0,62	29.72	
	LEMME MARQUEZ, Gustavo Franc	92o	+0,68	30.95	GRAJALES ZAPATA, Juan Esteba	99	+0,49	27.77	
Baja	C.N. Metropole 100			C.N. Metropole				-	
+120									
1.	C.N. Metropole 120			C.N. Metropole			<b>1:43.21</b>	38,00	+19,35
	RAMIREZ O SHANAHAN, Guillermo	93	+19,35	24.52	SANTANA LOPEZ, Yosias	89	+0,18	24.94	
	NAVAS OJEDA, Angel Luis	93	+0,40	27.20	BETANCOR CALLERO, Carlos	95	+0,34	26.55	
2.	C. Tenerife Masters 120			C. Tenerife Masters			<b>1:47.67</b>	32,00	+14,83
	ALONSO ALADRO, Juan	86	+14,83	25.93	NEGRIN RODRIGUEZ, Francisco Je	94s	+0,28	28.33	
	HERNANDEZ HERNANDEZ, Pablo	89	+0,30	26.22	GARCIA CASTILLO, Jose Victor	88	+0,35	27.19	
3.	Club Deportivo Teimar 120			Club Deportivo Teimar			<b>1:50.39</b>	28,00	+18,51
	SANZ GONZALEZ, Oscar	98	+18,51	26.10	CASTILLO DELGADO, Samuel	85	+0,42	27.94	
	MORALES MARTINEZ, Adrian Luis	89	+0,41	28.77	BRITO HERNANDEZ, Fernando Jos	92	+0,55	27.58	
4.	C.N. Valleverde 120			C.N. Valleverde			<b>1:52.57</b>	26,00	+15,32
	BEDOYA OTERO, Omar	81	+15,32	27.41	MACHIN CABRERA, Roberto	93	+0,16	29.04	
	DUARTE RIVADO, Raul	90	+0,53	29.91	RODRIGUEZ PULIDO, Daniel	89	+0,37	26.21	
5.	C.N. Vulcania Master 120			C.N. Vulcania Master			<b>1:56.03</b>	24,00	+18,37
	MARTIN GIL, Oliverio	90	+18,37	29.51	GARCIA GARCIA, Jose Agustin	73	+0,59	34.28	
	MURILLO NOVA, Cedric	94	+0,34	27.00	RUIZ SEIJO, Brais	98	+0,39	25.24	
6.	C.D. Belen Maria 120			C.D. Belen Maria			<b>2:01.17</b>	22,00	+1,13
	MARTIN ALMEIDA, Luis A.	76	+1,13	31.98	PEREZ DIAZ, Juan Jose	94	+0,72	31.50	
	SUAREZ GARCIA, Adrian	96	+0,50	29.52	QUEVEDO MEDINA, Ulises	90	+0,66	28.17	
7.	C.N. Las Palmas 120			C.N. Las Palmas			<b>2:06.70</b>	20,00	+10,02
	QUINTANA GARCIA, Daniel	85	+10,02	31.79	MARICHAL, Ivanosky	86	+0,41	36.54	
	RODRIGUEZ REYES, Miquel A	77	+0,38	30.20	RUBIALES CACERES, Daniel	97	+0,28	28.17	

Prueba 12, Masc., 4 x 50m Libre, +120

Clasificación

Tiempo

RT

NP A.D. Santa Cruz 120  
Baja C.N. Los Cristianos 120

A.D. Santa Cruz  
C.N. Los Cristianos

-  
-

+160

1.	C.N. Metropole 160				C.N. Metropole		<b>1:48.83</b>	38,00	+4,81
	HERRERA QUEVEDO, Evaristo	79	+4,81	28.42	GARCIA FIERRO, Victor Manuel	88	+0,54	28.02	
	ROJANO BROZ, Javier	79	+0,40	25.25	REINO ASCANIO, Abian	77	+0,32	27.14	
2.	C. Tenerife Masters 160				C. Tenerife Masters		<b>1:53.09</b>	32,00	+18,20
	BONILLA AVILA, Zebensui	81	+18,20	28.90	QUINTANA RODRIGUEZ, Alvaro	74	+0,49	29.71	
	SOLLA VELOSO, Ivan	78	+0,30	28.27	PEREZ GARCIA, Jonay	77	+0,06	26.21	
3.	C.N. Los Cristianos 160				C.N. Los Cristianos		<b>1:53.63</b>	28,00	+20,28
	MEZZANZANICA, Fabio	85	+20,28	27.41	GUTIERREZ QUINTERO, Nuhacet	82	+0,62	29.83	
	HERNANDEZ DIAZ, Hector	75	+0,74	28.96	DELGADO MELIAN, Carlos Javier	95	+0,50	27.43	
4.	C.N. Las Palmas 160				C.N. Las Palmas		<b>1:58.45</b>	26,00	+11,18
	CABRERA PESTANA, Alejandro	80	+11,18	28.31	MOSLER, Roman	81	+0,54	33.06	
	FERNANDEZ SOSA, Juan Carlos	73	+0,54	29.55	HENRIQUEZ HERNANDEZ, Rafael	87	+0,17	27.53	
5.	Cn.Salinas Sta.Lucia 160				Cn.Salinas Sta.Lucia		<b>1:59.75</b>	24,00	+20,91
	SARMIENTO LEON, Dailos	88	+20,91	30.64	GONZALEZ DIAZ, Yeray	83	+0,61	28.07	
	HERNANDEZ PEREZ, Jonathan	82	+0,57	29.53	RODRIGO CAÑAS, Juan Miguel	87	+0,75	31.51	
6.	C.N. Aguacan 160				C.N. Aguacan		<b>2:02.38</b>	22,00	+19,10
	OJEDA AFONSO, Jose Antonio	93	+19,10	31.75	ARENCIBIA DE LA CRUZ, Alejandr	81	0.00	31.07	
	NUEZ SANCHEZ, Carlos Luis	69	0.00	31.45	ESPINO MORILLAS, Juan Luis	72	+0,15	28.11	
7.	C.D.N. Playuki 160				C.D.N. Playuki		<b>2:05.22</b>	20,00	+13,12
	SANCHEZ HENRIQUEZ, Fco Javier	76	+13,12	30.52	VREEKAMP, Remko Hendrikus	67	+0,51	31.57	
	MEDINA MACIAS, Juan Javier	86	+0,48	32.13	GARCIA HERNANDEZ, Marcos	80	+0,72	31.00	
8.	C.N..Faynagua C. Telde 160				C.N..Faynagua C. Telde		<b>2:06.33</b>	18,00	+19,18
	FARIAS OROPESA, Juan Jesus	70	+19,18	32.15	CAMPANALUNGA LAVAGNINI, Din	70	+0,71	36.06	
	LOPEZ DEL PINO, Miguel	89	+0,03	32.35	SANTANA SARMIENTO, Miguel	83	+0,31	25.77	
9.	C.D. Jescagua 160				C.D. Jescagua		<b>2:17.87</b>	16,00	+1,03
	DELGADO PEREZ, Jefferson Jonat	85	+1,03	33.00	RIVERA VIÑA, Francisco Manuel	66	+0,58	32.46	
	QUEVEDO HERNANDEZ, Rafael	64	0.00	40.54	RODRIGUEZ GONZALEZ, Sergio	94	+0,49	31.87	
Baja	C.N. Carucagua 160				C.N. Carucagua			-	
Baja	C.N. Valleverde 160				C.N. Valleverde			-	
Baja	C.N. Vulcania Master 160				C.N. Vulcania Master			-	



## Prueba 12, Masc., 4 x 50m Libre

## +200

1.	C. Tenerife Masters 200			C. Tenerife Masters			1:51.68	38,00	+5,91
	DAVARA MENDEZ, Fernando	72	+5,91	26.37	GARCIA CABRERA, Miguel Angel	73	+0,50	29.79	
	NUÑEZ NODA, Bernardo	65	+0,58	27.06	MARTEL TOLEDO, Luis	71	+0,51	28.46	
2.	C.N. Metropole 200			C.N. Metropole			2:00.89	32,00	
	SANTANA MIRANDA, Antonio Man67			31.24	OJEDA GONZALEZ-POSADA, Pabl67		0.00	30.01	
	LUZARDO RODRIGUEZ, Gustavo /66	0.00		31.16	PERAZA MARRERO, Alberto	75	0.00	28.48	
3.	C.N. Las Palmas 200			C.N. Las Palmas			2:01.88	28,00	+12,75
	GARCIA PEREZ, Alexis	75	+12,75	29.23	ST MARY, Enrique	70	+0,74	30.11	
	MARTINEZ IBORT, David	71	+0,47	30.96	VAZQUEZ MORALES, Hector	82	+0,27	31.58	
4.	C.D. Belen Maria 200			C.D. Belen Maria			2:10.59	26,00	+4,82
	HERNANDEZ BENTO, Enrique Fran64.co	+4,82		32.32	SANTANA CABALLERO, Jose	69	+0,70	33.17	
	ALZOLA MEDINA, Victor	69	+0,60	30.78	SANCHEZ PALMES, Juan A.	67	+0,32	34.32	
5.	Cn.Salinas Sta.Lucia 200			Cn.Salinas Sta.Lucia			2:20.08	24,00	+14,12
	RODRIGUEZ SANTANA, Jose Jesu65	+14,12		34.64	SEGARRA CARRANZA, Isaac	74	+0,75	39.65	
	GIL TRUJILLO, Pedro	67	0.00	30.26	QUESADA RODRIGUEZ, Francisco67		+0,55	35.53	
6.	C.N. Valleverde 200			C.N. Valleverde			2:50.32	22,00	+1,06
	GUERRA TALAVERA, Francisco	84	+1,06	36.70	LOPEZ OJEDA, Carlos	53	+0,72	50.65	
	ARENCIBIA QUINTANA, Jose Luis	74	+0,41	42.68	NAVARRO PEREZ, Josymar	86	+0,68	40.29	

+240

1.	C. Tenerife Masters 240			C. Tenerife Masters			2:06.26	38,00	+20,32
	VIÑUELA LLANOS, Antonio	68	+20,32	31.76	LUNA GIL, Antonio	55	+0,43	31.06	
	MAESO VERGARA, Miguel Benito	67	+0,25	30.72	GONZALEZ PEREZ, Domingo	61	+0,25	32.72	
2.	C.N. Metropole 240			C.N. Metropole			2:07.12	32,00	
	ARIAS FEBLES, Jose Manuel	64		31.11	HERNANDEZ RODRIGUEZ, Horacio	71	0.00	29.32	
	MARTINEZ LLISO, Claudio	66	0.00	32.32	CABALLERO MADERA, Guillermo	55	0.00	34.37	
3.	C.N. Vulcania Master 240			C.N. Vulcania Master			2:10.38	28,00	+18,54
	CEJUDO DELGADO, Angel	63	+18,54	31.96	CHANTADA FERNANDEZ, Luis	55	+0,65	38.04	
	BINI, Bruno	60	+0,68	35.41	ARANDA GALLEGO, Jose Juan	75	+0,28	24.97	
4.	C.D.N. Playuki 240			C.D.N. Playuki			2:38.81	26,00	+1,18
	ALAMO MARTINEZ, Fernando	69	+1,18	38.45	SUAREZ RODRIGUEZ, Manuel	66	+0,62	42.56	
	CABRERA BARBUZANO, Fernando	48	+0,75	38.26	TORRES BETANCOR, Francisco	71	+0,70	39.54	

Baja C.N. Las Palmas 240

C.N. Las Palmas

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+280

1.	C. Tenerife Masters 280			C. Tenerife Masters			2:18.78	38,00	
	CABRERA GONZALEZ, Marcos	60		35.03	TORRES MARZO, Jose Luis	57	+0,67	32.84	
	BREMONT PEREZ, Carlos	47	+0,72	36.47	RODRIGUEZ SANTOS, Santiago	55	+0,53	34.44	
2.	C.N. Metropole 280			C.N. Metropole			2:35.06	32,00	+0,41
	RIVERO SANCHEZ, Sergio	54	+0,41	37.78	AROCHA DE LEON, Sebastian Ferrnido	54	0.00	39.28	
	CHECA FAJARDO, Placido	50	0.00	39.56	CABALLERO MADERA, Guillermo	55	0.00	38.44	

Prueba 12, Masc., 4 x 50m Libre

+320

1. C. Tenerife Masters 320				C. Tenerife Masters	<b>3:40.62</b>	38,00	+1,19
ROEDER, Peter	37	+1,19	1:17.59	CASTRILLON GARCIA-DELGADO, 49se	L+0,16	41.79	
RODRIGUEZ MARTINEZ, Rafael	45	0.00	56.11	RIERA MONTAL, Agustin	49	+0,19	45.13

Baja C.N. Metropole 320

C.N. Metropole

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3 - 2ª jornada, 2ª sesión

20/12/2025

Prueba 13  
20/12/2025

Fem., 100m Libre

20 años y mayores  
Resultados

Clasificación		AN		Tiempo		RT
20+						
1. LAMBERTO GARCIA, Ana Maria	02	C.D. Jerez Natacion Master	<b>1:01.93</b>	-	+0,81	
50m: 30.23 30.23 100m: 1:01.93		31.70				
2. DE CASTRO URQUIOLA, Helena	04	C.D. Nonadamos	<b>1:02.63</b>	19,00	+0,73	
50m: 30.38 30.38 100m: 1:02.63		32.25				
3. SANTANA FLORES, Ainhoa	01	C.D. Belen Maria	<b>1:05.95</b>	16,00	+0,84	
50m: 32.18 32.18 100m: 1:05.95		33.77				
4. MATOS QUEVEDO, Lucia	04	C.N. Las Palmas	<b>1:06.64</b>	14,00	+0,84	
50m: 31.59 31.59 100m: 1:06.64		35.05				
5. DIAZ RODRIGUEZ, Grisela	02	C.D. Jescagua	<b>1:06.71</b>	13,00	+0,83	
50m: 31.29 31.29 100m: 1:06.71		35.42				
6. LIÑAN DEL ROSARIO, Maria Luisa	04	C.N. Metropole	<b>1:10.29</b>	12,00	+0,86	
50m: 34.10 34.10 100m: 1:10.29		36.19				
NP MARTINEZ CABRERA, Carla	04	C.N. Metropole		-		
NP GALVEZ GARRIDO, Carmen	01	Club Deportivo Teimar		-		
25+						
1. PULIDO MAYOR, Sheila	98	C.N..Faynagua C. Telde	<b>1:02.34</b>	27,00RR+0,78TE		
50m: 30.30 30.30 100m: 1:02.34		32.04				
2. MARRERO DE LA NUEZ, Elisabeth	96	C.D. Belen Maria	<b>1:05.27</b>	16,00	+0,80	
50m: 31.19 31.19 100m: 1:05.27		34.08				
3. LAVANDERA ALTESOR, Rosina	99	C.N. Los Cristianos	<b>1:08.81</b>	14,00	+0,76	
50m: 33.25 33.25 100m: 1:08.81		35.56				
4. PULIDO MONZON, Laura	98	C.D. Jescagua	<b>1:09.01</b>	13,00	+0,80	
50m: 33.37 33.37 100m: 1:09.01		35.64				
5. ROSARIO BETANCOR, Ainhoa	97	C.D. Solventia	<b>1:18.39</b>	12,00	+3,67	
50m: 37.77 37.77 100m: 1:18.39		40.62				
6. RODRIGUEZ SANTANA, Paula	99	Cn.Salinas Sta.Lucia	<b>1:20.57</b>	11,00	+1,04	
50m: 37.85 37.85 100m: 1:20.57		42.72				



Prueba 13, Fem., 100m Libre, 25+

Clasificación	AN		Tiempo	RT
7. GONZALEZ SANTANA, Marta	96	C.N. Carucagua	<b>1:21.79</b> 10,00	+1,25
50m: 39.29 39.29 100m: 1:21.79		42.50		
8. VALENCIA PAREDES, Nuria	00	C.D. Solventia	<b>1:29.08</b> 9,00	+1,20
50m: 43.00 43.00 100m: 1:29.08		46.08		
Baja NUÑEZ CATALAN, Maria	96	C. Tenerife Masters	-	
Baja RODRIGUEZ FAVED, Cintia	98	C.D. Solventia	-	

30+

1. PALMAS CANDIA, Chiara Sofia	93	C. Tenerife Masters	<b>1:09.80</b> 19,00	+0,77
50m: 32.12 32.12 100m: 1:09.80		37.68		
2. SIGUERO MARTIN, Leticia	92	C.N. Aguacan	<b>1:15.24</b> 16,00	+0,98
50m: 36.19 36.19 100m: 1:15.24		39.05		
3. RODRIGUEZ CHAVEZ, Rocio Evelin	93	C.N. Los Cristianos	<b>1:18.59</b> 14,00	+1,24
50m: 38.18 38.18 100m: 1:18.59		40.41		
4. DELGADO MARTIN, Maria Elisabet	94	C.D. Nonadamos	<b>1:22.36</b> 13,00	+0,82
50m: 38.62 38.62 100m: 1:22.36		43.74		
5. MORALES SANTANA, Maria Isabel	92	C.N. Las Palmas	<b>1:23.77</b> 12,00	+0,94
50m: 39.79 39.79 100m: 1:23.77		43.98		
NP DELCASTILLO DE LA FUENTE, Alejanc	92	Club Deportivo Teimar	-	

35+

1. GARCIA CERVANTES, Laura	89	C.D. Nonadamos	<b>1:06.86</b> 19,00	+0,85
50m: 32.06 32.06 100m: 1:06.86		34.80		
2. CASIMIRO SUAREZ, Maria Melania	89	C.N. Las Palmas	<b>1:27.03</b> 16,00	+2,90
50m: 41.71 41.71 100m: 1:27.03		45.32		
3. RIVERO RIVERO, Natalia Del Carmen	86	C.D. Solventia	<b>1:38.77</b> 14,00	+1,17
50m: 47.03 47.03 100m: 1:38.77		51.74		
4. ISIDORO VIERA, Yolanda	86	C.D. Nonadamos	<b>1:59.34</b> 13,00	+1,43
50m: 51.50 51.50 100m: 1:59.34		1:07.84		

40+

1. MARTIN CABRERA, Jenifer	83	C.D. Nonadamos	<b>1:40.12</b> 19,00	+1,07
50m: 47.26 47.26 100m: 1:40.12		52.86		
2. CARBALLO RODRIGUEZ, Eloina	81	Club Deportivo Teimar	<b>1:41.60</b> 16,00	+1,15
50m: 48.56 48.56 100m: 1:41.60		53.04		
3. MACARIO GONZALEZ, Yaiza	81	C.D. Jescagua	<b>1:43.22</b> 14,00	+1,14
50m: 50.05 50.05 100m: 1:43.22		53.17		
NP BARREIRO JARVIS, Amanda Rocio	82	C.N. Martianez Coral Hotels	-	

Prueba 13, Fem., 100m Libre

45+

1.	MARTINEZ DA ALMEIDA, Selene	80	C.N. Villa De Agüimes 2016	<b>1:14.92</b>	19,00	+0,80
	50m: 35.38 35.38	100m: 1:14.92	39.54			
2.	GARCIA ALARCOS, Sara	80	C.N. Vulcania Master	<b>1:16.20</b>	16,00	+4,67
	50m: 37.07 37.07	100m: 1:16.20	39.13			
3.	MORA ESPINO, Mercedes	79	C.D. Jerez Natacion Master	<b>1:16.98</b>	-	+0,97
	50m: 37.47 37.47	100m: 1:16.98	39.51			
4.	MILLAN MUÑOZ, Maria Jesus	80	C.N. Las Palmas	<b>1:32.51</b>	14,00	+1,17
	50m: 42.40 42.40	100m: 1:32.51	50.11			
5.	JIMENEZ JIMENEZ, Leticia	77	C.N. Valleverde	<b>1:32.85</b>	13,00	+1,08
	50m: 45.58 45.58	100m: 1:32.85	47.27			
6.	CAMPOS ABDULAH, Maria Del Carmer	78	C.N. Metropole	<b>1:42.45</b>	12,00	+8,82
	50m: 47.87 47.87	100m: 1:42.45	54.58			
7.	DOMINGUEZ GARCIA, Julia Rosa	77	Club Natación Ocho De Septiembre	<b>2:01.01</b>	11,00	
	50m: 1:00.73 1:00.73	100m: 2:01.01	1:00.28			

50+

1.	VALIDO CARREÑO, Isabel	74	C.N. Las Palmas	<b>1:09.40</b>	19,00	+0,92
	50m: 33.29 33.29	100m: 1:09.40	36.11			
2.	WAGNER FAHLIN, Ana Maria	71	C.N. Metropole	<b>1:12.66</b>	16,00	+0,86
	50m: 34.76 34.76	100m: 1:12.66	37.90			
3.	GARCIA GARCIA, Maria Miriam	72	C. Tenerife Masters	<b>1:13.98</b>	14,00	+1,06
	50m: 35.73 35.73	100m: 1:13.98	38.25			
4.	PEREZ GARCIA, Noemi	73	C. Tenerife Masters	<b>1:24.34</b>	13,00	+0,98
	50m: 40.70 40.70	100m: 1:24.34	43.64			
5.	GONZALEZ ARIAS, Rosa Maria	71	C. Tenerife Masters	<b>1:28.43</b>	12,00	+1,12
	50m: 42.42 42.42	100m: 1:28.43	46.01			
6.	UNGER, Caroline	72	C.D.N. Playuki	<b>1:32.17</b>	11,00	+1,06
	50m: 43.06 43.06	100m: 1:32.17	49.11			
7.	RODRIGUEZ ESPARRAGON, Isabel	71	C.D. Nonadamos	<b>1:43.72</b>	10,00	+1,30
	50m: 48.23 48.23	100m: 1:43.72	55.49			
NP	CHAAR ALEMAN, Maria Desiree	73	C.N. Metropole		-	
Baja	MORALES LOZANO, Gloria	72	C.D. Jescagua		-	

55+

1.	TABARES DE NAVA, Nuria	69	C. Tenerife Masters	<b>1:27.35</b>	19,00	+1,16
	50m: 42.39 42.39	100m: 1:27.35	44.96			
2.	CARAMES PEREZ, Carmen Dolores	68	C.N..Faynagua C. Telde	<b>1:28.85</b>	16,00	+1,00
	50m: 42.95 42.95	100m: 1:28.85	45.90			
3.	BERNDTSSON, Ann Mari	70	C.N. Vulcania Master	<b>1:30.08</b>	14,00	+1,05
	50m: 41.85 41.85	100m: 1:30.08	48.23			

Prueba 13, Fem., 100m Libre, 55+

Clasificación	AN						Tiempo		RT
4.	RAMIREZ PERDOMO, Fatima	70	C.D. Nonadamos				1:36.41	13,00	+1,19
	50m: 46.27 46.27	100m: 1:36.41	50.14						
5.	RODRIGUEZ HERNANDEZ, Elena	66	C. Tenerife Masters				1:44.21	12,00	+1,07
	50m: 47.30 47.30	100m: 1:44.21	56.91						
6.	ROMERO SANCHEZ, Lidia	68	C.D. Jescagua				2:50.40	11,00	+1,53
	50m: 1:17.64 1:17.64	100m: 2:50.40	1:32.76						
60+									
1.	QUINTANILLA AYLLON, Elena	65	C.N. Metropole				1:16.54	27,00RR+1,07TE	
	50m: 37.29 37.29	100m: 1:16.54	39.25						
2.	KHAN, Stephanie Jean	64	C. Tenerife Masters				1:27.11	16,00	+1,22
	50m: 40.20 40.20	100m: 1:27.11	46.91						
3.	FELIPE RAMIREZ, Maria Del Carmen	62	C.N..Faynagua C. Telde				1:33.54	14,00	+1,07
	50m: 44.63 44.63	100m: 1:33.54	48.91						
4.	PEREZ HERNANDEZ, Ma Victoria	64	Club Deportivo Teimar				1:46.58	13,00	+9,71
	50m: 50.37 50.37	100m: 1:46.58	56.21						
65+									
1.	ARANEGA BENITEZ, Aranzazu	57	C. Tenerife Masters				1:29.86	19,00	+1,18
	50m: 44.22 44.22	100m: 1:29.86	45.64						
2.	DE ARMAS FUMERO, Elsa	57	C. Tenerife Masters				1:33.54	16,00	+1,55
	50m: 44.41 44.41	100m: 1:33.54	49.13						
3.	LARRODE GARCIA, Pilar	59	C. Tenerife Masters				1:54.88	14,00	+1,34
	50m: 55.25 55.25	100m: 1:54.88	59.63						
4.	ZABALA LABORDE, Asuncion	60	C. Tenerife Masters				1:58.25	13,00	+8,91
	50m: 56.50 56.50	100m: 1:58.25	1:01.75						
75+									
1.	HERRERA PEREZ, Amanda	49	C. Tenerife Masters				2:03.15	19,00	+7,04
	50m: 59.75 59.75	100m: 2:03.15	1:03.40						
80+									
1.	OJEDA GARCIA, Ma Dolores	42	C.D.N. Playuki				2:35.29	19,00	
	50m: 1:13.99 1:13.99	100m: 2:35.29	1:21.30						
85+									
1.	RODRIGUEZ FUENTES, Mercedes	37	C. Tenerife Masters				2:37.27	19,00	
	50m: 1:15.97 1:15.97	100m: 2:37.27	1:21.30						

Prueba 14  
20/12/2025

Masc., 100m Libre

20 años y mayores  
Resultados

Clasificación	AN						Tiempo		RT
20+									
1.	MARTEL MARTEL, Aimar	03	C.D. Jescagua	52.70	19,00	+0,80			
	50m: 25.42 25.42 100m: 52.70 27.28								
2.	ZURITA GARCIA, Raul	04	C.N. Metropole	53.63	16,00	+0,78			
	50m: 25.34 25.34 100m: 53.63 28.29								
3.	GUADALUPE NEGRIN, Jorge Ramses	03	A.D. Santa Cruz	53.91	14,00	+0,81			
	50m: 25.99 25.99 100m: 53.91 27.92								
4.	RODRIGUEZ GARCIA, Pablo	02	C.N. Las Palmas	57.00	13,00	+0,73			
	50m: 27.16 27.16 100m: 57.00 29.84								
5.	RIOS ROMERO, Joaquin	04	C.D. Nonadamos	57.08	12,00	+0,89			
	50m: 27.29 27.29 100m: 57.08 29.79								
6.	PEREZ HERNANDEZ, Ismael	05	C.D. Jerez Natacion Master	57.21	-	+0,83			
	50m: 27.97 27.97 100m: 57.21 29.24								
7.	BACALLADO CARMONA, Antonio	05	C.N. Las Palmas	1:03.66	11,00	+0,75			
	50m: 31.32 31.32 100m: 1:03.66 32.34								
8.	GARCIA FALCON, Alvaro	01	Cn.Salinas Sta.Lucia	1:17.39	10,00	+1,14			
	50m: 36.62 36.62 100m: 1:17.39 40.77								
9.	NUEZ MARRERO, Cristian	02	C.N. Carucagua	1:19.02	9,00	+1,04			
	50m: 37.92 37.92 100m: 1:19.02 41.10								
NP	MERINO MONTES DE OCA, Alvaro	01	A.D. Santa Cruz		-				
25+									
1.	ALONSO DOMINGUEZ, Manuel	00	C.N. Metropole	52.15	27,00RR+0,85TE				
	50m: 25.37 25.37 100m: 52.15 26.78								
2.	MARRERO DELGADO, Eduardo Alberto	99	C.N. Los Cristianos	56.40	16,00	+0,91			
	50m: 27.67 27.67 100m: 56.40 28.73								
3.	RIPPA, Francisco	00	A.D. Santa Cruz	56.41	14,00	+0,77			
	50m: 26.71 26.71 100m: 56.41 29.70								
4.	SARMIENTO NARANJO, Manuel	00	C.N. Villa De Agüimes 2016	1:11.42	13,00	+1,04			
	50m: 34.75 34.75 100m: 1:11.42 36.67								
5.	PEREZ ALVAREZ, Ivan Carlo	99	C.N. Las Palmas	1:11.54	12,00	+1,28			
	50m: 34.27 34.27 100m: 1:11.54 37.27								

Prueba 14, Masc., 100m Libre

30+

1.	FRIAS RICO, Manuel	93	C.N. Vulcania Master	<b>53.18</b>	19,00	+0,89
	50m: 26.21 26.21 100m: 53.18		26.97			
2.	ACOSTA PERDOMO, Gabriel	94	C.N. Vulcania Master	<b>1:02.63</b>	16,00	+0,93
	50m: 29.63 29.63 100m: 1:02.63		33.00			
3.	ARBELO RODRIGUEZ, Nauzet	93	Cn.Salinas Sta.Lucia	<b>1:02.91</b>	14,00	+0,78
	50m: 30.69 30.69 100m: 1:02.91		32.22			
4.	MACHIN CABRERA, Roberto	93	C.N. Valleverde	<b>1:03.88</b>	13,00	+0,83
	50m: 30.97 30.97 100m: 1:03.88		32.91			
5.	DELGADO MELIAN, Carlos Javier	95	C.N. Los Cristianos	<b>1:04.00</b>	12,00	+0,75
	50m: 30.99 30.99 100m: 1:04.00		33.01			
6.	GARCIA DE LA HOZ, Adrian Cipriano	93	C.D. Nonadamos	<b>1:10.67</b>	11,00	+0,98
	50m: 34.07 34.07 100m: 1:10.67		36.60			
7.	RODRIGUEZ GONZALEZ, Sergio	94	C.D. Jescagua	<b>1:13.04</b>	10,00	+0,95
	50m: 34.88 34.88 100m: 1:13.04		38.16			
8.	MARTIN FLEITAS, Raul	92	C.N. Las Palmas	<b>1:13.44</b>	9,00	+0,90
	50m: 34.74 34.74 100m: 1:13.44		38.70			
9.	MONTELONGO MANRIQUE DE LARA, 93		C.N. Las Palmas	<b>1:49.03</b>	8,00	+18,77
	50m: 49.67 49.67 100m: 1:49.03		59.36			

35+

1.	GARCIA CATALA, Josue	87	C.N. Metropole	<b>1:05.24</b>	19,00	+0,89
	50m: 31.92 31.92 100m: 1:05.24		33.32			
2.	QUEVEDO MEDINA, Ulises	90	C.D. Belen Maria	<b>1:05.68</b>	16,00	+0,83
	50m: 30.26 30.26 100m: 1:05.68		35.42			
3.	MORALES MARTINEZ, Adrian Luis	89	Club Deportivo Teimar	<b>1:06.43</b>	14,00	+1,05
	50m: 31.68 31.68 100m: 1:06.43		34.75			
4.	MARTIN GIL, Oliverio	90	C.N. Vulcania Master	<b>1:06.61</b>	13,00	+0,96
	50m: 32.03 32.03 100m: 1:06.61		34.58			
5.	RODRIGO CAÑAS, Juan Miguel	87	Cn.Salinas Sta.Lucia	<b>1:14.13</b>	12,00	+1,13
	50m: 35.62 35.62 100m: 1:14.13		38.51			
6.	DE CASTRO MONTERO, Borja	89	C.N. Las Palmas	<b>1:14.82</b>	11,00	+1,00
	50m: 35.54 35.54 100m: 1:14.82		39.28			
7.	MEDINA MACIAS, Juan Javier	86	C.D.N. Playuki	<b>1:15.20</b>	10,00	+0,96
	50m: 36.01 36.01 100m: 1:15.20		39.19			
8.	MARICHAL, Ivanosky	86	C.N. Las Palmas	<b>1:19.13</b>	9,00	+1,09
	50m: 38.38 38.38 100m: 1:19.13		40.75			
9.	MEDINA LORENZO, Saul	89	C.N. Carucagua	<b>1:22.54</b>	8,00	+1,23
	50m: 39.12 39.12 100m: 1:22.54		43.42			
10.	TORRES DE MIGUEL, David	86	Club Deportivo Teimar	<b>1:46.31</b>	7,00	+1,55
	50m: 50.99 50.99 100m: 1:46.31		55.32			

Prueba 14, Masc., 100m Libre, 35+

Clasificación	AN	Tiempo	RT
NP HERNANDEZ PADILLA, Adrian Jesus	89 C.N. Martianez Coral Hotels	-	
40+			
1. QUINTANA GARCIA, Daniel	85 C.N. Las Palmas	<b>1:10.68</b> 19,00 +0,86	
50m: 34.64 34.64 100m: 1:10.68 36.04			
2. SILVA ELVIRA, Aday	81 C.N. Las Palmas	<b>1:11.19</b> 16,00 +1,09	
50m: 35.24 35.24 100m: 1:11.19 35.95			
3. RODRIGUEZ CABRERA, Christian	81 C.N. Carucagua	<b>2:07.08</b> 14,00 +1,07	
50m: 1:00.29 1:00.29 100m: 2:07.08 1:06.79			
Baja SUAREZ LOVELLE, Aaron	85 Club Gloria Swimtrain Maspalomas	-	
45+			
1. EHRHARDT, Thomas	77 C.N. Metropole	<b>59.63</b> 19,00 +0,83	
50m: 28.93 28.93 100m: 59.63 30.70			
2. MARTINEZ SANTOS, Ricardo Jose	76 C.N. Las Palmas	<b>1:00.47</b> 16,00 +1,00	
50m: 29.12 29.12 100m: 1:00.47 31.35			
3. CABRERA PESTANA, Alejandro	80 C.N. Las Palmas	<b>1:03.19</b> 14,00 +0,99	
50m: 31.38 31.38 100m: 1:03.19 31.81			
4. SANCHEZ JIMENEZ, Sergio	76 C.N. Villa De Agüimes 2016	<b>1:05.75</b> 13,00 +1,22	
50m: 32.36 32.36 100m: 1:05.75 33.39			
5. BENCOMO GONZALEZ, Carlos Agustin	76 C.N. Oceano Puerto Cruz	<b>1:22.06</b> 12,00 +1,26	
50m: 38.92 38.92 100m: 1:22.06 43.14			
50+			
1. ARANDA GALLEG0, Jose Juan	75 C.N. Vulcania Master	<b>56.81</b> 19,00 +0,91	
50m: 27.95 27.95 100m: 56.81 28.86			
2. PERAZA MARRERO, Alberto	75 C.N. Metropole	<b>1:03.68</b> 16,00 +1,04	
50m: 31.04 31.04 100m: 1:03.68 32.64			
3. HERNANDEZ RODRIGUEZ, Horacio	71 C.N. Metropole	<b>1:06.35</b> 14,00 +0,94	
50m: 32.78 32.78 100m: 1:06.35 33.57			
4. GARCIA CABRERA, Miguel Angel	73 C. Tenerife Masters	<b>1:06.46</b> 13,00 +1,05	
50m: 32.59 32.59 100m: 1:06.46 33.87			
5. MARTEL TOLEDO, Luis	71 C. Tenerife Masters	<b>1:07.33</b> 12,00 +0,95	
50m: 32.63 32.63 100m: 1:07.33 34.70			
6. MARTINEZ IBORT, David	71 C.N. Las Palmas	<b>1:07.97</b> 11,00 +0,71	
50m: 32.96 32.96 100m: 1:07.97 35.01			
7. GIL HENRIQUEZ, Jorge Juan	72 C.N. Las Palmas	<b>1:11.29</b> 10,00 +1,03	
50m: 34.16 34.16 100m: 1:11.29 37.13			
8. PELAEZ MARTINEZ, Gonzalo	72 C. Tenerife Masters	<b>1:14.29</b> 9,00 +1,11	
50m: 36.05 36.05 100m: 1:14.29 38.24			

Prueba 14, Masc., 100m Libre, 50+

Clasificación	AN		Tiempo	RT
9. ALVAREZ ALAMO, Emilio	74	Club Gloria Swimtrain Maspalomas	<b>1:15.10</b>	8,00 +1,22
50m: 37.00 37.00 100m: 1:15.10		38.10		
10. MELIAN GOMEZ, Francisco David	75	C. Tenerife Masters	<b>1:19.48</b>	7,00 +1,40
50m: 39.45 39.45 100m: 1:19.48		40.03		
11. TORRES BETANCOR, Francisco Javier	71	C.D.N. Playuki	<b>1:40.88</b>	6,00 +1,20
50m: 44.99 44.99 100m: 1:40.88		55.89		
Baja MELIAN VILLALOBOS, Jose	73	C.N. Las Palmas	-	
Baja TONELLI, Marcello	75	C.N. Metropole	-	

55+

1. BRUSCOLOTTI, Fabio	68	C. Tenerife Masters	<b>59.35</b>	19,00 +0,75
50m: 28.80 28.80 100m: 59.35		30.55		
2. VREEKAMP, Remko Hendrikus	67	C.D.N. Playuki	<b>1:08.63</b>	16,00 +1,04
50m: 34.25 34.25 100m: 1:08.63		34.38		
3. FARIAS OROPESA, Juan Jesus	70	C.N..Faynagua C. Telde	<b>1:10.87</b>	14,00 +0,88
50m: 34.89 34.89 100m: 1:10.87		35.98		
4. SANTANA SANTANA, Gustavo Adolfo	67	Club Gloria Swimtrain Maspalomas	<b>1:12.91</b>	13,00 +1,14
50m: 34.93 34.93 100m: 1:12.91		37.98		
5. AMOZA IRIGOYEN, Andres	67	C.N. Vulcania Master	<b>1:13.61</b>	12,00 +1,06
50m: 35.53 35.53 100m: 1:13.61		38.08		
6. RIVERA VIÑA, Francisco Manuel	66	C.D. Jescagua	<b>1:15.01</b>	11,00 +0,93
50m: 35.57 35.57 100m: 1:15.01		39.44		
7. SANTANA CABALLERO, Jose	69	C.D. Belen Maria	<b>1:15.20</b>	10,00 +18,59
50m: 35.80 35.80 100m: 1:15.20		39.40		
8. RAMIREZ MARRERO, Javier	67	C.N. Las Palmas	<b>1:16.78</b>	9,00 +1,01
50m: 36.33 36.33 100m: 1:16.78		40.45		
9. QUESADA RODRIGUEZ, Francisco	67	Cn.Salinas Sta.Lucia	<b>1:28.06</b>	8,00 +1,04
50m: 41.31 41.31 100m: 1:28.06		46.75		
DSQ MARVELLI, Andres	68	C.N. Las Palmas	-	
NP ALZOLA MEDINA, Victor	69	C.D. Belen Maria	-	
NP DAUTA GIL, Juan Tomas	69	C.D.N. Playuki	-	

60+

1. ARIAS FEBLES, Jose Manuel	64	C.N. Metropole	<b>1:08.79</b>	19,00 +0,96
50m: 33.39 33.39 100m: 1:08.79		35.40		
2. TIETJEN, Uwe	64	Club Gloria Swimtrain Maspalomas	<b>1:13.80</b>	16,00 +1,08
50m: 36.12 36.12 100m: 1:13.80		37.68		
3. CEJUDO DELGADO, Angel	63	C.N. Vulcania Master	<b>1:15.01</b>	14,00 +1,04
50m: 36.41 36.41 100m: 1:15.01		38.60		
4. RODRIGUEZ SANTANA, Jose Jesus	65	Cn.Salinas Sta.Lucia	<b>1:20.82</b>	13,00 +1,75
50m: 38.53 38.53 100m: 1:20.82		42.29		



Prueba 14, Masc., 100m Libre

65+

1.	TORRES MARZO, Jose Luis	57	C. Tenerife Masters	<b>1:11.80</b>	19,00	+1,73
	50m: 34.93 34.93 100m: 1:11.80		36.87			
2.	CABALLERO MADERA, Enrique	57	C.N. Metropole	<b>1:16.58</b>	16,00	+1,30
	50m: 37.78 37.78 100m: 1:16.58		38.80			
3.	DIAZ DIAZ, Celso Julio	59	C. Tenerife Masters	<b>1:19.72</b>	14,00	+1,10
	50m: 38.55 38.55 100m: 1:19.72		41.17			
4.	RAMOS SAINZ, Miguel	58	C. Tenerife Masters	<b>1:45.88</b>	13,00	+1,16
	50m: 49.45 49.45 100m: 1:45.88		56.43			

70+

1.	CHANTADA FERNANDEZ, Luis	55	C.N. Vulcania Master	<b>1:23.22</b>	19,00	+1,52
	50m: 40.74 40.74 100m: 1:23.22		42.48			
2.	RIVERO SANCHEZ, Sergio	54	C.N. Metropole	<b>1:27.13</b>	16,00	+5,78
	50m: 40.05 40.05 100m: 1:27.13		47.08			
3.	LOPEZ OJEDA, Carlos	53	C.N. Valleverde	<b>1:55.76</b>	14,00	+1,32
	50m: 52.38 52.38 100m: 1:55.76		1:03.38			

Baja ELGUE GRANDI, Juan Carlos 52 C.N. Las Palmas -

75+

1.	BREMONT PEREZ, Carlos	47	C. Tenerife Masters	<b>1:25.73</b>	19,00	+6,45
	50m: 41.03 41.03 100m: 1:25.73		44.70			

Prueba 15  
20/12/2025

Fem., 200m Estilos

20 años y mayores  
Resultados

Clasificación	AN	Tiempo	RT
20+			
1.	EXPOSITO AFONSO, Maria 02	C.D. Jerez Natacion Master	<b>2:36.30</b> - +0,85
	50m: 34.07 34.07 100m: 1:15.39	41.32 150m: 2:01.22 45.83	200m: 2:36.30 35.08
2.	HERNANDEZ SANCHEZ, Lara 02	A.D. Santa Cruz	<b>2:42.59</b> 19,00 +0,85
	50m: 32.90 32.90 100m: 1:16.56	43.66 150m: 2:04.29 47.73	200m: 2:42.59 38.30
3.	PEREZ SUAREZ, Laura 01	C.N. Las Palmas	<b>2:54.95</b> 16,00 +0,82
	50m: 35.38 35.38 100m: 1:21.99	46.61 150m: 2:14.29 52.30	200m: 2:54.95 40.66
25+			
1.	MARTIN MELIAN, Raquel 99	C.N. Vulcania Master	<b>2:35.12</b> 19,00 +0,77
	50m: 33.96 33.96 100m: 1:14.18	40.22 150m: 1:59.88 45.70	200m: 2:35.12 35.24
2.	MARTINEZ SANCHEZ, Camino 97	C. Tenis Chamartin	<b>2:36.85</b> - +0,77
	50m: 33.62 33.62 100m: 1:14.09	40.47 150m: 1:59.30 45.21	200m: 2:36.85 37.55

Prueba 15, Fem., 200m Estilos, 25+

Clasificación					AN					Tiempo		RT
3.	MARRERO DE LA NUEZ, Elisabeth				96	C.D. Belen Maria				<b>2:58.99</b>	16,00	+0,82
	50m:	36.75	36.75	100m:	1:21.88	45.13	150m:	2:14.39	52.51	200m:	2:58.99	44.60
4.	ARENCIBIA PERERA, Miriam				97	C.N. Valleverde				<b>3:54.10</b>	14,00	+1,01
	50m:	51.92	51.92	100m:	1:49.22	57.30	150m:	2:57.06	1:07.84	200m:	3:54.10	57.04
35+												
1.	MARTINEZ DE LA CRUZ, Azahara				89	C.N. Metropole				<b>2:51.79</b>	19,00	+0,76
	50m:	36.73	36.73	100m:	1:21.57	44.84	150m:	2:10.60	49.03	200m:	2:51.79	41.19
2.	ROJAS ARJONA, Irene				86	C.N. Vulcania Master				<b>3:00.94</b>	16,00	+1,11
	50m:	38.51	38.51	100m:	1:24.78	46.27	150m:	2:18.74	53.96	200m:	3:00.94	42.20
3.	HERNANDEZ HERNANDEZ, Elena				89	C.D. Jerez Natacion Master				<b>3:40.66</b>	-	+0,91
	50m:	46.88	46.88	100m:	1:48.14	1:01.26	150m:	2:48.88	1:00.74	200m:	3:40.66	51.78
40+												
1.	BORNAGHI, Roberta Elisa				83	C.D.N. Nadamas Santa Rosa				<b>2:43.90</b>	19,00	+0,89
	50m:	33.89	33.89	100m:	1:16.87	42.98	150m:	2:05.62	48.75	200m:	2:43.90	38.28
2.	BERNARDOS CRUZ, Idoia				83	C.N. Metropole				<b>3:03.46</b>	16,00	+0,90
	50m:	38.40	38.40	100m:	1:24.89	46.49	150m:	2:18.58	53.69	200m:	3:03.46	44.88
45+												
1.	GUTIERREZ GARCIA, Noelia				78	C. Tenerife Masters				<b>3:24.26</b>	19,00	+0,89
	50m:	44.62	44.62	100m:	1:38.75	54.13	150m:	2:36.13	57.38	200m:	3:24.26	48.13
50+												
1.	PEREZ GARCIA, Noemi				73	C. Tenerife Masters				<b>3:24.23</b>	19,00	+0,99
	50m:	42.85	42.85	100m:	1:33.60	50.75	150m:	2:36.03	1:02.43	200m:	3:24.23	48.20
55+												
1.	NEGRIN FIGUEROA, Elena				70	C. Tenerife Masters				<b>3:16.96</b>	19,00	+0,95
	50m:	47.50	47.50	100m:	1:35.48	47.98	150m:	2:32.20	56.72	200m:	3:16.96	44.76
2.	OJEDA QUINTANA, Gloria Esther				69	C.N. Metropole				<b>4:43.44</b>	16,00	+1,25
	50m:	1:02.99	1:02.99	100m:	2:16.67	1:13.68	150m:	3:45.53	1:28.86	200m:	4:43.44	57.91

Prueba 16  
20/12/2025

Masc., 200m Estilos

20 años y mayores  
Resultados

Clasificación	AN										Tiempo		RT
20+													
1.	PEÑA RODRÍGUEZ, Jeremy Tomas				04	Club Gloria Swimtrain Maspalomas				<b>2:23.26</b>	19,00	+0,83	
	50m:	30.49	30.49	100m:	1:07.05	36.56	150m:	1:50.58	43.53	200m:	2:23.26	32.68	
2.	VIERA VIERA, Acoran				03	C.D. Nonadamos				<b>2:27.53</b>	16,00	+0,84	
	50m:	30.59	30.59	100m:	1:08.06	37.47	150m:	1:54.11	46.05	200m:	2:27.53	33.42	
3.	PEREZ HERNANDEZ, Ismael				05	C.D. Jerez Natacion Master				<b>2:31.51</b>	-	+0,87	
	50m:	31.69	31.69	100m:	1:10.02	38.33	150m:	1:55.98	45.96	200m:	2:31.51	35.53	
4.	PORTALES JULIA, Pedro				03	C.D.N. Playuki				<b>3:01.05</b>	14,00	+1,02	
	50m:	37.74	37.74	100m:	1:25.90	48.16	150m:	2:18.12	52.22	200m:	3:01.05	42.93	
5.	CABALLERO PEÑATE, Angel Jose				01	C.D. Jescagua				<b>3:01.27</b>	13,00	+0,88	
	50m:	39.13	39.13	100m:	1:29.07	49.94	150m:	2:21.41	52.34	200m:	3:01.27	39.86	
25+													
1.	MARRERO DELGADO, Eduardo Alberto				99	C.N. Los Cristianos				<b>2:23.29</b>	19,00	+0,90	
	50m:	30.84	30.84	100m:	1:07.34	36.50	150m:	1:51.08	43.74	200m:	2:23.29	32.21	
2.	ALVARADO RAMOS, Carlos				97	Cn.Salinas Sta.Lucia				<b>2:38.41</b>	16,00	+0,87	
	50m:	33.26	33.26	100m:	1:15.21	41.95	150m:	2:00.64	45.43	200m:	2:38.41	37.77	
3.	RUBIALES CACERES, Daniel				97	C.N. Las Palmas				<b>2:38.45</b>	14,00	+0,82	
	50m:	32.25	32.25	100m:	1:14.27	42.02	150m:	2:00.67	46.40	200m:	2:38.45	37.78	
4.	ELVIRA GLAUBITZ, Alejandro				00	C.D. Nonadamos				<b>2:44.72</b>	13,00	+0,80	
	50m:	34.84	34.84	100m:	1:16.94	42.10	150m:	2:07.10	50.16	200m:	2:44.72	37.62	
Baja	GARCIA LOPEZ, Javier				99	A.D. Santa Cruz					-		
30+													
1.	MURILLO NOVA, Cedric				94	C.N. Vulcania Master				<b>2:28.11</b>	19,00	+0,83	
	50m:	30.86	30.86	100m:	1:09.37	38.51	150m:	1:53.39	44.02	200m:	2:28.11	34.72	
2.	NEGRIN RODRIGUEZ, Francisco Jesus				94	C. Tenerife Masters				<b>2:39.93</b>	16,00	+0,93	
	50m:	33.48	33.48	100m:	1:14.40	40.92	150m:	2:01.40	47.00	200m:	2:39.93	38.53	
35+													
1.	HENRIQUEZ HERNANDEZ, Rafael				87	C.N. Las Palmas				<b>2:31.91</b>	19,00	+0,98	
	50m:	32.69	32.69	100m:	1:13.03	40.34	150m:	1:58.47	45.44	200m:	2:31.91	33.44	
2.	GARCIA FIERRO, Victor Manuel				88	C.N. Metropole				<b>2:33.91</b>	16,00	+0,92	
	50m:	32.31	32.31	100m:	1:13.16	40.85	150m:	1:57.80	44.64	200m:	2:33.91	36.11	
3.	DUARTE RIVADO, Raul				90	C.N. Valleverde				<b>2:41.21</b>	14,00	+0,92	
	50m:	34.64	34.64	100m:	1:18.01	43.37	150m:	2:02.86	44.85	200m:	2:41.21	38.35	
4.	GARCIA CATALA, Josue				87	C.N. Metropole				<b>2:46.23</b>	13,00	+0,90	
	50m:	34.28	34.28	100m:	1:19.75	45.47	150m:	2:07.39	47.64	200m:	2:46.23	38.84	

Prueba 16, Masc., 200m Estilos, 35+

Clasificación	AN								Tiempo	RT
5. SARMIENTO LEON, Dailos	88	Cn.Salinas Sta.Lucia							<b>3:06.91</b>	12,00 +1,09
50m: 40.19 40.19	100m: 1:30.39	50.20 150m: 2:27.10	56.71	200m: 3:06.91	39.81					
6. RODRIGO CAÑAS, Juan Miguel	87	Cn.Salinas Sta.Lucia							<b>3:18.02</b>	11,00 +1,12
50m: 41.23 41.23	100m: 1:35.23	54.00 150m: 2:33.90	58.67	200m: 3:18.02	44.12					
DSQ DE CASTRO MONTERO, Adolfo	86	C.N. Las Palmas							-	
NP VELASCO CARBALLO, Nehemias	88	Club Deportivo Teimar							-	

40+

1. MEZZANZANICA, Fabio	85	C.N. Los Cristianos							<b>2:32.20</b>	19,00 +1,00
50m: 32.18 32.18	100m: 1:11.78	39.60 150m: 1:57.07	45.29	200m: 2:32.20	35.13					
2. RUIZ PEREZ, Fernando	81	A.D. Santa Cruz							<b>2:51.51</b>	16,00 +1,04
50m: 36.27 36.27	100m: 1:20.29	44.02 150m: 2:10.86	50.57	200m: 2:51.51	40.65					
3. ARENCIBIA DE LA CRUZ, Alejandro	81	C.N. Aguacan							<b>2:57.00</b>	14,00 +1,00
50m: 35.50 35.50	100m: 1:23.33	47.83 150m: 2:14.94	51.61	200m: 2:57.00	42.06					
4. RODRIGUEZ VIERA, Jose Javier	82	C.N. Las Palmas							<b>3:06.46</b>	13,00 +4,02
50m: 37.70 37.70	100m: 1:23.29	45.59 150m: 2:25.57	1:02.28	200m: 3:06.46	40.89					
5. MERLO CANO, Joaquin	82	C. Tenerife Masters							<b>3:23.38</b>	12,00 +1,11
50m: 45.90 45.90	100m: 1:43.41	57.51 150m: 2:38.87	55.46	200m: 3:23.38	44.51					

45+

1. GUEDES ALONSO, Francisco Yeray	80	C.N. Valleverde							<b>3:05.19</b>	19,00 +1,16
50m: 39.89 39.89	100m: 1:30.30	50.41 150m: 2:23.35	53.05	200m: 3:05.19	41.84					
DSQ OJEDA RODRIGUEZ, Alejandro	79	C.N. Valleverde							-	
<i>DNI - Desc Nado Irregular</i>										

50+

1. DAVARA MENDEZ, Fernando	72	C. Tenerife Masters							<b>2:25.26</b>	19,00 +0,84
50m: 30.76 30.76	100m: 1:07.10	36.34 150m: 1:50.93	43.83	200m: 2:25.26	34.33					
2. HERNANDEZ DIAZ, Hector	75	C.N. Los Cristianos							<b>2:47.12</b>	16,00 +0,85
50m: 35.03 35.03	100m: 1:18.63	43.60 150m: 2:09.60	50.97	200m: 2:47.12	37.52					
3. FERNANDEZ SOSA, Juan Carlos	73	C.N. Las Palmas							<b>2:55.58</b>	14,00 +0,83
50m: 36.85 36.85	100m: 1:23.47	46.62 150m: 2:14.77	51.30	200m: 2:55.58	40.81					

55+

1. LUZARDO RODRIGUEZ, Gustavo Adolfo	66	C.N. Metropole							<b>2:59.84</b>	19,00 +1,10
50m: 37.66 37.66	100m: 1:26.33	48.67 150m: 2:20.93	54.60	200m: 2:59.84	38.91					
2. MARTINEZ LLISO, Claudio	66	C.N. Metropole							<b>3:15.17</b>	16,00 +0,96
50m: 41.16 41.16	100m: 1:35.21	54.05 150m: 2:33.98	58.77	200m: 3:15.17	41.19					
3. NUEZ SANCHEZ, Carlos Luis	69	C.N. Aguacan							<b>3:22.10</b>	14,00 +1,03
50m: 41.21 41.21	100m: 1:35.32	54.11 150m: 2:36.02	1:00.70	200m: 3:22.10	46.08					

Prueba 16, Masc., 200m Estilos, 55+

Clasificación	AN	Tiempo	RT
NP LOPEZ TREJO RODRIGUEZ, Victor Ma70el	C.N. Las Palmas	-	

60+

1. NUÑEZ NODA, Bernardo	65	C. Tenerife Masters	<b>2:39.43</b>	19,00	+1,02
50m: 31.91 31.91 100m: 1:12.73	40.82	150m: 2:03.32	50.59	200m: 2:39.43	36.11
2. CARDENES SILVA, Juan Jose	63	C.N. Las Palmas	<b>3:01.11</b>	16,00	+1,08
50m: 38.28 38.28 100m: 1:29.24	50.96	150m: 2:18.88	49.64	200m: 3:01.11	42.23
3. HERNANDEZ BENTO, Enrique Francisc64		C.D. Belen Maria	<b>3:10.58</b>	14,00	+1,06
50m: 38.26 38.26 100m: 1:30.77	52.51	150m: 2:27.41	56.64	200m: 3:10.58	43.17

65+

1. HENRIQUEZ CORREA, Sixto	59	C.N. Las Palmas	<b>3:12.62</b>	19,00	+1,15
50m: 38.56 38.56 100m: 1:30.60	52.04	150m: 2:30.78	1:00.18	200m: 3:12.62	41.84

70+

Baja MARICHAL RAMOS, Martin	54	C. Tenerife Masters	-		
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75+

1. METZ, Michael Gustav	48	C. Tenerife Masters	<b>4:10.49</b>	19,00	+1,16
50m: 1:06.36 1:06.36 100m: 2:11.28	1:04.92	150m: 3:19.23	1:07.95	200m: 4:10.49	51.26

Prueba 17  
20/12/2025

Fem., 100m Espalda

20 años y mayores  
Resultados

Clasificación	AN	Tiempo	RT
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20+

1. MENDOZA LOPEZ, Aroa	01	C.N. Villa De Agüimes 2016	<b>1:15.65</b>	19,00	+0,66
50m: 37.41 37.41 100m: 1:15.65	38.24				
NP GALVEZ GARRIDO, Carmen	01	Club Deportivo Teimar	-		
Baja ESPINEL ALEMAN, Nerea	03	Cn.Salinas Sta.Lucia	-		

25+

1. HERNANDEZ CASTRILLO, Yessica	00	C.N. Los Cristianos	<b>1:08.50</b>	19,00	+0,73
50m: 33.15 33.15 100m: 1:08.50	35.35				
2. NEGRIN RODRIGUEZ, Andrea Ma	97	C. Tenerife Masters	<b>1:16.50</b>	16,00	+0,72
50m: 36.99 36.99 100m: 1:16.50	39.51				
3. GONZALEZ SANTANA, Marta	96	C.N. Carucagua	<b>1:33.53</b>	14,00	+2,34
50m: 45.04 45.04 100m: 1:33.53	48.49				

Prueba 17, Fem., 100m Espalda, 25+

Clasificación	AN		Tiempo	RT
4. PAVIA SOSA, Maria Rosa	99	C.N. Las Palmas	<b>1:56.90</b> 13,00	+0,69
50m: 57.84 57.84 100m: 1:56.90		59.06		
NP MARTINEZ VALLEJO, Itamar	97	C. Tenis Chamartin	-	
30+				
1. QUINTANA FRANCO, Haridian	91	Cn.Salinas Sta.Lucia	<b>1:25.02</b> 19,00	+0,81
50m: 40.87 40.87 100m: 1:25.02		44.15		
40+				
1. ARANTZAMENDI LLULL, Jamila	81	C. Tenerife Masters	<b>1:24.44</b> 19,00	+1,03
50m: 40.59 40.59 100m: 1:24.44		43.85		
2. SANTANA MEDINA, Miriam	84	C.D.N. Playuki	<b>1:24.74</b> 16,00	+0,89
50m: 41.21 41.21 100m: 1:24.74		43.53		
45+				
1. RIZZA HERNANDEZ, Rositta	77	C. Tenerife Masters	<b>1:24.81</b> 19,00	+1,06
50m: 41.44 41.44 100m: 1:24.81		43.37		
2. GONZALEZ MEDINA, Vanessa Raquel	78	C.D. Nonadamos	<b>1:50.26</b> 16,00	+0,90
50m: 53.91 53.91 100m: 1:50.26		56.35		
3. JIMENEZ JIMENEZ, Leticia	77	C.N. Valleverde	<b>2:02.35</b> 14,00	+0,98
50m: 58.00 58.00 100m: 2:02.35		1:04.35		
4. RODRIGUEZ MONTAÑEZ, Ruth	76	C.N. Los Cristianos	<b>2:05.98</b> 13,00	+0,95
50m: 59.86 59.86 100m: 2:05.98		1:06.12		
5. OLGUIN MADARIAGA, Judith Lorena	80	C.N. Las Palmas	<b>2:06.05</b> 12,00	+1,09
50m: 1:00.78 1:00.78 100m: 2:06.05		1:05.27		
Baja ALVAREZ JORGE, Carmen Rita	80	C.D.N. Playuki	-	
50+				
1. RAMIREZ PERDOMO, Ma Begona	73	C.D. Nonadamos	<b>1:30.23</b> 19,00	+0,86
50m: 43.37 43.37 100m: 1:30.23		46.86		
2. PEREZ GARCIA, Noemi	73	C. Tenerife Masters	<b>1:37.11</b> 16,00	+0,74
50m: 46.67 46.67 100m: 1:37.11		50.44		
3. HAMPLOVA, Eva	72	Cn.Salinas Sta.Lucia	<b>2:31.02</b> 14,00	+1,13
50m: 1:14.06 1:14.06 100m: 2:31.02		1:16.96		
Baja IZQUIERDO RODRIGUEZ, Cristina	74	C. Tenerife Masters	-	
55+				
1. ESCATLLAR FDEZ. DE MISA, Concepc66n	66	C. Tenerife Masters	<b>1:15.33</b> 19,00	+0,81
50m: 36.85 36.85 100m: 1:15.33		38.48		

Prueba 17, Fem., 100m Espalda, 55+

Clasificación	AN	Tiempo	RT
2. SANTANA GUERRA, Maria Dolores	69 C.N. Valleverde	<b>2:38.24</b> 16,00 +0,87	
50m: 1:14.85 1:14.85 100m: 2:38.24 1:23.39			
3. ROMERO SANCHEZ, Lidia	68 C.D. Jescagua	<b>2:55.77</b> 14,00 +1,37	
50m: 1:23.73 1:23.73 100m: 2:55.77 1:32.04			

60+

1. PEREZ NUEZ, Lourdes	65 C.D. Solventia	<b>2:02.67</b> 19,00 +0,87	
50m: 1:00.47 1:00.47 100m: 2:02.67 1:02.20			
Baja ROMERO MANZANO, Ana Maria	62 C. Tenerife Masters	-	

70+

Baja GONZALEZ MARTEL, Andrea	51 C.D. Jescagua	-	
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Prueba 18  
20/12/2025

Masc., 100m Espalda

20 años y mayores  
Resultados

Clasificación	AN	Tiempo	RT
20+			
1. BLANES FRIGOLA, Aleix	04 C.D. Jerez Natacion Master	<b>1:02.73</b> - +0,87	
50m: 31.24 31.24 100m: 1:02.73 31.49			
2. RAMIREZ MORALES, Sergio C.	03 C.D. Nonadamos	<b>1:03.97</b> 19,00 +0,86	
50m: 31.06 31.06 100m: 1:03.97 32.91			
3. PALACIOS HORMIGA, Aday	04 C.D. Jerez Natacion Master	<b>1:04.07</b> - +0,75	
50m: 31.58 31.58 100m: 1:04.07 32.49			
4. RIVERO RODRIGUEZ, Kilian	03 Club Natación Ocho De Septiembre	<b>1:12.35</b> 16,00 +0,69	
50m: 34.81 34.81 100m: 1:12.35 37.54			
5. CABRERA ROBAINA, Pablo	05 C.N. Las Palmas	<b>1:15.58</b> 14,00 +0,79	
50m: 35.65 35.65 100m: 1:15.58 39.93			
Baja GUERRA RODRIGUEZ, Alejandro	01 C.D.N. Playuki	-	

25+

1. PRIETO RODRIGUEZ, Daniel	00 C.N. Vulcania Master	<b>58.67</b> 27,00RR+0,72TE	
50m: 28.19 28.19 100m: 58.67 30.48			
2. LAGO CARABALLO, Saul	98 Cn.Salinas Sta.Lucia	<b>1:10.09</b> 16,00 +0,74	
50m: 33.76 33.76 100m: 1:10.09 36.33			
3. GRAJALES ZAPATA, Juan Esteban	99 C.D. Nonadamos	<b>1:12.89</b> 14,00 +1,08	
50m: 34.67 34.67 100m: 1:12.89 38.22			
4. PEREZ ALVAREZ, Ivan Carlo	99 C.N. Las Palmas	<b>1:15.99</b> 13,00 +0,88	
50m: 36.79 36.79 100m: 1:15.99 39.20			



Prueba 18, Masc., 100m Espalda

30+

1.	GONZALEZ HERNANDEZ, Eduardo	91	Club Deportivo Teimar	<b>1:26.91</b>	19,00	+3,75
	50m: 41.58 41.58	100m: 1:26.91	45.33			
2.	LEMME MARQUEZ, Gustavo Francisco	92	C.D. Nonadamos	<b>1:28.32</b>	16,00	+0,91
	50m: 42.95 42.95	100m: 1:28.32	45.37			
3.	OJEDA AFONSO, Jose Antonio	93	C.N. Aguacan	<b>1:30.78</b>	14,00	+0,90
	50m: 44.61 44.61	100m: 1:30.78	46.17			
NP	RAMIREZ O SHANAHAN, Guillermo	93	C.N. Metropole	-		

35+

1.	HERNANDEZ HERNANDEZ, Pablo	89	C. Tenerife Masters	<b>1:10.82</b>	19,00	+0,65
	50m: 34.29 34.29	100m: 1:10.82	36.53			
2.	SARMIENTO LEON, Dailos	88	Cn.Salinas Sta.Lucia	<b>1:29.55</b>	16,00	+4,07
	50m: 43.96 43.96	100m: 1:29.55	45.59			
3.	NAVARRO PEREZ, Josymar	86	C.N. Valleverde	<b>1:48.77</b>	14,00	+0,75
	50m: 51.82 51.82	100m: 1:48.77	56.95			

40+

1.	MARTIN PIELTAIN, Ione Manuel	83	C.N. Aguacan	<b>1:19.81</b>	19,00	+0,82
	50m: 38.92 38.92	100m: 1:19.81	40.89			
2.	VAZQUEZ MORALES, Hector	82	C.N. Las Palmas	<b>1:20.64</b>	16,00	+0,86
	50m: 39.52 39.52	100m: 1:20.64	41.12			
3.	RODRIGUEZ VIERA, Jose Javier	82	C.N. Las Palmas	<b>1:23.26</b>	14,00	+0,97
	50m: 40.54 40.54	100m: 1:23.26	42.72			
4.	GUERRA TALAVERA, Francisco	84	C.N. Valleverde	<b>1:45.78</b>	13,00	+0,82
	50m: 54.19 54.19	100m: 1:45.78	51.59			

45+

1.	REINO ASCANIO, Abian	77	C.N. Metropole	<b>1:08.81</b>	19,00	+1,08
	50m: 32.32 32.32	100m: 1:08.81	36.49			
2.	SANCHEZ HENRIQUEZ, Fco Javier	76	C.D.N. Playuki	<b>1:17.63</b>	16,00	+0,79
	50m: 37.74 37.74	100m: 1:17.63	39.89			
3.	GARCIA HERNANDEZ, Marcos	80	C.D.N. Playuki	<b>1:19.11</b>	14,00	+0,75
	50m: 38.75 38.75	100m: 1:19.11	40.36			
4.	GOMEZ GOMEZ DE CADIÑANOS, Alberto	80	Cn.Salinas Sta.Lucia	<b>1:30.31</b>	13,00	+0,85
	50m: 45.59 45.59	100m: 1:30.31	44.72			
5.	CUBAS, David	76	C.D. Belen Maria	<b>1:32.21</b>	12,00	+1,00
	50m: 42.99 42.99	100m: 1:32.21	49.22			

Prueba 18, Masc., 100m Espalda

50+

1.	GARCIA PEREZ, Alexis	75	C.N. Las Palmas	<b>1:19.45</b>	19,00	+1,17
	50m: 37.82 37.82	100m: 1:19.45	41.63			
2.	ARENCIBIA QUINTANA, Jose Luis	74	C.N. Valleverde	<b>2:03.57</b>	16,00	+0,87
	50m: 59.92 59.92	100m: 2:03.57	1:03.65			

55+

1.	VIÑUELA LLANOS, Antonio	68	C. Tenerife Masters	<b>1:24.82</b>	19,00	+0,89
	50m: 41.41 41.41	100m: 1:24.82	43.41			
2.	LUIS GARCIA, Pablo Jose	69	C.N. Oceano Puerto Cruz	<b>1:45.09</b>	16,00	+2,03
	50m: 51.68 51.68	100m: 1:45.09	53.41			
3.	ALAMO MARTINEZ, Fernando	69	C.D.N. Playuki	<b>1:46.26</b>	14,00	+0,79
	50m: 52.10 52.10	100m: 1:46.26	54.16			
4.	SUAREZ RODRIGUEZ, Manuel	66	C.D.N. Playuki	<b>2:04.34</b>	13,00	+1,00
	50m: 59.78 59.78	100m: 2:04.34	1:04.56			
Baja	DE SMAELE, Christophe	66	C.N. Las Palmas			-

60+

1.	GONZALEZ PEREZ, Domingo	61	C. Tenerife Masters	<b>1:18.37</b>	19,00	+15,32
	50m: 37.90 37.90	100m: 1:18.37	40.47			
2.	FERNANDEZ LOVERA, Juan	65	C.N. Carucagua	<b>1:40.52</b>	16,00	+0,95
	50m: 48.40 48.40	100m: 1:40.52	52.12			
Baja	JIMENEZ DE LA GUARDIA, Miguel A	65	C.D.N. Playuki			-

65+

1.	BINI, Bruno	60	C.N. Vulcania Master	<b>1:25.12</b>	19,00	+0,75
	50m: 41.89 41.89	100m: 1:25.12	43.23			
2.	RAMOS SAINZ, Miguel	58	C. Tenerife Masters	<b>1:59.87</b>	16,00	+0,96
	50m: 59.52 59.52	100m: 1:59.87	1:00.35			

70+

1.	LUNA GIL, Antonio	55	C. Tenerife Masters	<b>1:26.57</b>	19,00	+0,69
	50m: 42.16 42.16	100m: 1:26.57	44.41			
2.	BARRIOS BORGES, Jose Ramon	54	C. Tenerife Masters	<b>1:31.12</b>	16,00	+1,02
	50m: 45.07 45.07	100m: 1:31.12	46.05			
3.	RODRIGUEZ SANTOS, Santiago	55	C. Tenerife Masters	<b>1:32.17</b>	14,00	+1,21
	50m: 43.16 43.16	100m: 1:32.17	49.01			
4.	GARCIA LA ESPADA, Jose	53	C. Tenerife Masters	<b>3:09.20</b>	13,00	+0,88
	50m: 1:34.17 1:34.17	100m: 3:09.20	1:35.03			
DSQ	LOPEZ OJEDA, Carlos	53	C.N. Valleverde			-
	<i>DVI - Desc Viraje Irregular</i>					

Prueba 19  
20/12/2025

Fem., 100m Braza

20 años y mayores  
Resultados

Clasificación	AN						Tiempo		RT
20+									
1.	MATOS QUEVEDO, Maria				02	C.N. Las Palmas	1:25.25	19,00	+0,89
	50m:	39.99	39.99	100m:	1:25.25	45.26			
2.	BORDON CABRERA, Judith				05	C.D.N. Playuki	1:25.84	16,00	+5,88
	50m:	39.50	39.50	100m:	1:25.84	46.34			
3.	GONZALEZ ALARCON, Nerea				02	C.D. Jerez Natacion Master	1:28.41	-	+0,91
	50m:	42.01	42.01	100m:	1:28.41	46.40			
4.	ST MARY, Sara				04	C.N. Las Palmas	1:29.15	14,00	+0,88
	50m:	42.27	42.27	100m:	1:29.15	46.88			
5.	FELIPE RODRIGUEZ, Ylenia Del Carme				01	C.N. Las Palmas	1:42.49	13,00	+0,95
	50m:	47.12	47.12	100m:	1:42.49	55.37			
25+									
1.	GIRALDEZ OSORIO, Marta				00	C.D. Solventia	1:34.32	19,00	+0,95
	50m:	43.72	43.72	100m:	1:34.32	50.60			
2.	GIL HERNANDEZ, Irene Ma				96	C.D. Solventia	1:46.10	16,00	+8,91
	50m:	51.49	51.49	100m:	1:46.10	54.61			
3.	ACOSTA ALONSO, Cynthia Maria				99	C.D.N. Playuki	1:47.88	14,00	+0,89
	50m:	50.44	50.44	100m:	1:47.88	57.44			
4.	RODRIGUEZ SANTANA, Paula				99	Cn.Salinas Sta.Lucia	1:49.00	13,00	+1,01
	50m:	50.31	50.31	100m:	1:49.00	58.69			
30+									
1.	RAMOS ROJAS, Gisela				94	C.N. Vulcania Master	1:20.05	19,00	+0,94
	50m:	37.92	37.92	100m:	1:20.05	42.13			
2.	RODRIGO SANCHEZ, Davinia				92	Cn.Salinas Sta.Lucia	1:32.89	16,00	+0,91
	50m:	43.04	43.04	100m:	1:32.89	49.85			
35+									
1.	CAMPBELL ZEMIER, Veronica				86	C.N. Metropole	1:17.53	19,00	+0,85
	50m:	35.54	35.54	100m:	1:17.53	41.99			
2.	HERNANDEZ BALAGUERA, Marta				89	C.D. Nonadamos	1:30.52	16,00	+0,91
	50m:	43.15	43.15	100m:	1:30.52	47.37			
3.	HIJAR JIMENEZ, Maria				90	C.N. Vulcania Master	1:36.26	14,00	+0,92
	50m:	46.20	46.20	100m:	1:36.26	50.06			
4.	CASIMIRO SUAREZ, Maria Melania				89	C.N. Las Palmas	1:57.18	13,00	+3,47
	50m:	54.30	54.30	100m:	1:57.18	1:02.88			
NP	ROLDAN GOMEZ, Alba				86	C.D. Jerez Natacion Master		-	

Prueba 19, Fem., 100m Braza

40+

1.	GARCIA DENIZ, Zaida	83	C.N. Las Palmas	<b>1:32.26</b>	19,00	+0,88
	50m: 42.46 42.46	100m: 1:32.26	49.80			
2.	CORTES ALVAREZ, Elisa	82	C.D. Jescagua	<b>1:47.73</b>	16,00	+1,01
	50m: 48.87 48.87	100m: 1:47.73	58.86			
3.	CELAYE GARCIA, Diana Beatriz	81	C.D. Nonadamos	<b>2:13.25</b>	14,00	+0,88
	50m: 1:02.51 1:02.51	100m: 2:13.25	1:10.74			

45+

1.	GARCIA DELGADO, Yaiza	76	C.N. Metropole	<b>1:32.67</b>	19,00	+0,91
	50m: 43.77 43.77	100m: 1:32.67	48.90			
2.	GUTIERREZ GARCIA, Noelia	78	C. Tenerife Masters	<b>1:39.71</b>	16,00	+0,93
	50m: 47.78 47.78	100m: 1:39.71	51.93			
3.	ERCOLINI, Marina Eva	79	C.N. Los Cristianos	<b>1:48.33</b>	14,00	+1,46
	50m: 51.98 51.98	100m: 1:48.33	56.35			
4.	GARCIA ALLO, Maria Victoria	79	Club Deportivo Teimar	<b>1:48.56</b>	13,00	+1,06
	50m: 51.05 51.05	100m: 1:48.56	57.51			
5.	CERVILLA PEREZ, Cristina	79	C.D. Nonadamos	<b>1:49.99</b>	12,00	+1,00
	50m: 53.05 53.05	100m: 1:49.99	56.94			
6.	CABRERA RIVERA, Elena	76	C.D. Nonadamos	<b>1:52.52</b>	11,00	+1,10
	50m: 53.65 53.65	100m: 1:52.52	58.87			
7.	ALEMAN DEL ROSARIO, Juana R	77	C.N. Las Palmas	<b>1:54.06</b>	10,00	+1,18
	50m: 54.10 54.10	100m: 1:54.06	59.96			
8.	AFONSO RIVERO, Vanessa Del Carme	77	C.N. Carucagua	<b>2:08.56</b>	9,00	+1,21
	50m: 58.14 58.14	100m: 2:08.56	1:10.42			

50+

1.	PARIS SANCHEZ, Monica	71	C. Tenerife Masters	<b>1:31.04</b>	27,00RR+0,92TE	
	50m: 42.22 42.22	100m: 1:31.04	48.82			
2.	UNGER, Caroline	72	C.D.N. Playuki	<b>1:54.72</b>	16,00	+8,21
	50m: 53.72 53.72	100m: 1:54.72	1:01.00			
3.	MOSHASHAEI MOSHASHAEI, Neda Si	74at	Cn.Salinas Sta.Lucia	<b>2:03.64</b>	14,00	+1,22
	50m: 57.20 57.20	100m: 2:03.64	1:06.44			
4.	GARCIA PADRON, Noelia Marina	73	C.D. Nonadamos	<b>2:14.60</b>	13,00	+1,04
	50m: 1:02.87 1:02.87	100m: 2:14.60	1:11.73			
5.	PERERA RIVERO, Victoria	74	C.N. Valleverde	<b>2:55.44</b>	12,00	+0,89
	50m: 1:22.57 1:22.57	100m: 2:55.44	1:32.87			
DSQ	WINKLER, Nicole	71	C.N. Vulcania Master			-

Prueba 19, Fem., 100m Braza

55+

1.	ALBERICHE RUANO, Maria Del Pino	66	C.N. Metropole	<b>1:35.20</b>	19,00	+0,98
	50m: 45.36 45.36	100m: 1:35.20	49.84			
2.	GONZALEZ RODRIGUEZ, Mercedes	67	C. Tenerife Masters	<b>1:40.49</b>	16,00	+1,05
	50m: 47.73 47.73	100m: 1:40.49	52.76			
3.	ASPAS PALACIOS, Rosa Maria	70	C.N. Metropole	<b>1:56.07</b>	14,00	+1,04
	50m: 54.88 54.88	100m: 1:56.07	1:01.19			
4.	RAMIREZ PERDOMO, Fatima	70	C.D. Nonadamos	<b>2:02.15</b>	13,00	+1,25
	50m: 57.74 57.74	100m: 2:02.15	1:04.41			
5.	PEREZ SANTANA, Aranzazu	66	C.N. Valleverde	<b>2:14.09</b>	12,00	+1,15
	50m: 1:02.75 1:02.75	100m: 2:14.09	1:11.34			

60+

1.	PEREZ MACIAS, Juana Teresa	63	C.N. Metropole	<b>1:54.81</b>	19,00	+1,92
	50m: 53.86 53.86	100m: 1:54.81	1:00.95			
2.	URIARTE MARRON, Cristina	63	C. Tenerife Masters	<b>2:13.76</b>	16,00	+1,07
	50m: 1:00.49 1:00.49	100m: 2:13.76	1:13.27			

65+

1.	BRANF, Judith Sarah	60	C.N. Vulcania Master	<b>2:01.40</b>	19,00	+1,18
	50m: 59.66 59.66	100m: 2:01.40	1:01.74			
2.	BAEZ CEJAS, Maria Mercedes	60	C. Tenerife Masters	<b>2:01.72</b>	16,00	+1,23
	50m: 55.54 55.54	100m: 2:01.72	1:06.18			

Prueba 20  
20/12/2025

Masc., 100m Braza

20 años y mayores  
Resultados

Clasificación	AN						Tiempo		RT
20+									
1.	SANTANA PEREZ, Saul Carmelo				02	C.N. Las Palmas	<b>1:04.75</b>	19,00	+0,72
	50m:	29.99	29.99	100m:	1:04.75	34.76			
2.	RIOS ROMERO, Joaquin				04	C.D. Nonadamos	<b>1:09.55</b>	16,00	+0,85
	50m:	32.68	32.68	100m:	1:09.55	36.87			
3.	ARENCIBIA REYES, Jaime				05	Club Natación Ocho De Septiembre	<b>1:15.81</b>	14,00	+0,72
	50m:	35.55	35.55	100m:	1:15.81	40.26			
4.	LEON TRUJILLO, Ernesto				01	Cn.Salinas Sta.Lucia	<b>1:22.37</b>	13,00	+0,82
	50m:	38.48	38.48	100m:	1:22.37	43.89			
5.	GARCIA FALCON, Alvaro				01	Cn.Salinas Sta.Lucia	<b>1:41.53</b>	12,00	+3,56
	50m:	47.01	47.01	100m:	1:41.53	54.52			

Prueba 20, Masc., 100m Braza, 20+

Clasificación	AN		Tiempo		RT
6. PEREZ ARMAS, Alvaro	04	C.N. Carucagua	<b>1:44.44</b>	11,00	+1,08
50m: 48.07 48.07	100m: 1:44.44	56.37			
25+					
1. CERPA CABALLERO, Jonay Salvador	99	C.N. Los Cristianos	<b>1:07.85</b>	19,00	+0,72
50m: 31.90 31.90	100m: 1:07.85	35.95			
2. AFONSO SUAREZ, Ivan	96	C.N. Los Cristianos	<b>1:08.16</b>	16,00	+0,99
50m: 31.78 31.78	100m: 1:08.16	36.38			
3. ALVAREZ VALENCIA, Nestor	00	C.N. Vulcania Master	<b>1:08.75</b>	14,00	+0,72
50m: 32.22 32.22	100m: 1:08.75	36.53			
4. PEREZ GARCIA, Adan	97	C.N. Martianeze Coral Hotels	<b>1:11.54</b>	13,00	+0,76
50m: 32.15 32.15	100m: 1:11.54	39.39			
5. GRAJALES ZAPATA, Juan Esteban	99	C.D. Nonadamos	<b>1:21.13</b>	12,00	+0,92
50m: 38.17 38.17	100m: 1:21.13	42.96			
6. ACEITUNO MARTINEZ, Manuel Jesus	98	C.D. Nonadamos	<b>1:22.42</b>	11,00	+1,03
50m: 38.92 38.92	100m: 1:22.42	43.50			
7. ALVARADO RAMOS, Carlos	97	Cn.Salinas Sta.Lucia	<b>1:23.79</b>	10,00	+0,85
50m: 38.82 38.82	100m: 1:23.79	44.97			
30+					
1. SANTANA HERNANDEZ, Adrian Manue	95	C.N. Las Palmas	<b>1:17.35</b>	19,00	+0,85
50m: 35.62 35.62	100m: 1:17.35	41.73			
2. ARBELO RODRIGUEZ, Nauzet	93	Cn.Salinas Sta.Lucia	<b>1:22.34</b>	16,00	+0,94
50m: 38.99 38.99	100m: 1:22.34	43.35			
3. PEREZ DIAZ, Juan Jose	94	C.D. Belen Maria	<b>1:33.11</b>	14,00	+1,03
50m: 41.81 41.81	100m: 1:33.11	51.30			
35+					
1. SANTANA LOPEZ, Yosias	89	C.N. Metropole	<b>1:11.93</b>	19,00	+0,89
50m: 33.87 33.87	100m: 1:11.93	38.06			
2. RODRIGUEZ PULIDO, Daniel	89	C.N. Valleverde	<b>1:18.06</b>	16,00	+0,80
50m: 36.37 36.37	100m: 1:18.06	41.69			
3. DE CASTRO MONTERO, Borja	89	C.N. Las Palmas	<b>1:36.46</b>	14,00	+1,05
50m: 44.48 44.48	100m: 1:36.46	51.98			
4. MEDINA MACIAS, Juan Javier	86	C.D.N. Playuki	<b>1:41.81</b>	13,00	+1,05
50m: 47.95 47.95	100m: 1:41.81	53.86			
NP VELASCO CARBALLO, Nehemias	88	Club Deportivo Teimar		-	

Prueba 20, Masc., 100m Braza

40+

1.	AGUADO DOMINGUEZ, Ismael	82	C.D. Jerez Natacion Master	<b>1:09.27</b>	-	+0,82
	50m: 32.76 32.76 100m: 1:09.27		36.51			
2.	BEDOYA OTERO, Omar	81	C.N. Valleverde	<b>1:12.98</b>	19,00	+0,91
	50m: 34.35 34.35 100m: 1:12.98		38.63			
3.	GONZALEZ GONZALEZ, Francisco Jos	83	Club Deportivo Teimar	<b>1:14.83</b>	16,00	+0,95
	50m: 35.35 35.35 100m: 1:14.83		39.48			
4.	DE ARMAS PAGADOR, Javier	85	C.D. Jerez Natacion Master	<b>1:19.63</b>	-	+1,01
	50m: 37.18 37.18 100m: 1:19.63		42.45			
5.	BONILLA AVILA, Zebensui	81	C. Tenerife Masters	<b>1:22.27</b>	14,00	+0,94
	50m: 38.20 38.20 100m: 1:22.27		44.07			
6.	MOSLER, Roman	81	C.N. Las Palmas	<b>1:31.44</b>	13,00	+0,87
	50m: 42.32 42.32 100m: 1:31.44		49.12			
7.	GUERRA TALAVERA, Francisco	84	C.N. Valleverde	<b>1:44.82</b>	12,00	+0,99
	50m: 51.31 51.31 100m: 1:44.82		53.51			
Baja	ORTEGA MONTERO, Jorge	84	C.N. Valleverde		-	

45+

1.	PEREZ GARCIA, Jonay	77	C. Tenerife Masters	<b>1:13.53</b>	19,00	+0,78
	50m: 34.70 34.70 100m: 1:13.53		38.83			
2.	MARTINEZ SANTOS, Ricardo Jose	76	C.N. Las Palmas	<b>1:19.87</b>	16,00	+1,03
	50m: 38.23 38.23 100m: 1:19.87		41.64			
3.	YANES BOWDEN, Geoffrey	80	C. Tenerife Masters	<b>1:23.63</b>	14,00	+0,94
	50m: 39.64 39.64 100m: 1:23.63		43.99			
4.	MARTIN ALMEIDA, Luis A.	76	C.D. Belen Maria	<b>1:38.14</b>	13,00	+1,06
	50m: 45.85 45.85 100m: 1:38.14		52.29			
5.	BENCOMO GONZALEZ, Carlos Agustin	76	C.N. Oceano Puerto Cruz	<b>1:40.28</b>	12,00	+1,15
	50m: 47.37 47.37 100m: 1:40.28		52.91			

50+

1.	DIAZ QUINTANA, Ruben	73	C.N. Carucagua	<b>1:29.86</b>	19,00	+0,96
	50m: 42.48 42.48 100m: 1:29.86		47.38			
2.	GARCIA GARCIA, Jose Agustin	73	C.N. Vulcania Master	<b>1:31.33</b>	16,00	+0,97
	50m: 44.00 44.00 100m: 1:31.33		47.33			
3.	LOARCES FUENTES, Francisco Manu	72	C.D. Nonadamos	<b>2:20.44</b>	14,00	+1,13
	50m: 1:07.22 1:07.22 100m: 2:20.44		1:13.22			
4.	ARENCIBIA QUINTANA, Jose Luis	74	C.N. Valleverde	<b>2:24.09</b>	13,00	+1,14
	50m: 1:05.82 1:05.82 100m: 2:24.09		1:18.27			
DSQ	PELAEZ MARTINEZ, Gonzalo	72	C. Tenerife Masters		-	
	<i>DNI - Desc Nado Irregular</i>					
Baja	MELIAN VILLALOBOS, Jose	73	C.N. Las Palmas		-	



Prueba 20, Masc., 100m Braza

55+

1.	DOMINGUEZ CABRERA, Arnaudis	67	C.D. Belen Maria	<b>1:13.24</b>	19,00	+0,96
	50m: 34.41 34.41	100m: 1:13.24	38.83			
2.	ST MARY, Enrique	70	C.N. Las Palmas	<b>1:22.44</b>	16,00	+1,04
	50m: 39.22 39.22	100m: 1:22.44	43.22			
3.	SANTANA MIRANDA, Antonio Manuel	67	C.N. Metropole	<b>1:26.10</b>	14,00	+0,92
	50m: 40.33 40.33	100m: 1:26.10	45.77			
4.	MAESO VERGARA, Miguel Benito	67	C. Tenerife Masters	<b>1:28.13</b>	13,00	+0,84
	50m: 41.63 41.63	100m: 1:28.13	46.50			
5.	VREEKAMP, Remko Hendrikus	67	C.D.N. Playuki	<b>1:30.53</b>	12,00	+1,05
	50m: 44.07 44.07	100m: 1:30.53	46.46			
6.	GIL TRUJILLO, Pedro	67	Cn.Salinas Sta.Lucia	<b>1:31.34</b>	11,00	+1,18
	50m: 42.31 42.31	100m: 1:31.34	49.03			
7.	VICENTE CABRERA, Laureano	67	C.N. Metropole	<b>1:40.22</b>	10,00	+1,05
	50m: 47.81 47.81	100m: 1:40.22	52.41			
8.	CAMPANALUNGA LAVAGNINI, Dimas	70	C.N..Faynagua C. Telde	<b>1:44.67</b>	9,00	+0,97
	50m: 49.22 49.22	100m: 1:44.67	55.45			
9.	MARTIN HERNANDEZ, Alejandro	67	C.N. Las Palmas	<b>1:55.00</b>	8,00	+1,01
	50m: 54.40 54.40	100m: 1:55.00	1:00.60			
10.	QUINTANA RODRIGUEZ, Juan Victor	68	Club Natación Ocho De Septiembre	<b>2:02.37</b>	7,00	+1,47
	50m: 58.97 58.97	100m: 2:02.37	1:03.40			

60+

1.	GIL LEON, Javier Luis	65	C.N. Carucagua	<b>1:28.72</b>	19,00	+0,89
	50m: 40.77 40.77	100m: 1:28.72	47.95			
2.	CARDENES SILVA, Juan Jose	63	C.N. Las Palmas	<b>1:30.53</b>	16,00	+1,02
	50m: 43.18 43.18	100m: 1:30.53	47.35			
3.	DORTA MACIA, Carlos	62	C. Tenerife Masters	<b>1:39.85</b>	14,00	+1,02
	50m: 47.71 47.71	100m: 1:39.85	52.14			
4.	GARCIA OSSORIO, Jose Luis	65	C. Tenerife Masters	<b>1:40.57</b>	13,00	+0,99
	50m: 47.03 47.03	100m: 1:40.57	53.54			
5.	QUEVEDO HERNANDEZ, Rafael	64	C.D. Jescagua	<b>1:52.33</b>	12,00	+1,06
	50m: 50.15 50.15	100m: 1:52.33	1:02.18			

70+

1.	PERERA MOLINERO, Antonio	55	C. Tenerife Masters	<b>1:40.62</b>	19,00	+1,16
	50m: 46.97 46.97	100m: 1:40.62	53.65			

Prueba 20, Masc., 100m Braza

75+

1. CHECA FAJARDO, Placido 50 C.N. Metropole 2:02.57 19,00 +1,20  
50m: 57.10 57.10 100m: 2:02.57 1:05.47

85+

NP ROEDER, Peter 37 C. Tenerife Masters -

Prueba 21  
20/12/2025

Mixto, 4 x 50m Estilos

AG 80 - 399  
Resultados

Clasificación

Tiempo

RT

+80 (PRE MASTER)

1. C.N. Las Palmas 80	C.N. Las Palmas	2:01.71	38,00	+17,95
MATOS QUEVEDO, Lucia 04 +17,95	34.16 RODRIGUEZ GARCIA, Pablo 02 +0,44	27.95		
SANTANA PEREZ, Saul Carmelo 02 +0,36	29.03 MATOS QUEVEDO, Maria 02 +0,51	30.57		
2. C.D. Jerez Natacion Master 80	C.D. Jerez Natacion Master	2:03.27	32,00	+13,17
BLANES FRIGOLA, Aleix 04 +13,17	29.80 LAMBERTO GARCIA, Ana Maria 02 +0,67	30.01		
AYALA MAESTRE, Alejandro 97 +0,18	32.17 GONZALEZ ALARCON, Nerea 02 +0,53	31.29		
3. C.D. Nonadamos 80	C.D. Nonadamos	2:04.80	28,00	+15,49
RAMIREZ MORALES, Sergio C. 03 +15,49	29.71 DE CASTRO URQUIOLA, Helena 04 +0,54	33.00		
RIOS ROMERO, Joaquin 04 +0,51	31.43 RAMOS SANTANA, Laura Maria 98 +0,72	30.66		
4. C.D. Jescagua 80	C.D. Jescagua	2:09.77	26,00	+0,70
PULIDO MONZON, Laura 98 +0,70	35.60 DIAZ RODRIGUEZ, Grisela 02 +0,53	34.72		
MARTEL MARTEL, Aimar 03 +0,49	29.85 CABALLERO PEÑATE, Angel Jose 01 +0,52	29.60		
5. Club Natación Ocho De Septiembre 80	Club Natación Ocho De Septiembre	2:15.05	24,00	+5,10
ARENCIBIA REYES, Daniela 05 +5,10	37.71 ARENCIBIA REYES, Jaime 05 +0,45	28.19		
CAMARA HURTER, Carla 04 +0,55	41.70 GENE SANTANA, Adrian 99 +0,48	27.45		
6. Cn.Salinas Sta.Lucia 80	Cn.Salinas Sta.Lucia	2:20.45	22,00	+19,49
LAGO CARABALLO, Saul 98 +19,49	31.89 QUESADA GARCIA, Yanel 04 +0,67	33.48		
LEON TRUJILLO, Ernesto 01 +0,40	35.11 ESPINEL ALEMAN, Nerea 03 +0,21	39.97		
Baja C.D.N. Playuki 80	C.D.N. Playuki	-		
Baja C.N. Metropole 80	C.N. Metropole	-		

+100

1. C.N. Los Cristianos 100	C.N. Los Cristianos	2:20.23	38,00	+9,19
RODRIGUEZ MORALES, Agoney 99 +9,19	34.90 MARRERO DELGADO, Eduardo Alt99to +0,70	28.68		
LAVANDERA ALTESOR, Rosina 99 0.00	41.01 RODRIGUEZ CHAVEZ, Rocio Evelin93 +0,64	35.64		
NP C.N. Metropole 100	C.N. Metropole	-		
Baja C.N. Vulcania Master 100	C.N. Vulcania Master	-		

## Prueba 21, Mixto, 4 x 50m Estilos

+120

1.	C.N. Los Cristianos 120			C.N. Los Cristianos			1:58.50	38,00	+0,67
	HERNANDEZ CASTRILLO, Yessica	00	+0,67	32.61	CERPA CABALLERO, Jonay Salva	99	+0,54	27.29	
	AFONSO SUAREZ, Ivan	96	+0,64	30.68	GARABATOS RODRIGUEZ, Susani	79	+0,54	27.92	
2.	C.N. Vulcania Master 120			C.N. Vulcania Master			2:00.79	32,00	+6,29
	ARANDA GALLEGO, Jose Juan	75	+6,29	28.93	MARTIN MELIAN, Raquel	99	+0,42	31.29	
	RAMOS ROJAS, Gisela	94	+0,43	35.68	RUIZ SEIJO, Brais	98	+0,24	24.89	
3.	C.N. Metropole 120			C.N. Metropole			2:08.73	28,00	
	GONZALEZ GARCIA, Alvaro	93		34.83	QUINTANA SERRANO, Maria Bego	92	+0,71	34.31	
	CAMPBELL ZEMIER, Veronica	86	+0,42	34.40	SANTANA LOPEZ, Yosias	89	-0,07	25.19	
4.	Club Deportivo Teimar 120			Club Deportivo Teimar			2:13.17	26,00	+20,53
	DELCASTILLO DE LA FUENTE, Alej	92	+20,53	35.73	MORALES MARTINEZ, Adrian Luis	89	+0,55	32.21	
	GONZALEZ GONZALEZ, Francisc	83	+0,58	34.02	CASTILLO DELGADO, Maria	91	+0,46	31.21	
5.	C. Tenerife Masters 120			C. Tenerife Masters			2:13.82	24,00	+11,41
	QUINTERO QUINTERO, Katihusca	87	+11,41	37.19	HERNANDEZ HERNANDEZ, Pablo	89	+0,34	29.73	
	GARCIA CASTILLO, Jose Victor	88	+0,30	34.84	ARANTZAMENDI LLULL, Jamila	81	+0,56	32.06	
6.	C.D. Jerez Natacion Master 120			C.D. Jerez Natacion Master			2:15.71	22,00	+4,21
	AGUADO DOMINGUEZ, Ismael	82	+4,21	32.00	ROLDAN GOMEZ, Alba	86	+0,49	33.93	
	DE ARMAS PAGADOR, Javier	85	+0,32	35.42	HERNANDEZ HERNANDEZ, Elena	89	+0,22	34.36	
7.	C.D. Nonadamos 120			C.D. Nonadamos			2:19.99	20,00	+5,01
	GRAJALES ZAPATA, Juan Esteban	99	+5,01	34.05	ELVIRA GLAUBITZ, Alejandro	00	+0,49	33.73	
	HERNANDEZ BALAGUERA, Marta	89	+0,54	41.64	GARCIA CERVANTES, Laura	89	+0,55	30.57	
8.	Club Natación Ocho De Septiembre 120			Club Natación Ocho De Septiembre			2:21.09	18,00	+0,74
	ORTIZ HERNANDEZ, Aday	90	+0,74	32.42	ARENCIBIA MONTESDEOCA, Pablo	99	0.00	32.07	
	ARENCIBIA SANCHEZ, Laura	91	0.00	44.21	SANCHEZ ARENCIBIA, Lorena	85	+0,01	32.39	
9.	C.N. Villa De Agüimes 2016 120			C.N. Villa De Agüimes 2016			2:25.04	16,00	+0,61
	MENDOZA LOPEZ, Aroa	01	+0,61	35.93	SARMIENTO NARANJO, Manuel	00	+0,50	34.65	
	MARTINEZ DA ALMEIDA, Selene	80	+0,73	45.87	SANCHEZ JIMENEZ, Sergio	76	+0,54	28.59	
10.	C.D. Belen Maria 120			C.D. Belen Maria			2:25.69	14,00	+0,80
	MARRERO DE LA NUEZ, Elisabeth	96	+0,80	37.15	SUAREZ GARCIA, Adrian	96	+0,39	32.80	
	PEREZ DIAZ, Juan Jose	94	+0,25	40.00	SANTANA ALMEIDA, Ester	92	+0,73	35.74	
11.	Cn.Salinas Sta.Lucia 120			Cn.Salinas Sta.Lucia			2:28.80	12,00	+7,39
	QUINTANA FRANCO, Haridian	91	+7,39	39.48	RODRIGO CAÑAS, Juan Miguel	87	+0,57	37.00	
	ALVARADO RAMOS, Carlos	97	0.00	36.63	RODRIGUEZ SANTANA, Paula	99	+0,44	35.69	
12.	C.N. Las Palmas 120			C.N. Las Palmas			2:47.73	10,00	+0,83
	PEREZ ALVAREZ, Ivan Carlo	99	+0,83	37.70	QUINTANA GARCIA, Daniel	85	+0,75	38.33	
	ALEMAN DEL ROSARIO, Juana R	77	0.00	50.34	MILLAN MUÑOZ, Maria Jesus	80	+0,66	41.36	
NP	C.D.N. Playuki 120			C.D.N. Playuki				-	
Baja	C.D. Solventia 120			C.D. Solventia				-	
Baja	C.N. Valleverde 120			C.N. Valleverde				-	

Prueba 21, Mixto, 4 x 50m Estilos

+160

1.	C.N. Metropole 160			C.N. Metropole	<b>2:10.13</b>	38,00	+3,89
	REINO ASCANIO, Abian	77	+3,89	30.23	ROJANO BROZ, Javier	79	+0,26
	MARTINEZ DE LA CRUZ, Azahara	89	+0,30	39.69	BOUCHET, Sybille	93	+0,47
2.	C. Tenerife Masters 160			C. Tenerife Masters	<b>2:19.31</b>	32,00	+6,87
	BONILLA AVILA, Zebensui	81	+6,87	33.65	PEREZ GARCIA, Jonay	77	+0,22
	GUTIERREZ GARCIA, Noelia	78	+0,46	42.63	RIZZA HERNANDEZ, Rositta	77	+0,59
3.	C.D. Nonadamos 160			C.D. Nonadamos	<b>2:36.72</b>	28,00	+9,31
	RAMIREZ PERDOMO, Ma Begona	73	+9,31	41.69	GARCIA DE LA HOZ, Adrian Cipria	93	+0,74
	ACEITUNO MARTINEZ, Manuel Jesu	98	+0,75	37.10	CABRERA RIVERA, Elena	76	+0,68
4.	C.N. Valleverde 160			C.N. Valleverde	<b>2:38.22</b>	26,00	+1,18
	ARENCIBIA PERERA, Miriam	97	+1,18	47.69	GUEDES ALONSO, Francisco Yera	80	+0,75
	BEDOYA OTERO, Omar	81	+0,55	32.55	JIMENEZ JIMENEZ, Leticia	77	+0,69
5.	C.N. Carucagua 160			C.N. Carucagua	<b>2:48.67</b>	24,00	+13,77
	GONZALEZ SANTANA, Marta	96	+13,77	42.58	GIL LEON, Javier Luis	65	+0,27
	AFONSO RIVERO, Vanessa Del Ca	77	+0,54	58.33	DIAZ QUINTANA, Ruben	73	+0,34
Baja	C.N. Los Cristianos 160			C.N. Los Cristianos			-
Baja	C.N. Vulcania Master 160			C.N. Vulcania Master			-

+200

1.	C. Tenerife Masters 200			C. Tenerife Masters	<b>2:14.61</b>	38,00	+5,47
	DAVARA MENDEZ, Fernando	72	+5,47	29.96	NUÑEZ NODA, Bernardo	65	+0,60
	PARIS SANCHEZ, Monica	71	+0,69	41.89	GARCIA GARCIA, Maria Miriam	72	+0,50
2.	C.N. Metropole 200			C.N. Metropole	<b>2:27.22</b>	32,00	+0,76
	BERNARDOS CRUZ, Idoia	83	+0,76	39.80	LUZARDO RODRIGUEZ, Gustavo	66	+0,41
	GARCIA DELGADO, Yaiza	76	+0,61	43.41	PERAZA MARRERO, Alberto	75	+0,48
3.	C.N. Vulcania Master 200			C.N. Vulcania Master	<b>2:35.09</b>	28,00	+0,77
	BINI, Bruno	60	+0,77	39.77	ROJAS ARJONA, Irene	86	+0,67
	BRANF, Judith Sarah	60	+0,74	54.65	FRIAS RICO, Manuel	93	+0,15
4.	C.D.N. Playuki 200			C.D.N. Playuki	<b>2:49.39</b>	26,00	+0,78
	ALAMO MARTINEZ, Fernando	69	+0,78	46.40	SANTANA MEDINA, Miriam	84	+0,43
	VREEKAMP, Remko Hendrikus	67	+0,72	42.49	DIAZ SANTANA, Luz Marina	76	+0,66
5.	C.N..Faynagua C. Telde 200			C.N..Faynagua C. Telde	<b>3:04.39</b>	24,00	
	FARIAS OROPESA, Juan Jesus	70		45.69	CARAMES PEREZ, Carmen Dolores	68	+0,74
	CAMPANALUNGA LAVAGNINI, Din	70	+0,72	45.78	FELIPE RAMIREZ, Maria Del Carme	62	+0,33
6.	C.D. Nonadamos 200			C.D. Nonadamos	<b>3:12.89</b>	22,00	
	GONZALEZ MEDINA, Vanessa Rac	78		54.97	CERVILLA PEREZ, Cristina	79	+0,73
	GARCIA DIAZ, Cayetano	71	-0,53	44.97	LOARCES FUENTES, Francisco Ma	72	+0,45
7.	Cn.Salinas Sta.Lucia 200			Cn.Salinas Sta.Lucia	<b>3:27.39</b>	20,00	+0,95
	QUESADA RODRIGUEZ, Francisco	67	+0,95	48.41	RODRIGUEZ SANTANA, Jose Jesu	65	0.00
	HAMPLOVA, Eva	72	0.00	1:03.35	MOSHASHAEI MOSHASHAEI, Ned	74	+0,69
Baja	C.N. Las Palmas 200			C.N. Las Palmas			-
Baja	C.N. Valleverde 200			C.N. Valleverde			-

Prueba 21, Mixto, 4 x 50m Estilos

+240

1. C. Tenerife Masters 240	C. Tenerife Masters	2:31.00	38,00	+19,71
ESCATLLAR FDEZ. DE MISA, Conc66cio+19,71	36.42 CABRERA GONZALEZ, Marcos 60 +0,50 34.77			
VIÑUELA LLANOS, Antonio 68 +0,72	41.23 KHAN, Stephanie Jean 64 +0,50 38.58			
2. C.N. Metropole 240	C.N. Metropole	2:33.94	32,00	+8,14
ARIAS FEBLES, Jose Manuel 64 +8,14	38.77 QUINTANILLA AYLLON, Elena 65 +0,28 36.40			
ALBERICHE RUANO, Maria Del Pinc66 +0,33	43.98 CABALLERO MADERA, Enrique 57 +0,72 34.79			
3. C.N. Vulcania Master 240	C.N. Vulcania Master	2:38.43	28,00	
LAIS, Cinzia 59	41.10 CEJUDO DELGADO, Angel 63 +0,38 34.82			
WINKLER, Nicole 71 +0,55	44.17 CHANTADA FERNANDEZ, Luis 55 -0,03 38.34			
4. C.D.N. Playuki 240	C.D.N. Playuki	3:33.68	26,00	+1,36
OJEDA GARCIA, Ma Dolores 42 +1,36	1:22.77 SANCHEZ HENRIQUEZ, Fco Javier 76 +0,39 34.76			
SUAREZ RODRIGUEZ, Manuel 66 0.00	52.79 UNGER, Caroline 72 +0,25 43.36			
5. C.N. Valleverde 240	C.N. Valleverde	3:45.02	24,00	
SANTANA GUERRA, Maria Dolores69	1:15.46 RODRIGUEZ SANTANA, Ernesto 70 +0,55 40.95			
PEREZ SANTANA, Aranzazu 66 -0,67	59.07 LOPEZ OJEDA, Carlos 53 +0,66 49.54			
Baja C.D. Jescagua 240	C.D. Jescagua		-	

+280

1. C. Tenerife Masters 280	C. Tenerife Masters	3:07.84	38,00	
BAEZ CEJAS, Maria Mercedes 60	50.14 BREMON PEREZ, Carlos 47 +0,58 39.99			
URIARTE MARRON, Cristina 63 +0,32	59.47 CASTRILLON GARCIA-DELGADO, 49se L+0,65 38.24			
2. C.N. Metropole 280	C.N. Metropole	3:17.25	32,00	+0,80
AROCHA DE LEON, Sebastian Ferr54ido +0,80	44.07 CABALLERO MADERA, Guillermo 55 0.00 50.89			
LANG-LENTON LEON, Rosario 53 0.00	1:02.79 FERNANDEZ PEREZ, Ana Maria 58 +0,14 39.50			

+320

Baja C.N. Metropole 320	C.N. Metropole	-
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Prueba 22  
20/12/2025

Mixto, 4 x 50m Libre

AG 80 - 399  
Resultados

Clasificación

+80 (PRE MASTER)

1. C.D. Jescagua 80	C.D. Jescagua	1:56.89	38,00	+4,67
MARTEL MARTEL, Aimar 03 +4,67	23.95 PULIDO MONZON, Laura 98 +0,64 31.90			
CABALLERO PEÑATE, Angel Jose 01 +0,55	29.62 DIAZ RODRIGUEZ, Grisela 02 +0,44 31.42			
2. C.N. Las Palmas 80	C.N. Las Palmas	1:57.30	32,00	+20,71
BACALLADO CARMONA, Antonio 05 +20,71	28.25 PEREZ SUAREZ, Laura 01 +0,64 31.63			
RODRIGUEZ GARCIA, Pablo 02 +0,45	25.46 RIVERO GONZALEZ, Erika 01 +0,56 31.96			
3. C.D. Jerez Natacion Master 80	C.D. Jerez Natacion Master	1:57.77	28,00	+11,67
PEREZ HERNANDEZ, Ismael 05 +11,67	26.96 PALACIOS HORMIGA, Aday 04 +0,53 27.03			
GONZALEZ ALARCON, Nerea 02 +0,65	31.92 BENITEZ LOPEZ, Marta 02 +0,42 31.86			

Prueba 22, Mixto, 4 x 50m Libre, +80 (PRE MASTER)

Clasificación

									Tiempo	RT
4.	Club Natación Ocho De Septiembre 80			Club Natación Ocho De Septiembre					<b>2:04.42</b>	26,00 +18,03
	RIVERO RODRIGUEZ, Kilian	03	+18,03	29.89	ARENCIBIA REYES, Daniela	05	+0,38	32.81		
	CAMARA HURTER, Carla	04	+0,73	33.96	HERRERA RODRIGUEZ, Alvaro	04	+0,29	27.76		
DSQ	C.D. Nonadamos 80			C.D. Nonadamos					-	
	<i>DSA - Desc Salida Anticipada</i>									
	RAMIREZ MORALES, Sergio C., VIERA VIERA, Acoran, DELGADO MARTIN, Maria Elisabet, DE CASTRO URQUIOLA, Helena									
NP	C.N. Metropole 80			C.N. Metropole					-	
+100										
Baja	C.N. Los Cristianos 100			C.N. Los Cristianos					-	
Baja	C.N. Metropole 100			C.N. Metropole					-	
Baja	C.N. Vulcania Master 100			C.N. Vulcania Master					-	
+120										
1.	C.N. Metropole 120			C.N. Metropole					<b>1:56.50</b>	38,00 +12,27
	CAMPBELL ZEMIER, Veronica	86	+12,27	28.84	NAVAS OJEDA, Angel Luis	93	+0,34	27.32		
	MARTINEZ DE LA CRUZ, Azahara	89	+0,33	32.17	GARCIA FIERRO, Victor Manuel	88	+0,60	28.17		
2.	C. Tenerife Masters 120			C. Tenerife Masters					<b>1:56.80</b>	32,00 +10,05
	HERNANDEZ HERNANDEZ, Pablo	89	+10,05	27.17	NEGRIN RODRIGUEZ, Andrea Ma	97	+0,59	31.21		
	NEGRIN RODRIGUEZ, Francisco	Je94s	+0,44	28.14	PALMAS CANDIA, Chiara Sofia	93	+0,24	30.28		
3.	Club Deportivo Teimar 120			Club Deportivo Teimar					<b>1:59.21</b>	28,00 +19,02
	BRITO HERNANDEZ, Fernando	Jos92	+19,02	28.13	CASTILLO DELGADO, Maria	91	+0,57	31.89		
	CASTILLO DELGADO, Samuel	85	+0,45	27.92	DELCASTILLO DE LA FUENTE, Alej92dra		+0,38	31.27		
4.	Club Natación Ocho De Septiembre 120			Club Natación Ocho De Septiembre					<b>2:02.91</b>	26,00 +0,82
	ORTIZ HERNANDEZ, Aday	90	+0,82	25.95	ARENCIBIA SANCHEZ, Laura	91	+0,61	34.97		
	SANCHEZ ARENCIBIA, Lorena	85	+0,47	33.22	ARENCIBIA MONTESDEOCA, Pablo	99	+0,50	28.77		
5.	C.N. Villa De Agüimes 2016 120			C.N. Villa De Agüimes 2016					<b>2:07.42</b>	24,00 +17,20
	SARMIENTO NARANJO, Manuel	00	+17,20	32.49	MARTINEZ DA ALMEIDA, Selene	80	+0,64	33.58		
	MENDOZA LOPEZ, Aroa	01	+0,60	32.50	SANCHEZ JIMENEZ, Sergio	76	+0,54	28.85		
6.	C.D. Belen Maria 120			C.D. Belen Maria					<b>2:08.03</b>	22,00 +11,30
	MARRERO DE LA NUEZ, Elisabeth	96	+11,30	30.18	SANTANA ALMEIDA, Ester	92	+0,68	36.22		
	SUAREZ GUZMAN, Alexis Leon	75	+0,75	32.87	QUEVEDO MEDINA, Ulises	90	+0,69	28.76		
7.	C.N. Vulcania Master 120			C.N. Vulcania Master					<b>2:14.96</b>	20,00 +0,97
	SARACENI, Paola Maria	65	+0,97	46.54	PRIETO RODRIGUEZ, Daniel	00	+0,38	24.60		
	HIJAR JIMENEZ, Maria	90	+0,74	38.41	ALVAREZ VALENCIA, Nestor	00	+0,37	25.41		
8.	C.N. Las Palmas 120			C.N. Las Palmas					<b>2:19.61</b>	18,00 +0,83
	FERNANDEZ SOSA, Juan Carlos	73	+0,83	31.91	MORALES SANTANA, Maria Isabel	92	+0,42	38.44		
	CASIMIRO SUAREZ, Maria Melania	89	0.00	40.93	HENRIQUEZ HERNANDEZ, Rafael	87	+0,31	28.33		
9.	C.N. Los Cristianos 120			C.N. Los Cristianos					<b>2:26.22</b>	16,00
	ERCOLINI, Marina Eva	79		40.26	DELGADO MELIAN, Carlos Javier	95	+0,71	28.38		
	RODRIGUEZ MONTAÑEZ, Ruth	76	-0,12	47.24	SANCHEZ FRAILE, David	96	+0,69	30.34		
Baja	C.N. Valleverde 120			C.N. Valleverde					-	



Prueba 22, Mixto, 4 x 50m Libre

+160

1. C. Tenerife Masters 160				C. Tenerife Masters			<b>1:57.96</b>	38,00	+9,91
BRUSCOLOTTI, Fabio	68	+9,91	27.45	QUINTERO QUINTERO, Katihusca	87	+0,52	31.38		
GARCIA CASTILLO, Jose Victor	88	+0,20	26.99	ARANTZAMENDI LLULL, Jamila	81	+0,47	32.14		
2. C.N. Las Palmas 160				C.N. Las Palmas			<b>1:58.25</b>	32,00	+20,36
CABRERA PESTANA, Alejandro	80	+20,36	28.22	MARTINEZ SANTOS, Ricardo Jose	76	+0,46	27.91		
ARTILES CARBALLO, Irene	96	+0,52	31.70	GARCIA DENIZ, Zaida	83	+0,68	30.42		
3. C.D. Jerez Natacion Master 160				C.D. Jerez Natacion Master			<b>1:59.62</b>	28,00	+18,79
ROLDAN GOMEZ, Alba	86	+18,79	30.97	MORA ESPINO, Mercedes	79	+0,55	33.96		
DE ARMAS PAGADOR, Javier	85	+0,42	29.38	AGUADO DOMINGUEZ, Ismael	82	+0,34	25.31		
4. C.N. Los Cristianos 160				C.N. Los Cristianos			<b>2:09.82</b>	26,00	+1,06
DELGADO MARTIN, Montserrat	75	+1,06	35.31	MEZZANZANICA, Fabio	85	+0,43	27.64		
ASENCIO PEREZ, Ma Jose	74	0.00	37.98	HERNANDEZ DIAZ, Hector	75	+0,62	28.89		
5. C.N. Vulcania Master 160				C.N. Vulcania Master			<b>2:14.56</b>	24,00	+0,95
GARCIA ALARCOS, Sara	80	+0,95	37.81	BERNDTSSON, Ann Mari	70	+0,50	39.52		
MARTIN GIL, Oliverio	90	+0,56	29.61	ACOSTA PERDOMO, Gabriel	94	+0,74	27.62		
6. C.N. Carucagua 160				C.N. Carucagua			<b>2:27.67</b>	22,00	+1,19
FERNANDEZ LOVERA, Juan	65	+1,19	35.36	AFONSO RIVERO, Vanessa Del Ca77ien		+0,74	45.15		
GONZALEZ SANTANA, Marta	96	+0,33	36.25	GIL LEON, Javier Luis	65	+0,06	30.91		
7. C.D. Nonadamos 160				C.D. Nonadamos			<b>2:28.65</b>	20,00	+20,71
LEMME MARQUEZ, Gustavo Franc92o	+20,71		30.60	RAMIREZ PERDOMO, Fatima	70	+0,43	40.82		
GARCIA DIAZ, Cayetano	71	+0,61	38.83	MARTIN CABRERA, Jenifer	83	+0,33	38.40		
8. C.N. Valleverde 160				C.N. Valleverde			<b>2:59.51</b>	18,00	+0,93
GUERRA TALAVERA, Francisco	84	+0,93	36.57	NAVARRO PEREZ, Josymar	86	0.00	39.16		
ARENCIBIA PERERA, Miriam	97	0.00	42.10	SANTANA GUERRA, Maria Dolores69		+0,69	1:01.68		

Baja C.N. Metropole 160

C.N. Metropole

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+200

1. C. Tenerife Masters 200				C. Tenerife Masters			<b>2:14.62</b>	38,00	+1,01
MAESO VERGARA, Miguel Benito	67	+1,01	32.31	GUTIERREZ GARCIA, Noelia	78	+0,40	34.06		
GONZALEZ RODRIGUEZ, Mercede67	+0,58		39.23	BONILLA AVILA, Zebensui	81	+0,74	29.02		
2. C.N..Faynagua C. Telde 200				C.N..Faynagua C. Telde			<b>2:29.28</b>	32,00	+0,74
FARIAS OROPESA, Juan Jesus	70	+0,74	32.68	CARAMES PEREZ, Carmen Dolores68		+0,57	40.10		
CAMPANALUNGA LAVAGNINI, Din70s	+0,46		35.48	FELIPE RAMIREZ, Maria Del Carmer62		+0,38	41.02		
3. C.N. Metropole 200				C.N. Metropole			<b>2:33.75</b>	28,00	+0,88
HERNANDEZ RODRIGUEZ, Horacio71	+0,88		29.93	ASPAS PALACIOS, Rosa Maria	70	+0,36	45.82		
CAMPOS ABDULAH, Maria Del Car78n	+0,13		45.38	MARTINEZ LLISO, Claudio	66	+0,01	32.62		
4. C.N. Valleverde 200				C.N. Valleverde			<b>2:36.22</b>	26,00	+0,96
OJEDA RODRIGUEZ, Alejandro	79	+0,96	33.17	RODRIGUEZ SANTANA, Ernesto	70	+0,21	36.46		
PEREZ SANTANA, Aranzazu	66	+0,74	46.34	JIMENEZ JIMENEZ, Leticia	77	+0,65	40.25		

Baja C.N. Vulcania Master 200

C.N. Vulcania Master

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Prueba 22, Mixto, 4 x 50m Libre

+240

1.	C. Tenerife Masters 240			C. Tenerife Masters		<b>2:17.70</b>	38,00	+14,38
	KHAN, Stephanie Jean	64	+14,38	39.60	LUNA GIL, Antonio	55	+0,41	31.52
	NEGRIN FIGUEROA, Elena	70	+0,27	34.16	TORRES MARZO, Jose Luis	57	+0,61	32.42
2.	C.N. Metropole 240			C.N. Metropole		<b>2:21.67</b>	32,00	+17,18
	SANTANA MIRANDA, Antonio Man67	+17,18		31.65	PEREZ MACIAS, Juana Teresa	63	+0,33	39.06
	DOMINGUEZ MARTEL, Maria Jesus68	+0,66		36.49	CABALLERO MADERA, Enrique	57	+0,56	34.47
Baja	C.D. Jescagua 240			C.D. Jescagua				-
Baja	C.N. Valleverde 240			C.N. Valleverde				-
Baja	C.N. Vulcania Master 240			C.N. Vulcania Master				-

+280

1.	C. Tenerife Masters 280			C. Tenerife Masters		<b>2:56.04</b>	38,00	+1,12
	METZ, Michael Gustav	48	+1,12	45.59	RODRIGUEZ HERNANDEZ, Elena	66	+0,43	45.47
	LOPEZ GONZALEZ, Esther	55	0.00	42.23	RIERA MONTAL, Agustin	49	+0,70	42.75
2.	C.N. Metropole 280			C.N. Metropole		<b>3:08.42</b>	32,00	+1,32
	RIVERO SANCHEZ, Sergio	54	+1,32	39.95	SANTANA CANSADO, Maria Del C:54	+0,33	1:03.00	
	CHECA FAJARDO, Placido	50	0.00	41.76	LANG-LENTON LEON, Rosario	53	+0,59	43.71

+320

NP	C.N. Metropole 320			C.N. Metropole				-
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4 - 3ª jornada, 1ª sesión

21/12/2025

Prueba 23 Fem., 200m Libre 20 años y mayores Resultados

Clasificación	AN	Tiempo	RT
20+			
1.	DE CASTRO URQUIOLA, Helena 04	C.D. Nonadamos	<b>2:16.34</b> 19,00
	50m: 31.17 31.17 100m: 1:05.11	33.94 200m: 2:16.34 1:11.23	
2.	GONZALEZ MARRERO, Isabel Del Carr04n	C.N. Valleverde	<b>2:55.66</b> 16,00
	50m: 40.90 40.90 100m: 1:24.86	43.96 150m: 2:10.62 45.76 200m: 2:55.66 45.04	
3.	GONZALEZ MARRERO, Elena Maria 01	C.N. Valleverde	<b>3:10.67</b> 14,00
	50m: 42.37 42.37 100m: 1:29.61	47.24 150m: 2:20.37 50.76 200m: 3:10.67 50.30	
4.	VEGA IBRAHIM, Ainhoa 05	C.D.N. Playuki	<b>3:40.39</b> 13,00
	50m: 50.39 50.39 100m: 1:45.24	54.85 150m: 2:45.18 59.94 200m: 3:40.39 55.21	
Baja	ESPINEL ALEMAN, Nerea 03	Cn.Salinas Sta.Lucia	-

Prueba 23, Fem., 200m Libre

25+

1.	PULIDO MAYOR, Sheila	98	C.N..Faynagua C. Telde	<b>2:14.17</b>	19,00
	50m: 31.00 31.00 100m: 1:04.98		33.98 200m: 2:14.17 1:09.19		
2.	ARTILES CARBALLO, Irene	96	C.N. Las Palmas	<b>2:25.51</b>	16,00
	50m: 33.40 33.40 100m: 1:10.14		36.74 200m: 2:25.51 1:15.37		
3.	PICOS HERNANDEZ, Laura	97	C.D. Nonadamos	<b>2:54.65</b>	14,00
	50m: 40.65 40.65 100m: 1:24.35		43.70 150m: 2:09.91 45.56 200m: 2:54.65 44.74		
4.	VALENCIA PAREDES, Nuria	00	C.D. Solventia	<b>3:23.50</b>	13,00
	50m: 44.69 44.69 100m: 1:36.85		52.16 150m: 2:32.68 55.83 200m: 3:23.50 50.82		
5.	ARENCIBIA PERERA, Miriam	97	C.N. Valleverde	<b>3:32.88</b>	12,00
	50m: 49.33 49.33 100m: 1:44.09		54.76 150m: 2:41.66 57.57 200m: 3:32.88 51.22		
NP	MARTINEZ VALLEJO, Itamar	97	C. Tenis Chamartin	-	
Baja	PULIDO MONZON, Laura	98	C.D. Jescagua	-	
Baja	ARTILES DIEPA, Leticia	98	C.D.N. Playuki	-	

30+

1.	BOUCHET, Sybille	93	C.N. Metropole	<b>2:28.28</b>	19,00
	50m: 33.74 33.74 100m: 1:11.11		37.37 200m: 2:28.28 1:17.17		
2.	QUINTANA FRANCO, Haridian	91	Cn.Salinas Sta.Lucia	<b>2:45.86</b>	16,00
	50m: 37.62 37.62 100m: 1:18.87		41.25 150m: 2:02.90 44.03 200m: 2:45.86 42.96		
3.	RODRIGUEZ CHAVEZ, Rocio Evelin	93	C.N. Los Cristianos	<b>2:51.99</b>	14,00
	50m: 40.34 40.34 100m: 1:24.07		43.73 150m: 2:08.01 43.94 200m: 2:51.99 43.98		

35+

1.	HERNANDEZ HERNANDEZ, Elena	89	C.D. Jerez Natacion Master	<b>2:59.57</b>	-
	50m: 39.34 39.34 100m: 1:24.65		45.31 150m: 2:11.62 46.97 200m: 2:59.57 47.95		
2.	RIVERO RIVERO, Natalia Del Carmen	86	C.D. Solventia	<b>3:38.96</b>	19,00
	50m: 48.88 48.88 100m: 1:41.98		53.10 150m: 2:39.87 57.89 200m: 3:38.96 59.09		

40+

1.	CORTES ALVAREZ, Elisa	82	C.D. Jescagua	<b>3:19.92</b>	19,00
	50m: 44.30 44.30 100m: 1:33.02		48.72 150m: 2:25.87 52.85 200m: 3:19.92 54.05		
2.	HERNANDEZ MARRERO, Yurena Aran82izu		Cn.Salinas Sta.Lucia	<b>3:33.34</b>	16,00
	50m: 51.65 51.65 100m: 1:45.86		54.21 150m: 2:41.49 55.63 200m: 3:33.34 51.85		
3.	FLORES SANTANA, Tania Del Carmen	84	C.D.N. Playuki	<b>4:05.07</b>	14,00
	50m: 50.18 50.18 100m: 1:48.34		58.16 150m: 2:56.59 1:08.25 200m: 4:05.07 1:08.48		

45+

1.	GARCIA ALARCOS, Sara	80	C.N. Vulcania Master	<b>2:47.76</b>	19,00
	50m: 40.45 40.45 100m: 1:23.32		42.87 150m: 2:06.61 43.29 200m: 2:47.76 41.15		

Prueba 23, Fem., 200m Libre

50+

1.	VALIDO CARREÑO, Isabel	74	C.N. Las Palmas	<b>2:27.14</b>	19,00
	50m: 34.69 34.69 100m: 1:11.66		36.97 200m: 2:27.14 1:15.48		
2.	DELGADO MARTIN, Montserrat	75	C.N. Los Cristianos	<b>2:46.86</b>	16,00
	50m: 39.87 39.87 100m: 1:22.82		42.95 150m: 2:06.36 43.54 200m: 2:46.86 40.50		
3.	GONZALEZ ARIAS, Rosa Maria	71	C. Tenerife Masters	<b>3:15.85</b>	14,00
	50m: 44.53 44.53 100m: 1:33.41		48.88 150m: 2:25.03 51.62 200m: 3:15.85 50.82		
4.	RODRIGUEZ ESPARRAGON, Isabel	71	C.D. Nonadamos	<b>3:51.41</b>	13,00
	50m: 51.46 51.46 100m: 1:48.86		57.40 150m: 2:49.91 1:01.05 200m: 3:51.41 1:01.50		
5.	HAMPLOVA, Eva	72	Cn.Salinas Sta.Lucia	<b>4:01.01</b>	12,00
	50m: 54.70 54.70 100m: 1:55.93		1:01.23 150m: 2:55.10 59.17 200m: 4:01.01 1:05.91		
Baja	IZQUIERDO RODRIGUEZ, Cristina	74	C. Tenerife Masters	-	

55+

1.	ESCATLLAR FDEZ. DE MISA, Concepc66n	66	C. Tenerife Masters	<b>2:27.56</b>	19,00
	50m: 34.78 34.78 100m: 1:12.07		37.29 200m: 2:27.56 1:15.49		
2.	PEREZ SANTANA, Aranzazu	66	C.N. Valleverde	<b>3:43.53</b>	16,00
	50m: 51.67 51.67 100m: 1:49.32		57.65 150m: 2:46.39 57.07 200m: 3:43.53 57.14		

60+

1.	FELIPE RAMIREZ, Maria Del Carmen	62	C.N..Faynagua C. Telde	<b>3:25.92</b>	19,00
	50m: 44.23 44.23 100m: 1:35.58		51.35 150m: 2:31.05 55.47 200m: 3:25.92 54.87		
2.	SANCHEZ LEAL, Gema Isabel	64	C. Tenerife Masters	<b>3:29.80</b>	16,00
	50m: 45.66 45.66 100m: 1:36.84		51.18 150m: 2:34.05 57.21 200m: 3:29.80 55.75		

70+

Baja	GONZALEZ MARTEL, Andrea	51	C.D. Jescagua	-	
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85+

1.	RODRIGUEZ FUENTES, Mercedes	37	C. Tenerife Masters	<b>5:29.42</b>	19,00
	50m: 1:17.14 1:17.14 100m: 2:39.04		1:21.90 150m: 4:03.94 1:24.90 200m: 5:29.42 1:25.48		

Prueba 24  
21/12/2025

Masc., 200m Libre

20 años y mayores  
Resultados

Clasificación	AN										Tiempo		RT
20+													
1.	PEREZ HERNANDEZ, Ismael				05	C.D. Jerez Natacion Master				<b>2:11.15</b>	-	+0,83	
	50m:	30.28	30.28	100m:	1:03.20	32.92	150m:	1:38.57	35.37	200m:	2:11.15	32.58	
2.	NUEZ MARRERO, Cristian				02	C.N. Carucagua				<b>3:08.95</b>	19,00	+1,07	
	50m:	40.14	40.14	100m:	1:25.69	45.55	150m:	2:18.20	52.51	200m:	3:08.95	50.75	
25+													
1.	ALONSO DOMINGUEZ, Manuel				00	C.N. Metropole				<b>1:54.61</b>	27,00RR+0,86TE		
	50m:	27.13	27.13	100m:	55.88	28.75	150m:	1:25.29	29.41	200m:	1:54.61	29.32	
2.	MARRERO DELGADO, Eduardo Alberto				99	C.N. Los Cristianos				<b>2:05.50</b>	16,00	+0,88	
	50m:	28.59	28.59	100m:	1:00.05	31.46	150m:	1:32.63	32.58	200m:	2:05.50	32.87	
3.	RODRIGUEZ RIVERO, Alejandro				99	Club Gloria Swimtrain Maspalomas				<b>2:09.19</b>	14,00	+0,76	
	50m:	30.01	30.01	100m:	1:03.46	33.45	150m:	1:35.73	32.27	200m:	2:09.19	33.46	
4.	SUAREZ GARCIA, Adrian				96	C.D. Belen Maria				<b>2:25.57</b>	13,00	+0,97	
	50m:	32.83	32.83	100m:	1:09.51	36.68	150m:	1:47.62	38.11	200m:	2:25.57	37.95	
30+													
1.	MACHIN CABRERA, Roberto				93	C.N. Valleverde				<b>2:22.57</b>	19,00	+0,85	
	50m:	31.55	31.55	100m:	1:07.24	35.69	150m:	1:44.41	37.17	200m:	2:22.57	38.16	
2.	DELGADO MELIAN, Carlos Javier				95	C.N. Los Cristianos				<b>2:28.46</b>	16,00	+0,75	
	50m:	33.48	33.48	100m:	1:11.93	38.45	150m:	1:51.11	39.18	200m:	2:28.46	37.35	
3.	ARENCIBIA DIAZ, Victor				92	C.D. Belen Maria				<b>2:37.03</b>	14,00	+5,69	
	50m:	35.46	35.46	100m:	1:14.57	39.11	150m:	1:54.54	39.97	200m:	2:37.03	42.49	
4.	LEMME MARQUEZ, Gustavo Francisco				92	C.D. Nonadamos				<b>2:43.70</b>	13,00	+0,86	
	50m:	36.98	36.98	100m:	1:18.04	41.06	150m:	2:01.41	43.37	200m:	2:43.70	42.29	
5.	MARTIN FLEITAS, Raul				92	C.N. Las Palmas				<b>2:55.54</b>	12,00	+1,02	
	50m:	36.34	36.34	100m:	1:21.01	44.67	150m:	2:10.27	49.26	200m:	2:55.54	45.27	
NP	SANTANA HERNANDEZ, Adrian Manue				95	C.N. Las Palmas					-		
35+													
1.	LOPEZ DEL PINO, Miguel				89	C.N..Faynagua C. Telde				<b>2:45.11</b>	19,00	+0,97	
	50m:	37.97	37.97	100m:	1:19.41	41.44	150m:	2:02.63	43.22	200m:	2:45.11	42.48	
2.	MARICHAL, Ivanosky				86	C.N. Las Palmas				<b>2:50.69</b>	16,00	+1,90	
	50m:	38.02	38.02	100m:	1:19.98	41.96	150m:	2:04.83	44.85	200m:	2:50.69	45.86	
3.	MEDINA LORENZO, Saul				89	C.N. Carucagua				<b>3:06.46</b>	14,00	+1,15	
	50m:	43.28	43.28	100m:	1:30.46	47.18	150m:	2:20.03	49.57	200m:	3:06.46	46.43	
Baja	TORRES DE MIGUEL, David				86	Club Deportivo Teimar					-		

Prueba 24, Masc., 200m Libre

40+

1.	SANTANA SARMIENTO, Miguel	83	C.N..Faynagua C. Telde	<b>2:03.32</b>	19,00	+0,89
	50m: 30.35 30.35 100m: 1:01.68		31.33 150m: 1:32.93 31.25 200m: 2:03.32 30.39			
2.	GONZALEZ DIAZ, Yeray	83	Cn.Salinas Sta.Lucia	<b>2:16.98</b>	16,00	+0,96
	50m: 31.66 31.66 100m: 1:06.55		34.89 150m: 1:42.32 35.77 200m: 2:16.98 34.66			
3.	SILVA ELVIRA, Aday	81	C.N. Las Palmas	<b>2:36.33</b>	14,00	+1,04
	50m: 34.89 34.89 100m: 1:12.85		37.96 150m: 1:54.21 41.36 200m: 2:36.33 42.12			
Baja	DELGADO PEREZ, Jefferson Jonathan	85	C.D. Jescagua		-	
Baja	GONZALEZ RODRIGUEZ, Enrique	84	C.N. Las Palmas		-	

45+

1.	PEREZ GARCIA, Jonay	77	C. Tenerife Masters	<b>2:05.43</b>	19,00	+4,50
	50m: 30.18 30.18 100m: 1:01.82		31.64 150m: 1:33.08 31.26 200m: 2:05.43 32.35			
2.	REINO ASCANIO, Abian	77	C.N. Metropole	<b>2:09.99</b>	16,00	+0,93
	50m: 30.47 30.47 100m: 1:04.44		33.97 150m: 1:38.15 33.71 200m: 2:09.99 31.84			
3.	EHRHARDT, Thomas	77	C.N. Metropole	<b>2:14.25</b>	14,00	+0,84
	50m: 30.87 30.87 100m: 1:04.41		33.54 150m: 1:38.67 34.26 200m: 2:14.25 35.58			
4.	YANES BOWDEN, Geoffrey	80	C. Tenerife Masters	<b>2:25.74</b>	13,00	+0,96
	50m: 34.88 34.88 100m: 1:11.93		37.05 150m: 1:49.30 37.37 200m: 2:25.74 36.44			
5.	MORALES CARREÑO, Fernando	79	C.D. Solventia	<b>3:46.92</b>	12,00	+1,46
	50m: 45.01 45.01 100m: 1:37.31		52.30 150m: 2:38.94 1:01.63 200m: 3:46.92 1:07.98			
Baja	GARCIA MEDINA, Israel	78	C.D. Belen Maria		-	

50+

1.	MORALES RODRIGUEZ, Sergio	73	A.D. Santa Cruz	<b>2:11.95</b>	19,00	+0,95
	50m: 31.22 31.22 100m: 1:04.19		32.97 150m: 1:38.16 33.97 200m: 2:11.95 33.79			
2.	PERAZA MARRERO, Alberto	75	C.N. Metropole	<b>2:22.69</b>	16,00	+0,85
	50m: 32.19 32.19 100m: 1:07.63		35.44 150m: 1:45.09 37.46 200m: 2:22.69 37.60			
3.	GARCIA PEREZ, Alexis	75	C.N. Las Palmas	<b>2:23.89</b>	14,00	+0,84
	50m: 33.33 33.33 100m: 1:09.91		36.58 150m: 1:47.09 37.18 200m: 2:23.89 36.80			
4.	QUINTANA RODRIGUEZ, Alvaro	74	C. Tenerife Masters	<b>2:26.35</b>	13,00	+8,65
	50m: 33.93 33.93 100m: 1:10.38		36.45 150m: 1:48.54 38.16 200m: 2:26.35 37.81			
5.	GARCIA CABRERA, Miguel Angel	73	C. Tenerife Masters	<b>2:30.46</b>	12,00	+1,00
	50m: 34.51 34.51 100m: 1:11.28		36.77 150m: 1:50.85 39.57 200m: 2:30.46 39.61			
6.	MARTINEZ IBORT, David	71	C.N. Las Palmas	<b>2:32.02</b>	11,00	+0,90
	50m: 34.34 34.34 100m: 1:13.13		38.79 150m: 1:53.56 40.43 200m: 2:32.02 38.46			
7.	SUAREZ GUZMAN, Alexis Leon	75	C.D. Belen Maria	<b>2:36.52</b>	10,00	+0,99
	50m: 34.72 34.72 100m: 1:12.66		37.94 150m: 1:53.17 40.51 200m: 2:36.52 43.35			
8.	GIL HENRIQUEZ, Jorge Juan	72	C.N. Las Palmas	<b>2:38.56</b>	9,00	+1,16
	50m: 37.49 37.49 100m: 1:17.92		40.43 150m: 1:59.28 41.36 200m: 2:38.56 39.28			

Prueba 24, Masc., 200m Libre, 50+

Clasificación	AN							Tiempo		RT
9.	ALVAREZ ALAMO, Emilio	74	Club Gloria Swimtrain Maspalomas	<b>2:38.58</b>	8,00	+1,25				
	50m: 38.14 38.14 100m: 1:18.51		40.37 150m: 1:59.65 41.14 200m: 2:38.58		38.93					
10.	LOARCES FUENTES, Francisco Manu	72	C.D. Nonadamos	<b>3:34.04</b>	7,00	+1,16				
	50m: 48.77 48.77 100m: 1:43.03		54.26 150m: 2:39.10 56.07 200m: 3:34.04		54.94					
55+										
1.	MARVELLI, Andres	68	C.N. Las Palmas	<b>2:29.33</b>	19,00	+1,02				
	50m: 34.39 34.39 100m: 1:11.86		37.47 150m: 1:50.19 38.33 200m: 2:29.33		39.14					
2.	LOPEZ TREJO RODRIGUEZ, Victor Ma	70	C.N. Las Palmas	<b>2:29.37</b>	16,00	+0,92				
	50m: 34.90 34.90 100m: 1:12.23		37.33 150m: 1:50.32 38.09 200m: 2:29.37		39.05					
3.	LUZARDO RODRIGUEZ, Gustavo Adolfr	66	C.N. Metropole	<b>2:31.52</b>	14,00	+2,12				
	50m: 35.14 35.14 100m: 1:12.82		37.68 150m: 1:52.64 39.82 200m: 2:31.52		38.88					
4.	ALZOLA MEDINA, Victor	69	C.D. Belen Maria	<b>2:44.48</b>	13,00	+1,33				
	50m: 36.74 36.74 100m: 1:17.70		40.96 150m: 2:00.14 42.44 200m: 2:44.48		44.34					
5.	SANTANA SANTANA, Gustavo Adolfo	67	Club Gloria Swimtrain Maspalomas	<b>2:45.33</b>	12,00	+1,01				
	50m: 36.37 36.37 100m: 1:17.91		41.54 150m: 2:02.99 45.08 200m: 2:45.33		42.34					
NP	DOMINGUEZ AFONSO, Oscar Antonio	70	C.N. Oceano Puerto Cruz		-					
60+										
1.	HERNANDEZ BENTO, Enrique Francisc	64	C.D. Belen Maria	<b>2:37.47</b>	19,00					
	50m: 35.70 35.70 100m: 1:14.86		39.16 150m: 1:56.02 41.16 200m: 2:37.47		41.45					
2.	CARDENES SILVA, Juan Jose	63	C.N. Las Palmas	<b>2:42.96</b>	16,00	+1,05				
	50m: 37.94 37.94 100m: 1:18.65		40.71 150m: 2:01.63 42.98 200m: 2:42.96		41.33					
Baja	ARIAS FEBLES, Jose Manuel	64	C.N. Metropole		-					
65+										
1.	TORRES MARZO, Jose Luis	57	C. Tenerife Masters	<b>2:39.41</b>	19,00	+1,16				
	50m: 36.80 36.80 100m: 1:17.02		40.22 150m: 1:58.82 41.80 200m: 2:39.41		40.59					
2.	DIAZ DIAZ, Celso Julio	59	C. Tenerife Masters	<b>2:55.38</b>	16,00	+1,15				
	50m: 38.60 38.60 100m: 1:21.78		43.18 150m: 2:07.90 46.12 200m: 2:55.38		47.48					
3.	RAMOS SAINZ, Miguel	58	C. Tenerife Masters	<b>3:50.01</b>	14,00	+1,01				
	50m: 50.32 50.32 100m: 1:46.51		56.19 150m: 2:48.04 1:01.53 200m: 3:50.01		1:01.97					
70+										
1.	CHANTADA FERNANDEZ, Luis	55	C.N. Vulcania Master	<b>2:54.76</b>	19,00					
	50m: 41.35 41.35 100m: 1:24.51		43.16 150m: 2:10.38 45.87 200m: 2:54.76		44.38					
Baja	ELGUE GRANDI, Juan Carlos	52	C.N. Las Palmas		-					

Prueba 24, Masc., 200m Libre

80+

Baja O SHANAHAN ROCA, Mauricio 42 C.N. Metropole -

Prueba 25  
21/12/2025

Fem., 100m Mariposa

20 años y mayores  
Resultados

Clasificación	AN						Tiempo		RT
20+									
1.	LAMBERTO GARCIA, Ana Maria	02	C.D. Jerez Natacion Master				<b>1:07.77</b>	-	+0,79
	50m: 30.79 30.79	100m: 1:07.77	36.98						
2.	RIVERO GONZALEZ, Erika	01	C.N. Las Palmas				<b>1:17.89</b>	19,00	+8,30
	50m: 36.68 36.68	100m: 1:17.89	41.21						
3.	DIAZ RODRIGUEZ, Grisela	02	C.D. Jescagua				<b>1:19.16</b>	16,00	+0,85
	50m: 35.49 35.49	100m: 1:19.16	43.67						
4.	FELIPE RODRIGUEZ, Ylenia Del Carme	01	C.N. Las Palmas				<b>1:31.65</b>	14,00	+0,94
	50m: 38.84 38.84	100m: 1:31.65	52.81						
25+									
1.	MARTIN MELIAN, Raquel	99	C.N. Vulcania Master				<b>1:12.00</b>	19,00	+0,86
	50m: 33.35 33.35	100m: 1:12.00	38.65						
30+									
1.	QUINTANA SERRANO, Maria Begoña	92	C.N. Metropole				<b>1:17.38</b>	19,00	+0,98
	50m: 35.32 35.32	100m: 1:17.38	42.06						
40+									
Baja	ARMAS ROCA, Marta	83	C.N. Metropole					-	
50+									
1.	WINKLER, Nicole	71	C.N. Vulcania Master				<b>1:33.01</b>	19,00	+1,03
	50m: 43.27 43.27	100m: 1:33.01	49.74						
2.	ASENCIO PEREZ, Ma Jose	74	C.N. Los Cristianos				<b>1:45.62</b>	16,00	+0,84
	50m: 48.26 48.26	100m: 1:45.62	57.36						
55+									
1.	OJEDA QUINTANA, Gloria Esther	69	C.N. Metropole				<b>2:23.82</b>	19,00	+1,40
	50m: 1:06.58 1:06.58	100m: 2:23.82	1:17.24						



Prueba 26  
21/12/2025

Masc., 100m Mariposa

20 años y mayores  
Resultados

Clasificación	AN						Tiempo		RT
20+									
1.	OUBIÑA CORVALAN, Marcos A				05	C.D. Nonadamos	1:04.63	19,00	+0,77
	50m:	30.21	30.21	100m:	1:04.63	34.42			
2.	VIERA VIERA, Acoran				03	C.D. Nonadamos	1:05.27	16,00	+0,82
	50m:	30.07	30.07	100m:	1:05.27	35.20			
3.	RODRIGUEZ GARCIA, Pablo				02	C.N. Las Palmas	1:05.43	14,00	+0,69
	50m:	29.93	29.93	100m:	1:05.43	35.50			
4.	BACALLADO CARMONA, Antonio				05	C.N. Las Palmas	1:08.04	13,00	+0,79
	50m:	32.30	32.30	100m:	1:08.04	35.74			
5.	AKOUDAD ZIZAOUI, Mohamed				05	Cn.Salinas Sta.Lucia	1:36.15	12,00	+0,99
	50m:	39.53	39.53	100m:	1:36.15	56.62			
Baja	CARRO BONILLA, Cristobal				04	A.D. Santa Cruz		-	
Baja	LEON TRUJILLO, Ernesto				01	Cn.Salinas Sta.Lucia		-	
25+									
1.	PRIETO RODRIGUEZ, Daniel				00	C.N. Vulcania Master	58.48	19,00	+0,69
	50m:	26.91	26.91	100m:	58.48	31.57			
30+									
1.	FRIAS RICO, Manuel				93	C.N. Vulcania Master	58.77	19,00	+0,85
	50m:	28.07	28.07	100m:	58.77	30.70			
2.	NEGRIN RODRIGUEZ, Francisco Jesus				94	C. Tenerife Masters	1:11.25	16,00	
	50m:	33.05	33.05	100m:	1:11.25	38.20			
Baja	GONZALEZ ALONSO, Airam				95	A.D. Santa Cruz		-	
40+									
1.	ARENCIBIA DE LA CRUZ, Alejandro				81	C.N. Aguacan	1:19.06	19,00	+1,00
	50m:	36.11	36.11	100m:	1:19.06	42.95			
Baja	GONZALEZ RODRIGUEZ, Enrique				84	C.N. Las Palmas		-	
45+									
1.	SOLLA VELOSO, Ivan				78	C. Tenerife Masters	1:08.23	19,00	+0,89
	50m:	32.66	32.66	100m:	1:08.23	35.57			
2.	REINO ASCANIO, Abian				77	C.N. Metropole	1:09.29	16,00	+1,21
	50m:	31.43	31.43	100m:	1:09.29	37.86			
3.	OJEDA RODRIGUEZ, Alejandro				79	C.N. Valleverde	1:27.63	14,00	+1,06
	50m:	39.93	39.93	100m:	1:27.63	47.70			
Baja	GARCIA MEDINA, Israel				78	C.D. Belen Maria		-	

Prueba 26, Masc., 100m Mariposa

50+

1.	ESPINO MORILLAS, Juan Luis	72	C.N. Aguacan	<b>1:14.36</b>	19,00	+1,01
	50m: 34.12 34.12	100m: 1:14.36	40.24			
Baja	TONELLI, Marcello	75	C.N. Metropole			-

55+

1.	BRUSCOLOTTI, Fabio	68	C. Tenerife Masters	<b>1:07.72</b>	19,00	+0,90
	50m: 31.68 31.68	100m: 1:07.72	36.04			
2.	GUTIERREZ ASCANIO, Ciro	70	C.N. Metropole	<b>1:08.05</b>	16,00	+0,82
	50m: 32.10 32.10	100m: 1:08.05	35.95			
3.	MARTINEZ LLISO, Claudio	66	C.N. Metropole	<b>1:28.12</b>	14,00	
	50m: 40.64 40.64	100m: 1:28.12	47.48			
NP	DOMINGUEZ AFONSO, Oscar Antonio	70	C.N. Oceano Puerto Cruz			-

60+

1.	NUÑEZ NODA, Bernardo	65	C. Tenerife Masters	<b>1:06.50</b>	27,00RR+0,90TE	
	50m: 30.79 30.79	100m: 1:06.50	35.71			
2.	TIETJEN, Uwe	64	Club Gloria Swimtrain Maspalomas	<b>1:22.84</b>	16,00	+8,43
	50m: 38.13 38.13	100m: 1:22.84	44.71			

65+

1.	CABRERA GONZALEZ, Marcos	60	C. Tenerife Masters	<b>1:20.08</b>	27,00RR+0,98TE	
	50m: 37.44 37.44	100m: 1:20.08	42.64			

75+

1.	BREMON PEREZ, Carlos	47	C. Tenerife Masters	<b>1:53.42</b>	19,00	+1,14
	50m: 49.68 49.68	100m: 1:53.42	1:03.74			

Prueba 27  
21/12/2025

Fem., 50m Braza

20 años y mayores  
Resultados

Clasificación	AN		Tiempo	RT
20+				
1.	BORDON CABRERA, Judith	05	C.D.N. Playuki	<b>37.93</b> 19,00 +0,85
2.	GONZALEZ ALARCON, Nerea	02	C.D. Jerez Natacion Master	<b>40.26</b> - +0,88
3.	ST MARY, Sara	04	C.N. Las Palmas	<b>40.67</b> 16,00 +0,96
4.	FERRERA HERNANDEZ, Zayra	01	Club Deportivo Teimar	<b>43.90</b> 14,00 +0,84

Prueba 27, Fem., 50m Braza

25+

1. MARTINEZ SANCHEZ, Camino	97	C. Tenis Chamartin	<b>36.61</b>	-	+1,09
2. GIRALDEZ OSORIO, Marta	00	C.D. Solventia	<b>43.36</b>	19,00	+0,91
3. PICOS HERNANDEZ, Laura	97	C.D. Nonadamos	<b>46.21</b>	16,00	+0,93

30+

1. RODRIGO SANCHEZ, Davinia	92	Cn.Salinas Sta.Lucia	<b>43.38</b>	19,00	+0,83
2. ARENCIBIA SANCHEZ, Laura	91	Club Natación Ocho De Septiembre	<b>43.98</b>	16,00	+0,89
3. DELGADO MARTIN, Maria Elisabet	94	C.D. Nonadamos	<b>51.67</b>	14,00	
4. GONZALEZ RAMOS, Raquel	95	C.D.N. Playuki	<b>53.79</b>	13,00	+10,19

35+

1. CAMPBELL ZEMIER, Veronica	86	C.N. Metropole	<b>35.01</b>	19,00	+0,83
2. ROLDAN GOMEZ, Alba	86	C.D. Jerez Natacion Master	<b>36.71</b>	-	+0,88
3. HERNANDEZ BALAGUERA, Marta	89	C.D. Nonadamos	<b>41.81</b>	16,00	+0,86
4. NEIRA FERNANDEZ, Lorena	87	C.N. Metropole	<b>49.59</b>	14,00	+1,05
5. ISIDORO VIERA, Yolanda	86	C.D. Nonadamos	<b>1:08.20</b>	13,00	+1,41

40+

1. GARCIA DENIZ, Zaida	83	C.N. Las Palmas	<b>40.84</b>	19,00	+0,86
2. MACARIO GONZALEZ, Yaiza	81	C.D. Jescagua	<b>56.93</b>	16,00	+1,18
3. CELAYE GARCIA, Diana Beatriz	81	C.D. Nonadamos	<b>59.46</b>	14,00	+0,95

45+

1. MORA ESPINO, Mercedes	79	C.D. Jerez Natacion Master	<b>43.07</b>	-	+0,97
2. MILLAN MUÑOZ, Maria Jesus	80	C.N. Las Palmas	<b>50.19</b>	19,00	+1,15
3. ALEMAN DEL ROSARIO, Juana R	77	C.N. Las Palmas	<b>50.39</b>	16,00	+1,19
4. ERCOLINI, Marina Eva	79	C.N. Los Cristianos	<b>50.49</b>	14,00	+1,26
5. SANTANA TRUJILLO, Yaiza	77	C.D.N. Playuki	<b>52.49</b>	13,00	+1,59
6. AFONSO RIVERO, Vanessa Del Carme	77	C.N. Carucagua	<b>56.79</b>	12,00	+14,78
Baja ALVAREZ JORGE, Carmen Rita	80	C.D.N. Playuki		-	
Baja CAMPOS ABDULAH, Maria Del Carmer	78	C.N. Metropole		-	

50+

1. GARCIA GARCIA, Maria Miriam	72	C. Tenerife Masters	<b>41.21</b>	27,00RR	+0,97TE
2. PARIS SANCHEZ, Monica	71	C. Tenerife Masters	<b>42.43</b>	16,00	+0,92
3. GARCIA PADRON, Noelia Marina	73	C.D. Nonadamos	<b>1:00.40</b>	14,00	+1,04
4. RODRIGUEZ ESPARRAGON, Isabel	71	C.D. Nonadamos	<b>1:08.36</b>	13,00	+1,32
5. PERERA RIVERO, Victoria	74	C.N. Valleverde	<b>1:22.18</b>	12,00	+1,13
Baja MOSHASHAEI MOSHASHAEI, Neda Si74at		Cn.Salinas Sta.Lucia		-	

Prueba 27, Fem., 50m Braza

55+

1.	GONZALEZ ALBUJAR, Maria Rosa	70	C.N. Metropole	<b>45.11</b>	19,00	+1,03
2.	GONZALEZ RODRIGUEZ, Mercedes	67	C. Tenerife Masters	<b>45.62</b>	16,00	+0,82

60+

1.	PEREZ MACIAS, Juana Teresa	63	C.N. Metropole	<b>50.83</b>	19,00	+11,27
2.	URIARTE MARRON, Cristina	63	C. Tenerife Masters	<b>1:00.28</b>	16,00	+1,05
3.	SANCHEZ LEAL, Gema Isabel	64	C. Tenerife Masters	<b>1:05.77</b>	14,00	+1,52

65+

1.	LAIS, Cinzia	59	C.N. Vulcania Master	<b>48.80</b>	19,00	+0,87
2.	BRANF, Judith Sarah	60	C.N. Vulcania Master	<b>54.92</b>	16,00	+1,35
3.	DE ARMAS FUMERO, Elsa	57	C. Tenerife Masters	<b>54.98</b>	14,00	+1,46

70+

1.	LOPEZ GONZALEZ, Esther	55	C. Tenerife Masters	<b>51.43</b>	19,00	+1,22
NP	SANTANA CANSADO, Maria Del Carme	54	C.N. Metropole	-	-	-

80+

Baja	OJEDA GARCIA, Ma Dolores	42	C.D.N. Playuki	-	-	-
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Prueba 28  
21/12/2025

Masc., 50m Braza

20 años y mayores  
Resultados

Clasificación	AN		Tiempo	RT
20+				
1.	RIVERO RODRIGUEZ, Kilian	03	Club Natación Ocho De Septiembre	<b>40.63</b> 19,00 +6,25
2.	PEREZ ARMAS, Alvaro	04	C.N. Carucagua	<b>45.69</b> 16,00 +1,13
NP	SANTANA PEREZ, Saul Carmelo	02	C.N. Las Palmas	-
Baja	CABRERA WINTER, Alvaro	01	C.N..Faynagua C. Telde	-
25+				
1.	CERPA CABALLERO, Jonay Salvador	99	C.N. Los Cristianos	<b>31.37</b> 19,00 +0,69
2.	ALVAREZ VALENCIA, Nestor	00	C.N. Vulcania Master	<b>31.53</b> 16,00 +0,71
3.	AFONSO SUAREZ, Ivan	96	C.N. Los Cristianos	<b>31.79</b> 14,00 +0,77
4.	AYALA MAESTRE, Alejandro	97	C.D. Jerez Natacion Master	<b>33.70</b> - +0,82
5.	ACEITUNO MARTINEZ, Manuel Jesus	98	C.D. Nonadamos	<b>36.74</b> 13,00 +0,90
6.	CIRUGEDA LOPEZ, Aythami	97	C.N. Vulcania Master	<b>37.06</b> 12,00 +1,07
7.	SANCHEZ FRAILE, David	96	C.N. Los Cristianos	<b>38.95</b> 11,00 +1,01
DSQ	PEREZ GARCIA, Adan	97	C.N. Martianez Coral Hotels	-
Baja	MATAS MONROY, Javier Hernan	00	Cn.Salinas Sta.Lucia	-

Prueba 28, Masc., 50m Braza

30+

1.	CAZORLA ARTILES, Jose Manuel	93	Cn.Salinas Sta.Lucia	<b>39.38</b>	19,00	+1,06
2.	GARCIA DE LA HOZ, Adrian Cipriano	93	C.D. Nonadamos	<b>40.55</b>	16,00	+1,11
3.	PEREZ DIAZ, Juan Jose	94	C.D. Belen Maria	<b>40.72</b>	14,00	+1,03
4.	RODRIGUEZ MEDINA, Abian	93	C.D.N. Playuki	<b>49.20</b>	13,00	+0,99
5.	MONTELONGO MANRIQUE DE LARA,93		C.N. Las Palmas	<b>1:24.15</b>	12,00	+0,83

35+

1.	SANTANA LOPEZ, Yosias	89	C.N. Metropole	<b>32.16</b>	19,00	+0,85
2.	MORALES MARTINEZ, Adrian Luis	89	Club Deportivo Teimar	<b>36.64</b>	16,00	+0,89
3.	QUEVEDO MEDINA, Ulises	90	C.D. Belen Maria	<b>37.68</b>	14,00	+0,82
4.	HERNANDEZ GONZALEZ, Simeon	87	C.N. Oceano Puerto Cruz	<b>52.13</b>	13,00	+1,09
DSQ	DUARTE RIVADO, Raul	90	C.N. Valleverde	-		

40+

1.	AGUADO DOMINGUEZ, Ismael	82	C.D. Jerez Natacion Master	<b>31.29</b>	-	+0,72
2.	BEDOYA OTERO, Omar	81	C.N. Valleverde	<b>31.86</b>	19,00	+0,84
3.	MEZZANZANICA, Fabio	85	C.N. Los Cristianos	<b>33.39</b>	16,00	+0,94
4.	GONZALEZ GONZALEZ, Francisco Jos	83	Club Deportivo Teimar	<b>34.55</b>	14,00	+0,89
5.	MARTIN PIELTAIN, Ione Manuel	83	C.N. Aguacan	<b>37.66</b>	13,00	+0,88
6.	GUTIERREZ QUINTERO, Nuhacet	82	C.N. Los Cristianos	<b>38.07</b>	12,00	+0,95
7.	MOSLER, Roman	81	C.N. Las Palmas	<b>40.54</b>	11,00	+0,93
8.	LOPEZ ALONSO, Kilian	85	C.D. Belen Maria	<b>41.22</b>	10,00	+0,92
9.	PEREZ TORRES, Mariano Luis	84	C.D. Solventia	<b>41.30</b>	9,00	+0,92
10.	ORTEGA MONTERO, Jorge	84	C.N. Valleverde	<b>56.90</b>	8,00	+1,26

45+

1.	ROJANO BROZ, Javier	79	C.N. Metropole	<b>33.34</b>	19,00	+0,81
2.	MARTINEZ SANTOS, Ricardo Jose	76	C.N. Las Palmas	<b>35.69</b>	16,00	+1,02
3.	MARTIN ALMEIDA, Luis A.	76	C.D. Belen Maria	<b>42.26</b>	14,00	+1,38
4.	MORALES CARREÑO, Fernando	79	C.D. Solventia	<b>47.64</b>	13,00	+1,43

50+

1.	HERNANDEZ RODRIGUEZ, Horacio	71	C.N. Metropole	<b>39.62</b>	19,00	+0,91
2.	DIAZ QUINTANA, Ruben	73	C.N. Carucagua	<b>40.64</b>	16,00	+1,12
3.	GARCIA GARCIA, Jose Agustin	73	C.N. Vulcania Master	<b>42.11</b>	14,00	+0,87
4.	MELIAN GOMEZ, Francisco David	75	C. Tenerife Masters	<b>43.66</b>	13,00	+1,05
5.	GARCIA DIAZ, Cayetano	71	C.D. Nonadamos	<b>47.28</b>	12,00	+2,81
6.	TORRES BETANCOR, Francisco Javier	71	C.D.N. Playuki	<b>48.18</b>	11,00	+1,19
7.	ARENCIBIA QUINTANA, Jose Luis	74	C.N. Valleverde	<b>1:03.58</b>	10,00	+0,99
Baja	MELIAN VILLALOBOS, Jose	73	C.N. Las Palmas	-		

Prueba 28, Masc., 50m Braza

55+

1.	DOMINGUEZ CABRERA, Arnaudis	67	C.D. Belen Maria	<b>33.92</b>	19,00	+0,96
2.	ST MARY, Enrique	70	C.N. Las Palmas	<b>36.40</b>	16,00	+0,96
3.	NUEZ SANCHEZ, Carlos Luis	69	C.N. Aguacan	<b>39.60</b>	14,00	+1,00
4.	VICENTE CABRERA, Laureano	67	C.N. Metropole	<b>43.54</b>	13,00	+4,27
5.	RODRIGUEZ SANTANA, Ernesto	70	C.N. Valleverde	<b>48.13</b>	12,00	+0,89
6.	MARTIN HERNANDEZ, Alejandro	67	C.N. Las Palmas	<b>53.44</b>	11,00	+1,09
NP	SANTANA MIRANDA, Antonio Manuel	67	C.N. Metropole	-		
Baja	CAMPANALUNGA LAVAGNINI, Dimas	70	C.N..Faynagua C. Telde	-		

60+

1.	GIL LEON, Javier Luis	65	C.N. Carucagua	<b>39.79</b>	19,00	+0,89
2.	GARCIA OSSORIO, Jose Luis	65	C. Tenerife Masters	<b>42.78</b>	16,00	+0,98
3.	MOREIRAS DELLA-VENTURA, F.	64	C.N. Metropole	<b>44.64</b>	14,00	+1,16
4.	DORTA MACIA, Carlos	62	C. Tenerife Masters	<b>45.92</b>	13,00	+1,27
5.	QUEVEDO HERNANDEZ, Rafael	64	C.D. Jescagua	<b>47.45</b>	12,00	+1,07
6.	HERNANDEZ DE LA ROSA, Ignacio M	65	Club Deportivo Teimar	<b>47.92</b>	11,00	+0,97
7.	BRAVO DE LAGUNA SOCORRO, Albe	62	C.N. Las Palmas	<b>55.93</b>	10,00	+1,38
8.	OJEDA ARENCIBIA, Pablo Alejandro	61	C.N. Valleverde	<b>1:14.50</b>	9,00	+1,38

65+

NP	DIAZ CASTRO, Jose Maria	57	C. Tenerife Masters	-		
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70+

1.	PERERA MOLINERO, Antonio	55	C. Tenerife Masters	<b>42.47</b>	27,00RR	+1,17TE
2.	AROCHA DE LEON, Sebastian Fernanc	54	C.N. Metropole	<b>52.58</b>	16,00	+4,75
Baja	MARICHAL RAMOS, Martin	54	C. Tenerife Masters	-		

75+

1.	CHECA FAJARDO, Placido	50	C.N. Metropole	<b>51.64</b>	19,00	+1,18
2.	CASTRILLON GARCIA-DELGADO, Jose Luis	49	C. Tenerife Masters	<b>51.94</b>	16,00	+3,72
3.	CABRERA BARBUZANO, Fernando	48	C.D.N. Playuki	<b>54.23</b>	14,00	+1,06

85+

NP	ROEDER, Peter	37	C. Tenerife Masters	-		
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Prueba 29  
21/12/2025

400m Estilos

20 años y mayores  
Resultados

Clasificación	AN										Tiempo		RT
20+, Masc.													
1.	PEÑA RODRÍGUEZ, Jeremy Tomas				04	Club Gloria Swimtrain Maspalomas				<b>5:09.53</b>	19,00	+0,71	
	50m:	30.37	30.37	150m:	1:47.02	40.28	250m:	3:11.72	46.10	350m:	4:35.11	36.44	
	100m:	1:06.74	36.37	200m:	2:25.62	38.60	300m:	3:58.67	46.95	400m:	5:09.53	34.42	
2.	CABALLERO PEÑATE, Angel Jose				01	C.D. Jescagua				<b>6:37.61</b>	16,00	+0,90	
	50m:	41.54	41.54	150m:	2:22.80	53.56	250m:	4:10.87	55.86	350m:	5:54.12	46.46	
	100m:	1:29.24	47.70	200m:	3:15.01	52.21	300m:	5:07.66	56.79	400m:	6:37.61	43.49	
25+, Masc.													
1.	RUIZ SEIJO, Brais				98	C.N. Vulcania Master				<b>4:53.23</b>	19,00	+0,78	
	50m:	28.23	28.23	150m:	1:39.12	37.94	250m:	2:58.87	41.83	350m:	4:18.18	35.91	
	100m:	1:01.18	32.95	200m:	2:17.04	37.92	300m:	3:42.27	43.40	400m:	4:53.23	35.05	
35+, Masc.													
1.	GARCIA FIERRO, Victor Manuel				88	C.N. Metropole				<b>5:21.01</b>	19,00	+0,95	
	50m:	33.87	33.87	150m:	1:56.96	43.83	250m:	3:23.14	43.25	350m:	4:45.10	37.89	
	100m:	1:13.13	39.26	200m:	2:39.89	42.93	300m:	4:07.21	44.07	400m:	5:21.01	35.91	
2.	GARCIA CATALA, Josue				87	C.N. Metropole				<b>6:06.64</b>	16,00	+0,97	
	50m:	36.17	36.17	150m:	2:11.68	52.08	250m:	3:53.63	51.24	350m:	5:26.74	41.72	
	100m:	1:19.60	43.43	200m:	3:02.39	50.71	300m:	4:45.02	51.39	400m:	6:06.64	39.90	
3.	MENDEZ PEREZ, Neftali				86	Cn.Salinas Sta.Lucia				<b>6:28.01</b>	14,00	+0,90	
	50m:	39.30	39.30	150m:	2:15.00	49.68	250m:	4:00.97	57.04	350m:	5:44.91	46.68	
	100m:	1:25.32	46.02	200m:	3:03.93	48.93	300m:	4:58.23	57.26	400m:	6:28.01	43.10	
DSQ	HENRIQUEZ HERNANDEZ, Rafael				87	C.N. Las Palmas						-	
	DVI - Desc Viraje Irregular												
40+, Masc.													
1.	SANTANA SARMIENTO, Miguel				83	C.N..Faynagua C. Telde				<b>5:07.18</b>	19,00	+0,95	
	50m:	35.37	35.37	150m:	1:53.70	40.42	250m:	3:17.36	44.31	350m:	4:36.92	34.44	
	100m:	1:13.28	37.91	200m:	2:33.05	39.35	300m:	4:02.48	45.12	400m:	5:07.18	30.26	
2.	GONZALEZ DIAZ, Yeray				83	Cn.Salinas Sta.Lucia				<b>5:38.92</b>	16,00	+0,88	
	50m:	34.90	34.90	150m:	1:58.10	43.26	250m:	3:30.51	50.38	350m:	4:59.80	40.27	
	100m:	1:14.84	39.94	200m:	2:40.13	42.03	300m:	4:19.53	49.02	400m:	5:38.92	39.12	
3.	MERLO CANO, Joaquin				82	C. Tenerife Masters				<b>7:18.32</b>	14,00	+1,09	
	50m:	50.78	50.78	150m:	2:48.73	59.33	250m:	4:45.30	56.64	350m:	6:31.06	48.01	
	100m:	1:49.40	58.62	200m:	3:48.66	59.93	300m:	5:43.05	57.75	400m:	7:18.32	47.26	
Baja	GONZALEZ RODRIGUEZ, Enrique				84	C.N. Las Palmas						-	



Prueba 29, 400m Estilos

45+, Masc.

1.	PEREZ GARCIA, Jonay	77	C. Tenerife Masters	<b>5:09.63</b>	19,00	+0,86
	50m: 32.92 32.92	150m: 1:53.50	42.70 250m: 3:18.05	43.32 350m: 4:37.00	35.54	
	100m: 1:10.80 37.88	200m: 2:34.73	41.23 300m: 4:01.46	43.41 400m: 5:09.63	32.63	
2.	GUEDES ALONSO, Francisco Yeray	80	C.N. Valleverde	<b>6:45.71</b>	16,00	+1,16
	50m: 45.12 45.12	150m: 2:33.05	55.37 250m: 4:22.70	55.82 350m: 6:03.98	44.55	
	100m: 1:37.68 52.56	200m: 3:26.88	53.83 300m: 5:19.43	56.73 400m: 6:45.71	41.73	

50+, Masc.

1.	MORALES RODRIGUEZ, Sergio	73	A.D. Santa Cruz	<b>5:26.21</b>	19,00	+1,06
	50m: 34.20 34.20	150m: 1:55.21	42.84 250m: 3:25.48	48.80 350m: 4:51.10	36.69	
	100m: 1:12.37 38.17	200m: 2:36.68	41.47 300m: 4:14.41	48.93 400m: 5:26.21	35.11	
2.	GIL HENRIQUEZ, Jorge Juan	72	C.N. Las Palmas	<b>7:27.29</b>	16,00	+1,10
	50m: 49.10 49.10	150m: 2:43.79	58.79 250m: 4:51.90	1:11.37 350m: 6:46.00	41.89	
	100m: 1:45.00 55.90	200m: 3:40.53	56.74 300m: 6:04.11	1:12.21 400m: 7:27.29	41.29	

55+, Masc.

1.	ARENCIBIA AFONSO, Alfredo	68	C.N. Las Palmas	<b>6:25.59</b>	19,00	+1,02
	50m: 38.84 38.84	150m: 2:17.01	51.46 250m: 4:01.32	55.01 350m: 5:43.89	46.00	
	100m: 1:25.55 46.71	200m: 3:06.31	49.30 300m: 4:57.89	56.57 400m: 6:25.59	41.70	

60+, Masc.

1.	FERNANDEZ LOVERA, Juan	65	C.N. Carucagua	<b>7:58.16</b>	19,00	+1,35
	50m: 51.50 51.50	150m: 2:57.32	58.27 250m: 5:09.42	1:14.92 350m: 7:12.04	48.46	
	100m: 1:59.05 1:07.55	200m: 3:54.50	57.18 300m: 6:23.58	1:14.16 400m: 7:58.16	46.12	

75+, Masc.

1.	METZ, Michael Gustav	48	C. Tenerife Masters	<b>8:48.26</b>	19,00	+1,25
	50m: 1:07.76 1:07.76	150m: 3:36.01	1:12.76 250m: 5:54.66	1:09.10 350m: 7:56.93	54.98	
	100m: 2:23.25 1:15.49	200m: 4:45.56	1:09.55 300m: 7:01.95	1:07.29 400m: 8:48.26	51.33	

40+, Fem.

1.	BERNARDOS CRUZ, Idoia	83	C.N. Metropole	<b>6:27.94</b>	27,00RR+1,00TE	
	50m: 40.00 40.00	150m: 2:19.32	51.57 250m: 4:04.57	53.62 350m: 5:45.81	46.15	
	100m: 1:27.75 47.75	200m: 3:10.95	51.63 300m: 4:59.66	55.09 400m: 6:27.94	42.13	

55+, Fem.

1.	NEGRIN FIGUEROA, Elena	70	C. Tenerife Masters	<b>6:55.70</b>	19,00	+1,02
	50m: 50.91 50.91	150m: 2:41.89	50.52 250m: 4:29.24	57.39 350m: 6:13.25	45.51	
	100m: 1:51.37 1:00.46	200m: 3:31.85	49.96 300m: 5:27.74	58.50 400m: 6:55.70	42.45	

Prueba 29, 400m Estilos

60+, Fem.

1. RAMIREZ SANTANA, Cristina	65	C.N. Metropole	<b>6:56.21</b>	27,00RR+1,03TE
50m: 39.93 39.93 150m: 2:24.38 57.12 250m: 4:20.36 1:01.53 350m: 6:09.87 47.05				
100m: 1:27.26 47.33 200m: 3:18.83 54.45 300m: 5:22.82 1:02.46 400m: 6:56.21 46.34				

Prueba 30  
21/12/2025

Fem., 50m Libre

20 años y mayores  
Resultados

Clasificación	AN		Tiempo	RT
20+				
1. HERNANDEZ SANCHEZ, Lara	02	A.D. Santa Cruz	<b>29.12</b>	19,00 +0,75
2. DE CASTRO URQUIOLA, Helena	04	C.D. Nonadamos	<b>29.32</b>	16,00 +0,71
3. SANTANA FLORES, Ainhoa	01	C.D. Belen Maria	<b>30.19</b>	14,00 +0,84
4. LIÑAN DEL ROSARIO, Maria Luisa	04	C.N. Metropole	<b>31.83</b>	13,00 +0,88
5. PEREZ REYES, Irene	04	Club Deportivo Teimar	<b>31.87</b>	12,00 +0,85
6. BENITEZ LOPEZ, Marta	02	C.D. Jerez Natacion Master	<b>32.60</b>	- +0,81
7. ARENCIBIA REYES, Daniela	05	Club Natación Ocho De Septiembre	<b>33.12</b>	11,00 +0,72
8. FERRERA HERNANDEZ, Zayra	01	Club Deportivo Teimar	<b>33.19</b>	10,00 +0,78
9. GONZALEZ MARRERO, Isabel Del Carr04n	04	C.N. Valleverde	<b>35.76</b>	9,00 +1,02
10. GONZALEZ MARRERO, Elena Maria	01	C.N. Valleverde	<b>35.88</b>	8,00 +11,14
11. PEREZ RODRIGUEZ, Sheila	03	C.D.N. Playuki	<b>37.58</b>	7,00 +3,27
12. VEGA IBRAHIM, Ainhoa	05	C.D.N. Playuki	<b>43.30</b>	6,00 +1,15
NP MARTINEZ CABRERA, Carla	04	C.N. Metropole	-	-
Baja QUESADA GARCIA, Yanel	04	Cn.Salinas Sta.Lucia	-	-
25+				
1. MARRERO DE LA NUEZ, Elisabeth	96	C.D. Belen Maria	<b>29.50</b>	19,00 +0,72
2. LAVANDERA ALTESOR, Rosina	99	C.N. Los Cristianos	<b>30.75</b>	16,00 +0,87
3. RAMOS SANTANA, Laura Maria	98	C.D. Nonadamos	<b>31.51</b>	14,00 +1,01
4. ROSARIO BETANCOR, Ainhoa	97	C.D. Solventia	<b>34.21</b>	13,00 +0,89
5. RIVERO SANTANA, Sheila	96	C.N. Las Palmas	<b>35.15</b>	12,00 +1,06
6. PICOS HERNANDEZ, Laura	97	C.D. Nonadamos	<b>36.23</b>	11,00 +6,40
Baja RODRIGUEZ FAVED, Cintia	98	C.D. Solventia	-	-
Baja ARTILES DIEPA, Leticia	98	C.D.N. Playuki	-	-
30+				
1. PALMAS CANDIA, Chiara Sofia	93	C. Tenerife Masters	<b>31.69</b>	19,00 +0,67
2. MEDINA SANTANA, Beatriz	95	C.D.N. Playuki	<b>32.70</b>	16,00 +0,78
3. SIGUERO MARTIN, Leticia	92	C.N. Aguacan	<b>33.51</b>	14,00 +0,96
4. ARENCIBIA SANCHEZ, Laura	91	Club Natación Ocho De Septiembre	<b>35.46</b>	13,00 +0,86
5. RODRIGUEZ CHAVEZ, Rocio Evelin	93	C.N. Los Cristianos	<b>35.85</b>	12,00 +1,16
6. GONZALEZ RAMOS, Raquel	95	C.D.N. Playuki	<b>42.97</b>	11,00 +0,98

Prueba 30, Fem., 50m Libre

35+

1.	CAMPBELL ZEMIER, Veronica	86	C.N. Metropole	<b>28.82</b>	19,00	+0,78
2.	HERNANDEZ BALAGUERA, Marta	89	C.D. Nonadamos	<b>33.63</b>	16,00	+0,97
3.	YANEZ ORTEGA, Elena	90	Club Natación Ocho De Septiembre	<b>38.92</b>	14,00	+1,00
4.	NEIRA FERNANDEZ, Lorena	87	C.N. Metropole	<b>39.21</b>	13,00	
5.	ISIDORO VIERA, Yolanda	86	C.D. Nonadamos	<b>50.16</b>	12,00	+7,58

40+

1.	GARCIA DENIZ, Zaida	83	C.N. Las Palmas	<b>30.46</b>	19,00	+0,87
2.	MARTIN CABRERA, Jenifer	83	C.D. Nonadamos	<b>40.50</b>	16,00	+0,97
3.	FLORES SANTANA, Tania Del Carmen	84	C.D.N. Playuki	<b>43.74</b>	14,00	+1,24
4.	HERNANDEZ MARRERO, Yurena Aranzazu	82	Cn.Salinas Sta.Lucia	<b>45.42</b>	13,00	+1,33
5.	RAMIREZ CRUZ, Ruth	85	Cn.Salinas Sta.Lucia	<b>50.61</b>	12,00	+0,99

45+

1.	GARABATOS RODRIGUEZ, Susana	79	C.N. Los Cristianos	<b>28.67</b>	19,00	+0,91
2.	MARTINEZ DA ALMEIDA, Selene	80	C.N. Villa De Agüimes 2016	<b>32.51</b>	16,00	+0,79
3.	DIAZ SANTANA, Luz Marina	76	C.D.N. Playuki	<b>39.99</b>	14,00	+1,17
4.	MILLAN MUÑOZ, Maria Jesus	80	C.N. Las Palmas	<b>40.93</b>	13,00	+1,14
5.	SANTANA TRUJILLO, Yaiza	77	C.D.N. Playuki	<b>42.21</b>	12,00	+0,89
6.	GONZALEZ MEDINA, Vanessa Raquel	78	C.D. Nonadamos	<b>42.84</b>	11,00	+0,89
7.	ALEMAN DEL ROSARIO, Juana R	77	C.N. Las Palmas	<b>44.03</b>	10,00	+13,50
8.	RODRIGUEZ MONTAÑEZ, Ruth	76	C.N. Los Cristianos	<b>46.65</b>	9,00	+3,63

50+

1.	RAMIREZ PERDOMO, Ma Begona	73	C.D. Nonadamos	<b>32.80</b>	19,00	+0,87
2.	RAMIREZ HENRIQUEZ, Maria Del Pilar	74	Cn.Salinas Sta.Lucia	<b>40.77</b>	16,00	+3,43
3.	GARCIA PADRON, Noelia Marina	73	C.D. Nonadamos	<b>56.60</b>	14,00	+1,05
NP	CHAAR ALEMAN, Maria Desiree	73	C.N. Metropole		-	
Baja	IZQUIERDO RODRIGUEZ, Cristina	74	C. Tenerife Masters		-	
Baja	MORALES LOZANO, Gloria	72	C.D. Jescagua		-	

55+

1.	ESCATLLAR FDEZ. DE MISA, Concepción	66	C. Tenerife Masters	<b>31.92</b>	19,00	+0,85
2.	GONZALEZ ALBUJAR, Maria Rosa	70	C.N. Metropole	<b>35.52</b>	16,00	+1,00
3.	CARAMES PEREZ, Carmen Dolores	68	C.N..Faynagua C. Telde	<b>39.44</b>	14,00	+2,61
4.	RAMIREZ PERDOMO, Fatima	70	C.D. Nonadamos	<b>40.06</b>	13,00	+1,17
5.	BERNDTSSON, Ann Mari	70	C.N. Vulcania Master	<b>40.83</b>	12,00	+0,97
6.	RODRIGUEZ HERNANDEZ, Elena	66	C. Tenerife Masters	<b>44.37</b>	11,00	+1,08
7.	SANTANA GUERRA, Maria Dolores	69	C.N. Valleverde	<b>1:03.79</b>	10,00	+1,12
8.	ROMERO SANCHEZ, Lidia	68	C.D. Jescagua	<b>1:16.60</b>	9,00	+1,36
Baja	DOMINGUEZ MARTEL, Maria Jesus	68	C.N. Metropole		-	

Prueba 30, Fem., 50m Libre

60+

1.	SANCHEZ LEAL, Gema Isabel	64	C. Tenerife Masters	<b>41.56</b>	19,00	+1,25
2.	FELIPE RAMIREZ, Maria Del Carmen	62	C.N..Faynagua C. Telde	<b>42.07</b>	16,00	+0,98

65+

1.	FERNANDEZ PEREZ, Ana Maria	58	C.N. Metropole	<b>39.92</b>	19,00	+1,06
2.	DE ARMAS FUMERO, Elsa	57	C. Tenerife Masters	<b>40.93</b>	16,00	+1,33

70+

1.	LANG-LENTON LEON, Rosario	53	C.N. Metropole	<b>42.35</b>	19,00	+0,93
NP	SANTANA CANSADO, Maria Del Carme	54	C.N. Metropole		-	

Prueba 31  
21/12/2025

Masc., 50m Libre

20 años y mayores  
Resultados

Clasificación	AN		Tiempo	RT
20+				
1.	MARTEL MARTEL, Aimar	03	C.D. Jescagua	<b>23.84</b> 19,00 +0,76
2.	ZURITA GARCIA, Raul	04	C.N. Metropole	<b>24.54</b> 16,00 +0,68
3.	DOS REIS SANTANA, Alejandro	04	C.N. Aguacan	<b>26.80</b> 14,00 +0,80
4.	NUEZ MARRERO, Cristian	02	C.N. Carucagua	<b>33.88</b> 13,00
NP	CARRO BONILLA, Cristobal	04	A.D. Santa Cruz	-
NP	PEREZ ARMAS, Alvaro	04	C.N. Carucagua	-
Baja	CABRERA WINTER, Alvaro	01	C.N..Faynagua C. Telde	-
25+				
1.	ALONSO DOMINGUEZ, Manuel	00	C.N. Metropole	<b>24.07</b> 27,00RR+0,77TE
2.	RODRIGUEZ RIVERO, Alejandro	99	Club Gloria Swimtrain Maspalomas	<b>25.72</b> 16,00 +0,71
3.	SANZ GONZALEZ, Oscar	98	Club Deportivo Teimar	<b>26.47</b> 14,00 +0,86
4.	LAGO CARABALLO, Saul	98	Cn.Salinas Sta.Lucia	<b>27.01</b> 13,00 +7,65
5.	RODRIGUEZ MORALES, Agoney	99	C.N. Los Cristianos	<b>28.09</b> 12,00 +0,73
6.	SANCHEZ FRAILE, David	96	C.N. Los Cristianos	<b>29.75</b> 11,00 +0,98
30+				
1.	RAMIREZ O SHANAHAN, Guillermo	93	C.N. Metropole	<b>24.64</b> 19,00 +0,79
2.	BETANCOR CALLERO, Carlos	95	C.N. Metropole	<b>27.10</b> 16,00 +0,86
3.	NAVAS OJEDA, Angel Luis	93	C.N. Metropole	<b>27.44</b> 14,00 +0,78
4.	ACOSTA PERDOMO, Gabriel	94	C.N. Vulcania Master	<b>27.89</b> 13,00 +0,93
5.	CAZORLA ARTILES, Jose Manuel	93	Cn.Salinas Sta.Lucia	<b>29.65</b> 12,00 +1,02
6.	ARENCIBIA DIAZ, Victor	92	C.D. Belen Maria	<b>30.11</b> 11,00
7.	MARTIN FLEITAS, Raul	92	C.N. Las Palmas	<b>30.83</b> 10,00 +0,91
8.	OJEDA AFONSO, Jose Antonio	93	C.N. Aguacan	<b>31.46</b> 9,00 +1,11

Prueba 31, Masc., 50m Libre, 30+

Clasificación	AN		Tiempo	RT
9. PEREZ DIAZ, Juan Jose	94	C.D. Belen Maria	<b>31.92</b> 8,00	+0,94
10. RODRIGUEZ MEDINA, Abian	93	C.D.N. Playuki	<b>32.23</b> 7,00	+0,83
11. SANTANA ACOSTA, Abisai Neri	91	C.D.N. Playuki	<b>43.89</b> 6,00	
NP GONZALEZ ALONSO, Airam	95	A.D. Santa Cruz	-	
35+				
1. ORTIZ HERNANDEZ, Aday	90	Club Natación Ocho De Septiembre	<b>25.53</b> 19,00	+0,81
2. MARTIN GIL, Oliverio	90	C.N. Vulcania Master	<b>29.66</b> 16,00	+0,90
3. RODRIGUEZ PULIDO, Daniel	89	C.N. Valleverde	<b>29.82</b> 14,00	+0,83
4. MENDEZ PEREZ, Neftali	86	Cn.Salinas Sta.Lucia	<b>32.14</b> 13,00	+6,86
5. HERNANDEZ GONZALEZ, Simeon	87	C.N. Oceano Puerto Cruz	<b>33.47</b> 12,00	+1,09
6. TORRES DE MIGUEL, David	86	Club Deportivo Teimar	<b>50.42</b> 11,00	+1,60
40+				
1. CASTILLO DELGADO, Samuel	85	Club Deportivo Teimar	<b>28.67</b> 19,00	+0,86
2. GUTIERREZ QUINTERO, Nuhacet	82	C.N. Los Cristianos	<b>29.67</b> 16,00	+0,92
3. LOPEZ ALONSO, Kilian	85	C.D. Belen Maria	<b>29.68</b> 14,00	+8,06
4. QUINTANA GARCIA, Daniel	85	C.N. Las Palmas	<b>31.31</b> 13,00	+0,74
5. ORTEGA MONTERO, Jorge	84	C.N. Valleverde	<b>46.57</b> 12,00	+1,24
45+				
1. ROJANO BROZ, Javier	79	C.N. Metropole	<b>26.43</b> 19,00	+0,82
2. CABRERA PESTANA, Alejandro	80	C.N. Las Palmas	<b>27.73</b> 16,00	+0,94
3. SANCHEZ JIMENEZ, Sergio	76	C.N. Villa De Agüimes 2016	<b>29.19</b> 14,00	+1,00
4. CUBAS, David	76	C.D. Belen Maria	<b>33.84</b> 13,00	+1,13
5. MORALES CARREÑO, Fernando	79	C.D. Solventia	<b>37.65</b> 12,00	
Baja GARCIA MEDINA, Israel	78	C.D. Belen Maria	-	
50+				
1. HERNANDEZ DIAZ, Hector	75	C.N. Los Cristianos	<b>28.94</b> 19,00	
2. ESPINO MORILLAS, Juan Luis	72	C.N. Aguacan	<b>29.09</b> 16,00	+0,84
3. MARTEL TOLEDO, Luis	71	C. Tenerife Masters	<b>29.40</b> 14,00	+0,90
4. GARCIA CABRERA, Miguel Angel	73	C. Tenerife Masters	<b>29.93</b> 13,00	+1,33
5. COLINA GIRALDA, Raul	71	C.N. Las Palmas	<b>30.30</b> 12,00	+0,93
6. DIAZ QUINTANA, Ruben	73	C.N. Carucagua	<b>31.72</b> 11,00	+7,72
7. SUAREZ GUZMAN, Alexis Leon	75	C.D. Belen Maria	<b>32.85</b> 10,00	+1,05
8. GARCIA DIAZ, Cayetano	71	C.D. Nonadamos	<b>36.14</b> 9,00	+1,22
Baja LOPEZ ALVARADO, Javier	71	C.N. Metropole	-	

Prueba 31, Masc., 50m Libre

55+

1.	GUTIERREZ ASCANIO, Ciro	70	C.N. Metropole	<b>27.49</b>	19,00	+0,78
2.	VREEKAMP, Remko Hendrikus	67	C.D.N. Playuki	<b>30.08</b>	16,00	+0,91
3.	FARIAS OROPESA, Juan Jesus	70	C.N..Faynagua C. Telde	<b>30.82</b>	14,00	+0,83
4.	ALZOLA MEDINA, Victor	69	C.D. Belen Maria	<b>31.13</b>	13,00	+1,09
5.	AMOZA IRIGOYEN, Andres	67	C.N. Vulcania Master	<b>33.14</b>	12,00	+1,02
6.	SANTANA CABALLERO, Jose	69	C.D. Belen Maria	<b>33.64</b>	11,00	+1,03
7.	RAMIREZ MARRERO, Javier	67	C.N. Las Palmas	<b>34.56</b>	10,00	+1,05
8.	CAMPANALUNGA LAVAGNINI, Dimas	70	C.N..Faynagua C. Telde	<b>35.38</b>	9,00	+0,99
NP	DAUTA GIL, Juan Tomas	69	C.D.N. Playuki		-	

60+

1.	GIL LEON, Javier Luis	65	C.N. Carucagua	<b>30.50</b>	19,00	+0,88
2.	CEJUDO DELGADO, Angel	63	C.N. Vulcania Master	<b>32.91</b>	16,00	+1,10
3.	OJEDA ARENCIBIA, Pablo Alejandro	61	C.N. Valleverde	<b>50.83</b>	14,00	+1,28

65+

1.	QUESADA ORTEGA, Jose Ramon	60	C.N. Metropole	<b>34.41</b>	19,00	+0,91
2.	DIAZ DIAZ, Celso Julio	59	C. Tenerife Masters	<b>35.69</b>	16,00	+1,11

70+

1.	LUNA GIL, Antonio	55	C. Tenerife Masters	<b>31.23</b>	27,00RR	+0,88TE
2.	RODRIGUEZ SANTOS, Santiago	55	C. Tenerife Masters	<b>34.49</b>	16,00	+0,94
3.	AROCHA DE LEON, Sebastian Fernanc	54	C.N. Metropole	<b>37.74</b>	14,00	+0,92
4.	RIVERO SANCHEZ, Sergio	54	C.N. Metropole	<b>38.44</b>	13,00	+8,18
DSQ	CABALLERO MADERA, Guillermo	55	C.N. Metropole		-	
Baja	ELGUE GRANDI, Juan Carlos	52	C.N. Las Palmas		-	

75+

1.	CABRERA BARBUZANO, Fernando	48	C.D.N. Playuki	<b>38.55</b>	19,00	+1,16
2.	CASTRILLON GARCIA-DELGADO, Jose Luis	49	C. Tenerife Masters	<b>38.83</b>	16,00	
3.	RIERA MONTAL, Agustin	49	C. Tenerife Masters	<b>43.50</b>	14,00	+1,29

80+

1.	RODRIGUEZ MARTINEZ, Rafael	45	C. Tenerife Masters	<b>52.85</b>	19,00	+1,27
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Prueba 32  
21/12/2025

Fem., 4 x 50m Estilos

AG 80 - 399  
Resultados

Clasificación

Tiempo

RT

+80 (PRE-MASTER)

1.	C.N. Las Palmas 80				C.N. Las Palmas		<b>2:17.69</b>	38,00	+6,12
	MATOS QUEVEDO, Lucia	04	+6,12	33.92	RIVERO GONZALEZ, Erika	01	+0,75	33.31	
	MATOS QUEVEDO, Maria	02	+0,64	38.82	ARTILES CARBALLO, Irene	96	+0,65	31.64	
2.	C.D.N. Playuki 80				C.D.N. Playuki		<b>2:48.64</b>	32,00	+0,87
	PEREZ RODRIGUEZ, Sheila	03	+0,87	45.24	BORDON CABRERA, Judith	05	+0,62	35.33	
	MEDINA SANTANA, Beatriz	95	+0,57	44.79	VEGA IBRAHIM, Ainhoa	05	+0,51	43.28	
Baja	C.N. Metropole 80				C.N. Metropole			-	

+100

1.	C.D. Solventia 100				C.D. Solventia		<b>2:50.99</b>	38,00	+0,82
	ROSARIO BETANCOR, Ainhoa	97	+0,82	41.77	GIL HERNANDEZ, Irene Ma	96	+0,20	45.15	
	GIRALDEZ OSORIO, Marta	00	+0,29	43.89	VALENCIA PAREDES, Nuria	00	+0,10	40.18	
Baja	C.N. Metropole 100				C.N. Metropole			-	

+120

1.	C.N. Los Cristianos 120				C.N. Los Cristianos		<b>2:18.91</b>	38,00	
	HERNANDEZ CASTRILLO, Yessica00			33.69	GARABATOS RODRIGUEZ, Susana79		+0,41	30.73	
	LAVANDERA ALTESOR, Rosina	99	+0,64	39.84	DELGADO MARTIN, Montserrat	75	+0,49	34.65	
2.	C.N. Metropole 120				C.N. Metropole		<b>2:20.40</b>	32,00	
	BERNARDOS CRUZ, Idoia	83		38.77	QUINTANA SERRANO, Maria Bego92		+0,68	34.19	
	CAMPBELL ZEMIER, Veronica	86	+0,36	34.46	BOUCHET, Sybille	93	+0,47	32.98	
3.	C.D. Nonadamos 120				C.D. Nonadamos		<b>2:30.14</b>	28,00	
	GARCIA CERVANTES, Laura	89		37.76	RAMOS SANTANA, Laura Maria	98	+0,54	36.10	
	HERNANDEZ BALAGUERA, Marta	89	+0,65	40.72	DELGADO MARTIN, Maria Elisabet	94	+0,45	35.56	
Baja	C.D.N. Playuki 120				C.D.N. Playuki			-	
Baja	C.N. Vulcania Master 120				C.N. Vulcania Master			-	

+160

1.	C. Tenerife Masters 160				C. Tenerife Masters		<b>2:23.78</b>	38,00	+0,79
	RIZZA HERNANDEZ, Rositta	77	+0,79	38.64	NEGRIN RODRIGUEZ, Andrea Ma	97	+0,59	32.56	
	PARIS SANCHEZ, Monica	71	+0,64	42.33	PALMAS CANDIA, Chiara Sofia	93	+0,12	30.25	
2.	C.N. Vulcania Master 160				C.N. Vulcania Master		<b>2:32.85</b>	32,00	+0,80
	LAIS, Cinzia	59	+0,80	41.94	MARTIN MELIAN, Raquel	99	+0,58	31.31	
	WINKLER, Nicole	71	+0,38	42.96	GARCIA ALARCOS, Sara	80	+0,72	36.64	
3.	C.N. Las Palmas 160				C.N. Las Palmas		<b>2:39.48</b>	28,00	+1,01
	RIVERO SANTANA, Sheila	96	+1,01	42.97	VALIDO CARREÑO, Isabel	74	+0,67	34.50	
	GARCIA DENIZ, Zaida	83	0.00	41.15	MILLAN MUÑOZ, Maria Jesus	80	+0,73	40.86	
4.	C.D. Nonadamos 160				C.D. Nonadamos		<b>2:54.64</b>	26,00	+4,32
	RAMIREZ PERDOMO, Ma Begona	73	+4,32	42.72	PICOS HERNANDEZ, Laura	97	+0,72	41.36	
	CABRERA RIVERA, Elena	76	+0,67	51.03	MARTIN CABRERA, Jenifer	83	+0,69	39.53	



### Clasificación

Clasificación						Tiempo		RT	
5.	C.N. Los Cristianos 160			C.N. Los Cristianos			<b>3:07.38</b>	24,00	+0,89
	RODRIGUEZ MONTAÑEZ, Ruth	76	+0,89	55.56	ASENCIO PEREZ, Ma Jose	74	+0,13	43.72	
	ERCOLINI, Marina Eva	79	0.00	53.41	RODRIGUEZ CHAVEZ, Rocio Evelin	93	+0,54	34.69	
6.	C.N. Metropole 160			C.N. Metropole			<b>3:25.20</b>	22,00	+1,14
	CILLUFFO, Domenica	72	+1,14	50.47	OJEDA QUINTANA, Gloria Esther	69	+0,70	1:00.64	
	NEIRA FERNANDEZ, Lorena	87	+0,61	49.86	CAMPOS ABDULAH, Maria Del Car	78	+0,72	44.23	
7.	C.N. Valleverde 160			C.N. Valleverde			<b>4:15.67</b>	20,00	+0,76
	SANTANA GUERRA, Maria Dolores	69	+0,76	1:15.66	ARENCIBIA PERERA, Miriam	97	+0,28	50.64	
	PEREZ SANTANA, Aranzazu	66	0.00	1:00.15	PERERA RIVERO, Victoria	74	+0,36	1:09.22	

+200

1.	C.N. Metropole 200			C.N. Metropole			2:31.45	38,00	+0,85
	RAMIREZ SANTANA, Cristina	65	+0,85	41.68	QUINTANILLA AYLLON, Elena	65	+0,09	34.89	
	GARCIA DELGADO, Yaiza	76	+0,73	43.76	ARMAS ROCA, Marta	83	+0,41	31.12	
2.	C. Tenerife Masters 200			C. Tenerife Masters			2:33.61	32,00	+20,86
	ESCATLLAR FDEZ. DE MISA, Conc66cio	+20,86		36.19	GARCIA GARCIA, Maria Miriam	72	+0,69	38.26	
	GONZALEZ RODRIGUEZ, Mercede67	+0,70		45.06	NEGRIN FIGUEROA, Elena	70	+0,09	34.10	
3.	C.N. Vulcania Master 200			C.N. Vulcania Master			3:08.87	28,00	+0,96
	SARACENI, Paola Maria	65	+0,96	56.99	ROJAS ARJONA, Irene	86	+0,27	37.58	
	BRANF, Judith Sarah	60	+0,71	55.02	BERNDTSSON, Ann Mari	70	+0,70	39.28	
4.	C.D. Nonadamos 200			C.D. Nonadamos			3:28.40	26,00	
	GONZALEZ MEDINA, Vanessa Rac78	l		53.62	CERVILLA PEREZ, Cristina	79	+0,50	48.06	
	RODRIGUEZ ESPARRAGON, Isabel71	-0,43		1:06.98	RAMIREZ PERDOMO, Fatima	70	+0,72	39.74	
5.	C.D.N. Playuki 200			C.D.N. Playuki			3:53.43	24,00	+1,04
	OJEDA GARCIA, Ma Dolores	42	+1,04	1:20.10	DIAZ SANTANA, Luz Marina	76	0.00	48.26	
	RODRIGUEZ BETANCOR, Otilia Ros78	0.00		1:01.43	FLORES SANTANA, Tania Del Carr84	l	+0.62	43.64	

## Baja C.D. Jescagua 200

C.D. Jescagua

+240

1.	C. Tenerife Masters 240			C. Tenerife Masters			3:16.58	38,00	
	GONZALEZ ARIAS, Rosa Maria	71		54.03	LOPEZ GONZALEZ, Esther	55	0.00	42.88	
	URIARTE MARRON, Cristina	63	0.00	59.58	SANCHEZ LEAL, Gema Isabel	64	-0.69	40.09	
2.	C.N. Metropole 240			C.N. Metropole			3:24.75	32,00	+0,79
	LANG-LENTON LEON, Rosario	53	+0,79	50.92	PEREZ MACIAS, Juana Teresa	63	+0,55	48.35	
	SANTANA CANSADO, Maria Del Carme	54	0.00	1:10.66	GONZALEZ ALBUJAR, Maria Rosa	70	+0.27	34.82	

## Baja C.N. Vulcania Master 240

## C.N. Vulcania Master

+280

1. C. Tenerife Masters 280			C. Tenerife Masters			3:51.65	38,00	+1,05
RODRIGUEZ FUENTES, Mercedes	37	+1,05	1:22.08	BAEZ CEJAS, Maria Mercedes	60	+0,75	52.17	
DE ARMAS FUMERO, Elsa	57	+0,74	53.91	RODRIGUEZ HERNANDEZ, Elena	66	+0,28	43.49	

## Baja C.N. Metropole 280

## C.N. Metropole

Prueba 32, Fem., 4 x 50m Estilos

+320

Baja C.N. Metropole 320

C.N. Metropole

-

Prueba 33

21/12/2025

Masc., 4 x 50m Estilos

AG 80 - 399

Resultados

Clasificación

Tiempo

RT

+80 (PRE-MASTER)

1. C.D. Jerez Natacion Master 80			C.D. Jerez Natacion Master	<b>1:55.41</b>	38,00	+0,71
PALACIOS HORMIGA, Aday 04	+0,71	29.52	BLANES FRIGOLA, Aleix 04	+0,53	27.36	
AYALA MAESTRE, Alejandro 97	0.00	32.39	PEREZ HERNANDEZ, Ismael 05	+0,56	26.14	
2. C.D. Nonadamos 80			C.D. Nonadamos	<b>2:00.16</b>	32,00	+0,96
GRAJALES ZAPATA, Juan Esteban 99	+0,96	33.35	VIERA VIERA, Acoran 03	+0,29	29.41	
RIOS ROMERO, Joaquin 04	+0,49	30.61	OUBIÑA CORVALAN, Marcos A 05	+0,44	26.79	
3. Club Natación Ocho De Septiembre 80			Club Natación Ocho De Septiembre	<b>2:02.80</b>	28,00	
RIVERO RODRIGUEZ, Kilian 03		33.65	ARENCIBIA REYES, Jaime 05	+0,30	28.01	
GENE SANTANA, Adrian 99	+0,65	33.58	HERRERA RODRIGUEZ, Alvaro 04	+0,23	27.56	
Baja C.N. Metropole 80			C.N. Metropole		-	
Baja Cn.Salinas Sta.Lucia 80			Cn.Salinas Sta.Lucia		-	

+100

1. C.N. Vulcania Master 100			C.N. Vulcania Master	<b>1:48.97</b>	46,00	RR MASTE
PRIETO RODRIGUEZ, Daniel 00		27.62	RUIZ SEIJO, Brais 98	+0,39	26.65	
ALVAREZ VALENCIA, Nestor 00	+0,14	30.75	FRIAS RICO, Manuel 93	+0,49	23.95	
2. C.D. Nonadamos 100			C.D. Nonadamos	<b>2:28.60</b>	32,00	+0,76
ACEITUNO MARTINEZ, Manuel Jesu 98	+0,76	42.08	ELVIRA GLAUBITZ, Alejandro 00	0.00	33.31	
LEMME MARQUEZ, Gustavo Francisco 92	0.00	39.72	GARCIA DE LA HOZ, Adrian Ciprian 93	+0,64	33.49	
Baja C.N. Metropole 100			C.N. Metropole		-	

+120

1. C.N. Los Cristianos 120			C.N. Los Cristianos	<b>1:55.48</b>	38,00	+0,75
CERPA CABALLERO, Jonay Salva 99	+0,75	30.74	MEZZANZANICA, Fabio 85	+0,73	28.58	
AFONSO SUAREZ, Ivan 96	+0,43	30.74	MARRERO DELGADO, Eduardo Alfo 99	+0,30	25.42	
2. C.N. Metropole 120			C.N. Metropole	<b>1:57.37</b>	32,00	
RAMIREZ O SHANAHAN, Guillermo 93		28.01	BETANCOR CALLERO, Carlos 95	+0,18	29.70	
NAVAS OJEDA, Angel Luis 93	+0,40	34.76	SANTANA LOPEZ, Yosias 89	+0,13	24.90	
3. Club Deportivo Teimar 120			Club Deportivo Teimar	<b>2:05.74</b>	28,00	+0,76
CASTILLO DELGADO, Samuel 85	+0,76	34.51	MORALES MARTINEZ, Adrian Luis 89	+0,21	32.26	
GONZALEZ GONZALEZ, Francisco Jose 83	+0,40	33.63	SANZ GONZALEZ, Oscar 98	+0,53	25.34	
4. Cn.Salinas Sta.Lucia 120			Cn.Salinas Sta.Lucia	<b>2:07.78</b>	26,00	
GONZALEZ DIAZ, Yeray 83		32.33	LAGO CARABALLO, Saul 98	+0,29	29.30	
HERNANDEZ PEREZ, Jonathan 82	+0,57	35.77	MENDEZ PEREZ, Neftali 86	+0,42	30.38	

Prueba 33, Masc., 4 x 50m Estilos, +120

Clasificación

Tiempo

RT

5.	C.D. Belen Maria 120				C.D. Belen Maria			<b>2:17.23</b>	24,00	+0,72
	LOPEZ ALONSO, Kilian	85	+0,72	38.07	SUAREZ GARCIA, Adrian	96	+0,61		32.61	
	QUEVEDO MEDINA, Ulises	90	+0,71	36.88	ARENCIBIA DIAZ, Victor	92	+0,65		29.67	
DSQ	C.N. Valleverde 120				C.N. Valleverde				-	
	DUARTE RIVADO, Raul, BEDOYA OTERO, Omar, RODRIGUEZ PULIDO, Daniel, MACHIN CABRERA, Roberto									
Baja	C.N. Vulcania Master 120				C.N. Vulcania Master				-	
+160										
1.	C.N. Metropole 160				C.N. Metropole			<b>2:04.51</b>	38,00	+0,87
	GONZALEZ GARCIA, Alvaro	93	+0,87	33.77	ROJANO BROZ, Javier	79	+0,57		27.80	
	GARCIA FIERRO, Victor Manuel	88	0.00	34.73	PERAZA MARRERO, Alberto	75	+0,55		28.21	
2.	C.N. Las Palmas 160				C.N. Las Palmas			<b>2:11.27</b>	32,00	
	GARCIA PEREZ, Alexis	75		35.74	HENRIQUEZ HERNANDEZ, Rafael	87	+0,43		31.61	
	ST MARY, Enrique	70	+0,74	36.57	CABRERA PESTANA, Alejandro	80	+0,62		27.35	
3.	C. Tenerife Masters 160				C. Tenerife Masters			<b>2:14.10</b>	28,00	+0,87
	GARCIA CABRERA, Miguel Angel	73	+0,87	38.18	SOLLA VELOSO, Ivan	78	+0,60		30.28	
	NEGRIN RODRIGUEZ, Francisco Je94s		+0,31	36.16	QUINTANA RODRIGUEZ, Alvaro	74	+0,45		29.48	
4.	C.N. Aguacan 160				C.N. Aguacan			<b>2:15.66</b>	26,00	
	MARTIN PIELTAIN, Ione Manuel	83		35.84	ESPINO MORILLAS, Juan Luis	72	+0,41		30.00	
	NUEZ SANCHEZ, Carlos Luis	69	+0,70	40.04	ARENCIBIA DE LA CRUZ, Alejandr81		+0,59		29.78	
5.	C.N. Vulcania Master 160				C.N. Vulcania Master			<b>2:20.95</b>	24,00	+0,77
	BINI, Bruno	60	+0,77	39.15	ACOSTA PERDOMO, Gabriel	94	0.00		32.08	
	CIRUGEDA LOPEZ, Aythami	97	0.00	35.89	GARCIA GARCIA, Jose Agustin	73	0.00		33.83	
6.	C.D.N. Playuki 160				C.D.N. Playuki			<b>2:23.88</b>	22,00	+0,75
	SANCHEZ HENRIQUEZ, Fco Javier	76	+0,75	35.59	GARCIA HERNANDEZ, Marcos	80	+0,75		33.63	
	VREEKAMP, Remko Hendrikus	67	0.00	42.12	RODRIGUEZ MEDINA, Abian	93	+0,62		32.54	
7.	C.D. Belen Maria 160				C.D. Belen Maria			<b>2:27.46</b>	20,00	
	CUBAS, David	76		39.73	MARTIN ALMEIDA, Luis A.	76	+0,74		37.80	
	PEREZ DIAZ, Juan Jose	94	-0,10	39.99	ALZOLA MEDINA, Victor	69	+0,42		29.94	
8.	C.N..Faynagua C. Telde 160				C.N..Faynagua C. Telde			<b>2:37.67</b>	18,00	+0,80
	FARIAS OROPESA, Juan Jesus	70	+0,80	47.88	SANTANA SARMIENTO, Miguel	83	+0,39		29.72	
	CAMPANALUNGA LAVAGNINI, Din70s		0.00	47.17	LOPEZ DEL PINO, Miguel	89	+0,28		32.90	
9.	C.N. Carucagua 160				C.N. Carucagua			<b>2:38.13</b>	16,00	
	DIAZ QUINTANA, Ruben	73		43.01	FERNANDEZ LOVERA, Juan	65	+0,45		42.44	
	GIL LEON, Javier Luis	65	0.00	39.57	NUEZ MARRERO, Cristian	02	+0,62		33.11	
Baja	C.N. Los Cristianos 160				C.N. Los Cristianos				-	
Baja	C.N. Valleverde 160				C.N. Valleverde				-	

Prueba 33, Masc., 4 x 50m Estilos

+200

1.	C. Tenerife Masters 200				C. Tenerife Masters		<b>2:04.55</b>	38,00	+16,12
	DAVARA MENDEZ, Fernando	72	+16,12	29.76	BRUSCOLOTTI, Fabio	68	0.00	30.68	
	PEREZ GARCIA, Jonay	77	0.00	33.53	MELIAN GOMEZ, Francisco David	75	+0,36	30.58	
2.	C.N. Metropole 200				C.N. Metropole		<b>2:06.01</b>	32,00	+20,57
	REINO ASCANIO, Abian	77	+20,57	30.54	EHRHARDT, Thomas	77	+0,37	27.92	
	SANTANA MIRANDA, Antonio Man67		+0,55	37.27	LUZARDO RODRIGUEZ, Gustavo /66		+0,63	30.28	
3.	C.N. Las Palmas 200				C.N. Las Palmas		<b>2:16.31</b>	28,00	+1,05
	MARVELLI, Andres	68	+1,05	35.26	COLINA GIRALDA, Raul	71	+0,53	35.13	
	MARTINEZ SANTOS, Ricardo Jose 76		+0,53	35.40	MARTINEZ IBORT, David	71	+0,17	30.52	
4.	C.D. Belen Maria 200				C.D. Belen Maria		<b>2:58.68</b>	26,00	+0,77
	REYES PEREZ, Daniel	65	+0,77	47.73	SANCHEZ PALMES, Juan A.	67	+0,29	39.41	
	SANTANA CABALLERO, Jose	69	0.00	58.58	SUAREZ GUZMAN, Alexis Leon	75	+0,69	32.96	
DSQ	C.N. Valleverde 200				C.N. Valleverde		-		
	OJEDA ARENCIBIA, Pablo Alejandro, OJEDA RODRIGUEZ, Alejandro, GUEDES ALONSO, Francisco Yeray, RODRIGUEZ SANTANA, Ernesto								
Baja	Cn.Salinas Sta.Lucia 200				Cn.Salinas Sta.Lucia		-		

+240

1.	C. Tenerife Masters 240				C. Tenerife Masters		<b>2:16.98</b>	38,00	
	LUNA GIL, Antonio	55		39.52	NUÑEZ NODA, Bernardo	65	+0,31	28.83	
	MAESO VERGARA, Miguel Benito	67	0.00	38.75	MARTEL TOLEDO, Luis	71	+0,32	29.88	
2.	C.N. Vulcania Master 240				C.N. Vulcania Master		<b>2:26.51</b>	32,00	
	ARANDA GALLEGO, Jose Juan	75		29.48	CEJUDO DELGADO, Angel	63	+0,49	34.24	
	AMOZA IRIGOYEN, Andres	67	+0,74	44.28	CHANTADA FERNANDEZ, Luis	55	+0,52	38.51	
3.	C.N. Metropole 240				C.N. Metropole		<b>2:44.62</b>	28,00	+0,80
	ARIAS FEBLES, Jose Manuel	64	+0,80	38.30	MARTINEZ LLISO, Claudio	66	+0,24	37.31	
	RIVERO SANCHEZ, Sergio	54	+0,63	54.56	QUESADA ORTEGA, Jose Ramon	60	+0,49	34.45	
4.	C.D.N. Playuki 240				C.D.N. Playuki		<b>3:07.24</b>	26,00	
	ALAMO MARTINEZ, Fernando	69		46.27	TORRES BETANCOR, Francisco Ja71		+0,74	47.50	
	SUAREZ RODRIGUEZ, Manuel	66	+0,47	52.40	CABRERA BARBUZANO, Fernando48		+0,18	41.07	
Baja	C.N. Las Palmas 240				C.N. Las Palmas		-		

+280

1.	C. Tenerife Masters 280				C. Tenerife Masters		<b>2:35.78</b>	38,00	+1,05
	BARRIOS BORGES, Jose Ramon	54	+1,05	40.94	CABRERA GONZALEZ, Marcos	60	+0,38	35.81	
	PERERA MOLINERO, Antonio	55	+0,74	42.85	BREMON PEREZ, Carlos	47	+0,49	36.18	
2.	C.N. Metropole 280				C.N. Metropole		<b>3:18.07</b>	32,00	
	CABALLERO MADERA, Guillermo	55		44.25	AROCHA DE LEON, Sebastian Ferr54		+0,69	54.95	
	CHECA FAJARDO, Placido	50	0.00	50.78	O SHANAHAN ROCA, Mauricio	42	-0,34	48.09	

Prueba 33, Masc., 4 x 50m Estilos

+320

1. C. Tenerife Masters 320	C. Tenerife Masters				<b>4:19.57</b>	38,00	+6,00
CASTRILLON GARCIA-DELGADO, 49se L+6,00	58.19	RIERA MONTAL, Agustin	49	+0,47	59.23		
ROEDER, Peter 37 0.00	1:28.42	RODRIGUEZ MARTINEZ, Rafael	45	+0,05	53.73		
Baja C.N. Metropole 320	C.N. Metropole					-	

Prueba 35	Masc., 4 x 200m Libre	AG 80 - 399
21/12/2025		Resultados

Clasificación Tiempo RT

+100

1. C.N. Vulcania Master 100	C.N. Vulcania Master				<b>8:17.78</b>	8,00	+0,74
RUIZ SEIJO, Brais 98	+0,74	27.80	30.93	32.64	32.96	2:04.33	
ALVAREZ VALENCIA, Nestor 00	+0,19	28.29	33.47	36.08	36.57	2:14.41	
FRIAS RICO, Manuel 93	+0,64	27.67	31.03	32.20	31.78	2:02.68	
PRIETO RODRIGUEZ, Daniel 00	+0,46	27.06	29.19	29.88	30.23	1:56.36	