

Prueba 32
12/12/2021

Masc., 400m Estilos

20 años y mayores
Resultados

Clasificación

AN

Tiempo

30+

1.	HENRIQUEZ HERNANDEZ, Rafael	87	C.N. Aguacan	6:04.92	19,00
	50m: 42.89 42.89 150m: 2:14.43 45.26 250m: 3:53.75 52.93 350m: 5:27.00 39.59				
	100m: 1:29.17 46.28 200m: 3:00.82 46.39 300m: 4:47.41 53.66 400m: 6:04.92 37.92				
2.	SARMIENTO LEON, Dailos	88	Cn.Salinas Sta.Lucia	6:31.77	16,00
	50m: 39.05 39.05 150m: 2:18.57 51.36 250m: 4:08.97 57.54 350m: 5:50.03 44.22				
	100m: 1:27.21 48.16 200m: 3:11.43 52.86 300m: 5:05.81 56.84 400m: 6:31.77 41.74				

35+

1.	QUINTANA GARCIA, Daniel	85	C.N. Las Palmas	7:12.31	19,00
	50m: 49.07 49.07 150m: 2:40.89 58.81 250m: 4:36.61 59.07 350m: 6:27.75 49.19				
	100m: 1:42.08 53.01 200m: 3:37.54 56.65 300m: 5:38.56 1:01.95 400m: 7:12.31 44.56				
2.	GONZALEZ RODRIGUEZ, Enrique	84	C.N. Las Palmas	7:38.30	16,00
	50m: 54.44 54.44 150m: 2:59.59 1:04.37 250m: 5:00.16 1:00.23 350m: 6:51.02 50.62				
	100m: 1:55.22 1:00.78 200m: 3:59.93 1:00.34 300m: 6:00.40 1:00.24 400m: 7:38.30 47.28				

40+

1.	REINO ASCANIO, Abian	77	C.N. Metropole	5:09.82	19,00
	50m: 31.81 31.81 150m: 1:45.86 38.33 250m: 3:11.32 44.93 350m: 4:34.70 36.39				
	100m: 1:07.53 35.72 200m: 2:26.39 40.53 300m: 3:58.31 46.99 400m: 5:09.82 35.12				

45+

1.	MORALES RODRÍGUEZ, Sergio	73	A.D. Santa Cruz	5:29.11	19,00
	50m: 33.29 33.29 150m: 1:53.98 42.39 250m: 3:26.12 49.31 350m: 4:53.26 37.58				
	100m: 1:11.59 38.30 200m: 2:36.81 42.83 300m: 4:15.68 49.56 400m: 5:29.11 35.85				
2.	GONZALEZ DIAZ DE FEDERICO, Juan 72sus		C.N. Metropole	6:14.64	16,00
	50m: 39.12 39.12 150m: 2:13.07 49.75 250m: 3:59.82 55.54 350m: 5:35.06 40.63				
	100m: 1:23.32 44.20 200m: 3:04.28 51.21 300m: 4:54.43 54.61 400m: 6:14.64 39.58				
3.	RODRIGUEZ HERNANDEZ, Juan Manu	76	Cn.Salinas Sta.Lucia	6:52.47	14,00
	50m: 42.73 42.73 150m: 2:27.12 56.13 250m: 4:21.38 58.53 350m: 6:08.63 47.65				
	100m: 1:30.99 48.26 200m: 3:22.85 55.73 300m: 5:20.98 59.60 400m: 6:52.47 43.84				

50+

1.	DOMINGUEZ CABRERA, Arnaudis	67	C.N. Metropole	5:22.13	19,00
	50m: 32.96 32.96 150m: 1:55.00 43.42 250m: 3:23.90 45.53 350m: 4:45.83 36.98				
	100m: 1:11.58 38.62 200m: 2:38.37 43.37 300m: 4:08.85 44.95 400m: 5:22.13 36.30				
2.	BRUSCOLOTTI, Fabio	68	C. Tenerife Masters	5:23.41	16,00
	50m: 33.94 33.94 150m: 1:52.02 40.29 250m: 3:20.29 46.52 350m: 4:46.62 37.55				
	100m: 1:11.73 37.79 200m: 2:33.77 41.75 300m: 4:09.07 48.78 400m: 5:23.41 36.79				

Prueba 32, Masc., 400m Estilos, 50+

Clasificación

AN

Tiempo

3.	CRESPO GARCIA, Alvaro	67	Club Natacion Valleverde	7:47.26	14,00
	50m: 54.88 54.88	150m: 2:58.76 1:02.82	250m: 5:04.80 1:01.76	350m: 6:59.67 50.75	
	100m: 1:55.94 1:01.06	200m: 4:03.04 1:04.28	300m: 6:08.92 1:04.12	400m: 7:47.26 47.59	

65+

1.	PERERA MOLINERO, Antonio	55	C. Tenerife Masters	7:46.07	19,00
	50m: 49.35 49.35	150m: 2:52.64 1:04.02	250m: 4:56.63 59.81	350m: 6:51.60 54.49	
	100m: 1:48.62 59.27	200m: 3:56.82 1:04.18	300m: 5:57.11 1:00.48	400m: 7:46.07 54.47	
2.	PIÑEIRO CALLEJA, Juan	54	C.D.N. Playuki	8:28.46	16,00
	50m: 58.49 58.49	150m: 3:08.57 1:04.73	250m: 5:23.76 1:08.37	350m: 7:32.83 58.67	
	100m: 2:03.84 1:05.35	200m: 4:15.39 1:06.82	300m: 6:34.16 1:10.40	400m: 8:28.46 55.63	

70+

1.	RIERA MONTAL, Agustin	49	C. Tenerife Masters	9:17.26	19,00
	50m: 1:08.62 1:08.62	150m:	250m: 6:05.92 1:19.33	350m: 8:21.49 58.86	
	100m: 2:24.44 1:15.82	200m: 4:46.59	300m: 7:22.63 1:16.71	400m: 9:17.26 55.77	