

Prueba 91
14/12/2019

Fem., 400m Libre

20 - 94 años
Resultados

Clasificación	AN										Tiempo	
20+												
1.	ARTILES CARBALLO, Irene				96	C.N. Las Palmas					4:46.45	19,00
	50m:	33.27	33.27	150m:	1:45.69	36.26	250m:	2:58.46	36.28	350m:	4:11.02	36.25
	100m:	1:09.43	36.16	200m:	2:22.18	36.49	300m:	3:34.77	36.31	400m:	4:46.45	35.43
2.	GUERRA CABRERA, Lucia				99	Club Deportivo Raguos De Maspalomas					6:04.96	16,00
	50m:	40.03	40.03	150m:	2:09.03	45.45	250m:	3:42.72	47.49	350m:	5:18.14	47.76
	100m:	1:23.58	43.55	200m:	2:55.23	46.20	300m:	4:30.38	47.66	400m:	6:04.96	46.82
3.	GONZÁLEZ MARTÍN, Leonor				96	Comarca Nordeste C.N.Tejina					7:06.60	14,00
	50m:	47.73	47.73	150m:	2:33.55	53.53	250m:	4:23.20	54.61	350m:	6:12.15	54.74
	100m:	1:40.02	52.29	200m:	3:28.59	55.04	300m:	5:17.41	54.21	400m:	7:06.60	54.45
25+												
1.	BOUCHET, Sybille				93	Club Natación Vulcania Master					4:59.09	19,00
	50m:	34.18	34.18	150m:	1:47.96	37.63	250m:	3:05.43	39.54	350m:	4:22.64	39.15
	100m:	1:10.33	36.15	200m:	2:25.89	37.93	300m:	3:43.49	38.06	400m:	4:59.09	36.45
2.	SIGUT GRANADOS, Sherezade				93	Cn.Fainagua C. Telde					5:09.72	16,00
	50m:	36.52	36.52	150m:	1:54.05	39.28	250m:	3:11.73	38.76	350m:	4:30.85	39.76
	100m:	1:14.77	38.25	200m:	2:32.97	38.92	300m:	3:51.09	39.36	400m:	5:09.72	38.87
3.	MUJICA GONZALEZ, Maria Tatiana				92	Cn.Fainagua C. Telde					5:40.08	14,00
	50m:	38.18	38.18	150m:	2:03.19	43.18	250m:	3:30.27	42.99	350m:	4:57.92	44.17
	100m:	1:20.01	41.83	200m:	2:47.28	44.09	300m:	4:13.75	43.48	400m:	5:40.08	42.16
30+												
Baja enf.	PEREZ RODRIGUEZ, Pino				89	Comarca Nordeste C.N.Tejina						-
35+												
1.	CARBALLO RODRÍGUEZ, Eloína				81	Club Deportivo Teimar					7:21.49	19,00
	50m:	47.76	47.76	150m:	2:36.50	55.70	250m:	4:31.47	57.61	350m:	6:27.42	57.83
	100m:	1:40.80	53.04	200m:	3:33.86	57.36	300m:	5:29.59	58.12	400m:	7:21.49	54.07
40+												
1.	DE LA PEÑA TRUJILLO, Arminda				78	C.D. Jescagua					5:59.03	19,00
	50m:	41.02	41.02	150m:	2:11.36	45.65	250m:	3:43.25	46.00	350m:	5:14.56	46.03
	100m:	1:25.71	44.69	200m:	2:57.25	45.89	300m:	4:28.53	45.28	400m:	5:59.03	44.47
2.	MARTIN GONZALEZ, Rita				76	C. Tenerife Masters					6:00.47	16,00
	50m:	41.06	41.06	150m:	2:11.89	45.84	250m:	3:44.34	46.09	350m:	5:16.54	45.99
	100m:	1:26.05	44.99	200m:	2:58.25	46.36	300m:	4:30.55	46.21	400m:	6:00.47	43.93
45+												
1.	ACOSTA FAJARDO, Maria Jesus				70	C.N. Las Palmas					6:54.23	19,00
	50m:	45.74	45.74	150m:	2:28.38	53.42	250m:	4:15.82	53.59	350m:	6:03.56	53.72
	100m:	1:34.96	49.22	200m:	3:22.23	53.85	300m:	5:09.84	54.02	400m:	6:54.23	50.67
2.	UNGER, Caroline				72	C.D.N. Schamann					7:03.64	16,00
	50m:	43.58	43.58	150m:	2:26.44	53.57	250m:	4:15.97	54.78	350m:	6:08.25	56.67
	100m:	1:32.87	49.29	200m:	3:21.19	54.75	300m:	5:11.58	55.61	400m:	7:03.64	55.39

Prueba 91, Fem., 400m Libre

50+

1.	MENDIKUTE IBABE, Idoia	67	C.D. Jescagua	6:28.73	19,00
	50m: 42.25 42.25	150m: 2:19.87	49.54 250m: 3:58.59	49.22 350m: 5:40.81	50.59
	100m: 1:30.33 48.08	200m: 3:09.37	49.50 300m: 4:50.22	51.63 400m: 6:28.73	47.92
2.	PEREZ SANTANA, Aranzazu	66	Club Natacion Valleverde	7:49.04	16,00
	50m: 54.32 54.32	150m: 2:50.16	58.66 250m: 4:51.15	1:01.14 350m: 6:52.21	1:00.17
	100m: 1:51.50 57.18	200m: 3:50.01	59.85 300m: 5:52.04	1:00.89 400m: 7:49.04	56.83

55+

1.	CASTRO SANTANA, María José	63	A.D. Santa Cruz	6:01.40	19,00
	50m: 39.34 39.34	150m: 2:08.53	45.42 250m: 3:41.46	46.69 350m: 5:15.89	47.31
	100m: 1:23.11 43.77	200m: 2:54.77	46.24 300m: 4:28.58	47.12 400m: 6:01.40	45.51
2.	SOSA PIVATTO, Ivana María	63	Comarca Nordeste C.N.Tejina	8:52.64	16,00
	50m: 58.78 58.78	150m: 3:12.37	1:08.25 250m: 5:30.97	1:08.95 350m: 7:47.36	1:08.45
	100m: 2:04.12 1:05.34	200m: 4:22.02	1:09.65 300m: 6:38.91	1:07.94 400m: 8:52.64	1:05.28
3.	EXPOSITO REAL, Dolores	63	C. Tenerife Masters	9:20.03	14,00
	50m: 1:03.92 1:03.92	150m: 3:31.83	1:10.70 250m: 5:54.94	1:12.52 350m: 8:13.47	1:07.75
	100m: 2:21.13 1:17.21	200m: 4:42.42	1:10.59 300m: 7:05.72	1:10.78 400m: 9:20.03	1:06.56
4.	HERNÁNDEZ ROUSSEAU, María Rocic64		C.N. Reales	10:18.79	13,00
	50m: 1:00.85 1:00.85	150m: 3:29.21	1:16.67 250m: 6:13.44	1:23.65 350m: 8:59.62	1:23.43
	100m: 2:12.54 1:11.69	200m: 4:49.79	1:20.58 300m: 7:36.19	1:22.75 400m: 10:18.79	1:19.17

60+

1.	ARANEGA BENITEZ, Aranzazu	57	C. Tenerife Masters	6:13.35	19,00
	50m: 43.34 43.34	150m: 2:18.08	47.74 250m: 3:54.24	48.09 350m: 5:28.20	46.95
	100m: 1:30.34 47.00	200m: 3:06.15	48.07 300m: 4:41.25	47.01 400m: 6:13.35	45.15

75+

1.	OJEDA GARCIA, Mª Dolores	42	C.D.N. Schamann	11:05.25	19,00
	50m: 1:14.27 1:14.27	150m: 3:57.26	1:22.27 250m: 6:51.00	1:27.36 350m: 9:42.57	1:26.70
	100m: 2:34.99 1:20.72	200m: 5:23.64	1:26.38 300m: 8:15.87	1:24.87 400m: 11:05.25	1:22.68

80+

1.	RODRÍGUEZ FUENTES, Mercedes	37	C. Tenerife Masters	10:12.15	19,00
	50m: 1:10.01 1:10.01	150m: 3:43.40	1:16.91 250m: 6:20.84	1:18.58 350m: 8:56.27	1:17.54
	100m: 2:26.49 1:16.48	200m: 5:02.26	1:18.86 300m: 7:38.73	1:17.89 400m: 10:12.15	1:15.88