

1 - 1ª jornada, 1ª sesión

15/12/2023

Prueba 1
15/12/2023

400m Libre

20 años y mayores
Resultados

Clasificación

AN

Tiempo

20+, Masc.

1. CABRERA WINTER, Álvaro	01	Metropole	4:31.96	19,00
50m: 30.37 30.37 150m: 2:12.84		250m: 2:48.12 35.28 350m: 4:31.96		
100m: 1:04.07 33.70 200m: 2:12.84		300m: 3:23.31 35.19 400m: 4:31.96		
2. MENESES MEDERO, Alejandro	99	A.D. S.C.	5:03.30	16,00
50m: 33.10 33.10 150m: 1:46.46 37.64 250m: 3:04.46 38.87 350m: 4:23.67 39.80		300m: 3:43.87 39.41 400m: 5:03.30 39.63		
100m: 1:08.82 35.72 200m: 2:25.59 39.13				
3. ROSALES DIAZ, Nestor	01	Solventia	5:23.14	14,00
50m: 36.54 36.54 150m: 1:56.21 40.18 250m: 3:19.21 41.87 350m: 4:42.25 41.63		300m: 4:00.62 41.41 400m: 5:23.14 40.89		
100m: 1:16.03 39.49 200m: 2:37.34 41.13				

25+, Masc.

1. SUAREZ GARCIA, Adrian	96	LasPalmas	4:56.69	19,00
50m: 34.32 34.32 150m: 1:48.16 37.16 250m: 3:04.02 38.74 350m: 4:19.88 38.11		300m: 3:41.77 37.75 400m: 4:56.69 36.81		
100m: 1:11.00 36.68 200m: 2:25.28 37.12				

30+, Masc.

1. CASTRO TARAJANO, Pedro Juan	93	Faynagua	4:39.81	19,00
50m: 31.25 31.25 150m: 1:38.82 34.24 250m: 2:50.57 36.20 350m: 4:04.11 36.67		300m: 3:27.44 36.87 400m: 4:39.81 35.70		
100m: 1:04.58 33.33 200m: 2:14.37 35.55				
2. GONZALEZ GARCIA, Alvaro	93	Metropole	4:50.03	16,00
50m: 30.67 30.67 150m: 1:41.08 35.85 250m: 2:55.45 37.34 350m: 4:12.33 38.39		300m: 3:33.94 38.49 400m: 4:50.03 37.70		
100m: 1:05.23 34.56 200m: 2:18.11 37.03				
3. BRITO HERNANDEZ, Fernando Jose	92	Teimar	5:18.82	14,00
50m: 34.01 34.01 150m: 1:51.58 39.44 250m: 3:14.19 42.26 350m: 4:38.08 42.14		300m: 3:55.94 41.75 400m: 5:18.82 40.74		
100m: 1:12.14 38.13 200m: 2:31.93 40.35				
4. MORALES MARTINEZ, Adrian Luis	89	Teimar	5:24.16	13,00
50m: 33.32 33.32 150m: 1:48.82 38.42 250m: 3:09.64 41.54 350m: 4:38.99 45.95		300m: 3:53.04 43.40 400m: 5:24.16 45.17		
100m: 1:10.40 37.08 200m: 2:28.10 39.28				
5. LOPEZ DEL PINO, Miguel	89	Faynagua	5:44.43	12,00
50m: 40.42 40.42 150m: 2:07.49 44.40 250m: 3:35.01 43.60 350m: 5:01.59 43.32		300m: 4:18.27 43.26 400m: 5:44.43 42.84		
100m: 1:23.09 42.67 200m: 2:51.41 43.92				
6. LEON PINEDA, Aday	90	Teimar	5:52.10	11,00
50m: 39.22 39.22 150m: 2:07.14 44.81 250m: 3:35.97 43.65 350m: 5:07.08 46.12		300m: 4:20.96 44.99 400m: 5:52.10 45.02		
100m: 1:22.33 43.11 200m: 2:52.32 45.18				
7. DÍAZ JIMENEZ, Enrique	91	Swim&Train	6:13.16	10,00
50m: 40.62 40.62 150m: 2:15.44 47.65 250m: 3:53.65 50.08 350m: 5:28.75 44.67		300m: 4:44.08 50.43 400m: 6:13.16 44.41		
100m: 1:27.79 47.17 200m: 3:03.57 48.13				

NP MARTÍNEZ,PELLÓN, Gustavo 93 Metropole -

Prueba 1, 400m Libre

35+, Masc.

1.	HERNANDEZ ALONSO, Aitor	85	Vulcania	4:47.37	19,00
	50m: 30.50 30.50 150m: 1:40.72 36.23 250m: 2:55.27 37.66 350m: 4:11.49 38.26				
	100m: 1:04.49 33.99 200m: 2:17.61 36.89 300m: 3:33.23 37.96 400m: 4:47.37 35.88				
2.	GARCIA FIERRO, Victor Manuel	88	Metropole	4:51.87	16,00
	50m: 32.24 32.24 150m: 1:43.28 35.87 250m: 2:58.34 37.60 350m: 4:14.87 38.17				
	100m: 1:07.41 35.17 200m: 2:20.74 37.46 300m: 3:36.70 38.36 400m: 4:51.87 37.00				
3.	QUINTANA GARCIA, Daniel	85	LasPalmas	5:46.75	14,00
	50m: 38.38 38.38 150m: 2:03.26 43.08 250m: 3:32.85 45.21 350m: 5:03.27 45.08				
	100m: 1:20.18 41.80 200m: 2:47.64 44.38 300m: 4:18.19 45.34 400m: 5:46.75 43.48				
4.	JOVER CASTRO, Javier Alejandro	87	A.D. S.C.	6:03.48	13,00
	50m: 34.94 34.94 150m: 1:58.48 43.80 250m: 3:32.09 47.90 350m: 5:13.96 51.67				
	100m: 1:14.68 39.74 200m: 2:44.19 45.71 300m: 4:22.29 50.20 400m: 6:03.48 49.52				
5.	GONZALEZ RODRIGUEZ, Enrique	84	LasPalmas	7:04.77	12,00
	50m: 52.07 52.07 150m: 2:39.19 52.60 250m: 4:25.54 53.79 350m: 6:14.29 53.50				
	100m: 1:46.59 54.52 200m: 3:31.75 52.56 300m: 5:20.79 55.25 400m: 7:04.77 50.48				
Baja	HENRIQUEZ HERNANDEZ, Rafael	87	Aguacan	-	-

40+, Masc.

1.	SANTANA SARMIENTO, Miguel	83	Faynagua	4:27.08	19,00
	50m: 32.03 32.03 150m: 1:40.04 34.13 250m: 2:48.32 34.00 350m: 3:55.65 33.26				
	100m: 1:05.91 33.88 200m: 2:14.32 34.28 300m: 3:22.39 34.07 400m: 4:27.08 31.43				
2.	HERNANDEZ PEREZ, Jonathan	82	Cn.Salinas	4:51.16	16,00
	50m: 32.03 32.03 150m: 1:44.07 36.64 250m: 2:58.53 37.46 350m: 4:14.41 38.19				
	100m: 1:07.43 35.40 200m: 2:21.07 37.00 300m: 3:36.22 37.69 400m: 4:51.16 36.75				
3.	GONZALEZ RODRÍGUEZ, Bernardo	80	Swim&Train	4:58.71	14,00
	50m: 36.75 36.75 150m: 1:54.38 38.69 250m: 3:10.75 37.32 350m: 4:22.59 36.06				
	100m: 1:15.69 38.94 200m: 2:33.43 39.05 300m: 3:46.53 35.78 400m: 4:58.71 36.12				
4.	NAVARRO FARIAS, Santiago	81	Faynagua	5:14.84	13,00
	50m: 35.42 35.42 150m: 1:52.47 39.11 250m: 3:13.19 40.53 350m: 4:35.34 40.97				
	100m: 1:13.36 37.94 200m: 2:32.66 40.19 300m: 3:54.37 41.18 400m: 5:14.84 39.50				
5.	RODRIGUEZ VIERA, Jose Javier	82	LasPalmas	5:27.86	12,00
	50m: 36.75 36.75 150m: 1:57.03 40.88 250m: 3:21.56 42.47 350m: 4:46.28 42.44				
	100m: 1:16.15 39.40 200m: 2:39.09 42.06 300m: 4:03.84 42.28 400m: 5:27.86 41.58				
6.	CHECA MERINO, Pablo	82	Metropole	6:26.95	11,00
	50m: 42.72 42.72 150m: 2:16.48 47.76 250m: 3:56.96 51.06 350m: 5:38.98 50.65				
	100m: 1:28.72 46.00 200m: 3:05.90 49.42 300m: 4:48.33 51.37 400m: 6:26.95 47.97				
Baja	IZQUIERDO MAYOR, Andres	81	Jescagua	-	-
Baja	HENRIQUEZ QUINTANA, Samuel	82	Swim&Train	-	-

45+, Masc.

1.	SANCHEZ LAZARO, Luis Acayro	76	TFMasters	4:45.02	19,00
	50m: 31.33 31.33 150m: 1:41.02 35.58 250m: 2:54.63 37.20 350m: 4:08.72 36.89				
	100m: 1:05.44 34.11 200m: 2:17.43 36.41 300m: 3:31.83 37.20 400m: 4:45.02 36.30				
2.	TERAN GUTIERREZ, Pablo	74	Teimar	5:36.97	16,00
	50m: 37.80 37.80 150m: 2:02.96 42.89 250m: 3:30.05 43.55 350m: 4:55.80 42.53				
	100m: 1:20.07 42.27 200m: 2:46.50 43.54 300m: 4:13.27 43.22 400m: 5:36.97 41.17				

Prueba 1, Masc., 400m Libre, 45+

Clasificación	AN	Tiempo
Baja SEGARRA CARRANZA, Isaac	74 Cn.Salinas	-

50+, Masc.

1. FERNANDEZ SOSA, Juan Carlos	73 LasPalmas	5:21.04	19,00
50m: 34.54 34.54 150m: 1:52.53 39.65 250m: 3:14.43 41.19 350m: 4:39.33 42.30			
100m: 1:12.88 38.34 200m: 2:33.24 40.71 300m: 3:57.03 42.60 400m: 5:21.04 41.71			
2. DEL ROSARIO RODRÍGUEZ, José Antc72	LasPalmas	5:34.46	16,00
50m: 37.38 37.38 150m: 2:01.82 42.55 250m: 3:27.29 42.81 350m: 4:53.48 42.65			
100m: 1:19.27 41.89 200m: 2:44.48 42.66 300m: 4:10.83 43.54 400m: 5:34.46 40.98			

55+, Masc.

1. LUZARDO RODRIGUEZ, Gustavo Adolfc66	Metropole	5:32.60	19,00
50m: 37.68 37.68 150m: 2:01.07 42.10 250m: 3:26.83 42.83 350m: 4:52.76 43.04			
100m: 1:18.97 41.29 200m: 2:44.00 42.93 300m: 4:09.72 42.89 400m: 5:32.60 39.84			
2. MARTINEZ LLISO, Claudio	66 Metropole	5:42.86	16,00
50m: 37.45 37.45 150m: 2:03.26 43.40 250m: 3:31.31 44.03 350m: 5:00.59 44.52			
100m: 1:19.86 42.41 200m: 2:47.28 44.02 300m: 4:16.07 44.76 400m: 5:42.86 42.27			
3. QUESADA RODRIGUEZ, Francisco	67 Cn.Salinas	6:57.82	14,00
50m: 44.84 44.84 150m: 2:27.76 51.15 250m: 4:15.79 53.88 350m: 6:03.75 52.37			
100m: 1:36.61 51.77 200m: 3:21.91 54.15 300m: 5:11.38 55.59 400m: 6:57.82 54.07			

Baja ARIAS FEBLES, Jose Manuel	64 Metropole	-
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60+, Masc.

1. MATA DÍAZ, Enrique	60 Swim&Train	4:44.71	19,00
50m: 33.63 33.63 150m: 1:45.46 35.64 250m: 2:57.42 35.79 350m: 4:09.52 36.21			
100m: 1:09.82 36.19 200m: 2:21.63 36.17 300m: 3:33.31 35.89 400m: 4:44.71 35.19			
2. CABRERA GONZALEZ, Marcos	60 TFMasters	6:02.27	16,00
50m: 43.32 43.32 150m: 2:12.70 45.24 250m: 3:44.38 45.75 350m: 5:16.79 46.41			
100m: 1:27.46 44.14 200m: 2:58.63 45.93 300m: 4:30.38 46.00 400m: 6:02.27 45.48			
3. MATEOS BATISTA, Francisco	62 LasPalmas	6:42.78	14,00
50m: 42.20 42.20 150m: 2:20.44 50.62 250m: 4:04.81 52.56 350m: 5:51.19 52.97			
100m: 1:29.82 47.62 200m: 3:12.25 51.81 300m: 4:58.22 53.41 400m: 6:42.78 51.59			

Baja SANTANA MILAN, Jose	60 Cn.Salinas	-
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65+, Masc.

1. MORENO PÉREZ, José Andrés	58 TFMasters	6:56.11	19,00
50m: 43.37 43.37 150m: 2:22.61 50.95 250m: 4:10.29 54.23 350m: 6:00.74 55.38			
100m: 1:31.66 48.29 200m: 3:16.06 53.45 300m: 5:05.36 55.07 400m: 6:56.11 55.37			
2. RIVERO SANCHEZ, Sergio	54 Cn.Salinas	7:18.22	16,00
50m: 43.67 43.67 150m: 2:26.87 53.28 250m: 4:21.43 58.02 350m: 6:20.71 58.83			
100m: 1:33.59 49.92 200m: 3:23.41 56.54 300m: 5:21.88 1:00.45 400m: 7:18.22 57.51			
3. DIAZ CASTRO, Jose Maria	57 TFMasters	7:22.16	14,00
50m: 49.36 49.36 150m: 2:40.88 57.02 250m: 4:32.83 56.22 350m: 6:25.88 57.17			
100m: 1:43.86 54.50 200m: 3:36.61 55.73 300m: 5:28.71 55.88 400m: 7:22.16 56.28			

Prueba 1, 400m Libre

70+, Masc.

1. RIERA MONTAL, Agustin	49	TFMasters	7:47.38	19,00
50m: 46.02 46.02	150m: 2:38.99	59.35	250m: 4:42.28	1:01.18
100m: 1:39.64 53.62	200m: 3:41.10	1:02.11	300m: 5:43.50	1:01.22
			350m: 6:47.28	1:03.78
			400m: 7:47.38	1:00.10

75+, Masc.

1. LESTIDEAU, Jean Claude	46	TFMasters	5:54.61	19,00
50m: 38.93 38.93	150m: 2:08.68	45.38	250m: 3:39.44	45.74
100m: 1:23.30 44.37	200m: 2:53.70	45.02	300m: 4:25.65	46.21
			350m: 5:11.54	45.89
			400m: 5:54.61	43.07

25+, Fem.

1. RUIZ DOMINGUEZ, Marta	96	Chamartin	5:28.41	-
50m: 35.28 35.28	150m: 1:55.90	41.70	250m: 3:21.10	42.53
100m: 1:14.20 38.92	200m: 2:38.57	42.67	300m: 4:04.21	43.11
			350m: 4:46.48	42.27
			400m: 5:28.41	41.93
2. PERERA SUAREZ, Ylenia	96	LasPalmas	6:44.02	19,00
50m: 46.44 46.44	150m: 2:25.93	50.54	250m: 4:10.08	52.38
100m: 1:35.39 48.95	200m: 3:17.70	51.77	300m: 5:02.74	52.66
			350m: 5:54.87	52.13
			400m: 6:44.02	49.15
3. ESTUPIÑAN CABRERA, Paula	97	Cn.Salinas	6:57.30	16,00
50m: 42.70 42.70	150m: 2:21.37	49.86	250m: 4:09.97	55.05
100m: 1:31.51 48.81	200m: 3:14.92	53.55	300m: 5:06.66	56.69
			350m: 6:03.56	56.90
			400m: 6:57.30	53.74

Baja SUAREZ TABARES, Nayra	97	Playuki		-
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30+, Fem.

1. MUJICA GONZALEZ, Maria Tatiana	92	Swim&Train	5:23.85	19,00
50m: 34.59 34.59	150m: 1:54.70	41.34	250m: 3:17.77	41.51
100m: 1:13.36 38.77	200m: 2:36.26	41.56	300m: 4:00.23	42.46
			350m: 4:42.07	41.84
			400m: 5:23.85	41.78

40+, Fem.

1. RUIZ JIMENEZ, Ana Belen	82	Vulcania	7:04.99	19,00
50m: 44.38 44.38	150m: 2:28.98	54.21	250m: 4:20.26	56.21
100m: 1:34.77 50.39	200m: 3:24.05	55.07	300m: 5:15.29	55.03
			350m: 6:11.75	56.46
			400m: 7:04.99	53.24
2. LEON CAZORLA, Benayga	83	Cn.Salinas	7:40.67	16,00
50m: 44.13 44.13	150m: 2:29.48	55.58	250m: 4:30.11	1:01.73
100m: 1:33.90 49.77	200m: 3:28.38	58.90	300m: 5:33.56	1:03.45
			350m: 6:37.93	1:04.37
			400m: 7:40.67	1:02.74
3. CARBALLO RODRÍGUEZ, Eloína	81	Teimar	8:16.79	14,00
50m: 54.26 54.26	150m: 2:53.89	1:02.25	250m: 5:01.58	1:03.32
100m: 1:51.64 57.38	200m: 3:58.26	1:04.37	300m: 6:06.69	1:05.11
			350m: 7:12.72	1:06.03
			400m: 8:16.79	1:04.07

50+, Fem.

1. NEGRIN FIGUEROA, Elena	70	TFMasters	5:46.69	19,00
50m: 38.32 38.32	150m: 2:04.11	44.02	250m: 3:33.32	44.71
100m: 1:20.09 41.77	200m: 2:48.61	44.50	300m: 4:18.06	44.74
			350m: 5:02.86	44.80
			400m: 5:46.69	43.83
2. GLAUBITZ, Susanne	70	Nonadamos	7:02.21	16,00
50m: 45.77 45.77	150m: 2:30.90	54.04	250m: 4:19.58	54.25
100m: 1:36.86 51.09	200m: 3:25.33	54.43	300m: 5:14.42	54.84
			350m: 6:09.24	54.82
			400m: 7:02.21	52.97

Prueba 1, Fem., 400m Libre, 50+

Clasificación	AN								Tiempo	
3. MORALES LOZANO, Gloria	72 Jescagua								7:21.32	14,00
50m:	48.97	48.97	150m:	2:39.76	56.36	250m:	4:32.52	56.20	350m:	6:26.43 56.60
100m:	1:43.40	54.43	200m:	3:36.32	56.56	300m:	5:29.83	57.31	400m:	7:21.32 54.89
4. UNGER, Caroline	72 Playuki								7:22.31	13,00
50m:	44.46	44.46	150m:	2:31.51	56.16	250m:	4:28.36	59.01	350m:	6:25.75 58.69
100m:	1:35.35	50.89	200m:	3:29.35	57.84	300m:	5:27.06	58.70	400m:	7:22.31 56.56
5. MARTIN CEDRES, Lidia Esther	69 Vulcania								7:47.95	12,00
50m:	51.02	51.02	150m:	2:47.92	59.48	250m:	4:46.89	59.14	400m:	7:47.95 2:00.15
100m:	1:48.44	57.42	200m:	3:47.75	59.83	300m:	5:47.80	1:00.91		

60+, Fem.

1. CASTRO SANTANA, María José	63 A.D. S.C.								6:22.06	19,00
50m:	42.37	42.37	150m:	2:16.00	47.34	250m:	3:53.95	49.26	350m:	5:33.78 50.17
100m:	1:28.66	46.29	200m:	3:04.69	48.69	300m:	4:43.61	49.66	400m:	6:22.06 48.28
2. LARRODE GARCIA, Pilar	59 TFMasters								7:52.98	16,00
50m:	55.18	55.18	150m:	2:55.09	59.62	250m:	4:56.32	1:00.41	350m:	6:55.53 59.51
100m:	1:55.47	1:00.29	200m:	3:55.91	1:00.82	300m:	5:56.02	59.70	400m:	7:52.98 57.45