

Prueba 2
11/05/2019

Fem., 200m Espalda

20 - 94 años
Resultados

Clasificación	AN	Tiempo
55+		
1. HERNÁNDEZ ROUSSEAU, María Rocic64	C.N. Reales	5:50.16 19,00
100m: 2:49.32 200m: 3:00.84		
90+		
1. MARTINEZ DIAZ-FLORES, Amparo	28 C. Tenerife Masters	7:35.75 19,00
100m: 3:38.61 200m: 3:57.14		

Prueba 3
11/05/2019

Masc., 200m Espalda

20 - 94 años
Resultados

Clasificación	AN	Tiempo
20+		
1. AFONSO SUAREZ, Ivan	96 A.D. Santa Cruz	2:45.54 19,00
100m: 1:22.16 200m: 1:23.38		
2. MENESES MEDERO, Alejandro	99 A.D. Santa Cruz	2:47.06 16,00
100m: 1:19.90 200m: 1:27.16		
30+		
Baja enf. HERNANDEZ HERNANDEZ, Pablo	89 C. Tenerife Masters	-
35+		
1. BONILLA AVILA, Zebensui	81 C. Tenerife Masters	2:49.51 19,00
100m: 1:20.69 200m: 1:28.82		
40+		
1. GARCÍA ROMÁN, José Victor	79 A.D. Santa Cruz	3:08.44 19,00
100m: 1:30.60 200m: 1:37.84		
50+		
1. ARTIBANI, Luca	69 C. Tenerife Masters	2:56.82 19,00
100m: 1:28.47 200m: 1:28.35		
2. RODRIGUEZ SUAREZ, Juan Pedro	67 C.N. Metropole	3:20.84 16,00
100m: 1:41.12 200m: 1:39.72		
Baja enf. LÓPEZ PÉREZ, José Javier	67 C.N. Reales	-
55+		
1. CABRERA GONZALEZ, Marcos	60 C. Tenerife Masters	3:27.32 19,00
100m: 1:44.19 200m: 1:43.13		
65+		
Baja enf. GARCIA LA ESPADA, Jose	53 C. Tenerife Masters	-

Prueba 3, Masc., 200m Espalda

90+

- | | | | | |
|--------------------------------|----|---------------------|----------------|-------|
| 1. GARCÍA BETANCOR, Francisco | 26 | C. Tenerife Masters | 6:56.41 | 19,00 |
| 100m: 3:28.21 200m: 3:28.20 | | | | |

Prueba 4
11/05/2019

Fem., 100m Mariposa

20 - 94 años
Resultados

Clasificación

AN

Tiempo

50+

- | | | | | |
|-----------------------------------|----|---------------------|----------------|-------|
| 1. MORENO ALOY, Rosa Ana | 65 | C. Tenerife Masters | 1:55.11 | 19,00 |
| 2. HERNANDEZ BENCOMO, Carmen Mila | 69 | C.N. Reales | 2:05.93 | 16,00 |

70+

- | | | | | |
|--------------------------|----|---------------------|----------------|-------|
| 1. HERRERA PEREZ, Amanda | 49 | C. Tenerife Masters | 2:19.48 | 19,00 |
|--------------------------|----|---------------------|----------------|-------|

Prueba 5
11/05/2019

Masc., 100m Mariposa

20 - 94 años
Resultados

Clasificación

AN

Tiempo

35+

- | | | | | |
|-------------------------------|----|---------------------|----------------|-------|
| 1. SANCHEZ GONZALEZ, Benjamin | 80 | C. Tenerife Masters | 1:08.92 | 19,00 |
|-------------------------------|----|---------------------|----------------|-------|

40+

- | | | | | |
|-------------------------------|----|---------------------|----------------|-------|
| 1. BAEZ GONZALEZ, Jose Carlos | 75 | C.N. Martianez | 1:07.58 | 19,00 |
| 2. SUAREZ CRUZ, Gustavo | 76 | C. Tenerife Masters | 1:12.26 | 16,00 |

45+

- | | | | | |
|------------------------------|----|-----------------|--------------|-------|
| 1. MORALES RODRÍGUEZ, Sergio | 73 | A.D. Santa Cruz | 11.29 | 19,00 |
|------------------------------|----|-----------------|--------------|-------|

50+

- | | | | | |
|----------------------------|----|---------------------|----------------|-------|
| 1. VIÑUELA LLANOS, Antonio | 68 | C. Tenerife Masters | 1:23.06 | 19,00 |
|----------------------------|----|---------------------|----------------|-------|

55+

- | | | | | |
|-----------------------------------|----|---------------------|--|---|
| Baja enf. CONTRERAS GARCIA, Felix | 63 | C. Tenerife Masters | | - |
|-----------------------------------|----|---------------------|--|---|

Prueba 6
11/05/2019

Fem., 50m Braza

20 - 94 años
Resultados

Clasificación

AN

Tiempo

25+

- | | | | | |
|------------------------------|----|-------------|--------------|-------|
| 1. SANZ RODRIGUEZ, Estefania | 92 | C.N. Reales | 48.32 | 19,00 |
|------------------------------|----|-------------|--------------|-------|

30+

- | | | | | |
|--------------------------------|----|-----------------|--------------|-------|
| 1. CALVICHE FERNANDEZ, Nazaret | 87 | A.D. Santa Cruz | 38.80 | 19,00 |
|--------------------------------|----|-----------------|--------------|-------|

Prueba 6, Fem., 50m Braza

35+

1. ARANTZAMENDI LLULL, Jamila 81 C. Tenerife Masters **46.08** 19,00

40+

1. GUADARRAMA SERRANO, Eva 76 A.D. Santa Cruz **45.54** 19,00
Baja enf. DIAZ GARCIA, Belen 77 C.N. Teneteide -

45+

1. PARIS SANCHEZ, Monica 71 C. Tenerife Masters **41.95** 19,00
2. ALONSO LORENZO, Esther 73 A.D. Santa Cruz **47.85** 16,00
3. IZQUIERDO RODRIGUEZ, Cristina 74 C. Tenerife Masters **47.98** 14,00
4. LUIS VIDAL, Maria Candelaria 70 C.N. Reales **55.32** 13,00

50+

1. FREIRE BETANCOR, Beatriz 69 C. Tenerife Masters **46.01** 19,00

55+

1. LOPEZ FERNANDEZ, Beatriz 64 C. Tenerife Masters **47.89** 19,00
2. EXPOSITO REAL, Dolores 63 C. Tenerife Masters **1:19.39** 16,00

60+

1. ARANEGA BENITEZ, Aranzazu 57 C. Tenerife Masters **55.55** 19,00
2. GONZALEZ TRUJILLO, Mª Josefa 58 C. Tenerife Masters **1:28.21** 16,00

75+

1. MOLINA LUIS, Obdulia 43 C.N. Reales **3:03.65** 19,00

Prueba 7
11/05/2019

Masc., 50m Braza

20 - 94 años
Resultados

Clasificación

AN

Tiempo

20+

1. AFONSO SUAREZ, Ivan 96 A.D. Santa Cruz **32.65** 19,00
2. COELLO TEJERA, Adrian 98 A.D. Santa Cruz **32.88** 16,00

25+

1. CARABALLO GRILLO, Kevin Eduardo 93 A.D. Santa Cruz **36.28** 19,00
2. CARRETERO SANTANA, Airam 94 C. Tenerife Masters **37.20** 16,00
3. GUTIÉRREZ TOLEDO, Jairo 93 A.D. Santa Cruz **39.14** 14,00

30+

DNS IGLESIAS AYESTARAN, Aritz 86 C.N. Teneteide -
Baja enf. HERNANDEZ HERNANDEZ, Pablo 89 C. Tenerife Masters -

35+

1. RUIZ PEREZ, Jairo 83 A.D. Santa Cruz **37.14** 19,00
2. GONZALEZ GONZALEZ, Francisco Jos 83 Club Deportivo Teimar **38.42** 16,00
3. ALTOBIEN DIAZ, Airam 83 A.D. Santa Cruz **39.36** 14,00

Prueba 7, Masc., 50m Braza

40+

1.	DIAZ HERNANDEZ, Vicente Alexis	79	A.D. Santa Cruz	36.61	19,00
2.	GARCÍA ROMÁN, José Víctor	79	A.D. Santa Cruz	43.94	16,00
3.	MITICA TENU, Iulian	75	A.D. Santa Cruz	48.91	14,00

45+

1.	DOMINGO GAVIDIA, Jose	74	C.N. Reales	39.87	19,00
2.	MENDEZ CABRERA, Vidal	71	Club Deportivo Teimar	1:03.77	16,00

50+

1.	LEBRANCHU GONZALEZ, David	66	C. Tenerife Masters	38.18	19,00
2.	RODRIGUEZ GARCIA, Julio Marcos	67	C. Tenerife Masters	42.09	16,00
3.	CALDERARO DUQUE, Daniel	69	C.N. Reales	43.33	14,00
4.	HERNANDEZ DE LA ROSA, Ignacio	65	Club Deportivo Teimar	43.36	13,00
Baja enf.	MACIA ALONSO, Joaquin Miguel	69	C.N. Teneteide		-

55+

1.	FERNANDEZ HERNANDEZ, Alonso	60	C. Tenerife Masters	38.24	19,00
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65+

1.	BARRIOS BORGES, Jose Ramon	54	C. Tenerife Masters	46.76	19,00
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70+

1.	DEL PINO TORRES, Claudio	46	C. Tenerife Masters	55.41	19,00
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Prueba 8
11/05/2019

Fem., 100m Libre

20 - 94 años
Resultados

Clasificación

AN

Tiempo

25+

1.	SANZ RODRIGUEZ, Estefania	92	C.N. Reales	1:15.07	19,00
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30+

1.	CASTILLO ALONSO, Mairim	86	C. Tenerife Masters	1:12.36	19,00
2.	TOMÉ RODRÍGUEZ, Alba	87	A.D. Santa Cruz	1:17.54	16,00
Baja enf.	PEREZ GONZALEZ, Tamara	85	C. Tenerife Masters		-
Baja enf.	BREMÓN ORTEGA, Laura	86	C. Tenerife Masters		-

35+

1.	CARBALLO RODRÍGUEZ, Eloína	81	Club Deportivo Teimar	1:37.41	19,00
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40+

1.	MARTIN GONZALEZ, Rita	76	C. Tenerife Masters	1:16.98	19,00
Baja enf.	DIAZ GARCIA, Belen	77	C.N. Teneteide		-

45+

1.	IZQUIERDO RODRIGUEZ, Cristina	74	C. Tenerife Masters	1:25.64	19,00
2.	LUIS VIDAL, Maria Candelaria	70	C.N. Reales	1:53.13	16,00
3.	CARVAJAL MARTIN, Leticia	74	Club Natacion Isora Swim Guaju	2:06.42	14,00

Prueba 8, Fem., 100m Libre

50+

1. TAGLIAFERRI, Angela	67	C. Tenerife Masters	1:18.51	19,00
2. HERNANDEZ BENCOMO, Carmen Mila69ss		C.N. Reales	1:46.04	16,00

55+

1. CASTRO SANTANA, María José	63	A.D. Santa Cruz	1:26.28	19,00
2. RODRIGUEZ PEREZ, Barbara	64	Club Natacion Isora Swim Guaju	2:03.17	16,00

75+

1. MOLINA LUIS, Obdulia	43	C.N. Reales	4:17.99	19,00
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Prueba 9
11/05/2019

Masc., 100m Libre

20 - 94 años
Resultados

Clasificación	AN			Tiempo
25+				
1. CARABALLO GRILLO, Kevin Eduardo	93	A.D. Santa Cruz	58.66	19,00
2. GUTIÉRREZ TOLEDO, Jairo	93	A.D. Santa Cruz	1:10.59	16,00
30+				
1. ESCOBAR HERNANDEZ, Omar	89	C.N. Reales	1:11.83	19,00
Baja enf. IGLESIAS AYESTARAN, Aritz	86	C.N. Teneteide		-
35+				
1. ALTOBIEN DIAZ, Airam	83	A.D. Santa Cruz	1:07.51	19,00
2. BONILLA AVILA, Zebensui	81	C. Tenerife Masters	1:09.10	16,00
3. RUIZ PEREZ, Jairo	83	A.D. Santa Cruz	1:11.78	14,00
40+				
1. DIAZ HERNANDEZ, Vicente Alexis	79	A.D. Santa Cruz	59.43	19,00
2. SUAREZ CRUZ, Gustavo	76	C. Tenerife Masters	1:10.27	16,00
3. MITICA TENU, Iulian	75	A.D. Santa Cruz	1:33.48	14,00
45+				
1. DOMINGO GAVIDIA, Jose	74	C.N. Reales	1:13.35	19,00
2. MENDEZ CABRERA, Vidal	71	Club Deportivo Teimar	1:34.48	16,00
50+				
1. LEBRANCHU GONZALEZ, David	66	C. Tenerife Masters	1:09.95	19,00
2. CALDERARO DUQUE, Daniel	69	C.N. Reales	1:19.63	16,00
3. GARCÍA OSSORIO, José Luís	65	C. Tenerife Masters	1:25.70	14,00
Baja enf. NUÑEZ NODA, Bernardo	65	C. Tenerife Masters		-
Baja enf. LÓPEZ PÉREZ, José Javier	67	C.N. Reales		-
Baja enf. MACIA ALONSO, Joaquin Miguel	69	C.N. Teneteide		-
55+				
Baja enf. CONTRERAS GARCIA, Felix	63	C. Tenerife Masters		-
Baja enf. SALAS SABINA, Juan Manuel	63	C. Tenerife Masters		-

Prueba 9, Masc., 100m Libre

60+

1. RODRIGUEZ SANTOS, Ivan 55 C. Tenerife Masters **1:14.20** 19,00

65+

1. BARRIOS BORGES, Jose Ramon 54 C. Tenerife Masters **1:21.32** 19,00
2. GONZÁLEZ HERNÁNDEZ, José 52 C. Tenerife Masters **2:01.89** 16,00

70+

1. CASTRILLÓN GARCÍA-DELGADO, Jos49uis C. Tenerife Masters **1:36.12** 19,00

90+

1. GARCÍA BETANCOR, Francisco 26 C. Tenerife Masters **2:46.82** 19,00

Prueba 10
11/05/2019

Mixtoed, 4 x 200m Libre

AG 80 - 359
Resultados

Clasificación

Tiempo

+200

1. C. Tenerife Masters +200 C. Tenerife Masters **10:09.13** 38,00
PARIS SANCHEZ, Monica 71 2:43.36
NEGRIN FIGUEROA, Elena 70 2:42.13
ARTIBANI, Luca 69 2:21.15
NUÑEZ NODA, Bernardo 65 2:22.49

Prueba 11
11/05/2019

Fem., 4 x 200m Libre

AG 80 - 359
Resultados

Clasificación

Tiempo

+160

1. A.D. Santa Cruz +160 A.D. Santa Cruz **11:46.91** 38,00
CALVICHE FERNANDEZ, Nazaret 87 2:35.41
TOMÉ RODRÍGUEZ, Alba 87 2:55.53
ALONSO LORENZO, Esther 73 3:04.60
CASTRO SANTANA, María José 63 3:11.37

Baja enf. C.N. Reales +160

C.N. Reales

-

+200

Baja enf. C.N. Reales +200

C.N. Reales

-

+240

1. C. Tenerife Masters +240 C. Tenerife Masters **13:01.94** 38,00
BAEZ CEJAS, Mª Mercedes 60 3:15.72
LOPEZ GONZALEZ, Esther 55 3:26.18
ARANEGA BENITEZ, Aranzazu 57 3:12.32
LOPEZ FERNANDEZ, Beatriz 64 3:07.72

Prueba 12
11/05/2019

Masc., 4 x 200m Libre

AG 80 - 359
Resultados

Clasificación

Tiempo

+80

1.	A.D. Santa Cruz +80	A.D. Santa Cruz	9:25.16	38,00
	MENESES MEDERO, Alejandro	99	2:27.67	
	AFONSO SUAREZ, Ivan	96	2:23.72	
	CARABALLO GRILLO, Kevin Eduardo	93	2:19.11	
	COELLO TEJERA, Adrian	98	2:14.66	

+120

1.	A.D. Santa Cruz +120	A.D. Santa Cruz	11:01.21	38,00
	DIAZ HERNANDEZ, Vicente Alexis	79	2:42.81	
	ALTOBIEN DIAZ, Airam	83	2:41.40	
			2:48.72	
	RUIZ PEREZ, Jairo	83	2:48.28	

+160

1.	A.D. Santa Cruz +160	A.D. Santa Cruz	10:23.18	38,00
	DIAZ HERNANDEZ, Vicente Alexis	79	2:22.90	
	GARCÍA ROMÁN, José Victor	79	2:46.01	
	MITICA TENU, Iulian	75	4:00.78	
	MORALES RODRÍGUEZ, Sergio	73	1:13.49	

Baja enf. C.N. Reales +160

C.N. Reales

-

+240

1.	C.Tenerife Masters +240	C. Tenerife Masters	10:30.21	38,00
	LUNA GIL, Antonio	55	2:43.06	
	BERMUDEZ GONZALEZ, Rafael	53	2:41.50	
	GONZALEZ PEREZ, Domingo	61	2:38.03	
	REY GONZALEZ, Luis R.	63	2:27.62	

Prueba 13
11/05/2019

Masc., 400m Libre

20 - 94 años
Resultados

Clasificación

AN

Tiempo

20+

1.	COELLO TEJERA, Adrian	98	A.D. Santa Cruz	4:31.69	19,00
	100m: 1:04.13 200m: 1:07.89 300m: 1:09.54 400m: 1:10.13				
2.	MENESES MEDERO, Alejandro	99	A.D. Santa Cruz	5:01.74	16,00
	100m: 1:08.03 200m: 1:16.21 300m: 1:19.27 400m: 1:18.23				

25+

1.	CARRETERO SANTANA, Airam	94	C. Tenerife Masters	5:19.51	19,00
	100m: 1:09.84 200m: 1:20.41 400m: 2:49.26				

Baja enf. GARCIA ESPINO, Joel

92

Club Deportivo Teimar

-

30+

1.	ESCOBAR HERNANDEZ, Omar	89	C.N. Reales	5:47.78	19,00
	100m: 1:17.41 200m: 1:27.80 300m: 1:31.01 400m: 1:31.56				

Prueba 13, Masc., 400m Libre

40+

- | | | | | | |
|----|----------------------------|---------------|---------------------|----------------|-------|
| 1. | BAEZ GONZALEZ, Jose Carlos | 75 | C.N. Martianez | 4:35.02 | 19,00 |
| | 100m: 1:05.57 | 200m: 1:10.02 | 300m: 1:10.43 | 400m: 1:09.00 | |
| 2. | DÍAZ GONZÁLEZ, Antonio E. | 75 | C. Tenerife Masters | 4:47.19 | 16,00 |
| | 100m: 1:08.45 | 200m: 1:13.20 | 300m: 1:12.40 | 400m: 1:13.14 | |

45+

- | | | | | | |
|----|---------------------------|---------------|-----------------|----------------|-------|
| 1. | MORALES RODRÍGUEZ, Sergio | 73 | A.D. Santa Cruz | 5:00.57 | 19,00 |
| | 100m: 1:10.85 | 200m: 1:16.15 | 300m: 1:18.06 | 400m: 1:15.51 | |

50+

- | | | | | | |
|----|--------------------------------|---------------|---------------------|----------------|-------|
| 1. | RODRIGUEZ SUAREZ, Juan Pedro | 67 | C.N. Metropole | 5:22.40 | 19,00 |
| | 100m: 1:17.26 | 200m: 1:22.17 | 300m: 1:22.85 | 400m: 1:20.12 | |
| 2. | RODRIGUEZ GARCIA, Julio Marcos | 67 | C. Tenerife Masters | 6:57.60 | 16,00 |
| | 100m: 1:34.10 | 200m: 1:44.25 | 300m: 1:49.29 | 400m: 1:49.96 | |

55+

- | | | | | | |
|----|-----------------------|---------------|---------------------|----------------|-------|
| 1. | REY GONZALEZ, Luis R. | 63 | C. Tenerife Masters | 5:16.43 | 19,00 |
| | 100m: 1:12.73 | 200m: 1:19.35 | 300m: 1:21.89 | 400m: 1:22.46 | |

60+

- | | | | | | |
|-----------|--------------------------|----|---------------------|---|--|
| Baja enf. | FARIÑA SAMBLÁS, Santiago | 59 | C. Tenerife Masters | - | |
|-----------|--------------------------|----|---------------------|---|--|

65+

- | | | | | | |
|-----------|------------------------|----|---------------------|---|--|
| Baja enf. | GARCIA LA ESPADA, Jose | 53 | C. Tenerife Masters | - | |
|-----------|------------------------|----|---------------------|---|--|

70+

- | | | | | | |
|----|-------------------------------------|---------------|---------------------|----------------|-------|
| 1. | CASTRILLÓN GARCÍA-DELGADO, Jos49uis | | C. Tenerife Masters | 7:35.82 | 19,00 |
| | 100m: 1:44.26 | 200m: 1:57.09 | 300m: 1:59.34 | 400m: 1:55.13 | |

Prueba 14
11/05/2019

Fem., 400m Libre

20 - 94 años
Resultados

Clasificación

AN

Tiempo

30+

- | | | | | | |
|----|-----------------------------|---------------|-----------------|----------------|-------|
| 1. | CALVICHE FERNANDEZ, Nazaret | 87 | A.D. Santa Cruz | 5:12.08 | 19,00 |
| | 100m: 1:13.20 | 200m: 1:18.92 | 300m: 1:20.77 | 400m: 1:19.19 | |
| 2. | TOMÉ RODRÍGUEZ, Alba | 87 | A.D. Santa Cruz | 6:09.22 | 16,00 |
| | 100m: 1:23.14 | 200m: 1:32.28 | 300m: 1:36.69 | 400m: 1:37.11 | |

35+

- | | | | | | |
|----|----------------------------|---------------|-----------------------|----------------|-------|
| 1. | ARANTZAMENDI LLULL, Jamila | 81 | C. Tenerife Masters | 5:43.52 | 19,00 |
| | 100m: 1:14.75 | 200m: 1:26.57 | 300m: 1:32.53 | 400m: 1:29.67 | |
| 2. | CARBALLO RODRÍGUEZ, Eloína | 81 | Club Deportivo Teimar | 7:32.93 | 16,00 |
| | 100m: 1:46.13 | 200m: 1:56.57 | 400m: 3:50.23 | | |

Prueba 14, Fem., 400m Libre

40+

- | | | | | | |
|----|---|----|---------------------|----------------|-------|
| 1. | MARTIN CONDE, Lourdes | 77 | C. Tenerife Masters | 5:59.24 | 19,00 |
| | 100m: 1:23.32 200m: 1:31.16 300m: 1:32.48 400m: 1:32.28 | | | | |
| 2. | MARTIN GONZALEZ, Rita | 76 | C. Tenerife Masters | 6:10.18 | 16,00 |
| | 100m: 1:25.61 200m: 1:33.97 300m: 1:35.57 400m: 1:35.03 | | | | |

45+

- | | | | | | |
|----|---|----|--------------------------------|----------------|-------|
| 1. | NEGRIN FIGUEROA, Elena | 70 | C. Tenerife Masters | 5:41.88 | 19,00 |
| | 100m: 1:20.18 200m: 1:27.65 300m: 1:28.05 400m: 1:26.00 | | | | |
| 2. | ALONSO LORENZO, Esther | 73 | A.D. Santa Cruz | 6:24.07 | 16,00 |
| | 100m: 1:26.76 200m: 1:38.96 300m: 1:42.15 400m: 1:36.20 | | | | |
| 3. | CARVAJAL MARTIN, Leticia | 74 | Club Natacion Isora Swim Guaju | 9:40.31 | 14,00 |
| | 100m: 2:12.41 200m: 2:27.93 400m: 4:59.97 | | | | |

50+

- | | | | | | |
|----|---|----|---------------------|----------------|-------|
| 1. | TAGLIAFERRI, Angela | 67 | C. Tenerife Masters | 5:58.56 | 19,00 |
| | 100m: 1:23.59 200m: 1:31.27 300m: 1:32.66 400m: 1:31.04 | | | | |
| 2. | GONZALEZ RODRIGUEZ, Mercedes | 67 | C. Tenerife Masters | 6:35.46 | 16,00 |
| | 100m: 1:33.25 200m: 1:41.98 300m: 1:41.87 400m: 1:38.36 | | | | |
| 3. | MORENO ALOY, Rosa Ana | 65 | C. Tenerife Masters | 7:01.64 | 14,00 |
| | 100m: 1:39.79 200m: 1:45.44 300m: 1:48.89 400m: 1:47.52 | | | | |

Baja enf. MEDINA IBAÑEZ, Ana 68 C. Tenerife Masters -

55+

- | | | | | | |
|----|---|----|--------------------------------|-----------------|-------|
| 1. | CASTRO SANTANA, María José | 63 | A.D. Santa Cruz | 6:25.41 | 19,00 |
| | 100m: 1:28.93 200m: 1:39.33 300m: 1:40.81 400m: 1:36.34 | | | | |
| 2. | RODRIGUEZ PEREZ, Barbara | 64 | Club Natacion Isora Swim Guaju | 9:10.33 | 16,00 |
| | 100m: 2:07.46 200m: 2:21.75 300m: 2:20.94 400m: 2:20.18 | | | | |
| 3. | EXPOSITO REAL, Dolores | 63 | C. Tenerife Masters | 9:34.93 | 14,00 |
| | 100m: 2:19.39 200m: 2:30.17 300m: 2:24.35 400m: 2:21.02 | | | | |
| 4. | HERNÁNDEZ ROUSSEAU, María Rocío | 64 | C.N. Reales | 10:15.62 | 13,00 |
| | 100m: 2:22.80 200m: 2:35.23 300m: 2:39.06 400m: 2:38.53 | | | | |

60+

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|----|---|----|---------------------|----------------|-------|
| 1. | ARANEGA BENITEZ, Aranzazu | 57 | C. Tenerife Masters | 6:23.50 | 19,00 |
| | 100m: 1:32.76 200m: 1:36.48 400m: 3:14.26 | | | | |

80+

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|----|---|----|---------------------|-----------------|-------|
| 1. | RODRÍGUEZ FUENTES, Mercedes | 37 | C. Tenerife Masters | 10:22.74 | 19,00 |
| | 100m: 2:28.17 200m: 2:39.31 300m: 2:37.65 400m: 2:37.61 | | | | |